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**JUNE
10-16,
2005**

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One final team takes its shot
at a softball championship



Photo by Sandy Bressner

Exchange student Salla Laurila of Finland plays with her exchange family's dog, Daltrey, outside their Antioch home. Laurila has been staying at the home of Kevin and Jan Lyons while attending Antioch Community High School. Kevin Lyons is the youth exchange officer for the Antioch Rotary Club.

Following in her father's footsteps from Finland

Exchange student's adventure is drawing to a close

By Ginny Skweres

Staff Reporter

Like father, like daughter. Twenty-five years ago Matti Laurila, was 17 and a foreign exchange student at Antioch High School coming from Kempele, Finland. This year his daughter Salla Laurila retraced his footsteps when the Antioch Rotary Club sponsored her as an exchange student. For the first four months she stayed with Carol and Dick Paddock, the same family her father stayed with 25 years ago.

Exchange students live in three different households overall, in an attempt to broaden their experi-

ence.

"I felt confident coming here because I knew so much from my father, even though he said a lot had probably changed," Salla said. "My parents were so happy I had the chance."

Carol Paddock said having both Salla and her father were good experiences. Matti was their first exchange student and they have had others in between, but Salla will be their last.

"We're grandparents now, but I think she had a good time. She's very much like her dad, adventurous and outgoing. I was a little nervous because we're older, but all those concerns went away," Paddock said.

"People have been so nice to me here that I would never want to leave here, but sometimes I miss home," Salla said.

"My first host family, Carol and Dick Paddock hosted my father. Their grandson Jeremy lives next door and is my age so I got to meet him and his friends before school started," she said.

Salla's next home was with Lori Bruce and her children Anne, 14, and Matt, 13. They drove to California and saw San Francisco and Los Angeles, plus everything between Chicago and California.

English is taught at Finnish

Please see **FOOTSTEPS** / A4

Antioch board members hears sewage study results

By Ginny Skweres

Staff Reporter

Antioch board members and many residents have known that the wastewater treatment plant has reached capacity as far as the number of residents who use it, and the Illinois Environmental Protection Agency requires the problems to be corrected, especially if the village is going to be allowed to grow in the future.

Engineers Jim Smith and Frank Tiefert of Applied Technologies made a presentation to board members in a public forum Monday. They offered options to correct the problems at the 50-year-old plant, add capacity and have a cleaner discharge to the Sequoit Creek. The last

upgrade was done 13 years ago and it uses a two-stage sludge project and serves a population estimated to be more than 11,000 people.

There are basically four options for the village. The first is to tie into the county's system, which would cost about \$9 million for the hook-up alone. The cost of the water would be under the control of the county and fees would be higher than the current ones.

The second option is to rehabilitate the existing plant and eliminate the problems identified by the IEPA. The problems are no capacity for growth, aging and obsolete facilities, odors and aesthetics, hazardous chemicals, a complicated process and operational limitations. The

Please see **SEWAGE** / A4

Village growth leads to need for more room to worship

By Ginny Skweres

Staff Reporter

The population in Antioch is growing, as most people are well aware. There are new housing developments, and needs for new infrastructures and services. In addition to the need for more school classrooms, another need is coming about as well, and it is the churches that are planning to meet that need.

Last weekend not one, but two churches celebrated groundbreaking events in Antioch, both on Deep Lake Road.

The Beautiful Savior Lutheran Church, Missouri Synod, broke ground and dedicated the site for their first real building. The church is six years old and they have been meeting in the Antioch Township building. Pastor Darold Gruen is pastor of the church that will be built a quarter mile south of Route 173 on Deep Lake Road.

"It will be nice to have our own place," said congregational chair-



Photo by John Dickson

Congregation members of the Christian Life Fellowship, symbolically pour wheat into the ground they just broke for the building of a new church sanctuary. The wheat symbolized their promise, to continue the harvest, to the church and community.

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LETTERS TO THE EDITOR

Focus on quality

I am glad to live and participate in a community that does not rest on its morals, but aspires to prosper while being respectful of the family and tradition that has been its foundation. Being apart of a family that has lived in Lake Villa for several generations, I have a solid understanding and affection for this Village.

Although it is true, I am a businessman, first and foremost I am husband, father, grandfather and resident of Lake Villa. I have chosen to make my home where my Grandfather made his. I have raised my family here, take my granddaughter to school here every morning and do business here. I have a deep affection for our town and have proven that time and again. I am not a developer that comes and then leaves. We are here living with you, supporting you and working toward a better Lake Villa.

I have worked closely with the village for the entire span of my business life. Together we have built history. The train station, the Lake Villa Youth Baseball Fields, three beautiful subdivisions; Ishnala Estates, Ishnala Country Estates and Pine View Estates reminiscent of the neighborhoods of yesteryear. We have done work on our beloved Mansion, Village Hall, the Fire Department, and the Village Maintenance Garage to name just a few.

We have always believed in cooperating and working with Lake Villa, never against it. We have a family business and do business with local people. Some of you reading this letter may be living in a home that you asked us to build for you. I am honored to have had the opportunity to do the work I do. Also, I am proud to say I have been successful. None of this would have been possible if I was purely in it to create advantage for myself. I feel I have been instrumental in promoting growth and stability in our town, and not only in commercial profit centers. I am speaking of making quality homes for new people to reside here and enjoy what we have to offer in Lake Villa. I hope to give this opportunity to more people. People just like those who I have given the keys to their new home in the past. All people should have the same chance at making a life where they choose, and, hopefully, becoming a part of our future, a future that we feel looks bright and beautiful.

The community, as well as the Children's

Baptist Home experienced huge change in recent weeks. There was a great opportunity afforded both parties with the purchase of the property where the home resides. The structures on the property were in need of restoration, which made it difficult to care for the residents as well as they would have liked. The proceeds from the purchase will allow the Baptist Home to attain a facility that will meet their needs. The purchase also makes it possible for us to add so much to our village. I believe it will help us to flourish, not create urban blight, but a more comfortable, cozy and inviting area to live. Our community has an opportunity to expand the downtown into a business and residential area that will draw our residents out to shop and visit in a beautiful setting, in harmony with nature. There are obvious advantages to bringing in commerce that will invigorate the current downtown and the expansion, not to mention the advantages to the tax base.

Many, many people in our community continue to work tirelessly to create a plan that will be equitable to all. These people are residents and business owners, interested citizens. I would encourage anyone that is interested in lending a helping hand, come to the meetings that are held every Wednesday, 7 P, Kat Village Hall. We are all learning. There are possibilities available to Lake Villa that deserve investigation. We are excited about the new possibilities and opportunities here. We all want what is best for our town, and hopefully have learned from the mistakes of other villages. We strive to not make those mistakes ourselves. I have great faith in our mayor, all of the members of our government, and our citizens. I know we will take good care of our village and make sound decisions that will not make us the concrete jungles that we see around us. Lake Villa people love Lake Villa. Period.

We live in a country of free choice and democracy. The Central Baptist Home was not forced to sell their site. The property is beautiful and will continue to be beautiful. It is extremely important to me both personally and from a business perspective that anything that I build not only meets or exceeds all building requirements, but is aesthetic to the surroundings. I take great pride in my work and the village in which I live.

Fred H. Nielsen Jr., president
Nielsen Development, Inc.
Lake Villa

A LITTLE BIT COUNTRY



Photo by John Dickson

Donny Osmond gave a night of music during his recent concert at the Genesee Theater in Waukegan.

Brian's hike for hope

Fundraiser for Brian Vermilyer Hope Foundation

The Brian Vermilyer Foundation was established by Laura Vermilyer and her husband Mike as a memorial to their son Brian who lost a courageous 14-month battle against an inoperable brain tumor. The foundation is raising funds for "Brian's Hike for Hope" on June 26 at the Lake Villa Township Park in Lake Villa. The fundraiser will include a walk, food, entertainment and a silent auction.

This foundation operates entirely on volunteers, so 100 percent of the profits go to support the cause, said Karen Kubin, marketing representative for First National Bank-Employee Owned. The bank will be holding a Casual Because We Care Day on Friday, June 10, to benefit the Brian Vermilyer Hope

Foundation.

On "casual day" Employee Owners at First National Bank get to dress casually in exchange for a small donation. FNBO's Casual Because We Care Program has been running since 1995 and has benefited over one hundred individuals and organizations. For more information on FNBO's Casual Because We Care Program, or the Brian Vermilyer Foundation, contact Karen Kubin at 847-395-3111.

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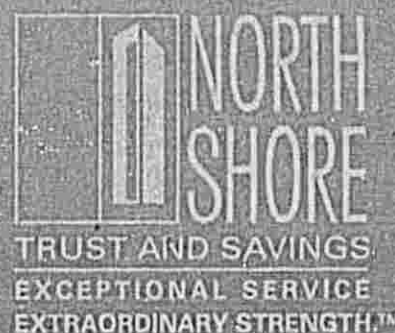
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District 34 staff puts together new social studies curriculum

By Ginny Skweres
Staff Reporter

Sometimes things just aren't the way they should be. That was the case for District 34, when they were looking for a new social studies curriculum for all grade levels. What they wanted just wasn't there.

In the spirit of American ingenuity, the Social Studies Curriculum Development Committee created their own. Kris Bolin, a fifth-grade teacher at Oakland School who has been with the district for 30 years, headed the group.

"They wrote lessons and found materials and developed the curriculum from scratch according to the state standards," said Heidi Wennestrom, developer of curriculum for the district. "It's so worthwhile."

In kindergarten through third-grade, children learn about their community. One of the projects will

be to give each child a disposable camera that they will use to take pictures of places in the community and use the pictures to create a book.

In grades four and five the children will use the first part of the Scott Foresman book one year, and finish it in fifth-grade. In fourth-grade they will study regions of the United States and in fifth-grade they will learn U.S. history. Staff wrote the curriculum first by looking for lessons and materials.

Sixth-graders will study ancient civilizations and the committee has created the lessons and material.

In seventh-grade they will study U.S. History up to the reconstruction period after the civil war. Some of it will be written in story format to help the era come alive for the students.

Eighth-grade students will complete the history to the present, and the U.S. Constitution, for which they will be tested. Seventh and eight-

graders will supplement their studies with "Story of Us," by Joy Hakim.

The educators spent time finding primary sources such as a photos or letters to breathe life into the events of the era.

Along with the curriculum, the Social Studies Committee wove pillars throughout the themes taught at each grade level. Those pillars include: The rights and responsibilities of an American citizen; the impact of individuals; exploring implications of people's actions; place in space and time; rule of law and authority; needs and wants; change and continuity; scope and scale of human organization; cause and effect; life style of an organization; and beliefs and values.

When eighth-graders graduate from the district, they must be able to demonstrate a core of knowledge, Wennestrom said. Those goals include understand the rights, responsibilities and practices of a citizen, make informed decisions based on evidence, understand how and why the

"They wrote lessons and found materials and developed the curriculum from scratch according to the state standards," "It's so worthwhile."

Heidi Wennestrom
developer of curriculum
for the district.

economic system operates, respect that people and cultures have similarities and differences, apply the methods and techniques learned in the social sciences, apply the habit of mind and method of practice and read and think at high school level.

The district completed the reading curriculum in 2003, and next year the district will look at art, music and drama.

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OUR
TOWN

Ginny
Skweres

Antioch residents voice complaints to village board

At this week's village board meeting, Angela Schneider complained about the appearance of Antioch after someone she knew referred to it as "a junky little town." Some of her concerns were with car dealerships' balloons on Route 173, and a variety of signs that are left in place well after the need is served.

Schneider's biggest concern was about the property kitty-corner from the village hall in downtown Antioch. She said it is collecting piles of debris and it is a visual blight.

Mayor Dorothy Larson assured her there were plans in the works for that property.

Kathy Nordmeyer of Antioch lives in an area of District 34 that will no longer get buss services from the district. She made a point of saying she can't leave her daughter alone at home by DCFS standards, but she is expected to let her walk alone one mile to school. She asked the village board for help in changing the school board's decision, saying there are predators in Antioch.

Sympathy goes out to family and friends of Edward C. Warner, DDS, of Antioch who passed away this week. Dr. Warner opened his dental practice in Antioch in 1958 and continued serving the community until 1991. He was a part-time clinical assistant professor at Loyola University School of Dentistry and holds certification from the Armed Forces Institute of Pathology in Forensic Dentistry, and helped identify victims of the 1979 airline crash when 279 people died.

In addition to many professional associations, Warner was a member of the Antioch Lion's Club and served on the Antioch zoning board of appeals.

Congratulations to Martin and Thompson Schools in Lake Villa for earning a Lake County Earth Flag from SWALCO. The children met five criteria to earn the award.

Students learned about trash and recycling during special SWALCO presentations, coordinated a recycling program for at least one type of material (such as paper), held a school-wide waste reduction event, and publicized the program to parents and the school community.

The flag was presented to each school at a special ceremony.

Congratulations go out to Mary Dominiak of Antioch who was recently accepted and inducted into Alpha Sigma Nu, the National Jesuit Honor Society. Eligibility is restricted to students who attend Jesuit universities and are in the top 15 percent of their schools. Dominiak is currently a PhD student in Nursing at Loyola University Chicago researching nursing image and recruitment.

If you have interesting information or anecdotes to submit for "Our Town" call staff reporter Ginny Skweres at 847-223-8161, ext. 154 or e-mail, ginnys@lakelandmedia.com

Police catch alleged identity thief

How to protect yourself from identity theft

By Ginny Skweres
Staff Reporter

Cidia Zapata, 25, of 1053 Pine, Waukegan, came to the United States in 1996 from the Honduras. Unfortunately she was not a legal immigrant and bought a name and social security number that was "clean" according to Commander Craig Somerville, a detective at the Antioch Police Department.

Zapata didn't use it for stealing money, but needed it in order to appear legal.

In addition to being charged with identity theft, a class four felony, Zapata was also charged with obstruction of justice because she gave the false name during a traffic stop, and didn't have a driver's license, which is a misdemeanor.

A class four felony can be sentenced between one to three years. Immigration has been contacted, and if she is sentenced she will be deported after serving her sentence.

She was remanded to the Lake County Jail, where she remains as her court case goes through the judicial system.

Somerville suggests victims of identity theft call the fraud department of the three major credit

bureaus. They are Equifax, which can be reached at 1-800-525-6285; Experian at 1-800-397-3742; and Transunion at 1-800-680-7289.

Individuals are allowed one free report every year.

He suggests that individuals examine each report and look for unlawful activity.

"Victims get frustrated while we figure out which jurisdiction should handle the case," he said. "Get all the information before calling the police. The more information, the better," Somerville said.

Somerville offers some suggestions that may help you protect your identity.

"Every year people should ask for a copy of their credit report from the three major bureaus to see if there is any activity, like a new credit card that they didn't open," Somerville said.

The three major credit bureaus are Equifax which can be reached at 1-800-525-6285; Experian at 1-888-397-3742; and Transunion at 1-800-680-7289. Each offers one copy of their credit record annually at no charge.

For individuals concerned about queries made into their credit report, Somerville said it is not held against you if you can substantiate the reason for checking.

"Look for unlawful activity," Somerville said. If there are any unrequested credit cards on record, close the accounts and file a police report where the theft took place.

"People have to be patient. We have to decide what jurisdiction." Victims get frustrated while we figure out which jurisdiction should pursue the case."

ginnys@lakelandmedia.com



Photo by John Dickson

BOYS COOKING AND CLEANING

(Above) Billy Pifke, 13, a Boy Scout with Antioch Troop 80, dollops batter onto the hot griddle to make pancakes for the first Boy Scout Troop 80 Pancake Breakfast and Car Wash. The breakfast and car wash helped Troop 80 raise funds for new camp equipment and other supplies. (Right) Scouts from Antioch Boy Scout Troop 80 beat the heat and wash cars during their first annual Pancake Breakfast and Car Wash, to raise funds to buy camping equipment and supplies for the troop.



Nicor capped gas leak

By Ginny Skweres
Staff Reporter

Last Friday morning, construction crew workers accidentally struck a gas line near Route 173 and Deep Lake Road. A number of calls were made to Antioch's 911, reporting a strong odor of natural gas around 11:10 a.m.

The Antioch Police Department closed off traffic on

Route 173 and Wal-Mart and secured the area. Nicor Gas came to the location to cap the leak and make repairs.

There were no fires or explosions caused by the leak. Two engines, one squad and one command unit from Antioch's three fire stations responded to the emergency.

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CORRECTION

The photo in last week's edition misidentified the firefighter in the picture taken at Antioch Community High School. It was Asst. Chief Bob Johnson in the photo. We regret the error.

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Photo by Sandy Bressner

SAIL AWAY

Mel Christensen, who guides fishing tours throughout the Chain 'O Lakes, spent Memorial Day weekend as captain of the charter boat from the Port 'O Blarney to Blarney Island on Grass Lake.

FROM PAGE A1

SEWAGE

cost for doing that is estimated to be \$15.3 million.

Another option would be to build a completely new facility at a new site. That is estimated to cost \$22.6 million and would correct all problems.

One final option is to build a new plant on the existing site, doing it in stages so service would not be interrupted. That is estimated to cost \$15.6 million.

"The most cost-effective plan seems to be building a new plant on the existing site," Mayor Dorothy Larson said. "But the decision will be made by the board."

A new plant would be more controllable and the discharged water would be improved from the current discharge.

The village would probably apply to the state for a loan to pay for the improvements,

according to Harold Warren of Warren Associates, a municipal finance consultant.

"The low rate this year is two and a half percent," Warren said. He suggested various options to board members as to how the village could afford the loan repayment. Those options were presented, but not discussed by the board. Some ideas seemed more acceptable to the board than others, and will be discussed at future meetings.

Both Applied Technologies and Warren Associates have done work for the village before. Applied Technologies was hired in February to do a full assessment and evaluation for the village. Their presentation was the result of their evaluation.

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- ~7:00 pm Deluxury
- ~9:00 pm Lonnie Brooks

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~2:00-4:00 pm Face Painting & Balloon Artist

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~5:30-6:00 pm K-9 demonstration

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FOOTSTEPS

schools and she had the advantage of living in Israel for one year and attended a school taught in English. She also speaks German.

In Finland, formal education begins when children are seven years old, and high school lasts three or four years, depending on the pace the student wants to set.

"High school in Finland is more like college here since we have to be more responsible. Nobody asks if you did your homework," she said. Salla will not get any credit for the studies she completed here. When she returns to Finland she will have two more years of high school to complete.

"I don't even care because I'll just graduate a year late. Here I learned a lot of U.S. History, and I was surprised, but I learned more about English. In every other subject I learned the terms for different things," she said. The most difficult thing for her to learn was football, she said.

"After high school, I'm going to University. I like languages so maybe I'll be a teacher or do something in international business. She also speaks German. It usually takes five years to finish college, so we are 24 or 25," Salla said. Generally, people wait until they have a job before they marry, so they're a little older than here, she said.

"People here are very outgoing and friendly. In Finland, people are more reserved," she said. "The lifestyle is busier but I got used to it."

There are two differences that do stand out for her though. In Finland, teenagers cannot drive until they are 18, but that is also the age they are allowed to drink alcohol.

"People here have to drive everywhere. In Finland, there is more public transportation, or people walk or ride a bike," Salla said. "I got used to driving with 16-year-old friends. Now I don't think anything of it. Twenty-one still seems old to drink."

Collectively, her host families have all taken her to other locations in the United States, including road trips to California and Florida. Her journey began in New York where she attended an orientation for exchange students for four days before coming to Antioch.

"I didn't really know how big the United States is - all the different landscapes. Finland is slightly larger than Montana," she said. She has had the opportunity to ski in Colorado, see the

FROM PAGE A1

Grand Canyon and even the Mall of America in Minnesota. The Paddocks took her to Florida.

"Being away from family was hard even though I've always been independent," Salla said. "I respect them in a whole new way now."

All three of her host families are great, she said. "I'm close to all three, and they are each a little different, so I have a broader perspective of lifestyles."

The current host family, Kevin and Jan Lyons have had five previous exchange students. Their daughter Katie has been away at school, but their son Greg, also the same age, took over the role of the protective big brother she never had, Jan said.

In Finland Salla is the oldest of four children. Her sister, a year younger will go to Australia as an exchange student shortly after Salla returns. She also has two brothers, 12 and nine.

"The first two weeks are hardest for them, so we try to get them involved in activities so they can make friends. Salla joined soccer, choir and was the manager of the basketball team. The formula must work because Salla has made many friends including Lauren Foerester, Jessica Hagen and Jeanna Wirth.

Kevin Lyons is a member of the Rotary and is the youth exchange officer for the group. He checks on all of the group's students and makes sure everything is going well for them.

The International Rotary Club tries to increase international understanding by cultural sharing. The Antioch Rotary Club began in the '70s according to Lyons. The 55 to 60 local members include some from the club's inception to those who have been members for a few months. In addition to sponsoring the exchange students, the local club also offers scholarships and has other philanthropic endeavors.

Next year, the final split between Antioch and Lakes complicates the matter of finding host families, since the student must remain in one school. That means the area in which to find host families is divided in half. For anyone interested in becoming a host family, call Kevin at 847-395-3900.

Salla recommends that everyone should be an exchange student.

"It's been the greatest year in my life so far," she said.

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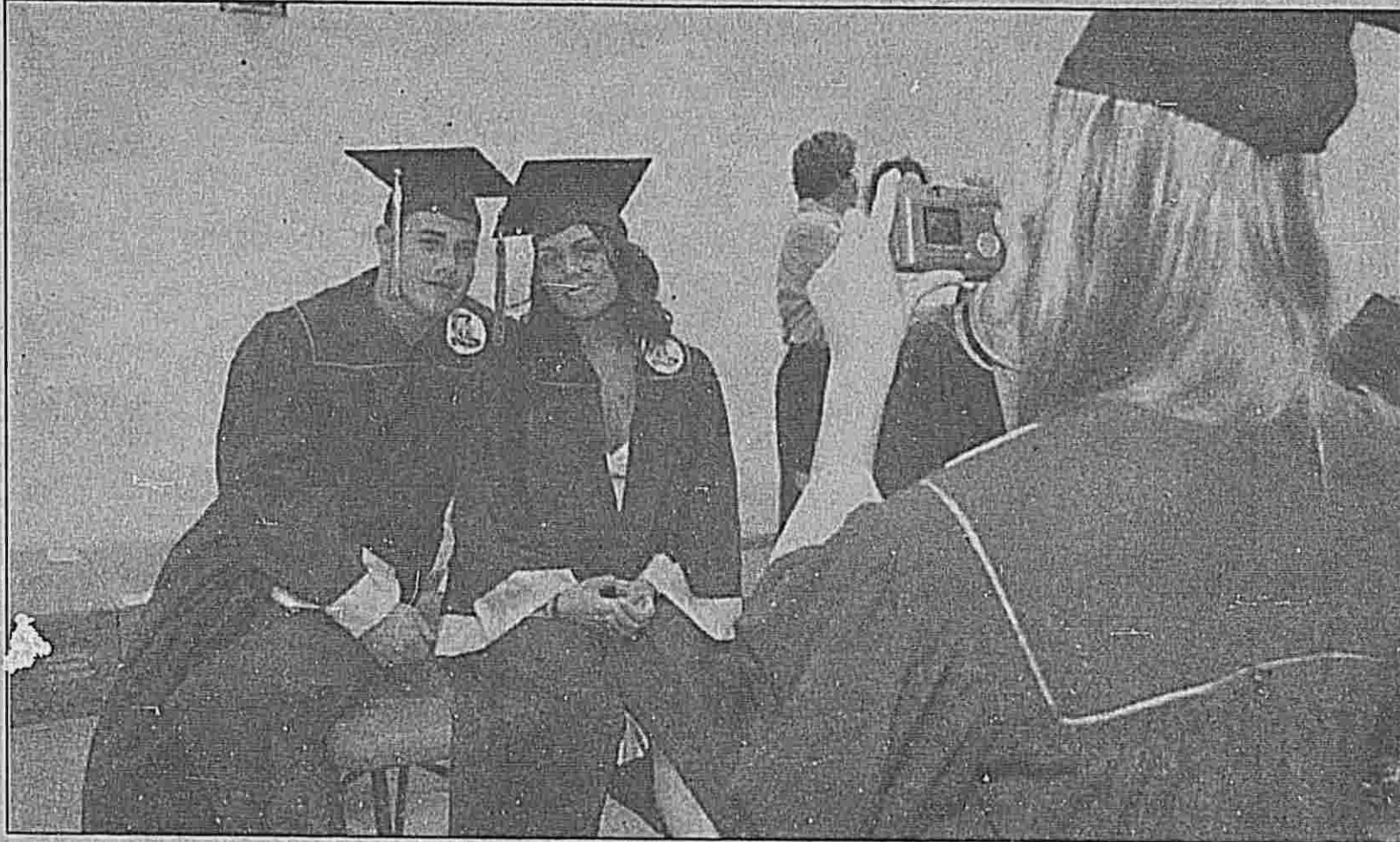
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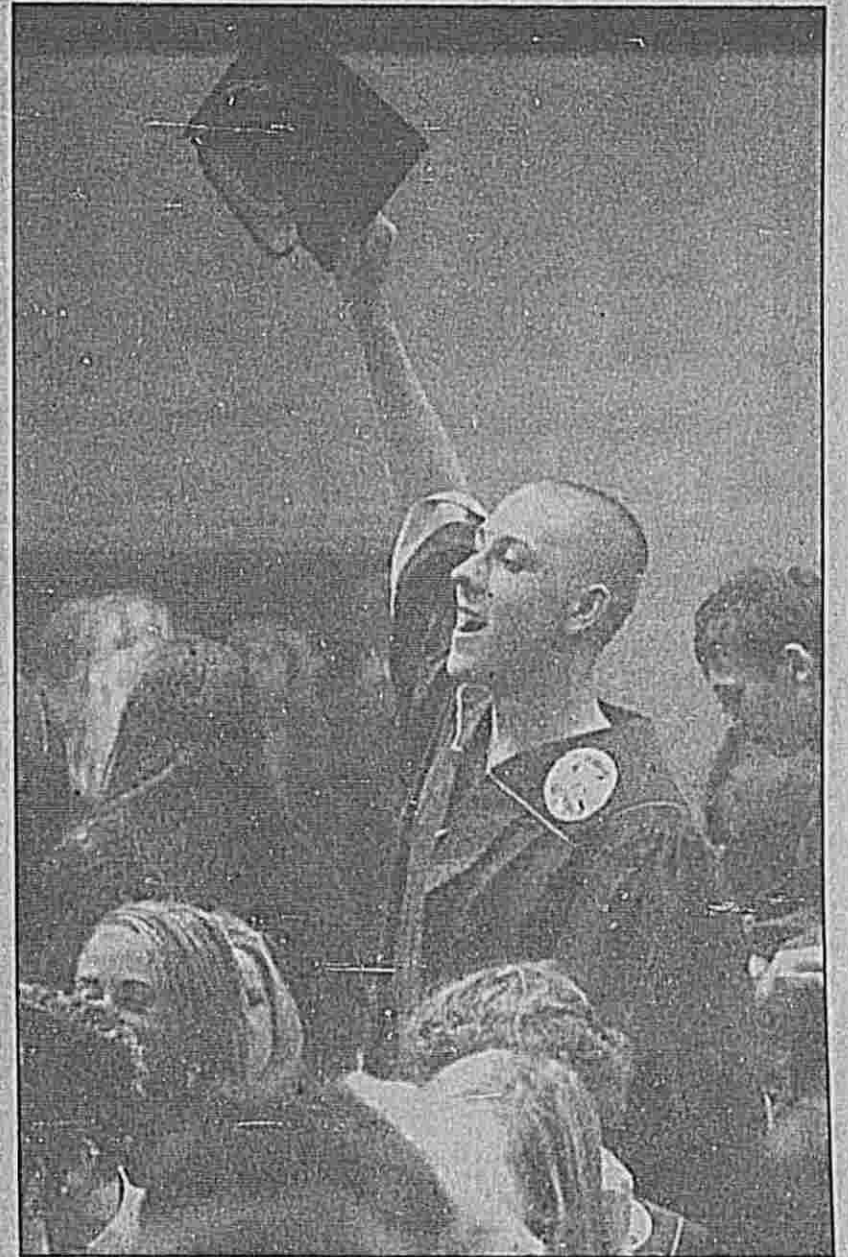


Photos by Sandy Bressner

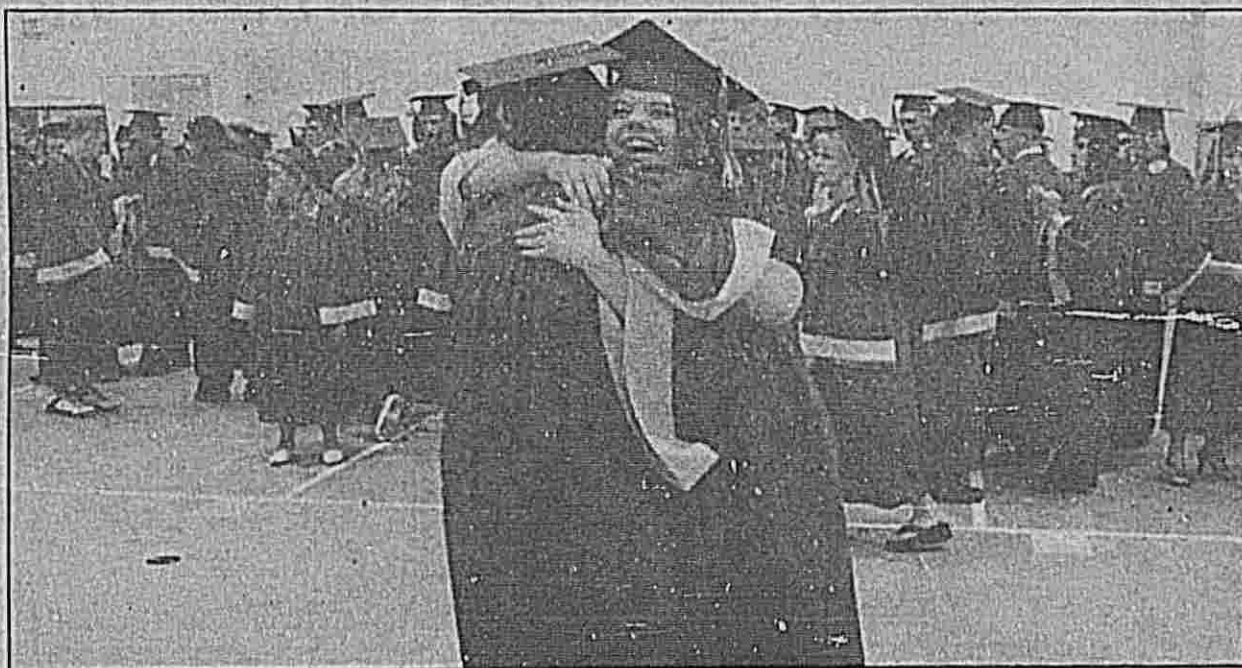


SENIORS SAY SO-LONG

(Above) Antioch Community High School graduates Ryan Cashmore and Ashley Anderson pose for a photo for classmate Jean Bunton before the school's commencement ceremony. (Left) Antioch Community High School graduate Caitlin Badger gives the school's commencement address during the June 1 ceremony in the school's gymnasium.



(Above) Antioch Community High School graduate Jeremy Plaza celebrates only minutes after the last name of the ACHS Class of 2005 was read during the school's commencement ceremony.



(Left) Charly Michmershuizen embraces classmate Alex Boothe before participating in Antioch Community High School's Ninetieth Commencement Exercises at the school. (Bottom) Over 500 students received their diplomas during Antioch Community High School's June 1 commencement ceremony in the school's gymnasium.

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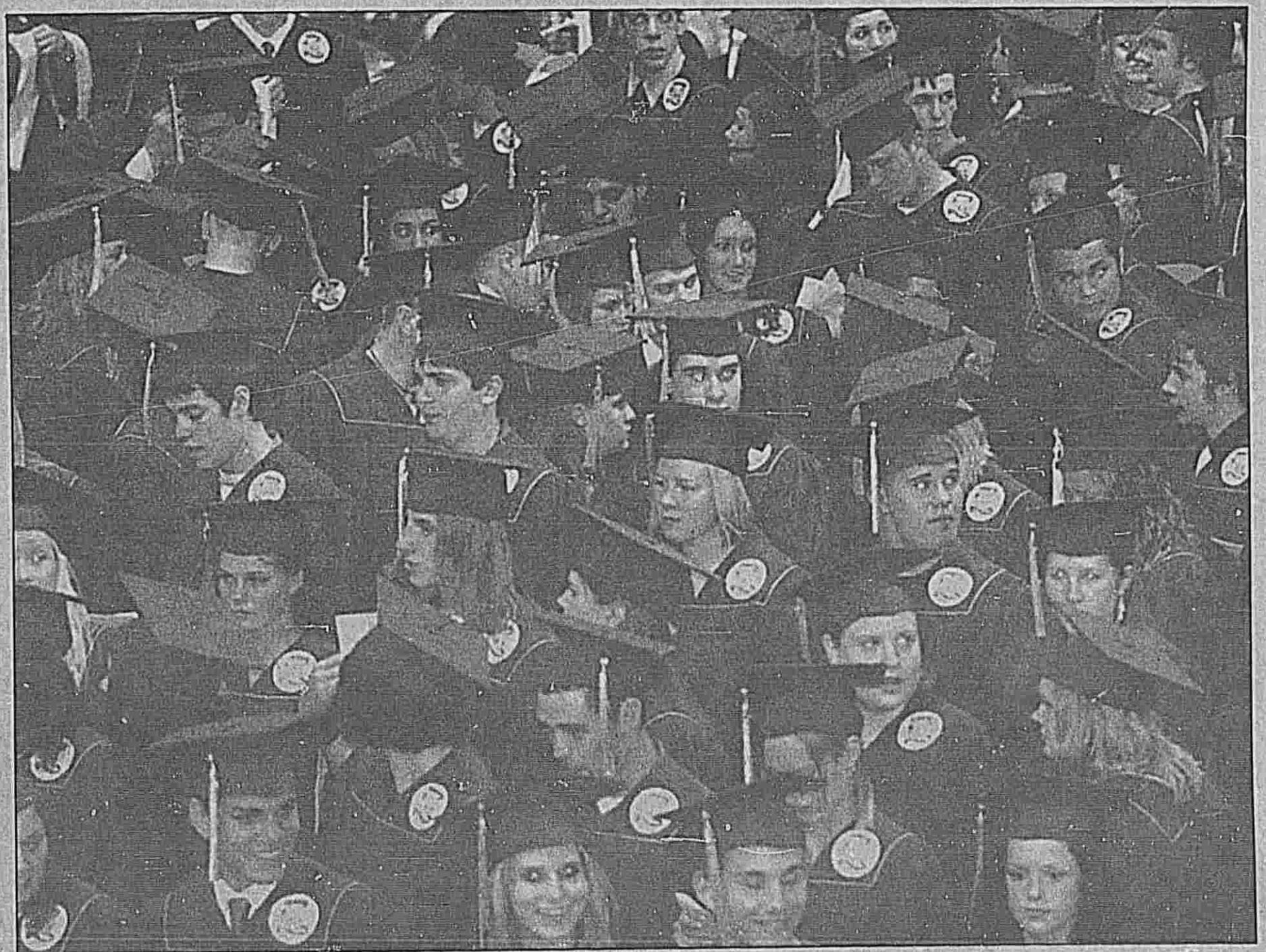
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48"x18" 4-Drawers	\$169	\$199
60"x21" 4-Doors & 8-Drawers	\$219	\$259
80"x18" w x 21" d Matching Linen Cabinets	\$182	\$219

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10'x10' GAZEBO

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Includes Headboard, Dresser, Oval Mirror, Mirror Box and Nightstand
CHEST EXTRA - \$149

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Rt. 30 (Plainfield Rd.)
Larkin (Becomes Weber Rd. N. of Store)

- WAUKEGAN -
2650 Belvidere Rd.
1/2 Blk East of Green Bay Rd. on Rt. 120

- CHICAGO -
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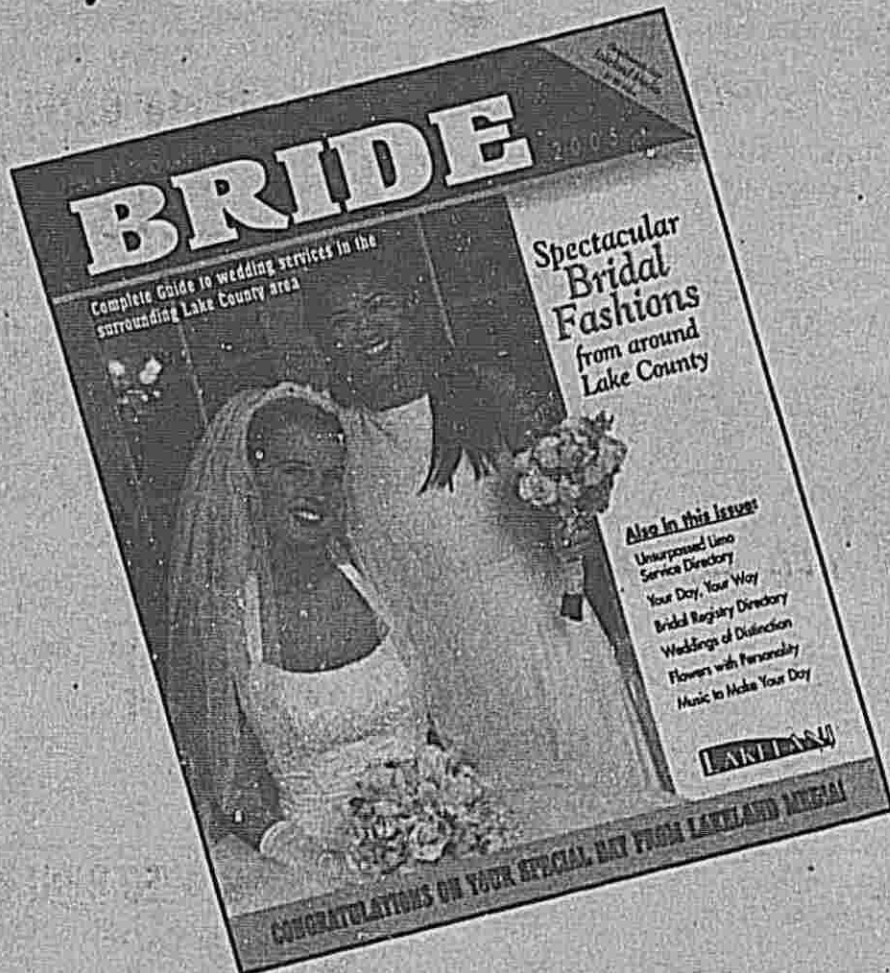
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Saturday, June 11th, 2005

The Lake Villa Rescue Squad
- Presents -
'DANCIN' IN THE STREETS'
Lake Avenue (just north of Rt. 83 & Grand Ave)

3PM-MIDNIGHT

FREE ADMISSION!

FOOD! FUN!
DANCING!

CHILDREN'S ACTIVITIES: 3PM-5:30PM
CLOWN • BALLOONS • FACE PAINTING
FIRE TRUCK/TRAIN RIDE & MORE!



- FOOD & BEVERAGES: Throughout the evening
- MUSIC: The Discords 5pm, The Blues Monkeys (variety rock & blues) 6pm
- FEATURING: Hairbanger's Ball (80's hair metal tribute) 9pm
- DJ MUSIC AND SHOW by Playback Productions
- DANCING: Allowed any time!
- RAFFLE TICKETS: Continued to be sold for cash prizes. (\$500, \$200 & \$100 prizes)

SPONSORS

A-Cab Service • The Advertizer • The Blues Monkeys • Butera Foods • Cadre Communications • Carpet Castle • C&F Packaging • The Discords • First American Bank • Fred W. Losch Beverage Company • Gregory Chrysler/Jeep • The Kross Inn • Lake Villa Community Bank • LaMont Automotive • Las Palmas Mexican Restaurant • Nielsen Development, Inc. • Nielsen Enterprises • Northstar Entertainment • Performance Automotive Repair • RJ's Eatery • State Bank of the Lakes • State Financial Bank • Suzie Shaffrick & Friends • Village of Lindenhurst • Village of Fox Lake

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INSPIRATION

Freedom Walk Parade, Storytellers, Dancers, Exhibits.
Also, we will honor African American couples married 50
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staff customize a spa especially made for you.

POLICEBEAT

Persons charged with a crime are innocent until proven guilty in court. Information in Police Beat comes from police departments.

LINDENHURST

Driving without a valid license

Michael J. Goins, 26, of 40078 N. Circle Ave. in Antioch was charged May 31 with driving with a suspended license, driving with a revoked license and driving an uninsured vehicle. He was released on \$2,000 bond pending a court date July 7.

Joseph Paul Conforti, 27, of 4701 Dream Lane in Madison, Wis., was charged June 4 with driving with a suspended license and no seat belt. He was released on \$1,000 bond pending a court date July 6.

LAKE VILLA

Damage to vehicle

A resident of North Milwaukee Avenue reported that between 7 p.m., May 22 and 7 a.m., May 23 that a silver 1999 Dodge Van was egged.

Domestic battery

James R. Hamilton, 37, of 608 Kenz Court in Lake Villa was charged May 27 with domestic battery. He was transported to Lake County Jail.

Dawn C. Sagers, 41, of 153 N. Milwaukee Ave. in Lake Villa was charged May 22 with domestic battery. She was transported to Fox Lake Police Department.

Public intoxication

Steven A. Rafferty, 37, of 40470 N. Route 83 in Antioch was charged May 23 with public intoxication. He was released pending a court date June 8.

Theft under \$50

The Citgo Gas Station on 400 E. Grand Ave. in Lake Villa reported that \$14 worth of gasoline was stolen May 21 by a driver of a Honda Tiburon.

Suspended license

Andrew G. Schwall, 59, of 34685 Lakeshore Drive in Lake Villa was charged May 21 with driving with a suspended license. She was released on \$1,000 recognizance bond pending a court date July 13.

ANTIOCH

DUI

Joseph C. Perrone, 44, of 23836 West Lake Vista, Antioch, was stopped for driving 57 mph in a 45 mph-zone, at 12:56 a.m. on May 7, while he was driving southbound on Route 59 at Hillside. He pulled over at Beach Grove Road, east of Prairie. Antioch police ticketed him for an expired registration plates, failing a field sobriety test, .193 BAC on a portable breathalyzer test, speeding, DUI, improper lane usage and operating an uninsured motor vehicle. He was released on his own recognizance and is due in court on June 7.

Debra L. Johnson, of 212 W. Lake St., Silver Lake, Wis., was stopped at 11:28 p.m. on May 4 for driving 45 mph in a 30 mph-zone as she passed the Antioch police car. Johnson misidentified herself. She was also charged with failing a field sobriety test, DUI, speeding and obstruction of a peace officer. She was released on a personal recognizance bond and has a court date of June 7.

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Your Mortgage Lending Staff,
From Left: Dee Dee Palmer, Cindy Hughes, Lynn Gibson, Tracie Baker

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tion and friendliness that you deserve. We believe that the role of a true community bank is to help meet the dreams and needs of our friends and neighbors. We offer competitive programs, serviced right here at your bank. Stop in today and let us help you find the mortgage that is best for you.

As a true community bank, we have created a unique package of mortgage solutions to help meet your needs. Not only do we have multiple types of mortgages from which you can choose, we also have better benefits than most banks or mortgage firms. Here are a few reasons how our mortgage services will benefit you:

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Lindenhurst Bank:
2031 Grand Avenue
Lindenhurst, IL 60046
847-356-5700

McHenry Bank:
2730 West Route 120
McHenry, IL 60050
815-344-5100

Spring Grove Bank:
1906 Holian Drive
Spring Grove, IL 60081
815-675-3700



NEIGHBORS

Debbie Yankee of Antioch



My family and pets:

My husband Mark, my two girls Morgan and Eleanor and our pets Molly, Tucker, Sammy and Gina

I'm originally from:

Waukegan

Occupation:

Antioch District 34 school bus driver

What I like most about my town:

The community involvement and our neighbors

Hobbies:

coaching my daughter's soccer team, golfing, spending time with family and friends

Favorite Movie:

"Karate Kid"

Favorite CD or artist:

Kenny Chesney

Favorite sports team:

Green Bay Packers

Best local restaurant:

DiMarco's

Favorite home-cooked meal:

A good juicy steak with mushrooms

Person I admire most:

My husband Mark, for being with me almost 20 years. You're a saint!

If I had \$1 million, I would:

Go on vacation for a long time

If I had a plane ticket to anywhere, I'd go to:

Hawaii

People who knew as a kid would say:

She's always having fun.

If I had one wish it would be:

To watch my daughters grow up safe and happy

If you have a "Neighbor" that you would like to see profiled in this column, call Lakeland Newspapers at 847-223-8161.

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Free seminar presented by Dr. Timothy Ryan,
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Learn about the latest treatment options.

Monday, June 20 • 7 p.m.

Vista Surgery and Treatment Center, Lindenhurst

To register, call: 1.800.843.2464

BIRTHS

Mia Star Shaw, a daughter, was born May 14 at Condell Medical Center in Libertyville to Elmer John and Robin Ann Shaw of Antioch. Grandparents are Louise Lewis of Antioch and Ed Lewis of Antioch.

Carmela Marie Dolar, a daughter, was born May 13 at Condell Medical Center in Libertyville to Marie Claire and Rommel Dolar of Antioch. Grandparents are DRs. Cesar and Carmelita Garduque of Philippines and Mr. And Mrs. Gloria and Francisco Dolar of Philippines. Great grandparent is Francisca Valente of Philippines.

Megan Grace Sala, a daughter, was born May 19 at Lake Forest Hospital to David and Tara Sala of Trevor, Wis. Her sister is Paige, age 3. Grandparents are Sue Ryan Knigge of Antioch, (the late) Pat Ryan, and Bill and Diane Sala of Antioch.

Kolton Charles Schlappi, a son, was born May 17 at Lake Forest Hospital to Karl and Bridget Schlappi of Antioch. His brother is Logan, age 2. Grandparents are Robert and Kathleen Swieton of Round Lake Beach; Kristi and Paul Scott of Antioch and Cecil and Denise Schlappi of Lindenhurst.

Kelsie Marie MacMillan, a daughter, was born May 16 at Lake Forest Hospital to Mark and Katie MacMillan of Antioch. Her brother is Zachary, age 3. Grandparents are Bob and Vickie Parker of Johnsburg and Bruce and Joan MacMillan of Haledon, NJ.

Morgan Lee Logan, a daughter, was born May 25 at Condell Medical Center in Libertyville to Louis and Kelly Logan of Antioch. Her siblings are Tyler 8, Cory 17, Kaitlyn 10 and Britney 2. Grandparents are James Donovan of Chicago and Bunny Donovan of Orinda, Calif. Great grandparents are Geri Baker of Pullman, Mich. And Lorraine Donovan of Tinley Park.

Phaye Valentine DeSalvo, a daughter, was born May 23 at Condell Medical Center in Libertyville to Pamela and Paul DeSalvo of Antioch. Grandparents are Kathy and Chet Boilek of Hammond, Ind.; Russel DeSalvo of Antioch and Darrleen Getz of Antioch.

Timothy Michael-Alan Smouse, a son, was born May 22 at Condell Medical Center in Libertyville to Christine Capuson and Robert Smouse of Antioch. Grandparents are Michelle Coleman of Buffalo Grove and Elizabeth Smouse of Antioch. Great grandparents are Greg Coleman of Buffalo Grove and Robert Allen Summers of Antioch.

FROM PAGE A1

WORSHIP

man Mike Gonski.

Pastor Wayne Jahn, the circuit counselor from Waukegan, as well as Antioch Mayor Betty Larson, joined the church's celebration.

"It was a great service," Pastor Gruen said. "It was wonderful."

Christian Life Fellowship
Just down the road at Christian Life Fellowship, another congregation celebrated a groundbreaking ceremony. They have a building on Deep Lake Road, but after 21 years, they are bursting at the seams. They started out in a storefront that now accommodates a Mexican restaurant, before they built their current building in 1988.

The churches plans include an 11,500 square-foot addition that will literally be built around the existing building. The new portion will house a sanctuary, foyer and fellowship center. With 140 members, the building now is too prohibitive, the pastor said.

"It will look like a sanctuary with the configuration of a recreation place. We hope to be able to offer it for use by the community," Pastor Jeff Brussaly said he expects the plows to be out in mid-July and have the shell up before winter.

"We can have it up and done in five months," Pastor Brussaly said

"We want to pace ourselves in a way to serve people. We are preparing for the future," he said.

ginny@lakelandmedia.com

CALENDAR

Friday, June 10

Dennis Downes' solo show at Antioch Fine Arts Gallery, 983 Main St. Free admission, but donations accepted. Show ends June 30. Please call 847-838-2274 to learn more.

"Sweeney Todd." Last weekend at PM&L Theatre at 877 N. Main St. For tickets/times, call 847-395-3055 or go to www.pmltheatre.com.

Last day to donate to the Grass Lake School rummage sale to be held June 16-19. GLS is at 26177 W. Grass Lake Rd. Drop items at bus barn. For details, call Sharon Goebel at 847-395-1550 ext. 22.

Saturday, June 11

8:30 a.m., Singles (ages 55+) Breakfast Group meets Saturdays in Gurnee. Call Chuck 847-362-5458.

12:30-3 p.m., "Ask the Gurus," a question and answer session open to computer users of all skill levels, at Grayslake Library, 100 Library Ln Hands-on tutorials. To learn more, visit www.lcace.org or call Dwight (J.J.) Johnson at 847-623-3815.

Sunday, June 12

6 a.m.-5 p.m., Ramble Bike Ride of Bicycle Club of Lake County, through Northern Illinois and Southern Wisconsin. Route lengths vary. \$15. Call 847-604-0520 or go to www.bikeclub.com or www.active.com to register.

Summer 9-hole golf outing, Christian Golfers' Association of Lake Co. Tee times begin at 2 p.m. at Heather Ridge Golf Club, 5900 Heather Ridge Dr., Gurnee. Please call 847-362-7444 or go to www.christiangolfer.org to learn more.

7-9 p.m., Open gym Sundays at Antioch Community High School. \$2. Adults only.

Monday, June 13

Drop off donations Mon.-Sat., June 13-18 for St. Peter Parish Rummage Sale at St. Peter School, St. Peter St., Antioch. Housewares, antiques, clothing, housewares, sporting equipment, books and more. Please call Melissa at 847-395-7712 for information.

12:45 p.m., Bingo held Mondays at the Senior Center. Call 847-395-7120 for details.

7-9 p.m., Lakes Area Community Band rehearses at ACHS. Call Debbie Davis at 847-395-0272.

9:30-11:30 a.m., Prairie Patch Quilting Guild meets second Mondays in Grayslake. Call 847-223-5759.

Tuesday, June 14

7 p.m., Northern Illinois Conservation Club Board meets monthly (second Tuesdays ??) at the clubhouse, 1/2 mi. south of Rt. 173 on east side of Rt. 83. Call 847-395-NICC go to www.lake-online.com/nicc to learn more.

1 p.m., AARP Chapter 387 (for adults 55+) meets at the Senior Center, 817 Holbeck Dr. Please call Sharon Nowak at 847-395-5068 to learn more.

6:30 p.m., Lake Co. Ill. Genealogical Society meets second Tuesdays in Mundelein. Call Mary Jo Vepley at 847-623-6718 or Bobbie Briggs at 847-816-8074.

Noon, Lake Co. Retired Teachers' Association meets at Lambs Farm Country Inn. For Lake Co. teachers, both active and retired. Call 847-362-5813.

Wednesday, June 15

4-6 p.m., Lake Co. Community Health Partnership Immunization Clinic held third Wednesdays at VFW Post 4551, 75 North Ave. Call 847-377-8470.

7 p.m., Village of Antioch Park Board meets third Wednesdays at the Municipal Bldg., 874 Main St. Call 395-1000 to confirm.

7 p.m., Burlington Genealogical Society meets at the Library, Pine and Jefferson St. Call Marion at 414-763-6981 or Marilyn at 414-728-2225.

7:30 p.m., The Republican Club meets at Township Hall. Call 847-395-1670 for more information.

4-6 p.m., Low-cost immunizations offered by Lake Co. Health Department at VFW Post #4451, 75 North Ave. Call Health Dept. at 847-360-6761.

Thursday, June 16

6-10 p.m., Choral Artists Auditions for Bel Canto Chorus, held in Mequon, Wis. To make required appointment, please call 414-481-8801, send email to info@belcanto.org or visit www.belcanto.org.

Grass Lake School Rummage Sale, June 16-19 at 26177 W. Grass Lake Rd. For more information, call Sharon Goebel at 847-395-1550 ext. 22.

7:30 p.m., ACHS Board meets.

Friday, June 17

7 p.m., "A Way Out," an AA group for gays, lesbians and straights, meets in Libertyville. Call (email) Linda West 847 735-1230 (Lcwest1@yahoo.com).

Saturday, June 18

8:30 a.m., Singles (ages 55+) Breakfast Group meets in Gurnee. Call Chuck 847-362-5458 for details.

Come Worship With Us A Directory Of Antioch Area Churches

Graceland Baptist Church, 258 Ida St., Antioch, IL. Sunday School 11am., Morning Worship 11am., Sunday Evening 7pm. Robert Williams, Pastor.

First Church of Christ, Scientist & Reading Rm. Rte 173 and Harden, Antioch, Phone (847) 395-1196. Sunday School, Sunday Church Service 10:30am, Wednesday, 7:30pm.

Beautiful Savior Lutheran Church, Missouri Synod, worshipping at Antioch/Lake Villa Township Center, 1625 Deep Lake Rd. Pastor Darald Gruen, Phone (847) 265-2450. Sunday Worship at 9am, Sunday School, High School & Adult Bible Classes 10:45am.

Heritage Lutheran Church, Lindenhurst Civic Center, 1949 Old Elm Rd., Lindenhurst. (847) 356-1766. Sunday service 10:00 am, Sunday School & Bible Class 9:00 am. (summer schedule - 9:00 am Sunday) Rev. Mark W. Anderson, Pastor.

St. Ignatius Episcopal, 500 Depot St. Antioch Phone (847) 395-0652. Low Mass 7:30am., High Mass 9:30am Sunday School & Nursery 9:30am. Rev. Vincent Eckholm, Pastor.

Crossview Church (formerly Antioch Evangelical Free Church) 750 Highview Drive, Antioch, IL 847-395-4117 Sunday Worship Services 9:00am and 10:30am Sunday School for all ages (nursery provided) Call for more information.

St. Stephen Lutheran Church (ELCA), 1155 Hillside Ave. Phone (847) 395-3359. Sunday Worship, 8:00, 9:30, 10:45am. Rev. Roger Black, Pastor. Saturday Worship Service 5:00pm

Christian Life Fellowship Assemblies of God Church, 41625 Deep Lake Rd., Antioch. Phone (847) 395-8572. Sunday School (all ages) 9am., Sunday Morning Worship 10am., Children's Church 10am., Sunday Evening Worship 6:30pm., Wednesday Worship & Children's Program 7am., Tues. Women's Fellowship & Bible Study 9-11:30am. Jeff Brussaly, Pastor.

Antioch Baptist Church, 817 Holbeck Dr., Antioch. Phone (847) 769-5332. Sunday Morning Worship 10:15am., Sunday evening Service 6:00pm., Wednesday Bible Study 7:00pm. Pastor Ken Foster.

Faith Evangelical Lutheran, 1275 Main St., Phone (847) 395-1660. Sunday Worship 8 & 10:30am., Sunday School 9:25am., Mon. Worship 7:00pm Pastors Gregory Hermanson & Aaron Christie. Christian Day School (847) 395-1664.

Millburn Congregational United Church of Christ, 19073 W. Grass Lake Rd. at Rte. 45. Phone (847) 356-5237. Sunday Services 8:30am. Eucharist at 10am. Family Worship with Church School and Nursery Care. Rev. Jed Watson, Pastor.

Antioch United Methodist Church, 848 Main St., Antioch, Phone (847) 395-1259. Rev. Gary Curt, Pastor. Sunday Worship 8 a.m. and 10:30 a.m. Children's church and Sunday School. Adult Groups at 9:15 a.m. Nursery care for children through 3 years of age from 8 to 11:30 a.m.

St. Peter's Church, 557 W. Lake St., Antioch. Phone (847) 395-0274. Masses weekdays, 7:30am; Sunday 6:30, 8, 9:30, 11:30am & Saturday 5:30pm. Rev. Father Ronald H. Anglim, Pastor.

Chain of Lakes Community Bible Church, 43 W. Grass Lake Rd., Phone (847) 838-0103. Sunday Worship 9:30 and 11:00. Sunday School. Rev. Kerry Bauman, Senior Pastor

Good Shepherd Lutheran Church (Missouri Synod), 25100 W. Grand Ave. (Rte. 59 & 132), Lake Villa. (847) 356-5158. Sunday Worship 8:15 & 10:45am; Sunday School (3 and up) and Bible Study 9:30am. Rev. John Zellmer, Pastor.

Lighthouse Church of Antioch, 554 Parkway Ave., Antioch, IL (847) 838-0616. Saturday Evening Service 7:00 p.m. Adventure Club for Kids, Adult Bible Study Saturday Evening 6:00 p.m. Monday Evening Bible Study 7:00 p.m. Thursday Evening PTSD Support Group 7:00 p.m. Senior Pastor Tom Bartmer.

NorthBridge Church. A Contemporary Worship Experience. Meeting at Antioch Community High School, 1133 Main St., Antioch, (847) 838-9370, www.northbridgechurch.org. Service Sunday - 10:30am, Children's Classes (K-5) - 10:30 am. Mark Albrecht, Senior Pastor.

Visit our website at:

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Dan Dugenske, Director

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HOMETOWNSPORTS

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Former professional hockey players to lock horns Friday

Finally there's an event for all hockey fans out there starving for some good old-fashioned action – and it's all for a good cause. Former players from both the Chicago Blackhawks and the Chicago Wolves and other hockey standouts will lock horns for the Breslin Cup June 10.

The Breslin Cup is held in honor of former Wolves player Tim Breslin, who succumbed to cancer in February and proceeds from the game will go to the Tim Breslin Family Trust. Breslin played five seasons with the Wolves. While with the team, Breslin got 37 goals and 82 assists for 119 points in 330 games from 1994 to 1999 and was with the team when the Wolves won the 1998 Turner Cup Championship.

Breslin was also a fine man off the ice as he was honored with the I. John Snider Trophy as the International Hockey League's Man of the Year after the 1996-97 season for outstanding community service.

Breslin was 37 when he passed away on Feb. 9 due to complications from appendiceal cancer, which was diagnosed just three months earlier. He is survived by his wife, Jami, and three children; Shane, 6, Paige, 3 and Chase, 1 and all will attend the game.

Wolves General Manager Kevin Cheveldayoff said Breslin was a fine man who put the organization before his own needs.

"You could always count on Tim to come and compete every night and do what was needed for the team to win," Cheveldayoff said. "He wasn't into personal glory, he was always a team player."

The game is sure to bring some action to the ice as Hall of Fame member Denis Savard and all-time Wolves goal scorer Steve Maltais will play alongside 37 other former hockey players in Breslin's honor.

Contributions should be made out to The Tim Breslin Family Trust, c/o Merrill Lynch, 33 W. Monroe St., Suite 2200, Chicago, IL 60603. For more information contact Troy Murray at 312-813-1919 or Bob Nardella at 708-774-4737 or visit the web site at www.thebreslincup.com.

Lake Villa Vipers improve to 20-4

The Lake Villa Vipers ended a four game road trip with an impressive 14-8 win over the McHenry Sidewinders. The Vipers attacked quickly, scoring seven runs in the first inning, forcing McHenry to go to their bullpen early. Jacob Brown lead the offense with 3 hits, while Chris Hoffman (3 RBI), Matt Dexheimer, Paul De Jong (2 RBI), Nick Traska and Anthony Falcon added 2 hits each. Nick Klein had a key two-out hit in the first inning to drive in two runs. On the mound, Anthony Falcon, Dexheimer and Matt Beranek combined to strike out 9 and only gave up 3 earned runs.

The team's first home game against the Jr. Mustangs of Mundelein proved to be a battle. Two evenly matched teams fighting for first place would battle into extra innings with the Lake Villa Vipers winning 7-6. Lake Villa would jump out to a first inning 3-0 lead as a result of hits from Chris Hoffman (2 hits, walk), Dexheimer, and Brandon Schlaeger. Schlaeger would later drive in Paul De Jong (double, 2 runs) with a textbook drag bunt single, and Dexheimer would drive in two more with a clutch two out single. Taylor Kerton (2 hits) scored the winning run after Mundelein intentionally walked a batter to face Jacob Brown, who promptly ended the game with a single on the first pitch. Brown, Nick Klein, and Chris Hoffman combined to strike out nine.

The McHenry Shamrocks were utterly run over by the Vipers in a dominant 18-3 victory. Dexheimer (2 RBI) and Schlaeger would each pitch two innings of scoreless relief. Hurler Nick Traska would allow only 3 runs on 3 hits, and would later combine with Schlaeger (2 RBI) to turn a textbook 4-6-3 double play.

The Vipers capped off the stretch destroying the All-Stars from Highwood 20-3. The umpire would end the game after only four innings due to the mercy rule. Paul De Jong (3 hits, 3 runs) and Logan Edwards (2 hits, 2 RBI), would pitch and allow only 7 All-Stars to reach base. Offensively, the Vipers were lead by Chris Hoffman (2 hits, 4 runs), Dexheimer (3 RBI), Traska (4 RBI), Anthony Falcon (2 RBI), Nick Klein (hit, 2 walks) and Kwiatkowski (RBI, run, walk). Jacob Brown would also drive in three runs with three hits, highlight-

ed by his first home run of the season. With the win, the Vipers improved to an overall 20-4 record.

Summer football camp announced for Lakes Community High

The Lakes Community High School will be holding its first annual youth summer camp. The Junior Eagles Football Camp is set to begin Monday, July 18 and will continue until Friday, July 22. The camp is set to take place from 8 a.m. until 10 a.m. everyday, and is open to all students in the sixth through the eighth grade.

The camp will focus upon building football fundamentals necessary for success in football. For more information, log onto www.lakeseagles.com or contact Luke Mertens at lmertens@lakeseagles.com or call 847-838-7100, Ext. 8011.

Registration open for Lakes summer boys basketball camps

Registration is now open for the Lakes Community High School Boys and Junior Eagles basketball camps. Registration forms are now available at the Lakes Community High School main office or online at www.lakeseagles.com.

The Junior Eagles camp will run from June 13-17. Session One will be for students entering grades six and seven from 10 to 11:45 a.m. Session Two will be for students entering grades eight and nine from 12:15 to 2 p.m. The camp fee is \$50 for the Junior Eagles summer basketball camp.

For more information, contact Coach Brian Phelan at 847-838-7100 Ext. 8015 or e-mail him at bphelan@lakeseagles.com.

Antioch/Lakes tennis camps announced

New Antioch varsity tennis coach Carolyn Stanley has announced upcoming youth tennis camps, to be held at Lakes Community

High School, at Deep Lake and Grass Lake roads, from June 13 to 30. Camps are as follows: Beginner Level, boys and girls age 9 and above. This level is designed for people who have not taken lessons before. In this class they will learn the basic grips and stroke development. Select one of the following class times: 9 to 10 a.m. or 10 to 11:00 a.m. The cost is \$70.

Intermediate Level is for boys and girls, age 9 and above. This level is designed for people who have already taken a beginning level class or have played tennis enough that they understand the fundamental strokes and are ready to use them in drill and game situations. This class is a stepping-stone for playing at the high school level. The focus of this class will be on stroke improvement and consistency with the introduction of some match play situations (scoring, positioning, and basic strategy). The cost is \$70 and the camp runs from 11 a.m. to noon.

Advanced Level is for boys and girls of any age. This level is designed for people who have participated in competitive tennis but are not quite ready to play at the high school level or with high school players. The focus of this class will be on stroke improvement (control and direction) and match play (including doubles formations) through advanced drills and competition. The cost is \$70 and the camp runs from 12:30 to 1:30 p.m.

High School Level is for boys and girls of high school age. This level is designed for people who have participated on a high school tennis team or have competed in USTA level tournaments. The focus of this class will be on skill advancement, stroke development (including spin and speed), and advanced strategy and shot selection. The cost is \$100 and the camp runs from 1:30 to 3 p.m.

Instructors will be current and former Antioch tennis players, including Ryan Reimer, Charlie and Robbie Scupham, Lindsay Clutter and Brett McKenzie and Antioch varsity boys and girls tennis coach Carolyn Stanley. For more information, contact Stanley at 847-395-1421 Ext. 8200 or by e-mail at cstanley@sequoits.com.

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LOCAL

ANTIOCH

Fathers and Siblings

La Leche League of Central Lake County, an organization dedicated to providing education, information and support for women who want to breast feed. There is a meeting for fathers and children of all ages at 10 a.m., June 15, at the Lake Villa United Methodist Church in Sherwood, south of Grand Avenue and west of Route 83.

Grass Lake School Rummage Sale

Grass Lake School is seeking donations and/or volunteers for its 4th Annual Rummage Sale. The sale will take place from Thursday, June 16 through Sunday, June 19.

All proceeds will go directly to the enrichment of the children's education. For additional information or if you would like to vol-

unteer to help with the sale, call Sharon Goebel at 847-395-1550 ext. 22.

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This year's theme is "Good News Clues: Searching for A New Life in Jesus." Like in the game of Clue, children will be detectives searching for clues.

Participation is for children preschool to fifth-grade. Cost is \$10 per child with a maximum of \$25 per family. Participation is offered on a first-come, first-serve basis and is not limited to parish members. Registration will begin at the St Ignatius Rummage Sale on June 10 and 11 from 9 a.m. to 3 p.m. and June 12 from 11 a.m. to 3 p.m.

St. Ignatius Church is located in Antioch at the corner of Depot Street and Deep Lake Road, approximately on mile north of Route

173.

For more registration information or a registration form, contact coordinators, Diane Ward 847-265-8713 or Chris Brown 847-973-1018.

LAKE VILLA/LINDENHURST

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Mom's Club meeting

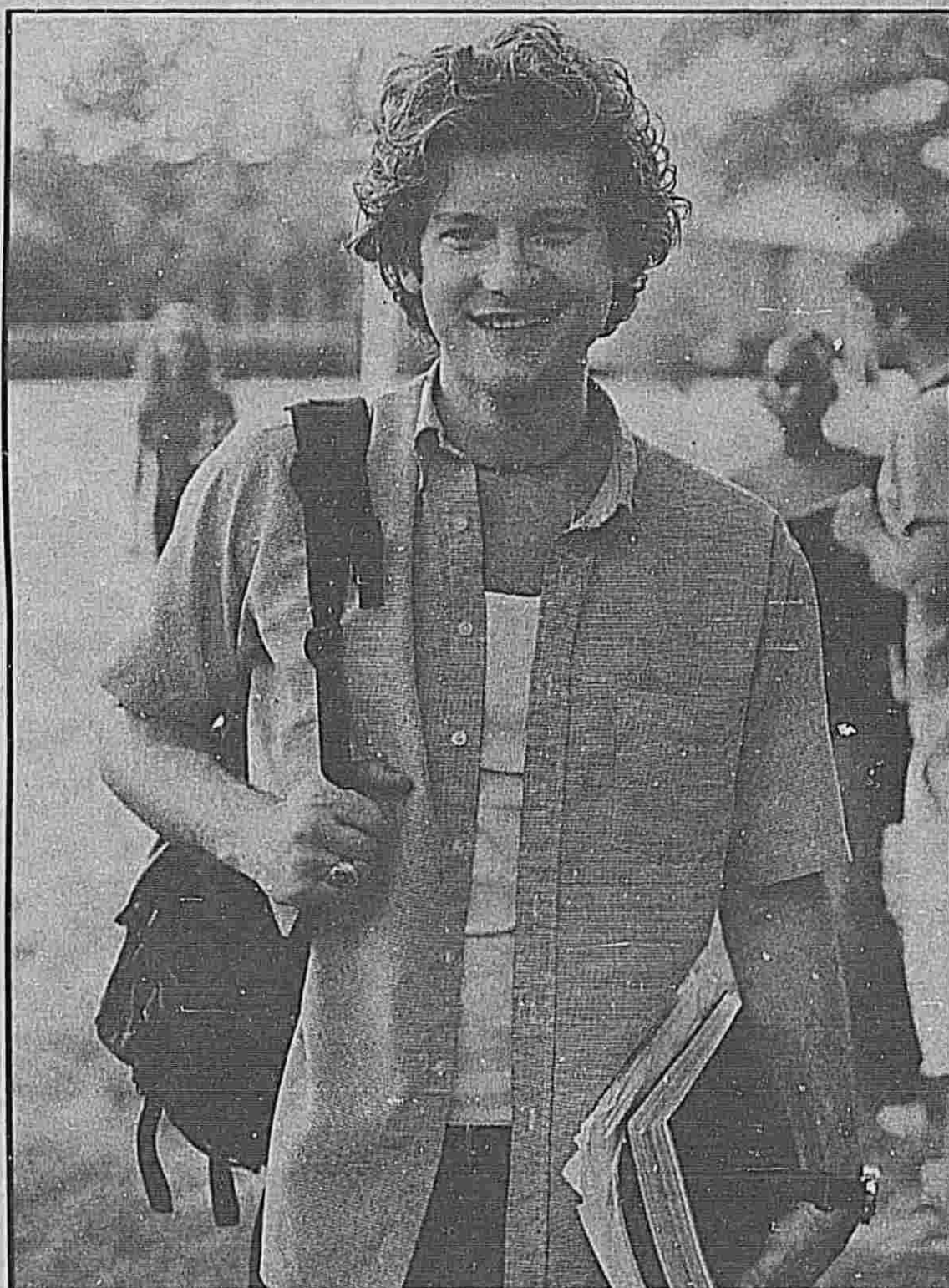
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LAKE COUNTY

SECTION C

JUNE 10-16, 2005

HEALTH

Vista 'cancer crusader'

receives national

award

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VIEWPOINT

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North Chicago

"My summer vacation will probably consist of working, and doing some art shows."



MARVA
MEEKS
Round Lk Heights

"I'm having double knee surgery in July. In August, I hope to go to Georgia and then to Myrtle Beach to see my mother. Probably by car."



LINDA
MUELLER
Antioch

"I'm going to Las Vegas. I'm flying."



PRISCILLA
POWERS
Buffalo Grove

"My summer vacation is going to Washington DC to see my granddaughter do competition Irish Dancing, and we will be flying."



JOANNA
PTASINSKI
Round Lk Beach

"I'm a thespian and I am going to the International Thespian camp in Lincoln, Neb. with my School (Palombi Middle School in Lake Villa)."



JOHN
SCHWALBACH
Wauconda

"We don't have any summer vacation plans. We go to Wisconsin every week-end."

WASTE NOT

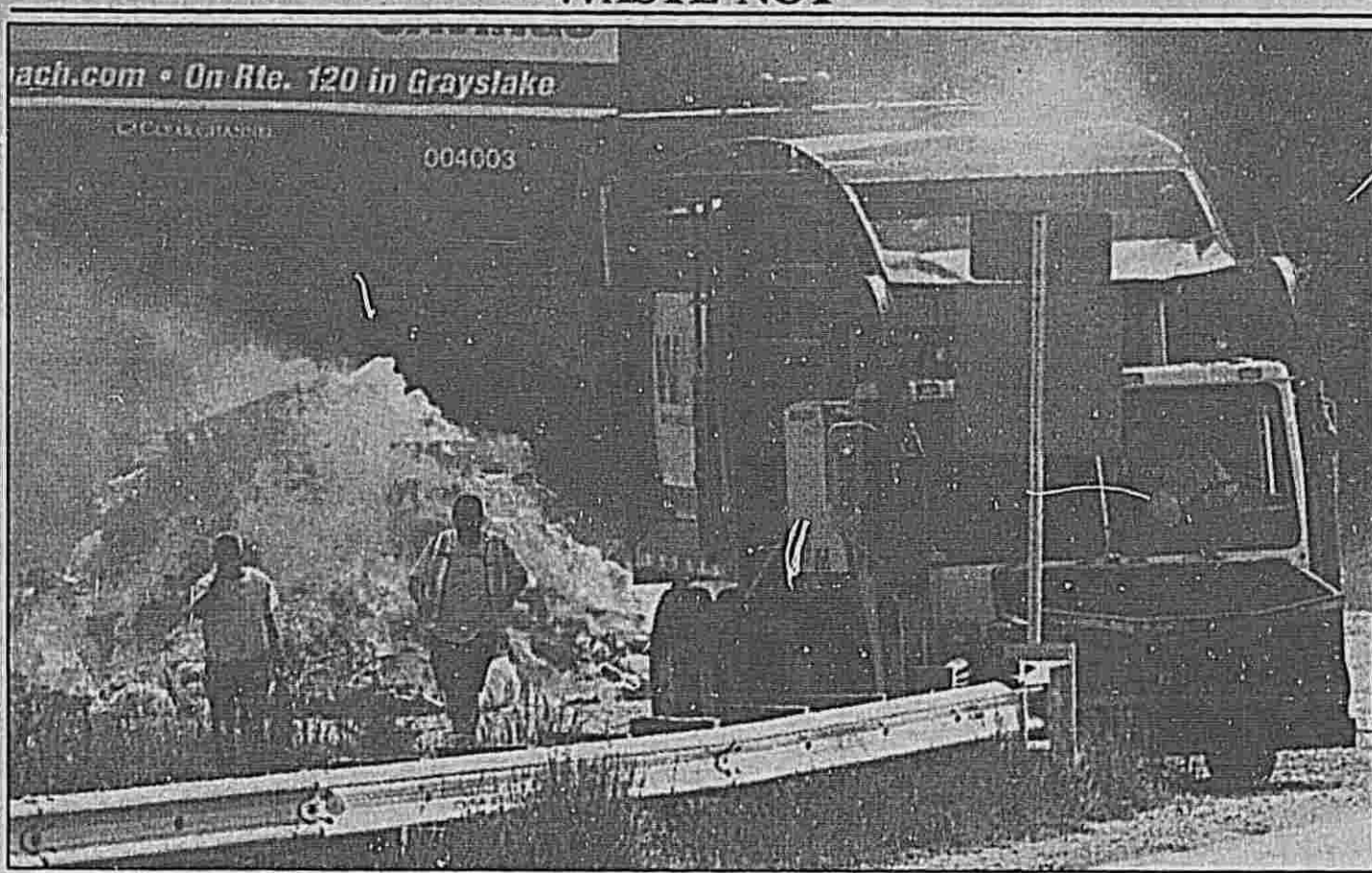


Photo by Sandy Bressner

Waste Management employees survey the scene of a garbage fire due to unknown causes on Route 120, just east of Route 83. Grayslake firefighters responded to the scene. No injuries were reported.

Rape suspect had past convictions

By Regan Foster
Staff Reporter

A Round Lake Beach man who authorities said raped an 18-year-old Wildwood woman and left her for dead in unincorporated Libertyville had a rap sheet involving sexual assaults stemming back to 1993.

Christopher Hanson, of 1416 Cedar Lake Road, was listed on the Lake County Sheriff's sexual

offender list for a crime similar to that which he allegedly committed June 6. In 1993, Hanson was convicted of criminal sexual assault and force; and in 1999 for attempted criminal sexual assault, according to Scott Robin, deputy chief with the Lake County Sheriff's office.

"The fact that the incident was very similar to the incidents Libertyville had prior to this brought attention to (Hanson) right away," Robin said. "One of

the Libertyville detectives that came out to the scene pointed out (the similarities to) what happened to the bike path in 1999.

"He was convicted in 1993 for a criminal sexual assault and in 1999 after he was released from prison, he was con-



Hanson

Please see HANSON / C9

Fairground questions to be answered

By Kathy Gresey & Nick Alajakis
Staff Reporters

An announcement is expected this Friday concerning the rumored sale of the Lake County Fairgrounds.

The more than 90 acres, which sit at the northwest corner of Routes 45 and 120 in Grayslake will most likely be sold, but officials are mum on who a prospective buyer is.

"There is talk, but there are no parts of the contract that I am able to divulge," said Richard Raftis, treasurer for the Lake County Fair Association. "With a deal of this magnitude there are multiple

things that must first happen."

Raftis said he might shed more light on who potential developers are, or what potential projects would occupy the property this Friday, June 10. All he'd say, is that the potential buyer has plans for commercial development.

The potential development would not be entirely new to Lake County, Raftis said, hinting that there are similar developments in the area.

The sale of the fairgrounds would not affect various governmental bodies, including the county and the village of Grayslake, which would presumably benefit

from tax dollars brought in by a commercial development.

"If there is any chance to improve the Lake County Fair and the Lake County Farm Bureau we'll take it," said Greg Koeppen, Lake County Farm Bureau manager.

Grayslake Mayor Tim Perry said he too is looking forward to the deal, but added that he does not have too many details.

If sold, both this year's and next year's Lake County fair—which takes place in July—would still be held at the current grounds, said Raftis.

Future fairs would be moved to another, undisclosed location in Grayslake, Raftis said.



Photo by Sandy Bressner

Allen Konchinsky of the Putting Edge in Lincolnshire, said he broke the Guinness World Record by playing 3,060 games of miniature golf in a day.

Man of the world

Area mini golf pro
claims world
record

By Regan Foster
Staff Reporter

He came, he puttied, he conquered.

Alan Konchinsky, team leader of the Chicagoland region of the Putting Edge, has taken his passion for miniature golf to a gigantic level. Shortly before 7 a.m. on June 6, Konchinsky picked up his neon-colored golf ball, holstered his trusty putter, and strode off the Lincolnshire course he managed with a world record in hand.

"Things ended up pretty well, I finished with 3,060 holes played, a fully rested Konchinsky explained Tuesday. "I had more time, I could have kept going."

In just 12 hours, 54 minutes, the master of miniature golf putted his way into the record books for the most holes of mini golf played in one 24-hour day. The previous record, 3,035, was held by Matt Mijakis of Sterling, Mass., according to the Guinness Book of World Records.

Late last month, Konchinsky told Lakeland Newspapers that he

Please see MINI GOLF / C9

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LOCAL

ANTIOCH

Fathers and Siblings

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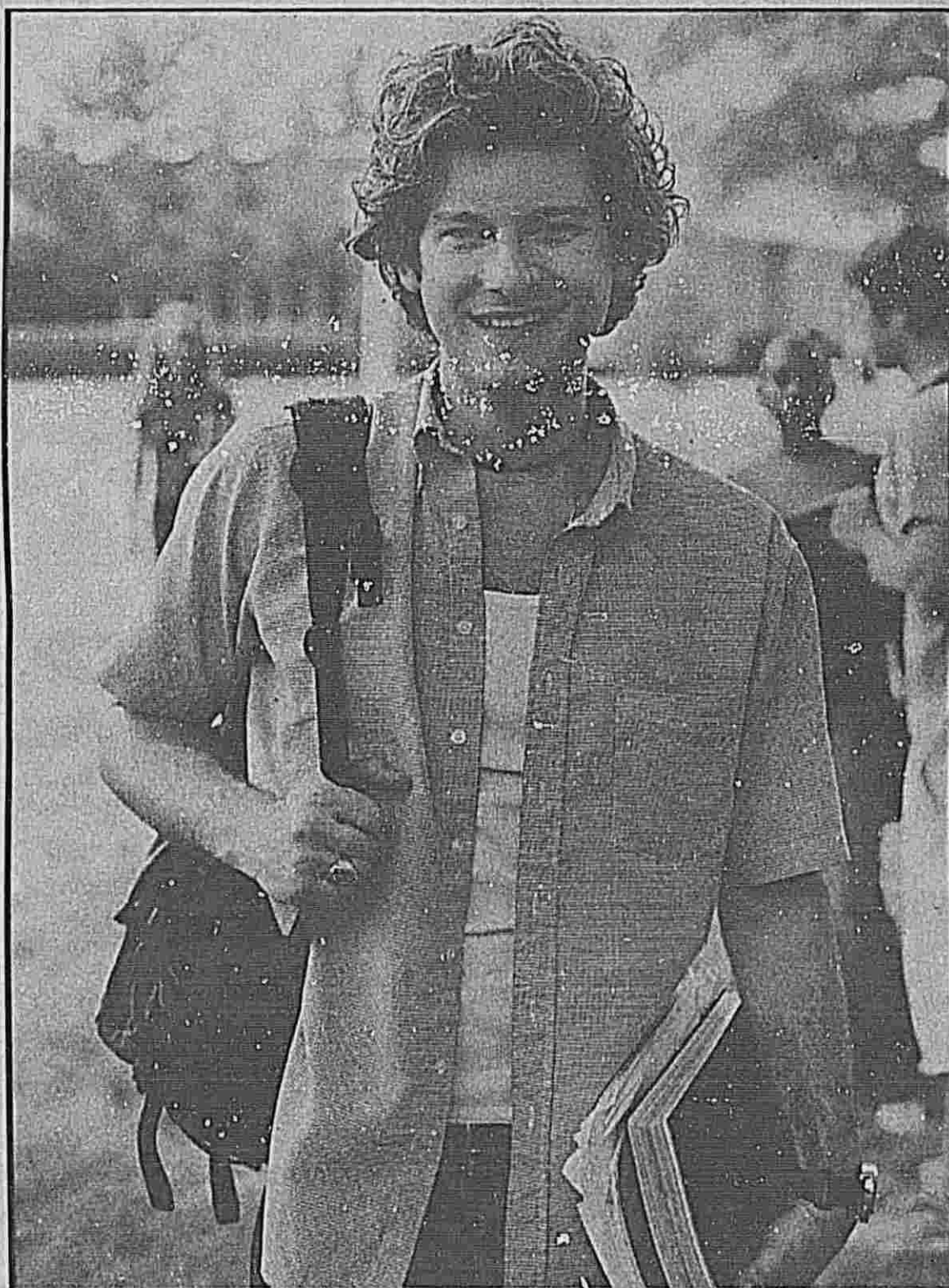
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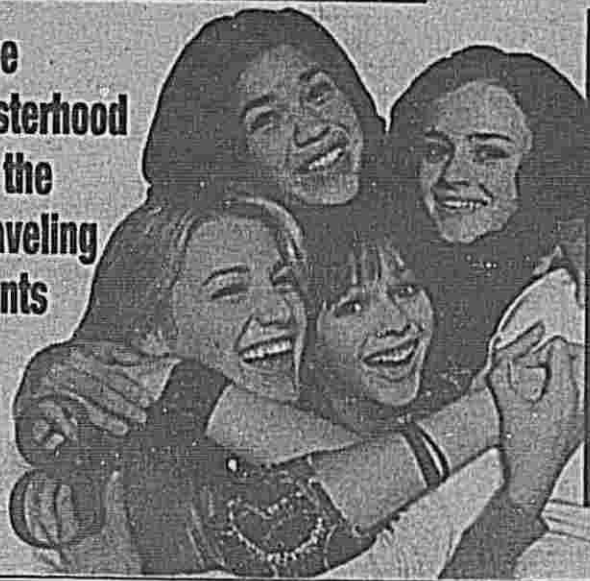
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ON STAGE

'Tintypes' surveys our past in a dandy musical revue

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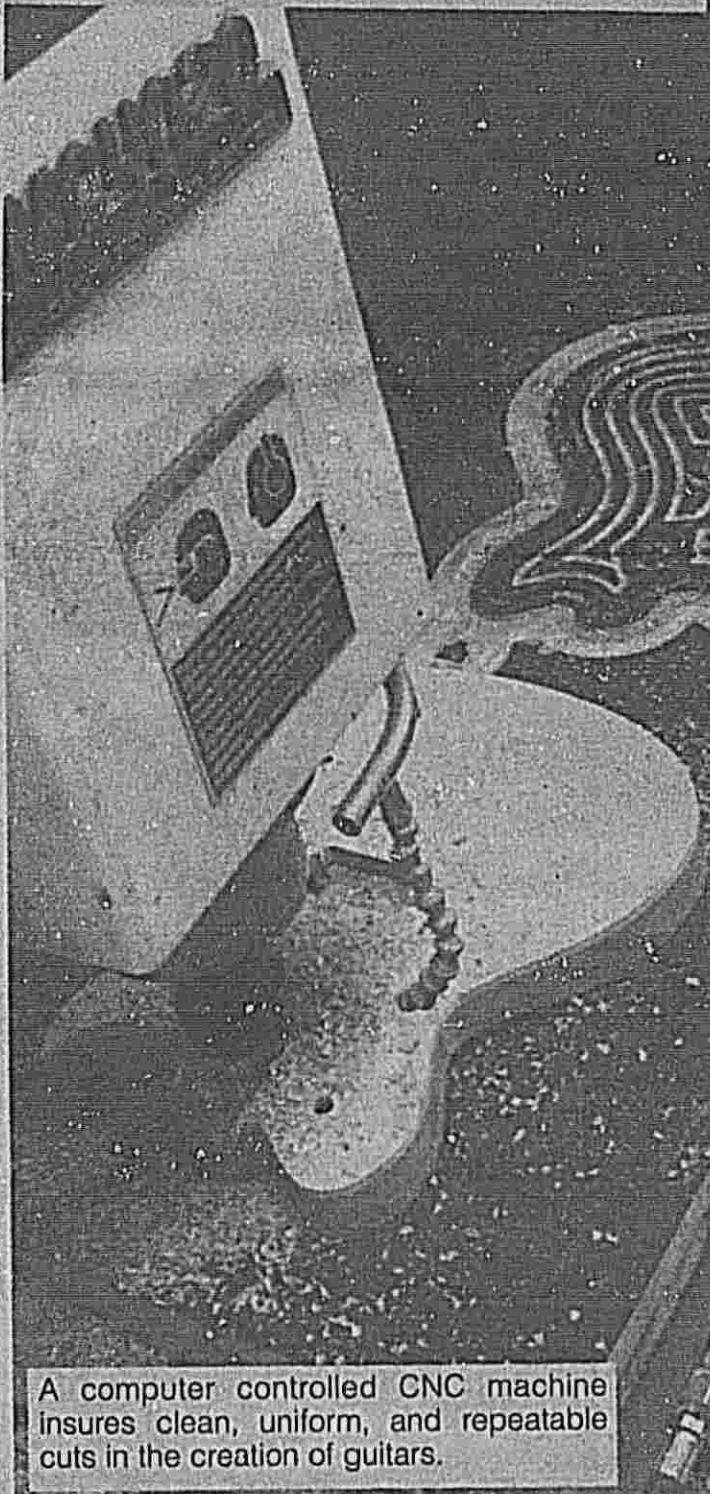
Phuong Chung applies a composite skin onto what will become a Parker guitar. Despite the finished appearance the Parker guitar, made by U.S. Music Corporation, has a hand-worked wooden core.

A look inside the U.S. Music guitar factory in Mundelein

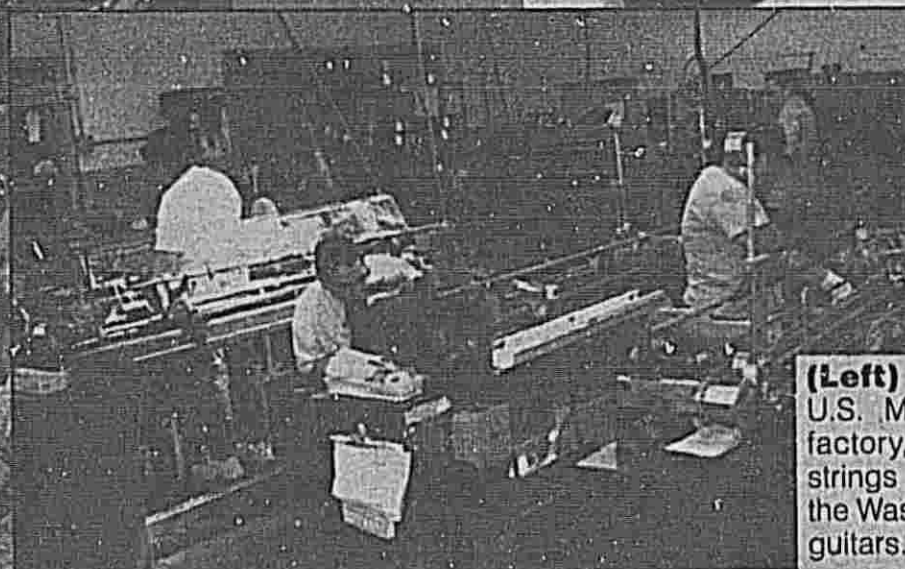


Ryan Rickerson uses a razor-blade while fret dressing a guitar at the U.S. Music Corporation factory. Hidden in Mundelein, the U.S. Music Corporation builds stock to custom Washburn and Parker guitars.

(Above) After the guitar body is machine cut, Joe Gora uses a hand file to form the finished edges on a guitar. The final shaping of a guitar is done by hand, but one shaving too much can ruin the instrument.



A computer controlled CNC machine insures clean, uniform, and repeatable cuts in the creation of guitars.



(Left) Workers at the U.S. Music Corporation factory, wind guitar strings one at a time for the Washburn and Parker guitars.

Photos by John Dickson

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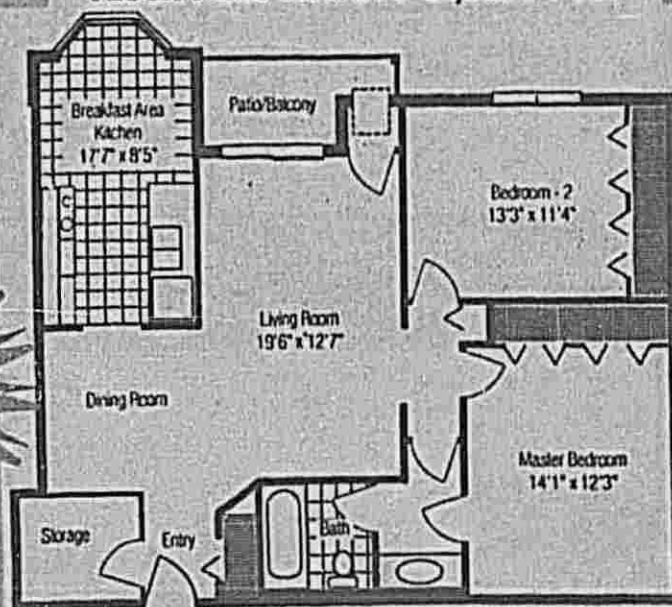
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On Stage 'Tintypes' surveys our past in a dandy musical revue

By Tom Witom

"Tintypes" by Mary Kym with Mel Marvin and Gary Beale and first staged on Broadway in 1980, remains a good, old-fashioned musical revue with plenty of flag waving and hoop-de-do.

In its revival at Drury Lane Oakbrook Terrace under the direction of Ray Frewen, this light and lively "Tintypes" breathes new life into favorite old numbers and pleases with a num-

ber of long-forgotten tunes. Old Glory waves proudly and five characters, representing historical figures from the 1890s to World War I, perform highlights from 50 or so songs.

A compact but nicely complemented five-member band of musicians (with Margaret James, as conductor) remains onstage during the entire show on a freestanding gazebo decorated with red, white and blue bunting.

Things get rolling with a scene from Ellis Island as a wide-eyed immigrant takes his first steps on American soil. David Mendes borrows Charlie Chaplin-moves for this role, including his trademark duck walk. Here's where you'll hear George M. Cohan's "The Yankee Doodle Boy" and John Philip Sousa's "Stars and Stripes Forever."

In short order we also meet political activist Emma Goldman (McKinley Carter, who demonstrates a keen sense of humor), Teddy Roosevelt (Erik Uppling),

The cast of the Drury Lane Oakbrook Terrace production of "Tintypes" includes (standing, from left) Susan Bywater Noble, Neda Spears and Erik Uppling and (seated, from left) David Mendes and McKinley Carter.

Ziegfeld Follies showgirl Anna Held (Susan Bywater Noble, as the Indiana-raised "French" chorine) and an upwardly mobile African-American woman, Susannah (played by Neda Spears, who is equipped with an especially expressive vocal range which she capitalizes on in the moving "Nobody").

All in all, it's a fine ensemble that's very much in sync. Marla Lampert's fine choreography and Kristin Ligeski's period costumes further enhance the production.

As the scenes evolve, the subject matter flits from the discovery of the electric light bulb to the development of the automobile and the general industrialization of the country.

Act II brings on Scott Joplin's 1902 "The Ragtime Dance." The humorous Victor Herbert number "I Want What I Want When I Want It" features a recalcitrant Roosevelt throwing his weight behind the Panama Canal project.

Then the story meanders a bit further and makes a somewhat lengthy stop on Vaudeville where the cast runs through some stereotypical humor of the genre. Among the energetic songs fueling this segment are "Bill Bailey, Won't You Please Come Home?" and "You're a Grand Old Flag." For the big finish, there's "Toyland" and "Smiles."

"Tintypes" strings together marches and spirituals, rags and romantic ballads, all the while providing a perfect mini musical survey of the nation's early history.



Rick Springfield will rock out at the Genesee Theatre on September 23.

Rick Springfield coming to the Genesee Theatre

Music Icon Rick Springfield will liven up Lake County with his Friday, Sept. 23, 8 p.m. performance at the Genesee Theatre in Waukegan. Tickets for this one night only show are \$32 and \$42 and go on sale Saturday, April 16 at noon. Tickets can be purchased at the Genesee Theatre Box Office, all Ticketmaster outlets, charge-by-phone at 312-559-1212 or online at www.ticketmaster.com

Spawning countless hits, Grammy winner and heartthrob Rick Springfield reached the top of the charts with classics like "Jessie's Girl," "Human Touch," "Rock of Life," "Affair of the Heart" and "Don't Talk to Strangers." Conquering the music world, Springfield went on to act, best known for his roles as Dr. Noah Drake on the soap opera, General Hospital and his feature film Hard to Hold. Springfield also starred on Broadway in Smokey Joe's Cafe, as well as garnering the lead role in the long-running, critically acclaimed EFX ALIVE at the Las Vegas MGM Grand.

His soon to be released CD, Written in Rock - The Anthology 1970 - 2005 will feature all the hits, followed by his latest project - The Day After Yesterday.

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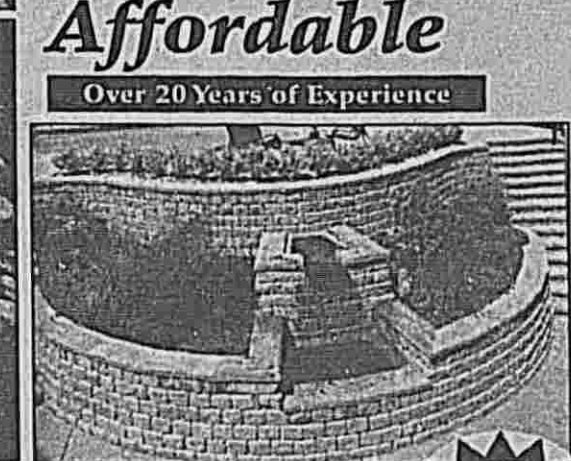
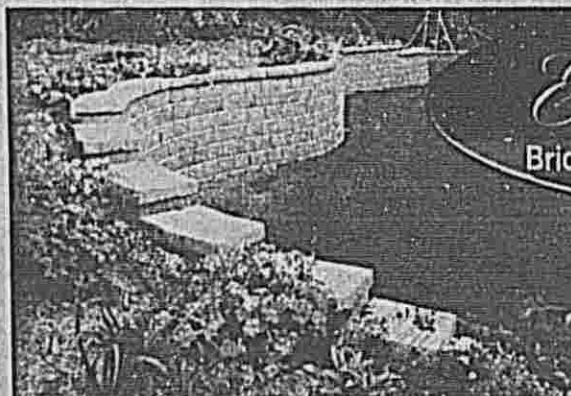


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Osmond delivers crowd-pleasing performance at Genesee

By KYLE SCHMITT
Staff Reporter

Singer Donny Osmond showcased a lifetime's worth of experience and musical prowess at Waukegan's Genesee Theatre on June 3, and served notice that the best may be yet to come.

Cover songs demonstrated an ability honed while performing alongside his brothers to pull off any style of music, while the teen idol numbers that once launched a million school-girl crushes elicited female screams that continued throughout his set.

While strong singing and an engaging stage presence carried most of his subsequent solo material, Osmond hit his highest notes when performing tracks off his new album, "What I Meant to Say." Marking his first full-length foray into songwriting, those songs featured heartfelt emotions and lyrics from a man who became a household name reciting other people's words.

Before an instrumental note was struck, Osmond's voice filled the theater as he crooned "Something about how she moves me, soothes me, whispers my name." At times effortlessly soulful, his singing overpowered audience screams and was accompanied by flexible backing vocals and a rock-solid band performance.

"This is really weird, because it almost feels like I'm back home," Osmond told the crowd after his second number, "In It for Love." That feeling must have been emboldened by a boisterous audience that clapped along with the beat and sang along with well-known choruses.

Frequent storytelling sessions revealed inspiration, fueling the songs that comprise his latest album, and provided the evidence of the love and inspiration given Osmond by his family.

Dedicated to "the most important person in my life," Osmond's "My Perfect Rhyme" is the song he agreed to write for his wife when they married 27 years ago. He told the audience that, after first hearing the tune, she told him, "OK, you bought your-



self another 27 years."

His new single, "Breeze On By," demonstrated the performers' strengths, as Osmond effused "I've got sunshine every day" over a pleasant soft-funk accompaniment.

Throughout the evening, Osmond played off the high-pitched shrieks when he removed his jacket and danced across the stage in blue jeans. He good-naturedly took a few audience requests for songs, accepted fans' gifts on-stage and even mocked the macho male response to his "In It for Love" declarations.

Crowd respect created a special moment when Osmond unveiled a soprano saxophone, a childhood gift from his father that he recently found and grudgingly attempted to play during "Any Dream Will Do."

After one duff take, Osmond nailed the saxophone break near the song's end, earning a round of applause from the

appreciative audience. Many fans gave a standing ovation for his next number, "Close Every Door," from the "Joseph and the Amazing Technicolor Dreamcoat" production that helped rejuvenate his career more than a decade ago.

He gave back the love with a medley of '70s hits, among them "Puppy Love," and "Go Away Little Girl," that led off the show's second half after intermission.

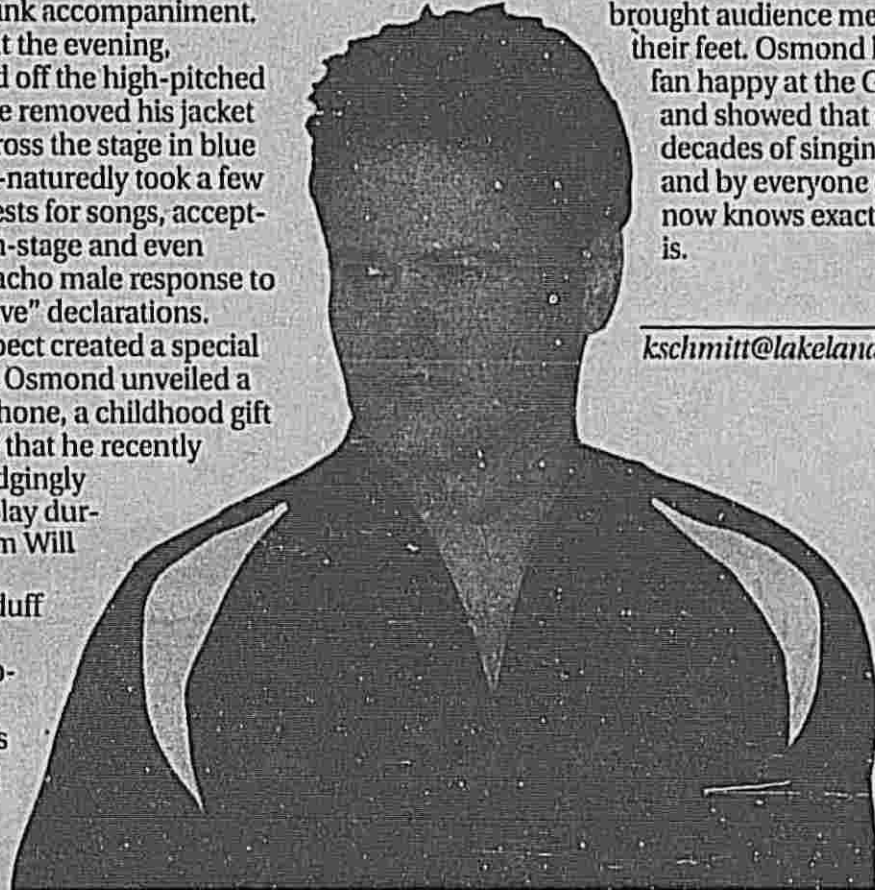
A few songs, such as an ill-fitted version of George Michael's "Faith," seemed lacking in power after the genuine emotion contained in Osmond's new material. He veered dangerously close to schlock by vamping through a version of "Young Love" that included Elvis poses, but Osmond rebounded with a rocking "Crazy Horses" in which he pounded the ivories during the guitar solo.

Such dynamic accompaniment suited Osmond's personable persona nicely, and he ended the show by pumping his fist to a

"Soldier of Love" encore that

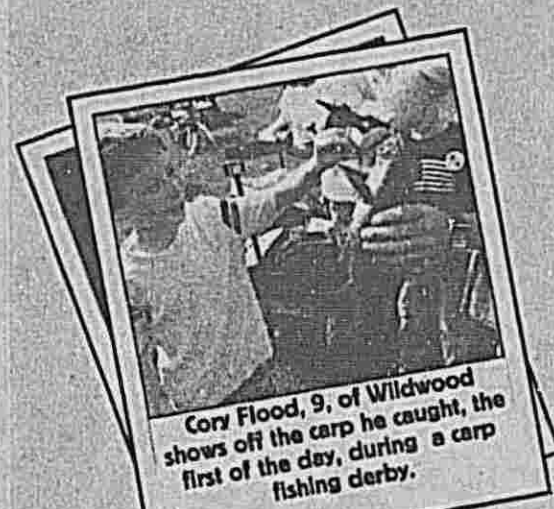
brought audience members to their feet. Osmond left every fan happy at the Genesee, and showed that after decades of singing music for and by everyone else, he now knows exactly who he is.

kschmitt@lakelandmedia.com



Picture this

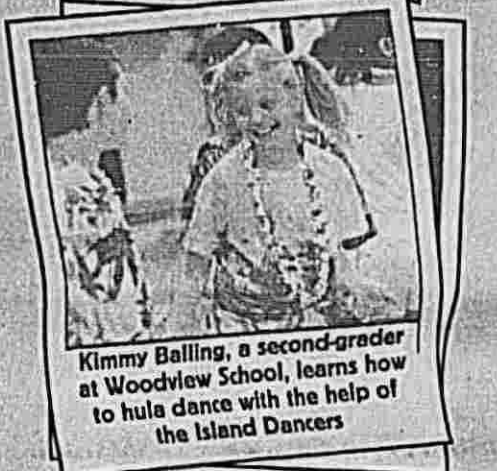
This week's capture from Lakeland's Photographer, Sandy Bressner



Cory Flood, 9, of Wildwood shows off the carp he caught, the first of the day, during a carp fishing derby.



Five-year-old Dalah Duty tries to run while strapped to an elastic cord to put her marker on the Velcro.



Kimmy Balling, a second-grader at Woodview School, learns how to hula dance with the help of the Island Dancers.

Camp Fuddy-Duddy

Come on, don't you think it's about time you cut the apron strings? Here you are in the full hormonal bloom of adolescence, and you've still got mom and dad clinging to your leg like love struck mutts.

It's time to ship those stodgy dependents off to summer camp so you can relax and enjoy your summer.

However, some groundwork is in order before pushing your parents out of the nest. First you'll need to allay their fears about an extended separation. In other words, now is not the time to pierce your lower lip and tattoo "The End Is Near" on your butt.

Next, it's time to do some hard thinking

about your parents' interests, along with their strengths and weaknesses. Here's your chance to select a summer camp that's not only fun, but addresses any behavioral problems.

And you'll find plenty of adult specialty camps offering everything from knitting to skydiving. For example, the Web site www.grownupcamps.com lists over 5,000 offerings sorted by interest and location.

Nevertheless, you may have to dig a little if



Leslie Glazier-Werner

LES ON
LIFE

your folks are parentally challenged in certain areas. But don't give up, because there's a lot at stake over the next three months... and your "Goth" houseguests could arrive any day. Hey, if all else fails you might even convince camp owners to start up these new ventures:

Sideline Sports Camp

During a week of fun and games mom and dad learn the basics of good sportsmanship, mastering simple commands like "Sit," "Stay" and "Heel." Campers watch children's team sports while being coached to stay seated in the bleachers at all times, and not jeer like heels, no matter how bad the play or referee's call. Foggy Fashion Camp: Here's a chance for mom and dad to dump the Dockers and support hose and try on an up-to-date look in a safe, supportive environment. Campers can choose from a variety of

hands-on classes, like "Overcoming the Comb-over" or "Pitch the Polyester."

Hide and Seek Camp

Participants build confidence as they tackle challenging situations where parents should avoid being seen or heard—for example, while chauffeuring their teen on a date. Parents also master hand signals needed for silently communicating with their teen in front of peers.

Geeker Geek Camp

Boomers are gently coaxed from their eight track players and princess phones into the world of iPods and text messaging. Finally they learn to retrieve voice-mail, and even program their DVD players. Mom and dad are soon instant messaging their teens... "Having a great time!" And, no surprise, by then their kids have learned... "I Miss U."

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12 ways to be a great dad

You may need to pass a test in order to drive, but being a father doesn't require a license. While anyone can be a dad, there is a big difference between being just a "dad" and being a "great dad." Don't sweat it, though, if you need to brush up on your "great dad" skills. You can easily do so at any time. Father's Day offers an opportune time to get you back on track. Here are some ways to get started.

1. Don't compare siblings. They are separate people with varying interests, talents, etc.

2. Get ready to play. That game of checkers in the living room or catch in the backyard promotes bonding and mental productivity.

3. Be prepared for the unexpected. Your baby could get sick on the night of your firm's party. Or your wife may need to work late one night and need you to pick up the baby from daycare. Flexibility on your part can help control the chaos.

4. Get ready to work. You're going to have to tote that car seat, crib, diaper bag, toys and more. It may not be the most fun in a blizzard or heatwave, but it's part of the job.

5. Practice the art of patience. No matter how loud your baby is crying, getting upset will only make it worse.

6. Don't ridicule or put down anyone in your home. Your goal is to create a positive household environment, not a negative one.

7. Listen to what your kids have to say as well as how and when they say it. By listening, you'll learn about their thoughts and lives and encourage them to communicate with you even more.

8. Learn to laugh. It's true that it's the best medicine — and it's free.

9. Give hugs, especially at the beginning and end of each day. It's a simple way of showing that you care.

10. Be sure to say, "I love you." Those three words can make a kid's day.

11. Keep a united front with your wife. You both need to agree on household and discipline issues and stick with them.

12. Be aware of what is going on at home. Does Sally seem nervous about something? Does Billy have a big test today? Be on top of the needs and concerns of your children.



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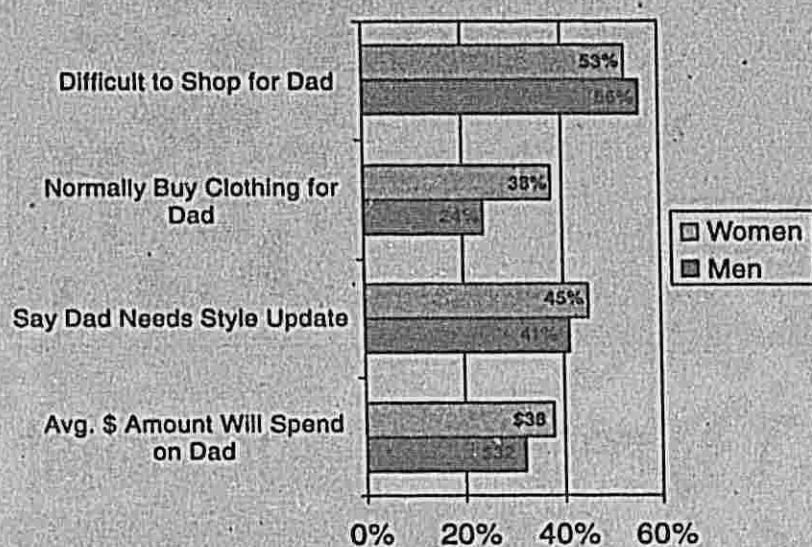
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Father's Day Sentiments



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Survey reveals fathers need a style update

Is your dad a dud? According to a BizRate Research study of nearly 500 online buyers conducted for the shopping search site Shopzilla, 45 percent of women and 41 percent of men feel that their dad's wardrobe is in dire need of an update.

Online shoppers surveyed said their dad's closets are lackluster, full of casual, comfortable clothing like jeans, or business-like with suits and ties.

Father doesn't know best

When it comes to style, dads can be clueless. Slightly less than half of respondents report that their dad shops for his own clothes. Wives are most often cited as the primary clothes shopper for dad. That's probably because dads shop for clothes every three months or even less frequently. Not surprisingly, price and convenience are the top two reasons for dads to go out and shop for new clothes.

Dad needs a new look

The top three gifts dad will receive for Father's Day are: clothing, gift certificates and books. Not surprisingly, clothing items are the most popular Father's Day gift, particularly among female gift-givers. Thirty-eight percent of women report that they normally buy clothes, while 24 percent of men report similarly. Distant second and third choices are gift certificates and books.

"My father, like the typical American dad, has very little concern for the latest style trends," says Jamie Falkowski, a 30-year-old fashion publicist from Los Angeles. "Since he hates shopping for himself, I take Father's Day as an opportunity to give him a makeover so that he looks sharp, current and not like a throwback from another century."

Frugality is the trend

Gift buyers are "thrifty" when it comes to spending on their dads compared to what they spend on their moms. The average amount they plan on spending is \$36 on Father's Day gifts versus \$97 on Mother's Day gifts. However, women are likely to spend more money for their dads than men (\$38 for women versus \$32 for men).

Online shoppers would do well to use sites like Shopzilla to do their Father's Day shopping, saving time and money when helping dad get in style. There are currently 23 special offers in the men's clothing category at Shopzilla, which boasts more than 59,350 articles of men's apparel and has more than 30 million products from over 50,000 stores.

"Clothing is a top searched-for category on Shopzilla, and Father's Day gifting is a great opportunity to subtly suggest to your dad that he needs a makeover without insulting his sense of style," says Helen Malani, chief shopping expert at Shopzilla, which is found at www.shopzilla.com. "Since most people plan to spend around \$36 this year on dad and want to keep him looking contemporary, Shopzilla's FlexiBrowse search feature can pinpoint the most popular men's clothes for under or over \$30, taking the leg-work out of searching for the perfect Father's Day gift."



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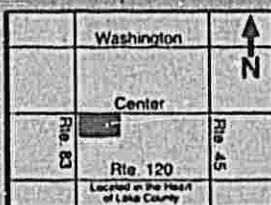
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Dad's the Best!

Men's health screening checklist

Many women feel that they can't give a man directions. Maybe it's the stubborn tendency of males, or maybe it's that they don't like to be told what to do. It comes as no surprise, then, that it's difficult to get most men to go to the doctor. Maybe they don't want to talk about their health problems. Perhaps they feel normal and don't see a need to make an appointment. Or it could be because they don't want to hear that anything is wrong with them. Whatever the case may be, it's important that men get regular health screening tests. Catching problems early on, can often help prevent them from turning into something more serious down the road.

Below are some guidelines on men's screening tests. If you are a man reading this, talk to your doctor about when he thinks you should schedule these exams, as test frequency varies based on your age, your health history and your family's health history.

Body measurements

Taking your height, weight and body-mass index (BMI) helps determine whether you are overweight. Overweight people are more likely to have high blood pressure, heart disease or diabetes. BMI is assessed using a mathematical form of weight and height.

Blood pressure

A blood-pressure test is the only way to determine if you have high blood pressure. If undetected and untreated, it can increase your risk of heart attack, stroke, heart failure and kidney failure. According to the American Heart Association, you should get it checked at least once every two years — and more often if your doctor says it's high.

Cholesterol test

A blood test is used to determine your good (HDL) and bad (LDL) cholesterol levels. According to the AHA, cholesterol is a soft, waxy substance found among the lipids (fats) in the bloodstream and in all your body's cells. Humans need cholesterol, but a high level increases your risk of heart disease and stroke. Men age 20 years or older should have their cholesterol checked every five years and more frequently as they age or if they have high cholesterol levels.

Prostate cancer screening

Prostate cancer is detected through a blood test that determines the amount of prostate-specific antigen (PSA) in your blood, or through a digital rectal exam (DRE) where a doctor inserts his lubricated, gloved finger into the rectum to examine the prostate gland for any irregularities. The American Cancer Society suggests that men get tested for prostate cancer every year, starting at age 50.



Routine healthcare checkups can help doctors spot problems early on so they can be treated before they become more serious.

Colorectal cancer screening

This screening uses various tests to examine the colon for polyps that may become cancerous or to find colon cancer before symptoms occur. Men 50 or older should talk to their doctor about which tests are right for them and when to have them done.

Testicular exam

This test examines the testicles for enlargement, swelling or a lump. Doctors usually check for this at your physical exam, especially if you tell them that you've noticed a change in your testicles or are between the ages of 15 and 40.

Sexually transmitted disease tests

These tests determine if you have a sexually transmitted disease (STDs) like syphilis, chlamydia or HIV/AIDS. Your doctor will determine which tests you should get based on risk factors and sexual history.

Dental exam

During this exam, a dentist will examine your teeth and gums for cavities or oral cancer. The American Dental Association recommends that you go once or twice a year for a checkup and cleaning.

Eye exam

Eye exams assess if you need your vision corrected by either wearing prescription eyeglasses or contact lenses. They also identify existing vision problems like glaucoma or cataracts. Eye experts suggest that you get your eyes checked by an eye-care professional every year.

Hearing test

A hearing test gauges your speech and sound recognition at various levels. Ask your doctor how often you should get your hearing tested.

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ARIES

Mar 21/Apr 20

At work, you will have to put in extra effort to get the results you want. Your patience will be tested by a co-worker. Try to keep your cool.



TAURUS

Apr 21/May 21

Encouraged by what you've accomplished recently, your ambitions will be at an all-time high. With your progressive thinking, you will be able to improve on the details of a current project.



GEMINI

May 22/June 21

Difficulties at work or home could be smoothed out easily with a bit of compromise on your part. However, a bad attitude could worsen the situation.



CANCER

June 22/July 22

Just when you thought life was boring, something exciting happens. You will suddenly feel lighthearted and enthusiastic.



LEO

July 23/Aug 23

You could find yourself working on many projects at the same time. Don't bite off more than you can chew.



VIRGO

Aug 24/Sept 22

Your workload will be larger than usual this week. Overworking may cause stress, so find the time to rest and relax.



LIBRA

Sept 23/Oct 23

This will be an especially satisfying week concerning work or business. You will accomplish a great deal and gain the rewards to prove it. It will be worth taking the chance on a business deal, but get professional advice before signing any official documents. This weekend will be great for social outings of any kind.



SCORPIO

Oct 24/Nov 22

Saturday will be an ideal day for light entertainment and company. On Sunday, you could tire yourself out by too much travel. After the weekend, you'll be doing some much-needed financial planning.



SAGITTARIUS

Nov 23/Dec 21

A friend will come to you for advice. Take a logical point of view when speaking to her.



CAPRICORN

Dec 22/Jan 20

You will be faced with an important decision. It will be best to follow your instincts. Make sure you make your feelings known.



AQUARIUS

Jan 21/Feb 18

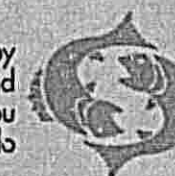
You will be spending a lot of time outdoors, enjoying the weather with friends and family. You will do exceptionally well in any sporting activity you're involved in.



PISCES

Feb 19/Mar 20

You may be feeling a little unhappy about the behavior of a close friend or relative. Don't let this distract you as there is not much you can do about it.



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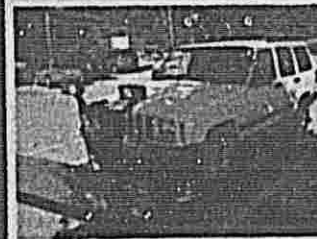
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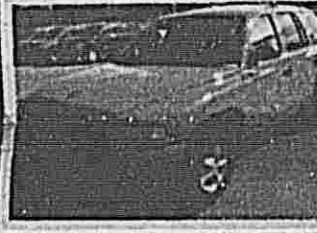
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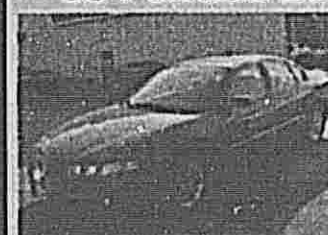
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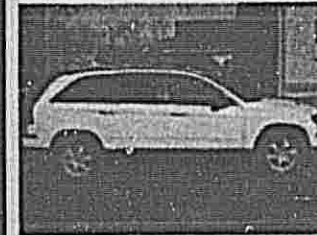
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Reel Movies

Pam & George Singleton
www.reelmoviecritic.com



MOVIE REVIEW KEY
5 = Don't miss this movie!
4 = Wow! I'm impressed
3 = Worth seeing but could've been better
2 = Wait until this movie comes out on video
1 = Someone should be fired for making this movie

NEW RELEASES

These films are currently playing at local theaters. An average of six new reviews a week as well as recent releases can be found under Now Playing at www.reelmoviecritic.com.

opening this week



The Adventures of Shark Boy and Lava Girl in 3-D: "Spy Kids" director Robert Rodriguez brings us the story of Max, a 10 year old outcast, who escapes his lonely world when his dreams magically come to life. He is shunned by his classmates and forced to spend his summer vacation alone. Max and his two imaginary friends, Shark Boy (half boy and half shark), who was raised by great whites, and Lava Girl (with flaming hair and hands that melt everything she touches) embark on a mission to prove to the world that all it takes is a dream to make anything a reality. (PG)

During the journey, Max discovers, with their help, that creativity and imagination are the keys to success, as they face-off with evil Mr. Electric who is about to cast a spell that will prevent children from ever sleeping again and even worse, dreaming. Stars George Lopez (TV's "The George Lopez Show"), Kristin Davis ("Sex in the City"), David Arquette ("Scream"), and Cayden Boyd ("Dodgeball").

Mr. & Mrs. Smith: Brad Pitt and Angelina Jolie are two assassins in a romantic relationship, each with a job to do. The film has lots of action, featuring shoot-outs, tumbling cars and romance with a wink in the style of "Oceans 11." Also stars Angela Bassett. (PG-13)



The Honeymooners: This feature-length comedy is the story of two best friends - bus driver Cedric the Entertainer and sewer worker Mike Epps - who hatch a get-rich-quick scheme to get them out of Brooklyn and onto easy street. Standing by their husbands are devoted wives Gabrielle Union and Regina Hall, who help their men make ends meet by working as waitresses at a neighborhood diner. (PG-13)



Single-mindedness to the point of recklessness

Based on Ann Brashares' best-selling novel about a special summer in the lives of four 16-year-old girls, this gem of a story sparkles like the Aegean Sea so beautifully photographed in Greece in the film. The girls, life-long friends since before they were born thanks to their mothers taking pre-natal yoga together will be separated for the first time. On a shopping trip, the young women find a pair of jeans that miraculously fit each of them perfectly, even though one of the girls, Carmen (America Ferrera of "Real Women Have Curves") thinks that if she can get them on, she'll never be able to close the zipper. They decide to use these pants as a way to keep in touch over the weeks ahead. Each will wear the jeans for a week to see what luck they bring her, then send them on to the next along with a letter telling what change has occurred in her life while having them on (or taking them off) as the case may be.

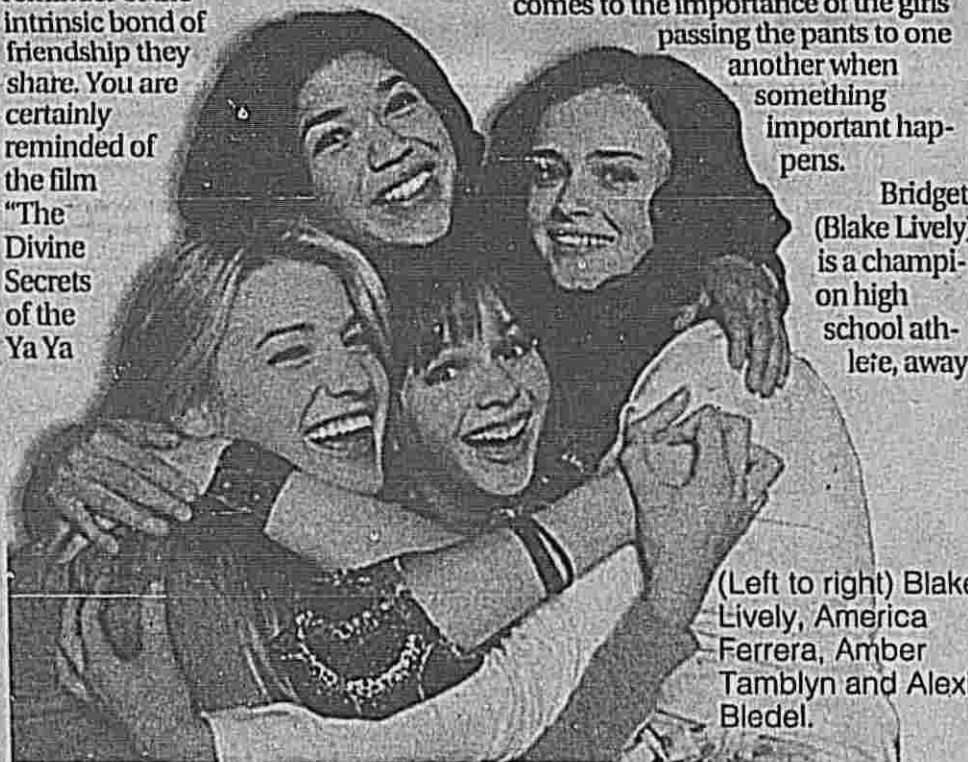
Though far apart, the four friends experience life, love and loss together in a summer they will never forget. The pants serve as a tangible reminder of the intrinsic bond of friendship they share. You are certainly reminded of the film "The Divine Secrets of the Ya Ya

Sisterhood" as you follow the ritual and shenanigans of these four younger versions of free spirited élan. Lena's (Alexis Bledel of "Sin City" and "Bride & Prejudice") Greek grandmother is even called "Yia Yia," (pronounced Ya Ya).

The acting here is superb and the location photography on the island of Santorini in Greece is spectacular. Lena, a talented artist, goes there to visit her grandparents and sheds more than her shyness as she takes to the sea, and finds her first love in the handsome young Kostas (Michael Rady), whose family has been feuding with hers for generations.

Tibby (Amber Tamblyn of TV's "Joan of Arcadia" and "The Ring") is the only one of the four girls to remain at home for the summer. She gets a job at the local Wallmans (any similarity is purely intentional), where she is determined to continue shooting a documentary about "ordinary people." It's there that she meets Bailey (Jenna Boyd of "The Missing"), a young girl who insinuates herself into Tibby's life as her assistant on the film, and eventually they become friends. Their relationship is life changing for the two of them and is perhaps the most meaningful when it comes to the importance of the girls passing the pants to one another when something important happens.

Bridget (Blake Lively) is a champion high school athlete, away



(Left to right) Blake Lively, America Ferrera, Amber Tamblyn and Alexis Bledel.

at soccer camp in Mexico. Her mother recently committed suicide and her father is emotionally distant. Bridget is highly competitive and flaunts her sexuality, aimed at Eric (Michael Vogel), a soccer coach. She later understands that her reasons for this are rooted in what has been going on at home more so than her desire to become sexually active because she is making the transition from teenaged girl to a woman.

Carmen is a writer and she narrates the film. She and her father Bradley Whitford (TV's "West Wing" and "Kate and Leopold") want to reach out to one another but they don't know how. Carmen is upset that he left her and her mother, several years ago, and it doesn't get any better when she finds out that he has walked into another family, complete with a woman he loves and plans to marry, and her two picture perfect teens.

This is one of the best coming of age films you'll find. That's especially true as it's rated PG. There is plenty of sensuality, conflict and anger without the need of profanity or nudity. There are coming of age lessons for everyone regardless of how many candles are on your birthday cake.



The Sisterhood of the Traveling Pants

Review by
Pam & George O. Singleton
at info@reelmoviecritic.com

Cast

Amber Tamblyn
Tibby
Alexis Bledel
Lena
America Ferrera
Carmen
Blake Lively
Bridget
Jenna Boyd
Bailey
Bradley Whitford
Al (Carmen's father)

Directed by Ken Kwapis. Coming of age drama, teen. Rated PG for thematic elements, some sensuality and language. Warner Bros. Running time: 2 hours.

still playing

- Crash (R) 5
- ...one of the best of the year
- Star Wars: Episode III—revenge of the Sith (PG-13) 5
- Kingdom of Heaven (R) 4.5
- ...lots of action with insight into the Middle East Conflict
- Madagascar (PG) 4.5
- Cinderella Man (PG-13) 4
- The Interpreter (PG-13) 4
- Kung Fu Hustle (R) 4
- The Longest Yard (PG-13) 4
- Mad Hot Ballroom (PG) 4
- Kicking and Screaming (PG) 3.5
- Monster In Law (PG-13) 3.5
- The Amityville Horror (R) 3
- Lords of Dogtown (PG-13) 3
- The Hitchhiker's Guide to the Galaxy (PG) 3
- A Lot Like Love (PG-13) 3
- XXX: State of the Union (PG-13) 3

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MR. AND MRS. SMITH (PG-13) ★ (1100 1200 100 150 250
400 440) 630 700 730 930 1000 1030
ADVENTURES OF SHARK BOY (PG) (1120 1215 200 230 420
445) 715 935
HIGH TENSION (R) - ID REQ'D (1155 210 435) 705 920
HONEYMOONERS (PG-13) (1210 240 510) 735 955
CINDERELLA MAN (PG-13) ★ (1230 355) 705 1025
LORDS OF DOGTOWN (PG-13) (1130 200 450) 740 1015
SISTERHOOD OF THE TRAVELING PANTS (PG) (1100 1145
140 235 430) 710 1010
MADAGASCAR (PG) (1115 1205 1245 145 220 315 415 500
530) 640 745 915 955
THE LONGEST YARD (PG-13) (110 405) 645 720 925 1000
STAR WARS: EPISODE III (PG-13) (1140 1220 300 340) 620
655 720 950 1020 1030
MONSTER IN LAW (PG-13) (1150 225 455) 725 1005
CRASH (R) - ID REQ'D (515) 755 1035

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HIGH TENSION (R) 1:45 4:00 6:45 9:15
THE HONEYMOONERS (PG-13)
2:45 5:00 7:30 10:10
LORDS OF DOGTOWN (PG-13)
1:15 3:45 6:30 9:30
THE SISTERHOOD OF THE TRAVELING PANTS (PG)
1:30 4:15 7:00 9:45
THE LONGEST YARD (PG-13)
2:00 4:30 7:45 10:30
KICKING AND SCREAMING (PG)
1:00 3:30 6:15 9:00
CRASH (R) 2:30 5:15 8:00 10:20

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1:00 1:30 3:45 4:30 6:45 7:30 9:45 10:30
CINDERELLA MAN (PG-13)
12:00 12:45 3:00 4:00 6:15 7:15 9:30 10:20
MADAGASCAR (PG) 12:30 1:30 2:45 3:45 5:00
6:30 7:30 9:15 9:45
STAR WARS: EPISODE III - REVENGE OF THE SITH
(PG-13) No Passes Accepted
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SHOWTIMES FOR FRI 6/10/05 THRU THU 6/16/05
Batman Begins (PG13) ✓ Starts We 11:30, 2:30, 5:30, 8:30
Batman Begins (PG13) ✓ Starts We 12:15, 2:15, 5:15, 8:15
Batman Begins (PG13) ✓ Starts We 1:00, 4:00, 7:00, 10:00
Batman Begins (PG13) ✓ Starts We 1:45, 4:45, 7:45
Mr. & Mrs. Smith (PG13) ✓ 11:45, 2:30, 5:15, 8:00
Mr. & Mrs. Smith (PG13) ✓ 12:45, 3:30, 6:15, 9:05
Mr. & Mrs. Smith (PG13) ✓ 1:45, 4:30, 7:15, 10:00
Shark Boy & Lava Girl (PG) ✓ 11:45, 2:30, 5:30, 8:40, 9:55
Shark Boy & Lava Girl (PG) ✓ 12:50, 3:10, 5:30, 7:50, 10:05
Honey Mooners (PG) ✓ 12:00, 2:10, 4:20, 7:05, 9:15
High Tension (R) ✓ 11:40, 1:45, 3:55, 6:00, 8:05, 10:10
Cinderella Man (PG13) ✓ 12:30, 2:30, 5:45, 8:00
Cinderella Man (PG13) ✓ 12:45, 3:50, 7:00, 10:05
Lords of Dogtown (PG13) ✓ 11:40, 2:55, 4:30, 7:00, 9:25
Lords of Dogtown (PG13) ✓ Ends Tu 8:00, 8:30
Sisterhood of the Traveling Pants (PG) ✓ 11:35, 2:10, 4:45, 7:20, 9:55
Madagascar (PG) ✓ Ends Tu 1:35, 1:40, 3:45
Madagascar (PG) ✓ 12:30, 2:35, 4:40, 6:45, 8:50
Madagascar (PG) ✓ 1:00, 3:05, 5:10
Longest Yard (PG13) ✓ Ends Tu 7:35, 10:10
Longest Yard (PG13) ✓ Ends Tu 12:30, 2:35, 5:40, 8:15
Longest Yard (PG13) ✓ 11:15, 3:55, 6:25, 8:50
Star Wars 3 (PG13) ✓ 11:00, 2:35, 5:40, 8:45
Star Wars 3 (PG13) ✓ 1:00, 4:05, 7:10, 10:15
Monster In Law (PG13) ✓ Ends Tu 12:35, 2:50, 5:10
Unleashed (R) ✓ Ends Tu 7:30, 9:55
Crash (R) ✓ 1:10, 3:45, 7:30, 9:55
Madagascar (PG) ✓ Open Caption Fr 4:40, Sa 12:30, Su 3:05, 8:40

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ADVENTURES OF SHARK BOY AND LAVA GIRL (PG)
Daily 12:10 2:15 4:20 6:25 8:30
HIGH TENSION (R)
Fri-Tue 1:30 3:30 5:30 7:30 9:30
Wed/Thu 1:00 3:00 5:00 7:00 9:00
CINDERELLA MAN (PG-13)
Daily 12:55 3:50 6:45 9:40
LORDS OF DOGTOWN (PG-13)
Fri-Tue 12:35 3:00 5:25 7:50 10:15
SISTERHOOD OF THE TRAVELING PANTS (PG)
Daily 2:05 4:35 7:05 9:35
MADAGASCAR (PG)
Fri-Tue 1:00 3:00 5:00 7:00 9:00
Wed/Thu 1:00 3:00 5:00 7:00
THE LONGEST YARD (PG-13)
Daily 12:20 2:45 5:10 7:40 10:10
STAR WARS: EPISODE III (PG-13)
Daily 1:15 4:10 7:05 10:00
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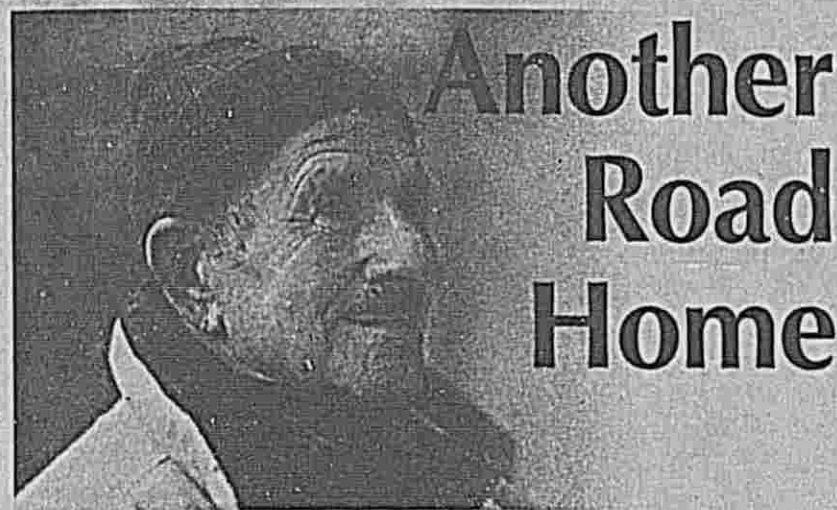
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- 5 = Don't miss this movie!
4 = Wow! I'm impressed
3 = Worth seeing but could've been better
2 = Wait until this movie comes out on video
1 = Someone should be fired for making this movie

MOVIE REVIEW KEY



Another Road Home

(Not Rated)—A provocative look at the relationship between two families, one Israeli, the other Palestinian. We are allowed to share the deeply personal chronicle of filmmaker Danae Elon, a young Israeli woman, to reconnect with her Muslim Palestinian caregiver, Mahmoud "Musa" Obeidallah. He essentially functioned as a babysitter for 20 years in her household.

Elon's emotional and physical journey takes her from her current home in New York to an Arab-American neighborhood in New Jersey, and finally to the West Bank and Jerusalem. This documentary by the daughter of the famed Israeli author, Amos Elon, reaches out with unsentimental perception, to all who believe in the power of family, trust and friendship.



Exploring the fragile boundaries between

family, class, and politics Danae illuminates not only the frequently troubled political heritage shared by these two families, but a hope for a future of peace in Israel.

Unlike most films about the conflict in Jerusalem, this one is theoretically apolitical. However, because it's not trying to make a statement like Michael Moore's "Fahrenheit 9/11," anytime something is really laid on the line, it's political.

It's impossible not to draw comparisons between the current relations of Jews and Arabs and the conditions that existed between Whites and African-Americans in the worse of the Jim Crow Segregationist South. For example, Arabs are not citizens of the country in which they were born because they are now living in the US, presumably as citizens. A pregnant woman may be denied admission to a hospital even though she has possibly life threatening complications. Palestinians can't use the main airport in Israel and as a result must fly to Jordan and then cross the segregated boarder by vehicle. While the filmmaker and her father support the right of Israel to exist, they are clearly unhappy with many of its policies.

From the point of view of Amos Elon, after the 1967 war, Israel changed from being a pure state that was created in 1948 to having a religious fervor that makes a long-term peace impossible. He was hopeful in the 1960s but he now believes that bitterness, fury and anger make that unattainable at this time. That aspect of the film is sobering.



Danae Elon, uncovering her childhood past as an Israeli raised by a Palestinian caretaker, rediscovers an extended family that crescendos into an emotional reunion with Musa.

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Flavors

Chicken on the grill tastes good, no matter who's doing the cooking

Though men may fancy themselves as master of the grill, this type of cookery is far from gender-specific. A new cookbook, "The BBQ Queens' Big Book of Barbecue" (Harvard Common Press, 2005), makes that abundantly clear.

It's written by Karen Adler and Judith Fertig, who are cookbook authors, culinary instructors and members of an all-girl barbe-



Tom Witom
**COOKING
BY THE BOOK**

cue team that was formed when a Kansas City disk jockey made bold so say: "Women can't barbecue."

All the essentials are included, from equipment to rubs and sauces. The book is a good primer on preparing everything from burgers and hotdogs to grilled lamb skewers and smoked corn in the husk. We followed their approach to skinless chicken breasts, a basic recipe, and dressed

it up with a wonderful rustic aioli made in the traditional French manner using a whisk and some muscle power.

Two things to note: timing depends on the thickness of the chicken and how hot the coals are, so make sure you don't undercook the poultry. Also, when heating up the egg yolks, 15 seconds in the microwave may be too long, again depending on how high a temperature your microwave reaches; for us, 10 was just right.

Grilled Boneless, Skinless Chicken Breasts

4 boneless, skinless chicken breast halves, pounded to a 7-inch thickness
Olive oil
Fine kosher or sea salt and freshly ground black pepper to taste

1. Prepare a hot fire in a grill
2. Brush or spray the breasts on both sides with olive oil. Grill for 2 1/2 minutes per side, turning once. Season with salt and pepper and serve.
3. Top with Rustic Aioli.

Serves 4

Rustic Aioli

2 large egg yolks, preferably organic
2 anchovy fillets, minced, or 1 Tbl. anchovy paste
2 cloves garlic, minced
2 Tbl. chopped fresh basil or 1 tsp. dried basil

1/2 tsp. Worcestershire sauce
1/2 tsp. red wine vinegar
1 Tbl. fresh lemon juice
1 cup olive oil
Fine kosher or sea salt and hot pepper sauce to taste

Place the egg yolks in a medium-size glass bowl and microwave for 15 to 20 seconds on high. Whisk them together and add the anchovies, garlic, basil, Worcestershire, vinegar and lemon juice. Slowly whisk in the olive oil. If the mixture gets too thick, thin with a lit-

tle warm water.

Season with salt and hot sauce. Mix thoroughly, cover and refrigerate until ready to serve. This sauce will keep, covered, in the refrigerator for up to 3 days. (Makes about 1 cup)



Enjoy the sweet taste of 100% pure honey

A new study conducted at Purdue University has shown that consuming honey along with supplemental calcium enhanced calcium absorption in rats. In addition, the absorption of calcium was increased as the amount of honey was increased. The study, led by Dr. Berdine Martin of Purdue University, was presented at the Federation of American Societies for Experimental Biology meeting in San Diego in April.

"Many adults struggle to get the recommended amounts of calcium in their daily diet," said Dr. Katherine Beals, nutrition consultant to the National Honey Board.

According to the recently released Surgeon General's Report on Bone Health and Osteoporosis (Oct 14, 2004), "By 2020, half of all American citizens older than 50 will be at risk for fractures from osteoporosis and low bone mass if no immediate action is taken by individuals at risk, health care professionals, health systems, and policymakers."

Osteoporosis is often referred to as a "silent" disease because many of those afflicted are completely unaware that they suffer from it. In fact, four times as many men and three times as many women have osteoporosis than report it.

One of the key strategies for reducing the likelihood of developing low bone mass (and subsequent osteoporosis) is to consume the recommended amounts of calcium. It is also important that the calcium consumed be absorbed by the body. Dietary factors that have been shown to enhance the absorption of calcium include vitamin D and the sugars found in honey.

"Although this study was done with rats, the preliminary results are very compelling," said Dr. Beals. "Of course, we would have to replicate the experiment in a human sample to see if the same holds true for people."

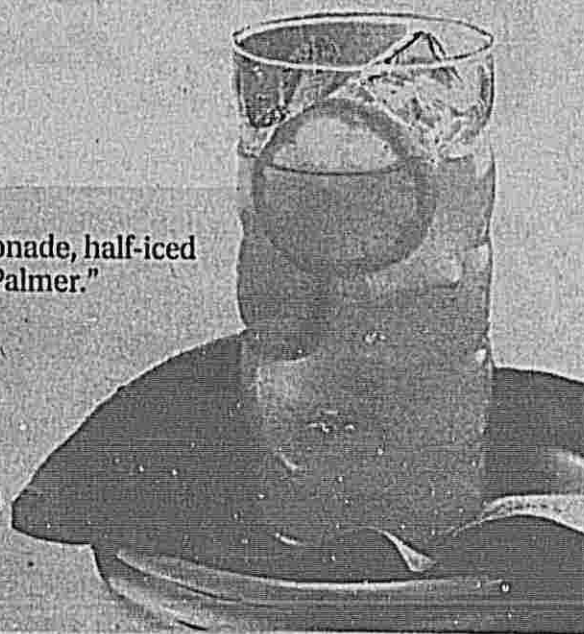
Following is a quick and easy smoothie recipe that tastes great and packs a powerful calcium punch. For more recipes using honey, go to www.honey.com.

Fruity Honey Smoothie

1 cup frozen strawberries
1 banana
1/3 cup honey
1 cup skim or nonfat milk
1/2 cup plain or vanilla low-fat yogurt

In blender, combine all ingredients; process until smooth.

Makes 2 large servings



Cool and Casual



When it's summertime and the 'livin' is easy, we all look forward to cool and casual meals with friends and family. The days are longer, the weather is hotter, and we want dishes that are easy to make and wonderful to eat.

No wonder savory and versatile salads are such a favorite summertime hit — from delicious pasta salads to fresh fruit and vegetable medleys. They're satisfying side dishes or well-suited for the main entrée, depending on the occasion and the whim of the cook. Pasta salads are perfect for family gatherings or potluck dinners because they appeal to almost everyone. For picnics or backyard barbecues, pasta salads can be made ahead of time and served chilled or offered alongside vegetables, burgers, steaks or chicken hot off the grill.

Create your signature Summer dish

It's easy to create a pasta salad with your own personal touch. Start with a pasta salad mix and stir in your favorite ingredients. For a mouthwatering, main dish salad, add protein in the form of cheese, grilled chicken, bacon or ham and lots of fresh vegetables for color and flavor. Serve immediately or cover and refrigerate until dinner is ready. You'll know you have a hit when you take home that empty salad bowl — or get lots of requests for the recipe! Here are a few creative ideas to get you started:

- Grilled vegetables, cherry tomatoes and Parmesan cheese
- Sliced avocado and crisp, crumbled bacon
- Feta cheese, black olives, cherry tomatoes and sliced cucumber
- Chopped fresh vegetables, black beans and shredded Monterey Jack cheese
- Roasted red pepper from a jar, black olives

Garlic Beef Bruschetta

A few easy ingredients on toasted French bread spells yum for a quick-fix potluck or picnic appetizer.

1 loaf French bread, cut into thirty 1/4- to 1/2-inch slices
2 tablespoons olive oil or vegetable oil
1/2 cup soft cream cheese with roasted garlic
8 ounces thinly sliced cooked deli roast beef
1/4 teaspoon coarsely ground pepper
4 Roma (plum) tomatoes, thinly sliced
8 medium green onions, sliced (1/2 cup)

1. Heat oven to 375°F. Brush both sides of bread slices with oil. Place on ungreased cookie sheet. Bake about 5 minutes or until crisp. Cool 5 minutes.
2. Spread cream cheese over each slice. Top with beef; sprinkle with pepper. Top each with tomato slice and onions.

30 appetizers

California BLT Salad

Turn a classic sandwich into a delicious salad.

1 box (7.5 ounces) Betty Crocker Suddenly Salad Ranch & Bacon pasta salad mix Mayonnaise as called for on package directions
1 large tomato, cut into wedges
1 avocado, pitted, peeled and cut into wedges
1 bag (10 ounces) ready-to-eat American blend salad greens (iceberg lettuce, romaine, red cabbage, carrots and radishes)

1. Make pasta salad as directed on package. Stir in remaining ingredients. Refrigerate at least 1 hour. Cover and refrigerate any remaining salad.

4 servings



Antipasto Pasta Salad

It's pasta, salami, cheese and peppers — everything you love about cool antipasto appetizers in a hearty, flavorful pasta salad.

1 box (8.3 ounces) Betty Crocker Suddenly Salad Creamy Italian pasta salad mix Mayonnaise as called for on package directions
1 cup 1/4-inch strips salami
1 cup 1/4-inch strips provolone cheese
1 cup 1/4-inch strips red bell pepper (1 medium)

1. Make pasta salad as directed on package. Stir in remaining ingredients. Refrigerate at least 1 hour. Cover and refrigerate any remaining salad.

4 servings

Lemonade Tea

When served in restaurants, this half-lemonade, half-iced tea beverage is often called an "Arnold Palmer."

2 cans (12 ounces each) frozen lemonade concentrate, thawed
3 quarts iced tea
Fresh mint sprigs, if desired

1. Make lemonade as directed on can, using punch bowl or large container. Stir in tea.
2. Serve over ice. Garnish with mint.

20 servings (about 1 cup each)

Pets & People

Share your favorite pet stories, tips, events and pictures with us and we'll print them here! E-mail items to: pets@lakelandmedia.com or mail to: Pets & People, Lakeland Newspapers, 30 S. Whitney St., Grayslake, IL, 60030. Call 847-223-8161, Ext. 600



Obesity in pets creates serious health risks

Obesity in pets is a serious problem in this country. I can say from personal experience what a difference an extra fifteen pounds can make. I was one of the large numbers of pet owners who overfed their dog and thought nothing of it; that is until by fourteen-year-old German Shepherd mix, Heidi, was no longer able to lift herself up to a standing position. It was not much of a life for her anymore.

I brought her to the vet for a consultation, contemplating whether or not I should put her to sleep. I questioned her quality of life. Sitting at the vet's office, Heidi sitting by my side, memories of the joy we shared for the past 13 years flooded through my mind. In her younger years she was our Nana, always keeping a close watch on her family, ready to warn us of any potential danger. She was my shadow, who kept me company by following me from room to room and resting at my feet each time I sat down. I was stricken with grief at the thought of losing her. I decided after meeting with the doctor it was not time to say goodbye. I would do whatever I had to do to

get her more comfortable and mobile so she could be with me just a little longer.

Helping her out of the van and into the house I thought up my plan. Putting her on a diet was my first order of business. I cut her food portion by a third and stopped giving her dog biscuits and raw hides. I replaced the biscuits and rawhides with carrots. I began walking her once a day. In the beginning she could only walk a half of a block and she huffed and

puffed the entire walk. By the end of the third week we were walking four or five blocks! Her energy level was higher and she eagerly shuffled down the road, her ears perked up at sights and sounds around her. Within 30 days she had lost over ten pounds and was getting up on her own.

My dear old friend, Heidi lived another precious 7 months until old age took her from me. I never thought she'd live to see another snowfall but there we were and she got to feel the snow on her paws once more. As for me, I learned a big lesson. I will never allow any of my pets to get so overweight again.



By Sandy Wisniewski

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AEAR ADOPTION



Max

Max is a 3 1/2 month old lab mix who is looking for a loving family to call his own. He is sweet and quiet. He loves walks uptown and playing with his foster siblings.

Bert

Bert is a 3 1/2 month old lab mix. He's a lazy kind of guy with bursts of puppy energy. He is almost housebroken and loves kids. He would love to be in a family where he would get all the love and attention he deserves.



For more information about Bert or Max call AEAR at 847-816-0831.

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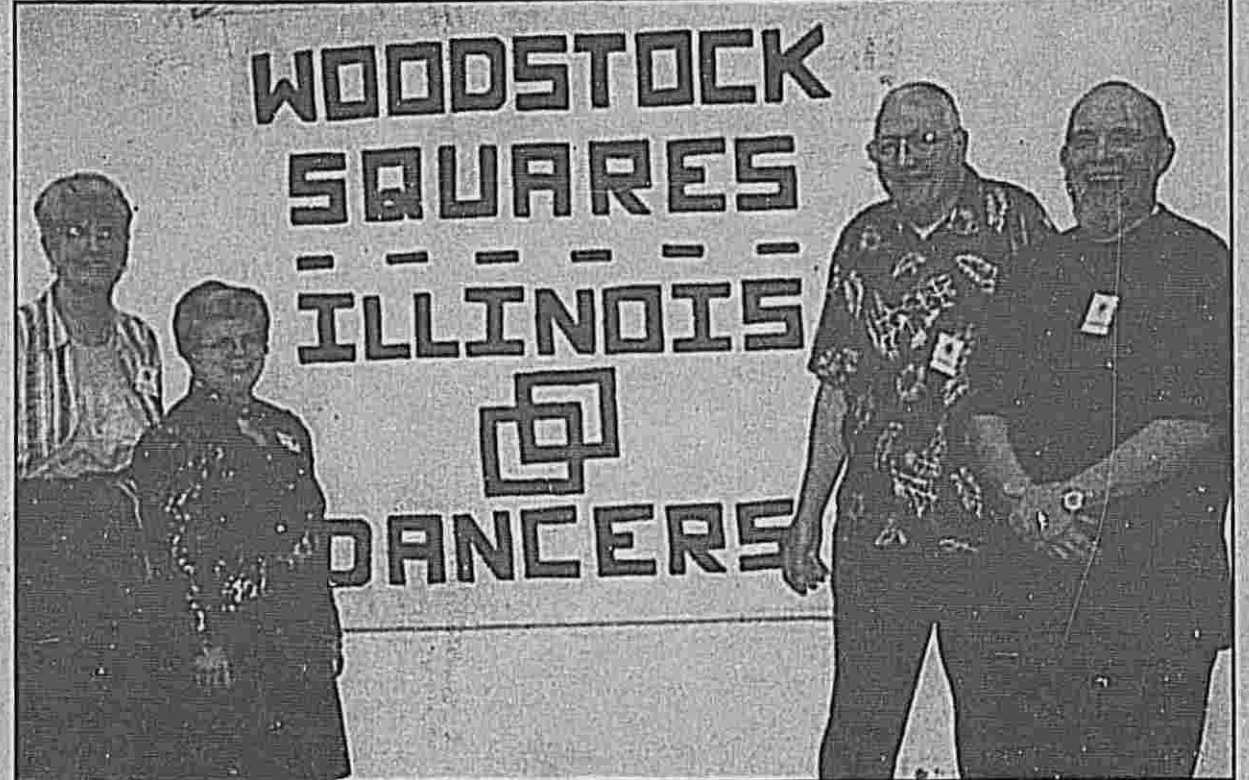
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New graduates of square dance lessons sponsored by Woodstock Squares Square Dance Club are, from left to right, Joan Higgins, Woodstock, Lottie Buckbee, instructor and square dance caller, Chuck Simon, Ingleside, and John Higgins, Woodstock. Not pictured are Ron and Mary Foster, of Marengo.

Woodstock Squares honors new dancers on June 10

New graduates of square dance lessons will be honored at the Woodstock Squares monthly dance at 8:15 p.m. on June 10. All new as well as seasoned square dancers in the area are invited.

The dance will be at Zion Lutheran Church, 4206 W. Elm St. (Rt. 120), McHenry, IL. Admission is \$5.00 per person. The location is a change for this dance only.

Lottie Buckbee, who taught lessons for the Woodstock Club, will be the caller.

Woodstock Squares' 2005 graduates are John and Joan Higgins, of Woodstock, Chuck Simon, of Ingleside, and Ron and Mary Foster, Marengo. They successfully completed the Basic, Mainstream, and Plus Levels of square dance.

Dancers will also have the opportunity to shop for dance attire. Those attending may

bring dance costumes to sell, and are encouraged to leave with something new.

In honor of the new dancers, this month's dance is squares only; rounds will resume in September. Tickets are available at the door.

Woodstock Squares hosts Plus Level dances the second Friday of each month. Dancers from other clubs or non-affiliated independent dancers are always welcome.

Lessons for new dancers will begin in September. Singles, couples or families are welcome.

For more information about lessons or the dance, call Marv or Debbie Heckman, 815-344-8648, or Mel or Cheri Moehling at 815-385-6638. For information about the clothing resale, call Maria Bremer at 815-385-2853.

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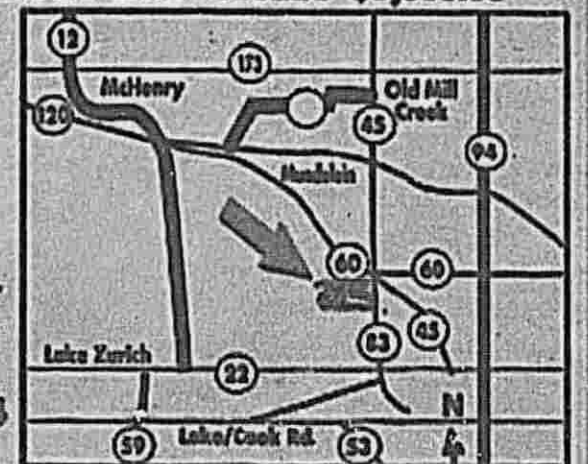
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JUNE 10-16, 2005

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VIEWPOINT

Bean
discovering
new job's
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C4

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Your thoughts on
this week's hot topic

"What are your plans for a summer
vacation and how are you getting
there (plane or car)?"



ALI
ALBAKRI
North Chicago

"My summer
vacation will
probably consist
of working,
and doing
some art
shows."



MARVA
MEEKS
Round Lake Heights

"I'm having
double knee
surgery in July.
In August, I
hope to go to
Georgia and
then to Myrtle
Beach to see
my mother.
Probably by
car."



LINDA
MUELLER
Antioch

"I'm Going to
Las Vegas. I'm
flying."



PRISCILLA
POWERS
Buffalo Grove

"My summer
vacation is
going to
Washington
DC to see my
granddaughter
do competition
Irish Dancing,
and we will be
flying."



JOANNA
PTASINSKI
Round Lake Beach

"I'm a thespian
and I am going
to the
International
Thespian camp
in Lincoln, Neb.
with my School
(Palombi
Middle School
in Lake Villa)."



JOHN
SCHWALBACH
Wauconda

"We don't have
any summer
vacation plans.
We go to
Wisconsin
every week-
end."

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Photo by Sandy Bressner

Waste Management employees survey the scene of a garbage fire due to unknown causes on Route 120, just east of Route 83. Grayslake firefighters responded to the scene. No injuries were reported.

Rape suspect had past convictions

By Regan Foster
Staff Reporter

A Round Lake Beach man who authorities said raped an 18-year-old Wildwood woman and left her for dead in unincorporated Libertyville had a rap sheet involving sexual assaults stemming back to 1993.

Christopher Hanson, of 1416 Cedar Lake Road, was listed on the Lake County Sheriff's sexual

offender list for a crime similar to that which he allegedly committed June 6. In 1993, Hanson was convicted of criminal sexual assault and force; and in 1999 for attempted criminal sexual assault, according to Scott Robin, deputy chief with the Lake County Sheriff's office.

"The fact that the incident was very similar to the incidents Libertyville had prior to this brought attention to (Hanson) right away," Robin said. "One of

the Libertyville detectives that came out to the scene pointed out (the similarities to) what happened to the bike path in 1999.

"He was convicted in 1993 for a criminal sexual assault and in 1999 after he was released from prison, he was con-



Hanson

Please see HANSON / C9

Fairground questions to be answered

By Kathy Gresey & Nick Alajakis
Staff Reporters

An announcement is expected this Friday concerning the rumored sale of the Lake County Fairgrounds.

The more than 90 acres, which sit at the northwest corner of Routes 45 and 120 in Grayslake will most likely be sold, but officials are mum on who a prospective buyer is.

"There is talk, but there are no parts of the contract that I am able to divulge," said Richard Raftis, treasurer for the Lake County Fair Association. "With a deal of this magnitude there are multiple

things that must first happen."

Raftis said he might shed more light on who potential developers are, or what potential projects would occupy the property this Friday, June 10. All he'd say, is that the potential buyer has plans for commercial development.

The potential development would not be entirely new to Lake County, Raftis said, hinting that there are similar developments in the area.

The sale of the fairgrounds would not affect various governmental bodies, including the county and the village of Grayslake, which would presumably benefit

from tax dollars brought in by a commercial development.

"If there is any chance to improve the Lake County Fair and the Lake County Farm Bureau we'll take it," said Greg Koeppen, Lake County Farm Bureau manager.

Grayslake Mayor Tim Perry said he too is looking forward to the deal, but added that he does not have too many details.

If sold, both this year's and next years Lake County fair—which takes place in July—would still be held at the current grounds, said Raftis.

Future fairs would be moved to another, undisclosed location in Grayslake, Raftis said.



Photo by Sandy Bressner

Allen Konchinsky of the Putting Edge in Lincolnshire, said he broke the Guinness World Record by playing 3,060 games of miniature golf in a day.

Man of the world

Area mini golf pro
claims world
record

By Regan Foster
Staff Reporter

He came, he putted, he conquered.

Alan Konchinsky, team leader of the Chicagoland region of the Putting Edge, has taken his passion for miniature golf to a gigantic level. Shortly before 7 a.m. on June 6, Konchinsky picked up his neon-colored golf ball, holstered his trusty putter, and strode off the Lincolnshire course he managed with a world record in hand.

"Things ended up pretty well, I finished with 3,060" holes played, a fully rested Konchinsky explained Tuesday. "I had more time, I could have kept going."

In just 12 hours, 54 minutes, the master of miniature golf putted his way into the record books for the most holes of mini golf played in one 24-hour day. The previous record, 3,035, was held by Matt Mijakis of Sterling, Mass., according to the Guinness Book of World Records.

Late last month, Konchinsky told Lakeland Newspapers that he

Please see MINI GOLF / C9

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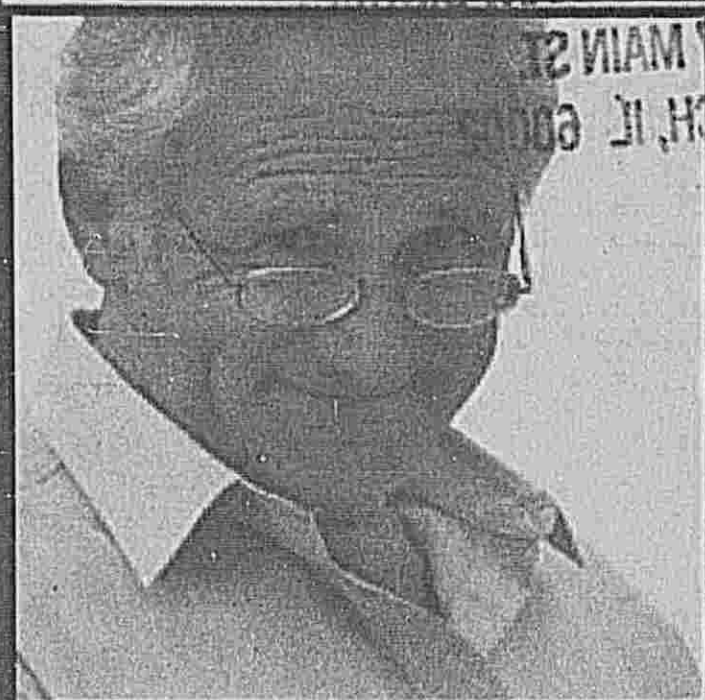
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Seniors Day Celebration returns to Independence Grove—features free music, bingo, boat rides, swimming beach and more

Seniors age 55 and better come share good times with friends at the Lake County Forest Preserves' 33rd Annual Seniors Day Celebration, Chicagoland's largest senior recognition event. Seniors Day 2005 is made possible by Golden Sponsor the Bank of Waukegan and First State Bank of Round Lake Ambassador Club, and Silver Sponsors Lake Forest Hospital and Lakeland Media.

Pack a picnic lunch, put on your dancing shoes and get ready to make a splash at Seniors Day, June 22, from 9 a.m. to 2 p.m. The event is free to ages 55 and better. On event day, Independence Grove will be open exclusively to senior citizens ages 55 and over and will be closed to other Preserve traffic until 3 p.m.

A variety of activities will be offered throughout the day, including music and dancing, sponsor exhibits, bingo, pontoon boat rides, horseshoes, swimming, native garden tours, trails for hiking and biking and

health screenings with Lake Forest Hospital's CareCoach. Prizes will be awarded to winners of bingo and horseshoes.

This year's music will be provided by a Disc Jockey who will spin favorites from the 1940s, 50s and 60s and take song requests. A special presentation by members of the Libertyville High School Jazz Band will be featured in the morning.

Seniors should bring a picnic lunch and a lawn chair. Light snacks such as pretzels, popcorn, watermelon, ice cream and cookies, and beverages like lemonade, iced tea, coffee and water are provided while supplies last.

Inside the Preserve's spacious and air-conditioned Visitors Center will be "must-see" sponsor exhibits and the registration area for raffle drawings. In addition to valuable health care and senior services information, sponsors will also offer special giveaways and offers for booth visitors. Just out-

side of the Visitors Center, Lake Forest Hospital's CareCoach will offer free medical screenings throughout the day.

Many Lake County Township Offices provide bus transportation to the event. Call your local Township Supervisor for details. For more information on the Seniors Day

Celebration, call the Seniors Day hotline at 847-968-3333 or 847-367-6640.

The entrance to Independence Grove Forest Preserve is located on Buckley Road (Route 137), east of Milwaukee Avenue (Route 21) and west of the I-94 near Libertyville.

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Getting it right on storm water

Footing costs for wetlands restoration and protection, plus building storm water detention basins on developments of any size always has been a sore spot with developers because it drives up their costs of land preparation.

Colin L. McRae, who heads the Attainable Housing Alliance, made that abundantly clear in a letter to the editor to this newspaper. As explained by McRae, who has been associated with developer initiatives since serving as mayor of Mundelein two decades ago, the builders are rankled because of far-reaching efforts of government to control flooding under the guise of wetlands protection.

McRae came down hard on the Lake County Storm Water Management Commission (SMC) in his letter. McRae was in office in the formative years of the Storm Water Management so he knows what he's talking about when he says wetlands protection and restoration wasn't part of the rationale for forming the commission. As we recall, most of the opposition to formation of the commission came from mayors and village trustees who feared that the commission would become a czar-like bureaucracy that would dictate building requirements on every vacant lot in their jurisdiction. That didn't happen.

As it turned out, the commission has become a model agency promoting inter-government cooperation for managing flood control and managing storm water in a very flood-prone environment. Lake County is Lake County because we have a lot of lakes—and a lot of water. SMC tackled storm water management from a watershed perspective, meaning everything involving water management in a given locality was addressed.

Even if wetlands restoration and management has become an unintended part of storm water management, sort of a by-product, so what? As we understand, wetlands are an integral part of the eco-system that dictates what happens to water. It seems only natural that conscientious storm water managers would include wetlands as part to their responsibility.

There's no question that addressing storm water management issues as part of the building process has driven up building and developing costs. It seems ludicrous, though, to think that the building industry would rather deal with flooded basements and property damage after the residents have moved in or commercial structures have been occupied.

With the creation of the Storm Water Management Commission, officialdom is getting it right dealing with flooding problems and getting rid of storm water safely and efficiently. Early water management intervention, including wetlands creation and preservation techniques, prevents costly repair and restoration later. It's that simple.

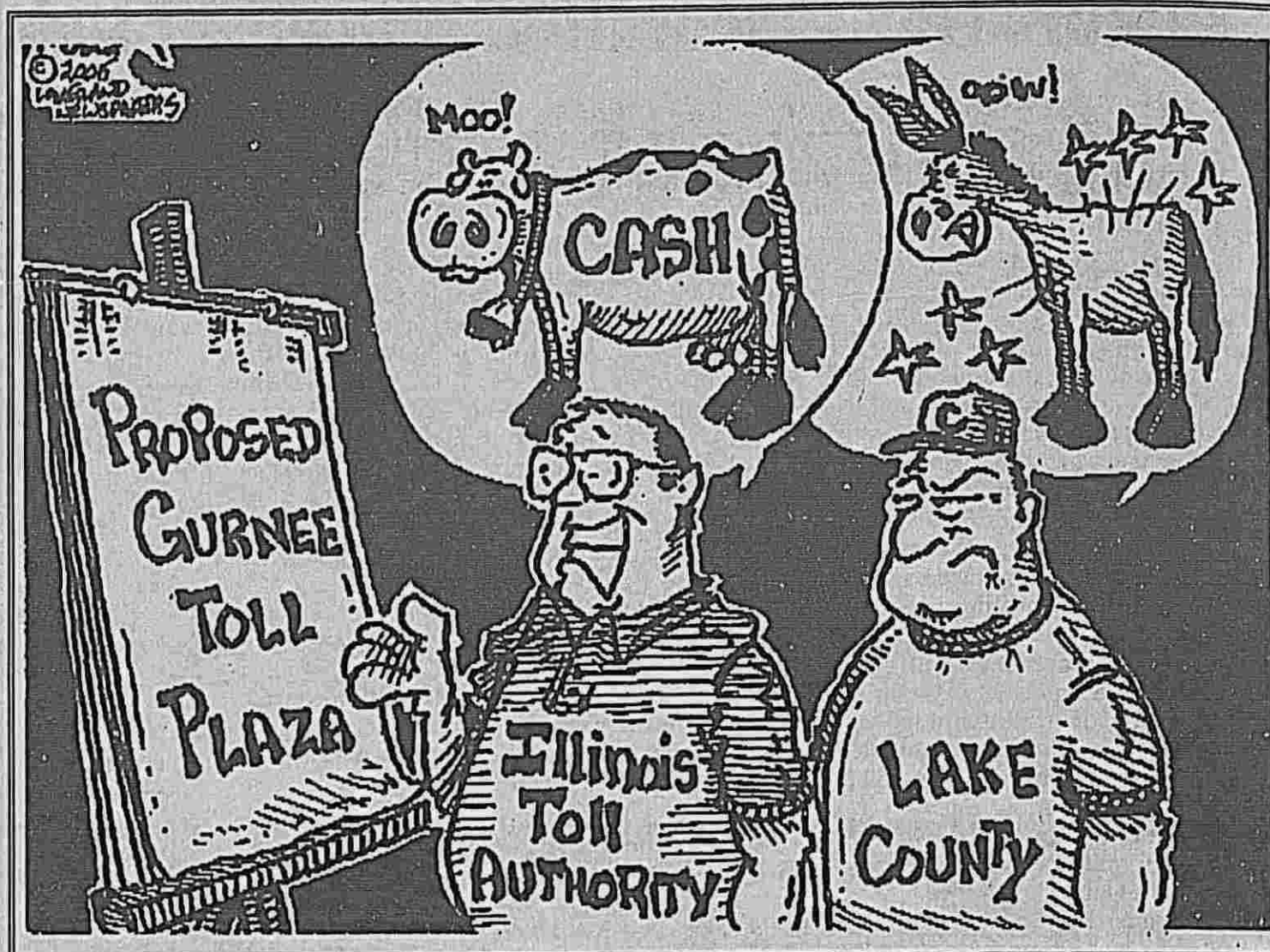
Addition at school salutes volunteerism

At the time, the fall of 1960, Dr. W.C. Petty, the revered County Superintendent of Schools who served a remarkable 40 years, called the construction of an all purpose room at Avon School with donated materials and donated labor, "the first community school project of this magnitude that has even taken place in Lake County. It exemplifies a great community spirit....Some said it couldn't be done, but they did it."

Dr. Petty's observation stood the test of time. The 45th anniversary of the construction of the Avon School multi-purpose room serving as a gymnasium, auditorium, physical education classroom, community meeting room and exhibition hall was held Saturday, June 4. The brick and steel building is used every day and is expected to serve for many years to come. Once a rural school, Avon now is part of the Dist. 46 system, drawing a diverse student body from the area located between Grayslake and the Round Lake area.

At the anniversary program, it was recalled how parents and community leaders worked nearly two years during vacations, holidays, weekends and evenings to build the structure. Final cost of the building in cash and in kind donations was set at \$19,000. Only about half of the amount came from school funds. Estimated value of the building was \$54,000, a fairly tidy sum for those days. Approximately 300 families took part in the constructions.

Although their intention at the time only was to build a servicable addition to their local school, the Avon district workers built a monument to volunteerism. It is unlikely that such a community building project could be undertaken today. There simply are too many distractions in today's world for people to donate 20 hours per week or more to a community building project. Considering the load of bureaucratic red tape and conflicting special interests existing today, we don't even know if the project could be done legally. All the more remarkable is that volunteers at the anniversary event recalled how much fun they had. If only that kind of spirit could be rekindled in our schools today.



VIEWPOINT

Bean discovering new job's right side



Bill Schroeder
Publisher

Melissa Bean, the rookie Congresswoman from the 8th District in the northwest suburbs, is getting raked from all sides these days. Her inexperience is painfully obvious, but there's more to both the political and PR gaffs that have come to light.

Walking down the middle of the road has proved to be a minefield for Bean as far as the Democratic hard left is concerned. A commentary published on this page last week reflected accurately how the Barrington resident's early voting record has incensed liberals.

Writer Bill Scheurer asked Democrats if they are satisfied with Bean's representation after years of Phil Crane's conservatism. The obvious answer is a resounding "no." A more apt question might be, are 8th District voters as a whole satisfied with how Bean is addressing issues? That answer would be different, to be sure, and will be revealed in resounding fashion a year from November when Bean faces re-election.

State Rep. JoAnn D. Osmond (R-Antioch) responded quickly when her photograph in a Bean mailing piece became an object of public discussion following a mention in the Lakeland Media PartyLines political column last week. Osmond asked Bean for a public apology.

Osmond informed Bean that

she considers the taxpayer funded mass mailing an exploitation of the Republican leader's identity for personal gain. "Without prior consent you include my photo in your 'Spring Update' in an effort to give voters the false impression that I support you and your record in Congress. For this reason, I would ask that you discontinue using any photo of me in your newsletters, web site or campaign literature."

"I must say that I am deeply disappointed with this incident....you certainly had my respect to the degree that you represented honesty and integrity in government. This type of action is one that would more likely be attributed to a political hack rather than a political leader. Such actions risk offending local community leaders such as myself and certainly will make it harder to earn the trust of other local officials who you might consider working with."

JoAnn, you didn't mince any words.

Politically, Bean has to walk on eggs. No one knows any better than she that the 8th District of west Lake County, eastern McHenry County and the northwest corner of Cook County hasn't abandoned traditional conservative, Republican values. Red area in a blue state? No way. The Bean win was a fluke. If she has any chance at re-election, Bean will have to reflect the values that liberals like Schuerer abhor and

conservative and moderate Republicans hold true.

Bean's use of the photo of Rep. Osmond, who also is Republican chairman of Lake County, was crude and inappropriate, more of a calculated risk to gain mainstream credibility than a rookie mistake. The phony photo backfired. Melissa Bean may be a "new kind of Democrat," but it remains to be seen whether that suits the taste of the majority of 8th District voters.

Remembering Naff

College of Lake County has established the Dr. Gretchen J. Naff Endowed Chair of Instructional Innovation. The action is in recognition of Dr. Naff's retirement as president and a tribute to her 35-year career in higher education. Naff is retiring at the end of June.

Lawyers on call

Ok, no more jokes about lawyers being money-grubbers driven only by the almighty dollar. Saturday, June 18, from 9 a.m. to noon, the Chicago Bar Assn. Lawyer Referral service will host its Call-A-Lawyer program. Volunteer attorneys will give free legal advice to persons calling 312-554-2001. They will handle subjects like domestic relations, estate planning criminal law, criminal juvenile law and general law.

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PARTYLINES

THIS COLUMN OF POLITICAL OPINION
IS PREPARED FROM STAFF REPORTSMonument care
left up in the air

Two governmental agencies have disavowed responsibility for repair of a damaged monument marking the entrance of the Ft. Sheridan Cemetery. The crypt-like base adorned by three heroic figures is made of concrete and is believed to have been erected around 1919 in memory of World War I dead.

The cemetery is not a national cemetery, but is regarded a U.S. Army facility. Under terms of Lake County Forest Preserve District acquisition of Ft. Sheridan property, the district assumed responsibility only for maintenance of grounds. Graves registration and burial arrangements are maintained by an Army unit at Ft. McCoy, Wis.

The deteriorating condition of the monument was brought to light by **Mary Jane Lucas**, a veteran of World War II. "The Army says the monument is private and does not have authority to repair or replace. The county says its responsibility ends with care of the grounds. It's a shame. Something should be done," declared Lucas, a resident of Grayslake who is active in veterans' groups and serves as a volunteer speaker on World War II history.

Lucas said she was told repairs could be made for \$5,000 "or less."

Daniel R. Prezeli, director of revenue facilities for the Forest Preserve District, was in touch with Army facilities management located at Rock Island Arsenal. He was informed that the "Army will not be liable for maintenance of, or damage, to private monuments." Prezeli was told the monument could be replaced with a government headstone if it is not maintained in a safe or serviceable condition.

Karin M. Claccio, regional counsel for the Army at Rock Island Arsenal, reported that there is no authority for the Army to expend funds to replace the existing monument or repair.

Lucas said it looks like careless lawn mowing has caused the damages. "Maybe it'll take some public spirited group to step up and make the necessary repairs with private funds," commented Lucas, who served in the Women's Army Corps at Ft. Sheridan.

'Warding' off trouble

Gurnee Trustee **Ray Damijonaitis** is enjoying his role as "counter weight" to Mayor **Kristina Kovarik** on personnel matters. For filling a council vacancy, Damijonaitis came up with a sort of "ward system" for appointments based on geography. He is troubled about four trustees being "east siders."

Ruinous 'raiding'

State Sen. **Pam Althoff** (R-McHenry) said Gov. Rod Blagojevich's practice of raiding funds sunk his proposal to borrow \$2 billion for road projects. She said road construction could have been paid for in cash if the governor had not raided the road fund during the last three years. "The Governor views the road fund as his personal cash cow," exclaimed Althoff. Senators voted to knock



Damijonaitis:
Counter strategy
poses headaches for
new mayor.



Althoff: Rules out
try to regain seat
for Republicans.

out the borrowing scheme.

Hello world

State Rep. **Ed Sullivan Jr.** (R-Mundelein) put another slant on how Democrats view the state budgeting process. "They don't realize there's a world outside of Chicago," remarked Sullivan who criticized raiding practices of the majority party in the General Assembly to bail out the CTA and provide new resources for Chicago schools. Suburban teachers and their schools are being shortchanged by Democratic budgeters, according to Sullivan.

Seek road consensus

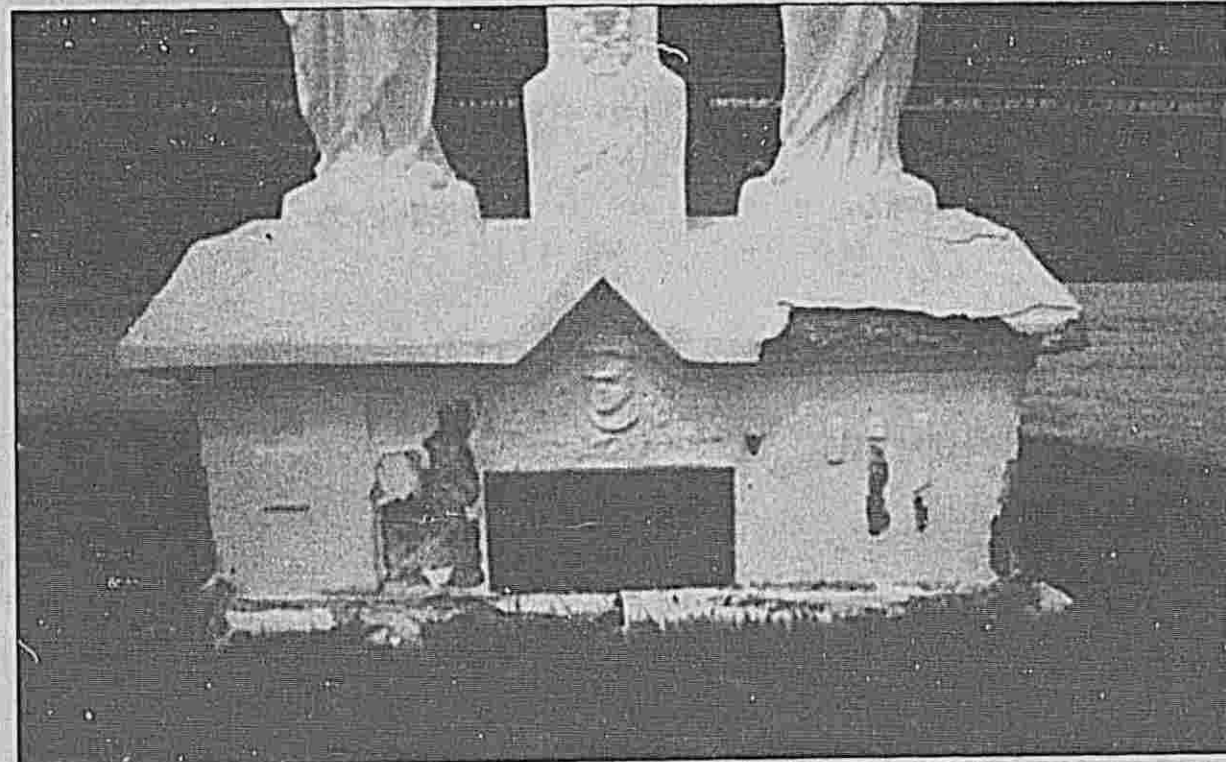
A bi-partisan team of elected officials has pledged to building consensus on highway transportation needs. They are asking all Lake County elected officials to join them at a meeting at 7 p.m. Wednesday, June 29, at College of Lake County to begin building a united front on bringing about road improvements. Hosts for the consensus building meeting include State Sen. **Terry Link** (D-Waukegan), State Rep. **Kathy Ryg** (D-Vernon Hills), County Board Chair **Suzi Schmidt** of Lake Villa, Buffalo Grove Mayor **Elliott Hartstein**, who is president of the Northwest Municipal Conference, and County Board Rep. **Diana O'Kelly** (R-Mundelein), chair of the County Board public works and transportation committee.

Althoff says no

State Sen. **Pam Althoff** (R-McHenry), mentioned in early speculation as a candidate for the Republican nomination for Congress from the 8th District in the 2006 primary, has taken herself out of contention. A rising force in the GOP caucus in the Illinois General Assembly, Althoff indicated that her immediate political future lies in the Illinois Senate.

Serious about garlic

Really, Lincolnshire officials are serious about infestation of garlic mustard plants in conservation areas, dead serious. Mustard also grows in private gardens so village trustees are encouraging property owners to rid their yards of invasive mustard. Mayor Brent Blomberg is waiting for a volunteer to step forward to become head of the mustard police.



Peeling concrete dramatizes wear, tear on World War I era monument at Ft. Sheridan Cemetery. There are no provisions for care or repair.

LETTERS TO THE EDITOR

Early start aids
crime prevention

Fact: The primary responsibility of government is to maintain public safety. Fact: The most streetwise cop and the most respected researchers will tell you the same thing: quality early childhood education, after-school programs and child abuse prevention programs are the best ways to prevent crime in the long run.

Why then, are these proven crime-fighting programs the first on the chopping block when budgets are tight?

Law enforcement leaders are concerned the legislature may choose a penny-wise and pound foolish strategy in order to reach a budget. Not funding quality early learning, after-school and child abuse prevention programs will have a devastating effect on our communities and end up costing the state much more money down the road.

Governor Blagojevich has proposed a \$30 million expansion of the state's pre-kindergarten program to serve 8,200 more at-risk 3 and 4-year-olds. The General Assembly must adopt this increase if we are to continue on a path toward a day when all Illinois children start school ready to learn.

Study after study has shown a quality early start provides a life-lasting foundation for a child. A long-term study of a preschool in Ypsilanti, Mich. has tracked children since they were three, they are now 40-years-old. Those in the study who did not attend preschool were twice as likely to have become career criminals and a third less likely to have graduated from high school.

However, the budget proposal takes two steps back for the step forward with preschool. It cuts important programming proven to cut child abuse and juvenile crime. We're urging our leaders to restore funding cuts to Healthy Families Illinois and Teen REACH. Neither program has seen a real increase in five years and are now facing large cuts: Healthy Families Illinois was cut eight percent to \$8.9 million and Teen Reach was cut 13 percent to \$17.7 million.

Our jobs are to arrest and prosecute criminals, and we work hard everyday to keep the community safe. Certainly these programs are no substitute for old-fashioned police work. However, we need to be as willing to guarantee our kids quality programs as we are to guarantee a criminal room and board in a prison cell.

Ray Rose

Chief of Police, Mundelein

Robert Jones

Chief of Police, Gurnee

President, Illinois Association of Chiefs of Police

Holding back?

Isn't it curious how the news is managed? The Watergate scandal was breaking. A news broadcast about 4 p.m., reported that Hoover had revealed to Nixon after the previous election that the Democrats had bugged the Republican headquarters. He wanted to know if Nixon wanted him to go after them. Nixon said no and words to the effect that he might do the same to them next time. Then the newscaster went on about the Watergate break-in. Later on the 6 p.m. news the part about Hoovers conversation with Nixon was cut. This newscast, heard while driving in Schaumburg, stuck in my mind all these years. Now comes "deep throat" who must have known the whole story. Did he tell the whole story?

Hank deGroh
Grayslake

Danger to U.S.

A vote in the House on withdrawal of the United States from the 148 member World Trade Organization will be held by early June.

Five years ago, Congressman Ron Paul (R-Texas) urged his colleagues to support a similar move to take our nation out of this United Nations-affiliated pact. Sad to say, that measure was defeated.

Since 2000, when Congress refused to protect the independence of our nation by withdrawing from WTO, the Geneva-Switzerland group has issued rulings against our nation in matters regarding oil importation, cotton subsidies, steel tariffs, even the purchase of Bahamas. When the WTO threatened to initiate a boycott against U.S. products because of our tax laws, our leaders altered the laws. The bottom line objection to the WTO is that it is an attack on our national sovereignty, a stepping-stone to world government.

Marilyn Garamoni
Libertyville

Don't tax death

I take issue with Bill Scheurer's open support of the estate tax in "What happened to Bean the Democrat?". Mr. Scheurer mischaracterizes the repeal of the estate tax as "...the complete elimination of all taxes on the fortunes of the super-rich". False. The money accumulated by these people is still and always has been subject to taxation at the highest rate. The estate tax is simply a device whereby the government makes first claim to the assets of a deceased person. I don't believe that one's death should be a taxable event. It is contrary to everything this country stands for. It offends the concepts of liberty, freedom and property rights. The money confiscated by this tax has already been taxed through income taxes, property taxes, etc. The estate tax is a purely socialist concept and indefensible in a free republic.

Dennis Manzardo, Jr.
Vernon Hills

School monopoly

Your editorial "new funding plan cockeyed scheme (June 3-9) is right on target. Increasing the state income tax rate is no way to fund education in Illinois.

At the same time, citizens are unhappy with the current system of local property taxes. What we need is a new idea for education taxation that will be effective, durable and fair—right?

WRONG.

New tax schemes will never, ever, solve Illinois' education funding woes. The root problem is more profound. It's one that many Prairie Staters are loath to acknowledge.

The sad truth is that the system that we euphemistically call "public education," but which in reality just means government-owned and operated schools, is irreparably dysfunctional.

Markets perform better than governments at providing goods and services. A market-based education system would provide a better product, and more economically.

Isn't it time to let the private sector ride to the rescue of our currently foundering public sector education system? Isn't it time to get government, at all levels out of the education business? Isn't it time to break the government's quasi-monopoly on education, and allow education to blossom in an environment of free enterprise and choice?

Can it be done overnight? Of course not. But steps in the right direction are possible: educational vouchers and charter schools are two options.

Tinkering with the tax system, on the other hand, is tantamount to rearranging the deck chairs on the Titanic. Illinoisans deserve better.

W.G. Murphey
Gurnee

Letters to the Editor

Besides traditional mailed letters, Lakeland Newspapers accepts letters by fax and E-mail.

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AROUND THE COUNTY

DiCarlo's sponsors 3-day walk for breast cancer

Mike DiCarlo of DiCarlo Fine Wines and Spirits, 425 Townline Road in Mundelein, is hosting an upcoming wine tasting at his store to support his sister, Jamie DiCarlo, to raise funds for her commitment to the Breast Cancer 3-Day Walk. DiCarlo will be donating 100 percent of the profits to the walk as well as 10 percent of wine sales the night of the event.

The event will be on June 12, from 6:30 to 8 p.m. Call 847-566-4600 for details. Cost is \$25 per person.

Blood drive at CLC

The College of Lake County health center, in cooperation with the American Red Cross, will conduct a blood drive from 9 a.m. to 3 p.m. on June 14, in Brandel Court of Building B on the Grayslake Campus.

Donors must be 17 or older, weigh at least 110 pounds, be in good health and not have donated blood within 56 days. Donors will

receive a mini physical that includes a blood pressure check and iron-level count, and should bring a photo ID.

For details, call the CLC health center at 847-543-2064.

Nicasa's annual golf outing

Nicasa's 16th annual Charity Golf Invitational will be June 16, at Midlane Golf Resort, 4555 W. Yorkhouse Road in Wadsworth. A shotgun start at noon is planned for golfers, with registration and lunch beginning at 10:30 a.m. A social hour at 5:30 p.m. will precede a banquet at 7 p.m. Features of the banquet include hors d'oeuvres, raffle drawings, live and silent auctions and golf awards. Money raised through event sponsorship or tax-deductible contributions will benefit a wide variety of the not-for-profit human service agency's programs.

For example, a \$350 contribution will assist with safe housing for an indigent woman and her children; \$250 will help train high school students to serve as Teen Court jurors, \$200 will

provide nutritional snacks for Nicasa's Teen REACH after-school program; \$500 will sponsor a month of recovery services for a Bridge House resident; \$150 will provide infant supplies for babies in Nicasa's Women's Services program and \$100 will pay for translation of a monthly prevention newsletter into Spanish.

For more information, call Amy Pukal at 847-546-6450 or e-mail aokerstrom@nicasa.org.

Senior citizen assessment freeze applications

The Lake County Chief County Assessment Office has announced that application forms for the Senior Citizen Assessment Freeze have been mailed to all senior citizens currently receiving a Senior Homestead Exemption. Seniors qualify for the assessment freeze if they are 65 years old, have lived in their home as their primary residence from Jan. 1, 2004 to Jan. 1, 2005 and their total household income is \$45,000 or less.

The application packet includes descrip-

tions of what income is to be included as a part of the exemption application. Completed application forms are to be mailed back to the Chief County Assessment Office by Aug. 1.

If a senior does not receive an application and believes he/she is eligible for the assessment freeze, application forms are available from any local township assessor's office or from the Chief County Assessment Office. Call the Chief County Assessment Office at 847-377-2100 for details.

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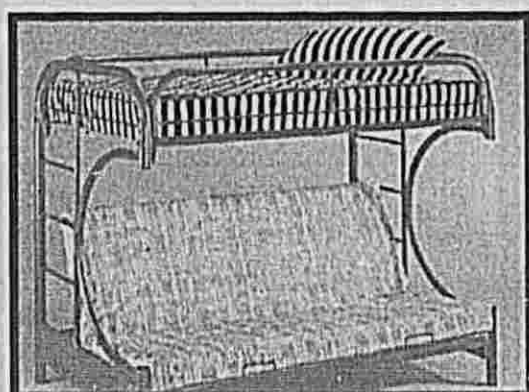
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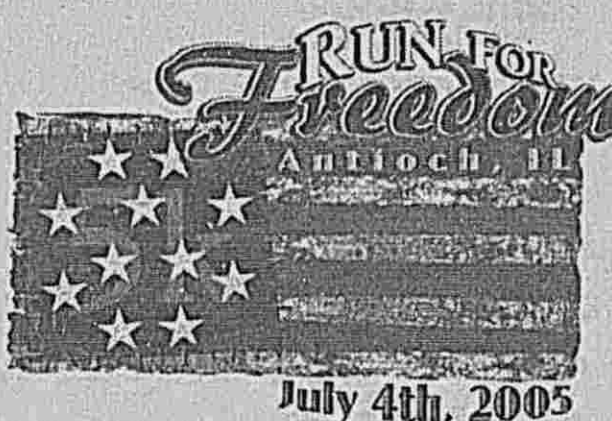
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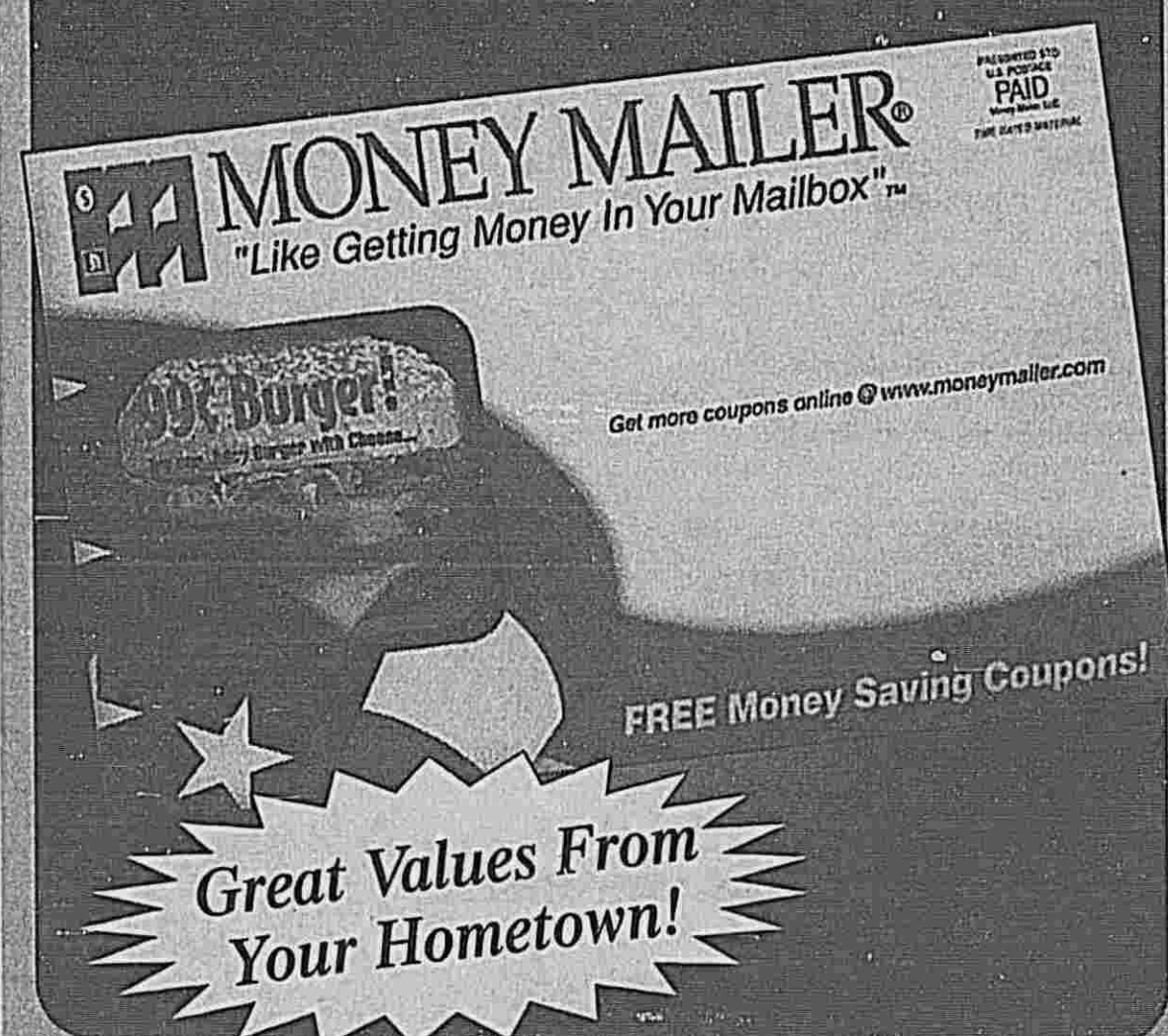
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OBITUARIES

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Bernard George Bogucki

Age 70 of Silver Lake, Wis., passed away Saturday, May 28, 2005 at the Morristown-Hamblen Hospital in Morristown, Tenn.

He was born August 20, 1934 in Chicago, IL the son of the late Anthony D. and Stella Malanowski. He was a retired truck driver and was a veteran of the U.S. Army. On Oct 5, 1957 he married Cassie Baker in Jelico, Tenn.

Survivors include his wife Cassie, four sons, Lee (Carrie) Bogucki of Silver Lake, Wis., Jerry (Mabel) Bogucki, Byran Bogucki and Christopher Bogucki all of Middlesboro, Ky., three daughters, Charlene Brummett of Middlesboro, Ky., Joann (Raymond) Fares of Lake Worth, Fla. and MaryAnn (Larry) McCullough of Middlesboro, Ky., two sisters Natalie and Antoinette both of Illinois; 13 grandchildren; five great grandchildren and a host of nieces, nephews plus many relatives and friends. He is preceded in death by two brothers and one sister.

Funeral Services were held at 11 a.m., June 3, at the Chapel at Southern Wisconsin Veterans Memorial Cemetery, in Union Grove, Wis. In lieu of flowers donations may be made to the Silver Lake Rescue Squad, Silver Lake, WI 53170, in his memory. Arrangements were entrusted to the Strang Funeral Home, Antioch.

Tasha L. Vitt

Age 31 of Antioch passed away Tuesday, May 31, 2005 at her home. Tasha had lived in Antioch most of her life where she graduated from Antioch Community High School in 1991. She worked for Washington Mutual in Vernon Hills as portfolio analyst.

Survivors include her parents, John and Beth Vitt of Racine, Wis.; two brothers, Matthew (Crea) Fasana of Chicago and Kevin Fasana of Naperville, her paternal grandparents, John Sr. (Erma) Vitt of Brookfield; her uncles Roger Vitt of Brookfield, and Jeff Vitt of Antioch and her best friend, Dawn Cunningham of Trevor, Wis.

Funeral services were held at 10 a.m., June 4, at Strang Funeral Home of Antioch. Interment was in Hillside Cemetery, Antioch. Visitation was held at the funeral home on June 3 from 4-8 p.m.

Leonard G. Peters, Jr.

Age 50 of Antioch, passed away

Friday, June 3, 2005 at Arbor View Nursing and Rehab Center, Zion. He was born in Chicago, the son of Leonard and Ann (Rieger) Peters. Lenny was a member of the Kroozers Car Club of Northern Illinois and had worked at the First National Bank Employee Owned in Antioch as a custodian for 13 years.

Survivors include his father, Len, Sr.; his sister, Susan (Karl Hertel); his brother, William (Arlene) Peters all of Antioch; his niece Dawn (Mark) Fletcher; his nephew Erik Peters, and grand niece and nephew Mark Jr., and Katie Fletcher. Leonard was preceded in death by his mother on Dec. 14, 2002.

Visitation was held from 2-6 p.m., June 5, at the Strang Funeral Home of Antioch. Interment was in Hillside Cemetery, Antioch. Funeral services were private. Those desiring may make memorial contributions to the American Diabetes Assoc. 30 N. Michigan Ave. Suite 2015 Chicago, IL 60602 or the Antioch Rescue Squad in his memory.

D. Thelma Anderson

Age 93 of Antioch passed away on Wednesday June 1, 2005 at Condell Medical Center in Libertyville. Born in Turner, Iowa, the daughter of the late Eben and Jennie (Pringle) Turner. On Dec. 28, 1935 she married El Roy Anderson and he preceded her in death. Thelma was a member of the United Methodist Church of Antioch, the Women's Club of the church, a 50 year member of the Antioch Women's Club, the Republican Club and she volunteered at the Downey Veterans Hospital in North Chicago.

Survivors include her son, Ken (his fiancée, Karen Pino) of Antioch; three grandchildren; four great grandchildren and one great-great grandchild.

In addition to her husband, she is preceded in death by a brother, and four sisters.

A Memorial service will be held at a later date at the United Methodist Church of Antioch. Interment will be private in Acacia Park Cemetery, Chicago. In lieu of flowers, those desiring may make donations to the Shriners Hospital for Children, 2211 Oak Park, Chicago, IL 60707 in her memory. Arrangements were handled by the Strang Funeral Home of Antioch. Please sign our guest book at www.strangfh.com

Diana Cordova

Age 23 of Round Lake Beach, died Saturday, June 4, 2005 at Round Lake. She was born in Libertyville to Raul and Maria (Tellez) Cordova. She worked for Fifth Third Bank in Mundelein and at Pea Pod in Lake Zurich.

Survivors include her parents, Raul and Maria (Tellez) Cordova of Round Lake Beach; four sisters, Trina (Armando) Lopez of Round Lake Beach, Lupe (Will) Juarez of Lake Zurich, Carentina Cordova of Round Lake Beach, and Lisa Cordova of Round Lake Beach; one niece and six nephews.

The visitation was from 6-9 p.m., June 7 at the Justen's Round Lake Funeral Home. The Funeral Mass was at 10 a.m., June 8 at St. Joseph's Catholic Church in Round Lake. Interment was in Ascension Cemetery in Libertyville.

Vernon 'Vern' R. Vroman

Age 84, a resident of Ingleside for the past 44 years, winter resident of Apache Junction, Ariz., and formerly of Colorado, died on Wednesday, June 1, 2005 at Northern Illinois Medical Center in McHenry. He was born in Holly, Colo., the son of John and Jennie (nee Albert) Vroman. Vern was a veteran of WWII, having served in the U.S. Air Force and was a retired high school teacher of Grant Community High in Fox Lake. He was a St. Bede Knight of Columbus Pope Pius XII Council member, of which he was a fourth degree knight.

Survivors include his children, David (Donna) Vroman of Temecula, Calif., Margaret "Margie" (Robert) Williams of Chesterfield, Mo., Fred (Barb) Vroman of Wonder Lake, Bill (Joanna) Vroman of Ingleside, Peter (Babette) Vroman of Bellingham, Wash., Paul (Sharon) Vroman of Antioch; his 14 grandchildren; three great-grandchildren; and three sisters. He is preceded in death by his wife, Rosemary (nee Hiemenz) in 1992, with whom he had celebrated over 46 years of marriage and by five brothers.

Friends of the family called on June 5 from 3-7 p.m. at the K. K. Hamsher Funeral Home in Fox Lake. Burial followed at St. Mary's Catholic Cemetery in Fremont Center. Masses in his memory or donations to Catholic Charities or St. Bede Catholic Church will be appreciated.

Arthur L. Estes

Age 58 of Lake Villa, passed away on Wednesday, June 1, 2005 at his home after a brave battle with cancer. He was born in Waukegan, the son of the late Vail and Elizabeth (nee Perkins) Estes. He was a veteran of the Viet Nam era serving with the U.S. Air Force.

He is survived by his wife, Adrienne (nee Krause); his daughters, Lisa (Chris) Grode of Ingleside, and Sarah Estes of Antioch; and sons, Derek of Ft. Hood, Texas. And Zachary of Lake Villa; his grandsons, a sister and a brother.

Funeral service began at June 6 from Ringa Funeral Home in Lake Villa to St. Joseph Catholic Church in Round Lake for a 10 a.m. Funeral Mass. Interment was at Ascension Cemetery in Libertyville. Visitation was at the funeral home on June 5 from 2-6 p.m. In lieu of flowers, memorials will be appreciated to the Zachary Estes Education Fund, c/o Consumers Cooperative Credit Union, 2626 N. Route 83, Round Lake Beach, IL 60073.

Mercedes E. 'Mike' Christ

Age 73 of Mundelein, passed away Tuesday, May 31, 2005 at Condell Medical Center in Libertyville.

Surviving are two children, George (Deborah) Christ of Bloomfield Hills, Michigan and Dawn Weldon-Riley of Mundelein; and four grandchildren. She is preceded in death by her parents, George and Alice Theis and by her husband George Christ Jr. in 1989.

Visitation was from 4-8 p.m., June 6 at the Burnett-Dane Funeral Home in Libertyville. A graveside service was held at 10 a.m., June 7 at Irving Park Cemetery in Chicago.

Ronnie Moore

Age 39 of North Chicago, passed away on May 30, 2005.

He is survived by his father, Ivory Moore; four sisters, Donna Douglas of North Chicago, Bertha Light of Kenosha, Wis., Olivia Moore of Zion and Doris Moore of Gurnee; one brother, Ivory Moore Jr. of Waukegan; his grandfather, Clayton Harris of Waukegan and many other relatives and friends. Ronnie is preceded in death by his mother, Ceola Moore.

A funeral service was held on

June 6 at noon at First Corinthian Missionary Baptist church in North Chicago with Pastor Eugene Roberson officiating. Interment was at Mt. Olivet Memorial Park Cemetery in Zion. Visitation began at 11 a.m. until the time of service at the church. Arrangements were handled by Bradshaw and Range Funeral Home in Waukegan.

Konrad L. Block

Age 83, a longtime resident of Spring Grove, died Saturday, June 4, 2005 at home. He was born in Germany to Conrad J. and Franziska Block. He was a veteran having served in the U.S. Army during WWII and was employed as a baker for most of his life.

Survivors include his wife, Anneliese (nee Sigmund) of Spring Grove and one son, Samuel (Mary) Busch of Antioch; two grandchildren and two great-grandchildren. He is preceded in death by his brother, John A. Block; a sister and by his parents.

Private services were arranged by the K. K. Hamsher Funeral Home in Fox Lake (The Chapel on the Lake)

Bernice Hayes (nee Tushkowsky)

Born to Eternal Life, Monday, June 6, 2005, at the age of 63.

Loving wife of the late George; beloved sister of Diane (Jerome) Kopacz. Also survived by nieces, nephews, other relatives and many friends. Bernice is preceded in death by her parents, Martin and Regina Tushkowsky and one brother, Melvin Tushkowsky.

She was employed by Komatsu Dresser Co. of Libertyville for over 40 years until her retirement in 2001.

Visitation was held June 8, at the Max A. Sass & Sons Mission Hills Chapel from 4-7 p.m. Funeral Service was held at 7 p.m. Interment was at Windridge Cemetery Chapel in Cary on June 9 at noon.

Gerald T. Altman

Age 58 of Waukegan, passed away surrounded by family and friends on Thursday, June 2, 2005 at Lake Forest Hospital. He served in the U.S. Marine Corps.

Survived by his wife of 35 years, Linda (nee Parr); two brothers, three sisters, parents-in-law, Dan and Mavon Parr of Clintonville, Wis. And many other relatives and friends. He is preceded in death by his parents, Robert E. Altman and Helen M. (nee Dietz) Altman; his mother-in-law, Dorothy (nee Pasiewicz) Parr.

Visitation and funeral service was held from 9:30-11:30 a.m., with Mass at 11:30 a.m., June 6 at St. Patrick Church in Wadsworth. In lieu of flowers, memorials may be made to the American Cancer Society. Salata-Gurnee Funeral Home in Gurnee handled the arrangements.

Amalia Dodich

Age 103, died at her home in Waukegan, Thursday, June 2, 2005. She was born in Obrov, Slovenia.

Amalia is survived by her loving children, Joseph R. (Bette) Dodich, Dorothy (Franklyn) Zorc and Edward (Joan) Dodich; grandchildren; great grandchildren; and many nieces, nephews and grand nieces and nephews. She is preceded in death by her husband, Joseph Dodich and an infant son, Rudolph.

Mass of Christian Burial was held at 11 a.m., June 4 at St. Patrick Catholic Church in Wadsworth. Visitation was held at the church on June 4 from 10-11 a.m.. Burial followed at Ascension Cemetery in Libertyville. Arrangements were handled by Salata Funeral Home in Gurnee.

Please see OBITUARIES / C8

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FROM PAGE C7

OBITUARIES

Edward C. Warner DDS

Age 76 of Antioch, passed away Monday, June 6, 2005 at the VA Medical Center in North Chicago. He was born June 26, 1928 in Chicago, the son of the late Clarence E. Jr. and Isabelle (Wilbur) Warner. He graduated from Leo High School in 1946 and Loyola University School of Dentistry in 1957 and was a part-time clinical assistant professor. He had practiced dentistry in Waukegan, before beginning his practice in Antioch in 1958, retiring in 1991. Dr. Warner holds certification from the Armed Forces Institute of Pathology in Forensic Dentistry, Washington, DC, and was involved in the identification of the victims of the 1979 American Airlines crash in which 279 people lost their lives. Because of his dedication he was presented an "Award of Merit" from the Medical Examiner's Office of Cook County. He served in the U.S. Army from 1950-1952 serving in the Veterinary Food Inspection Service.

Dr. Warner has attended and been certified in numerous Dental Sciences and Academies and is a member of several professional dental associations and societies and hospital boards. He also was a member of the Antioch Lions Club and served on the Antioch Zoning Board of Appeals. On Dec. 26, 1957, he married Marguerite Forster in Chicago.

Survivors include his wife of 47 years, Marge; six children, Thomas (Celeste) Warner of Moraga, Calif., Matthew Warner of San Diego, Calif., Paula Warner of Richmond, Donna Warner of Antioch, Edward Warner of San Diego, Calif. and Andrea (Thomas) Kitowski of Antioch; three grandchildren, Jessica, Daniel and Sarah Warner and two brother, William (Lori) Warner of LaGrange and Ronald (Sharon Spires) Warner of Plainfield.

Funeral Services with Mass of Christian Burial was held at 10 a.m., June 9 at St. Peter Church in Antioch. Interment was private at Hillside Cemetery in Antioch. Visitation was held from 4-8 p.m., June 8 at the Strang Funeral Home of Antioch. Friends desiring may make contributions to St. Peter School, 900 St. Peter St., Antioch, IL 60002, in his memory.

Curtis Dunn

Age 76 of Waukegan, passed away Friday, May 27, 2005 at Victory Memorial Hospital in Waukegan. Curtis served in the U.S. Army and was a Korean war veteran.

Survived by his wife of 42 years, Mary Dunn; sisters; a brother, stepchildren, Will King (Carol) of Bolingbrook, Willie (Delores) King, Rosie (Rudolph) Bradshaw of Zion, Thelma Reed of North Chicago, Mary King, Annie Bankhead, Dorothy King of Waukegan and Mamie King of Grandview, Mo.; a special nephew and several nieces, nephews and grandchildren. Preceded in death by his parents, Walter Dunn Sr. and Mary Dunn; brothers and sisters.

Visitation was at 10 a.m. and Funeral Service was at 11 a.m. on June 6 at the First Baptist church in North Chicago with Pastor Doctor Brian T. Butler officiating. Interment was in Mt. Olivet Memorial Park in Zion. Arrangements were handled by the Bradshaw and Range Funeral Home in Waukegan.

Blaine Matthew Grana

Age 23 of Trevor, Wis., passed away Saturday, June 4, 2005 at his home. He was born in Waukegan, the son of David Lee and Linda (Penca) Grana, living in Lindenhurst most of his life. He worked as an apprentice electrician for Three Phase Electric Co. of Lake Villa.

Survivors are his mother, Linda Grana of Trevor, Wis.; three sisters, Kira (Joshua) Stevens of Decatur, Erin Grana of Lake Villa and Kellen Grana of Lindenhurst; his paternal grandmother Joyce Schellenger of Kenosha, Wis.; his dear companion Lesley Steinburg and his best friends, Christopher Bakk and Paul Wacker Jr. He is preceded in death by his father, David on June 23, 2001, and his three grandparents.

Memorial Funeral Service was held at 7 p.m., June 8 at the Strang Funeral Home of Antioch. Visitation was from 4 p.m., June 8 until the time of services. In lieu of flowers donations may be made to the National Arbor Day Foundation, 100 Arbor Ave., Nebraska City, NE 68410, in his memory.



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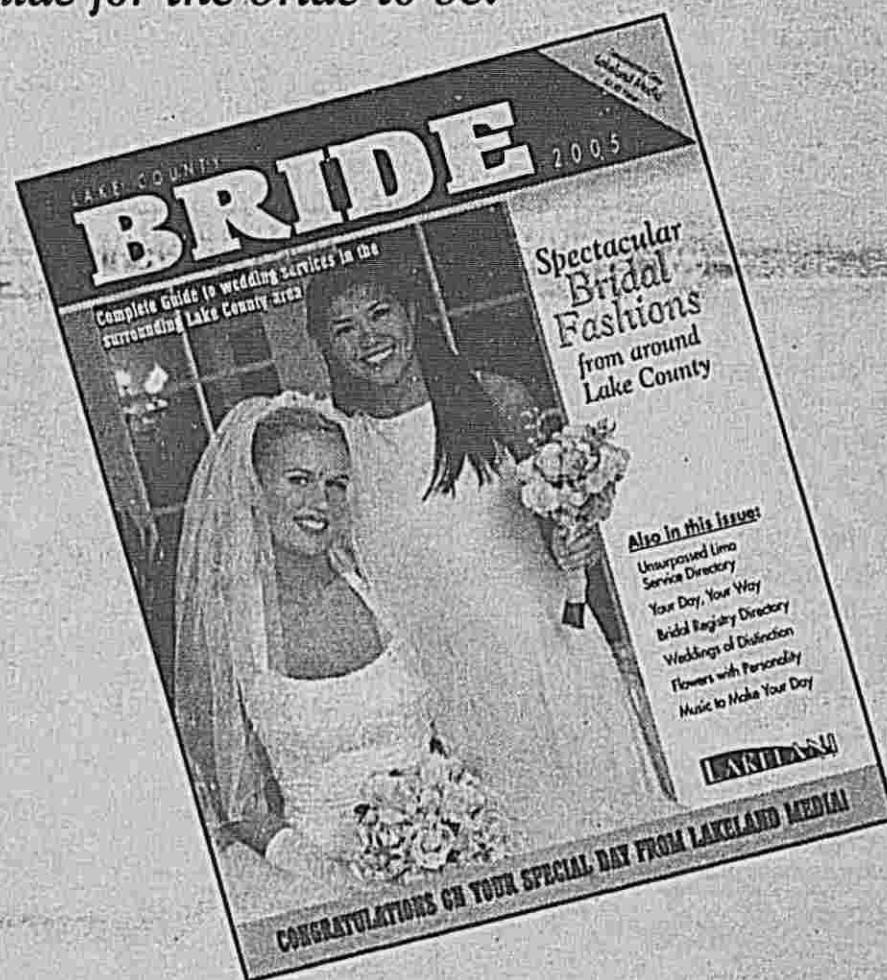
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ALOOKBACK

Lake County history from
the Lakeland ArchivesWauconda Park District preschooler
Stephanie Hillan adjusts her graduation
mortarboard while waiting for her class
"commencement" to begin during 1995
ceremonies.District was warning residents that calls
from charity groups raising money for the
departments, were fraudulent. The fire dis-
trict does not solicit donations over the
phone, said the fire chief at the time.

15 YEARS AGO • 1990

On comply with state and federal clean
air regulations, Mundelein officials agreed
to ban smoking at all but three places at vil-
lage hall. Among the places where smoking
would be permitted, was the mayor's office.The Libertyville-Mundelein Men's
Garden Club was preparing to admit its
first female member. A decreasing number
of members led to the change.A Lake County Sheriff's deputy was fac-
ing charges of battery and cruelty to a child.
The charges stemmed from an allegation
that he beat his two-year-old stepson.

20 YEARS AGO • 1985

The Wadsworth wetlands received two
new contributions, which total \$20,000.
The donations came in two separate
amounts of \$15,000 and \$5,000 respective-
ly. The money would go toward restoring
the wetlands - a project expected to cost
\$8.5 million.Organizers were preparing for the
Chain O' lakes Kennel Club All Breed Dog
Show. The mid-summer event, held at the
Lake County Fairgrounds, expected to have
more than 2,400 dogs in 120 categories. It
was the largest dog show in the state.

Compiled by Nicholas Alajakis

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FROM PAGE C1

HANSON

victed for an attempted criminal sexual
assault."On Monday, Hanson allegedly grabbed
a woman from behind while she was jog-
ging in the Libertyville Prairie Conservancy
around 12:30 p.m.The woman was forced to the ground at
knife point and raped, officials said.
Hanson allegedly stabbed his victim in the
throat and fled the scene, leaving her for
dead. The victim, afraid to move, reportedly
stayed at the scene for about an hour before
running to a residence nearby and asking
for help."She was very, very lucky," Robin said.
"She certainly had a lot of courage. She
wound up keeping her composure, which
probably saved her life. There's a lot of cred-
it to the victim although she's got a long
recovery ahead of her."

Robin said the victim was able to quick-

ly and positively identify Hanson from a
photo line-up. She was home and recovering
Wednesday morning, the deputy chief said.Hanson was charged with one count of
criminal sexual assault and one count of
attempted murder, according to informa-
tion released by the Lake County Sheriff's
office. Robin cited a state law that would
allow prosecutors to try Hanson as a sexual-
ly violent person, a charge that carries with
it a life sentencing."Obviously the attempted murder carries
a pretty heavy (prosecuting) weight,"
Robin said. "That (sexually violent person
charge) would certainly be our goal."On Tuesday, Judge Victoria Martin
remanded Hanson to Lake County Jail on \$3
million bond. His next court date was
scheduled for June 27.

rfoster@lakelandmedia.com

MINI GOLF

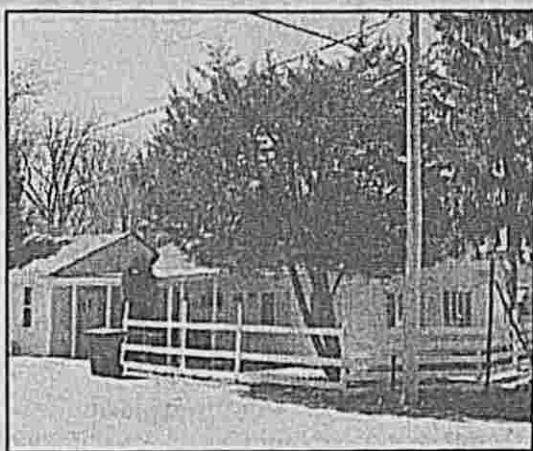
planned to fulfill his dream of setting a world
record by playing about six rounds in an hour. At
that pace, some 108 holes-per-hour, he would
have set the record over a leisurely 24-hour putt-
a-thon period.Konchinsky shattered his own expectations,
however, by upping the ante to playing five
rounds at a time, in 90-hole sets. Konchinsky's
fastest 18-hole round, which the master putter
had estimated would take about a half-hour
minutes for the average mini golfer, was over in
seven minutes."I was literally on the hole a matter of sec-
onds," he said. "I was playing (more holes) faster
than a family of four could have.""One round, I had six aces (holes in one).
That's hard to do."After 13 grueling hours of lightning-round
putt-putt, Konchinsky said he was feeling fine.
He said there were a few aches and pains, espe-
cially in his right wrist, but it was no different
than starting a workout routine.In fact, Konchinsky said the experience had
encouraged him to start a new health kick.He added that, although he could have shat-
tered Mijaks' record if he continued playing, he
was content to know he had accomplished a
record-setting goal."I probably could have gone another two
hours but, again, I got what I had to do,"
Konchinsky said. "This is good, it's a one in a life-
time thing. I wanted to see that I could do it."

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LAKE LIVING

Look for Home Marketer Monthly
in the July 1 edition!

THIS WEEK'S SPOTLIGHT HOMES OF LAKE COUNTY



25660 Marshfield Road
Lake Villa
\$159,000

Possible three-bedroom home. This home has lots of room for the money. Added feature — a steam room. Located on a corner lot. Two large sheds. Attached garage. Large deck. Newer kitchen and bath. City water and sewer. One block from the lake. This home is ready for you to move in.

Home details

LR:	12X11	UTL:	10X07
DR:	11X09	Rooms:	8
KIT:	10X09	Baths:	2.0
FR:	17X12	Built:	1960
MB:	11X11		
BR2:	16X08		
DEN:	18X09		

2004 taxes: \$2,237

For more information on this home,
visit www.LakeCountyListings.com.



26209 Larkin
Ingleside
\$434,900

Better than new. Almost 3000 sq. ft. on premium wooded lot on cul-de-sac with pond. Family room with fireplace. Super-size deck to fenced yard. Granite counters. Ceramic tile. Luxury master bath. Vaulted bedroom. Bonus room for kids. Walk-out basement with full, finished bath. Second floor laundry. Separate dining room, great family home. Quality built.

Home details

DR:	16X13	BRK:	11X11
KIT:	14X13	OFF:	12X09
FR:	18X15	BON:	20X19
MB:	24X15	LAU:	07X06
BR2:	15X11	Rooms:	11
BR3:	11X10	Baths:	3.1
BR4:	11X10	Built:	2002

2004 taxes: \$7,400

For more information on this home,
visit www.LakeCountyListings.com.



6571 Foxworth Lane
Gurnee
\$679,000

Stonebrook classic. Mature trees, professional landscaping. Close to everything. Brick. Three-car, side-load garage. First-floor bedroom. Kitchen with island. Side-by-side fridges. Family room, fireplace, built-in sound. Huge three-season room. Office. Finished basement with temperature-controlled wine cellar. Full bath with sauna room. 30x30 rec room and storage room. Fenced yard. Ten-plus acres.

Home details

DR:	12X11	BR5:	17X12
KIT:	15X13	OFF:	14X11
FR:	17X16	EAS:	11X11
MB:	20X13	FP:	1
BR2:	12X12	Rooms:	10
BR3:	15X13	Baths:	4.1
BR4:	17X12	Built:	1997

2004 taxes: \$9,773

For more information on this home,
visit www.LakeCountyListings.com.



Your kitchen lighting scheme should complement the size and use of the room. Be sure to consider elements like the kitchen table, sink and stove areas, to create the right mix for your home.

Create effective kitchen lighting

Today's kitchens are much more than just places to prepare and enjoy a meal. They serve as a meeting place, study zone and a home office. They are truly a center of family activity.

Such multi-tasking demands versatile lighting. Lighting experts suggest creating a lighting plan that complements the size and use of the room. Here are some items to consider:

- Kitchen table — a family focal point. Decorative pendant fixtures with a dimmer control will provide sufficient lighting.
- Sink and stove areas — Recessed downlights assure even illumination and adequate task lighting for cooking and cleaning.
- General room lighting — Functional fixtures will provide well-diffused general lighting.
- Cabinets and countertops — Lighting can illuminate countertops tasks and give a spacious feel to a smaller kitchen.
- Office space — Light the "office" or workspace for paying bills or copying recipes.

Plan the work in advance, and consult with lighting experts to determine the right fixture for each need. For more information or to find a lighting showroom near you, call 1-800-BRIGHT IDEAS (274-4484) or visit www.americanlightingassoc.com.

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7-DAY WEATHER



Day/Date	FRI • 10	SAT • 11	SUN • 12	MON • 13	TUE • 14	WED • 15	THU • 16
H	81	82	83	82	77	80	78
L	63	64	64	63	59	63	66
Forecast	Scattered T-Storms	Scattered T-Storms	Isolated T-Storms	Isolated T-Storms	Partly Cloudy	Partly Cloudy	Partly Cloudy
Record High	89 • 1956	92 • 1977	93 • 1956	95 • 1988	98 • 1987	94 • 1991	88 • 1994
Record Low	37 • 1994	34 • 1998	41 • 1972	40 • 1985	41 • 1978	44 • 1951	45 • 1991
Sunrise	5:14 A.M.	5:14 A.M.	5:14 A.M.	5:14 A.M.	5:14 A.M.	5:14 A.M.	5:14 A.M.
Sunset	8:28 P.M.	8:28 P.M.	8:29 P.M.	8:29 P.M.	8:30 P.M.	8:30 P.M.	8:30 P.M.
Moonrise	8:10 A.M.	9:14 A.M.	10:18 A.M.	11:21 A.M.	12:24 A.M.	1:28 A.M.	2:33 A.M.
Moonset	11:51 P.M.	No set	12:18 A.M.	12:41 A.M.	1:01 A.M.	1:20 A.M.	1:39 A.M.

Source: National Weather Service

LOTTERY RESULTS

Source: www.illinoislottery.com



	June 1	June 2	June 3	June 4	June 5	June 6	June 7
Pick 3 Midday	963	966	739	660	N/A	356	061
Pick 3 Nighttime	919	670	114	625	085	377	740
Pick 4 Midday	8007	9114	4307	8022	N/A	2603	8221
Pick 4 Nighttime	8609	8553	4083	6268	5855	9128	5395
Little Lotto	01-04-06-11-23	04-05-32-35-39	05-13-18-19-28	04-15-17-24-34	02-10-15-18-34	05-09-22-26-39	05-09-11-29-38
Lotto	13-15-25-41-43-47	No drawing	No drawing	11-26-28-31-43-44	No drawing	01-13-21-25-26-51	No drawing
Mega Millions	No drawing	No drawing	04-06-14-28-47-42	No drawing	No drawing	No drawing	07-14-28-46-47-23

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HEALTHWATCH

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G.R.O.W. program for junior high school girls June 17

"It's easier to talk to friends than to parents ... Without friends, you'd be talking to yourself." That remark, one of many revelations shared at the most recent G.R.O.W. session at Lake Forest Hospital, underscores the reason for the program's existence. G.R.O.W. - Girls Reaching Out 2 Wellness - is an interactive discussion series for seventh- and eighth-grade girls, designed to help cultivate wellness behaviors and attitudes that empower young women to take charge of their health. The Women's Health Advisory Council of Lake Forest Hospital sponsors the program, in conjunction with CROYA, Lake Forest's quarter-century-old community youth group.

The advisory council put together a focus group of high-school-age girls in CROYA, whose perspectives provided insight into the concerns and challenges of their slightly younger counterparts. Based on their input, the idea of a series of interactive sessions was born. At some programs, participants break into small-group discussions led by the older girls, who have "been there" and can offer insight into the next phase of life.

The next program will focus on valuing yourself in relationships. It will take place on Friday, June 17, from 1 to 3:30 p.m. at the Hunter Family Center for Women's Health. There is no charge. For more information or to register, call (847) 535-8500.

Massages

Offered on Thursday afternoons from noon to 4 p.m., 30-, 60-, or 90-minute massages. Fee depends on length of massage. Call 847.535.8500 to register for the limited appointments available.



PARENT'S PLACE

Dr. Sherri Singer

Hi Dr. Singer,

Our 7 year old daughter has tantrums like you cannot believe. She looks possessed. We have had her medically evaluated and nothing shows up. Our pediatrician suggests that she is spoiled, but we aren't sure. During the tantrum, we have tried to talk to her each time about what is bothering her and we sit with her for up to a half hour trying to reason with her afterwards and it just happens the same way again the next day. We don't know what to do. Can you help us? L.L.

Dear L.L.,

Just from your presentation of the problem to me, I can tell why this is continuing. It's also the reason that I believe, causes most bad behavior patterns to continue forever. It's in the talking part. Giving that much positive attention and time to a child who is acting that way will not only continue the behavior, but if done long enough, will make it permanent.

There are a lot of professionals out there who believe that you must reason and talk to a child during horrible behavior. I've seen it done in homes and schools again and again. People somehow believe that the child will willingly give up their power abusing behavior if they just say the right words. That is very wrong. If you look at what the cause and purpose of a tantrum really are, it begins to become very clear why talking will never work. The cause of a tantrum is rarely biological and is rarely about true deep emotions that need talking about. At a young age, true deep emotions are not usually the case. Usually, the tantrum begins because, plain and simple, the

This is not the way to make tantrums go away

child has not gotten what he or she wants. Guess what? It's a fact of life that none of us always get what we want and usually, rarely do we get what we want. We need to learn that lesson young so that we don't go through life beating people up to get what we want. If you think these tantrums just stop at some age, think again. I've met plenty of adults capable of full blown tantrums because no one ever taught them differently as children. If we learn young that we get a ton of attention and a personal audience from being obnoxious in our attempts to get what we want, we have gotten the goal and will continue to do the same thing over and over again.

The purpose of a tantrum is very simple. It is to scare everyone around you into believing that you are more powerful than they are. Sometimes, looking at some of the kids I've seen do this, it's very believable that they are more powerful. When a child shrieks and a parent backs down, who is the more powerful one? Now, you might ask why I bring up power. Isn't power a bad thing to have over a child? Well, when it is abused, power is bad for anyone, but when a parent is using power appropriately to be in a position above the child to insure that behavior is appropriate, and good lessons are learned, parental power is not only good, but necessary to the child's survival. If the child believes that he or she is in a more powerful or higher position in the family than the parent, you have big trouble that lasts and lasts and lasts. Later that behavior pattern will kill jobs, relationships, friendships and lots of chances for success in life. In our present society, many of us give our kids way too much power, way too young.

The best thing to do is to let the child just scream it out in a safe place or provide appropriate consequences for the tantrum. This is if the child is not being physically dangerous to himself, herself or others. In that case, you need to learn to get that dangerous behavior under control as soon as possible. If the tantrums are not dangerous and are just about screaming and stomping, eventually, the child will wear out on it, if no one gives in.

Eventually, it hurts the throat to scream. It becomes exhausting. When the tantrum becomes more work than profit, guess what happens? It goes away because it isn't successful anymore. This is just human nature. We continue to do what works and we stop what doesn't. The problem usually happens when parents ignore it one time and then give in the next.

Most parents give in because they feel they are somehow damaging their child by not paying attention to the feelings. This is just not correct. If you coddle a child who is having a tantrum, you are reinforcing the bad behavior. If you wait until the child gets himself or herself under control and then talk about what happened, and connect the child's behavior to the problem, you are going to have more attention from the child about the talk and you will not be reinforcing bad behavior. Rather, you will be creating responsibility for actions.

You need to get this under control now, while she is young enough to turn it back. It's really very simple to do, but the first step starts with deciding to do it. Do not be embarrassed about it. Like I said, all families deal with this. Go to the grocery store sometime just to watch and see for yourself, how many bags of cookies are bought in the name of appeasement! If you decide to fix this with me, call again. I look forward to hearing from you.

Note: Even when tantrums are not dangerous, watch from a distance to make sure they don't get that way. Sometimes, when you stop paying attention, the child will want to up the ante some and you need to be there to stop that. Do not hover. Just watch from a distance and be ready to act.

Dr. Sherri Singer is a Licensed Clinical Psychologist and Childhood Behavior Specialist. She regularly works in person with many readers of this column, helping them to improve their kid's behavior and processing skills. For an appointment, please call (847) 231-5644 or (708) 962-2549.

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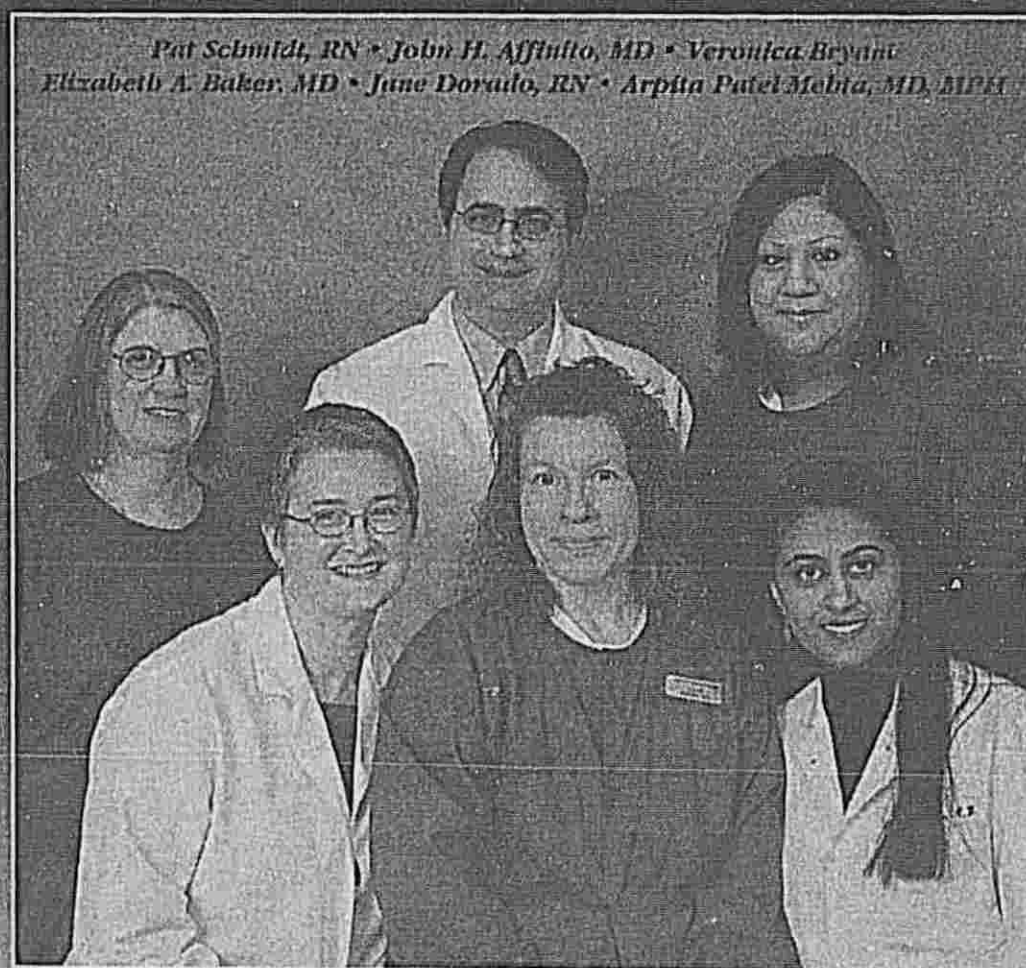
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June 10-16, 2005



Sequoits surpass expectations

D2



Corsairs control

D2



Senior trio keys Bulldogs

D3



Rams reflect on season

D3



Injury bug bites Cats

D6



Mustangs' surprising run ends

D6



Panthers searching for quality

D7



Injuries dog Devils

D7



Close calls costs Wauconda

D8



Bulldogs' up-and-down season ends

D8



Queens of the diamond — Softball All-Area Awards

D4-5

Shades of dominance

Corcoran named Lakeland's 2005 Softball Player of the Year

By Rob Backus
Sports Editor

Standing 40 feet away from home plate, Lea Corcoran is the picture of calmness. Wearing a poker face, she stares down the opposing hitter from behind a pair of mirrored sunglasses.

Little does the hitter know, she doesn't stand a chance against Corcoran. Or maybe she does know. After all, the Grayslake senior is known throughout the area as Lake County's most dominant pitcher.

As Corcoran completes her windup, with her right arm whipping around and her red ponytail flailing behind her, the ball explodes from her hand toward the hitter. Strike one.

As catcher Hannah Michal sports her ever-present smile, she throws the ball back to Corcoran who takes little time before unleashing her second pitch. Strike two.

The batter leaves the box and futilely tries to guess what's next. The heater? The rise-ball? Or maybe the changeup, which has made some of the area's best hitters look downright foolish at the dish.

Of course, the Ram faithful already know what's coming — if not the pitch, then at least the result. Strike three. In a scene that's become all too familiar for Grayslake's opponents over the last four years, the batter hangs her head and walks back to the dugout, wondering what just happened.

That scenario played out again and again, 18 times in fact, in Saturday's sectional final against Stevenson. In last week's sectional semifinal, 11 Vernon Hills players had the same feeling of utter helplessness in facing Corcoran. Before that, 19 Grant Bulldogs experienced her sheer dominance in the regional title game.

'She's the best all-around high school player I've ever seen. And she's more than just a pitcher. She can hit, she can run, she can field. She can do it all.'

Stacy Selle
Grayslake softball coach

In all, more than 1,000 hitters have tried, and failed, to make successful contact against the Grayslake ace during her varsity career, including more than 360 this season.

And after coaching her the last two years, Grayslake skipper Stacy Selle is sure of one thing. "She's the best all-around high school player I've ever seen," Selle said. "And she's more than just a pitcher. She can hit, she can run, she can field. She can do it all."

Through last week's sectional play, Corcoran had amassed a 23-8 record with a

0.84 ERA and 360 K's against just 21 walks in 226 innings. She also hit a pair of home runs, had nine RBI and scored 17 times out of the cleanup spot.

"She's not stuck out there on the mound," Grayslake assistant coach Alice Ohlinger said. "She'd be a standout wherever she plays. If she played first base, we'd be talking about that."

Still, after all her success this season, both individually and team-wise, Corcoran remains even-keel. Even after last Saturday's win over the Pats, which gave Grayslake its first-ever sectional title, Corcoran barely cracked a smile as her teammates were whooping and hollering around her.

"She has such a poker face," Michal said. "I can usually tell when she's down, but otherwise I can't tell if we're losing by three runs or slaughtering a team."

"Hannah was laughing at me because I wasn't smiling enough (at sectionals)," Corcoran said. "But that's the way I am. I see pitchers like (the Cubs' Carlos) Zambrano get emotionally involved and I don't want to do that. I don't want anyone to know how I feel out there; I need to keep my focus."

And it all goes back to those mirrored sunglasses. Most poker players will wear them to complete their stoic look, and it's no different for Corcoran.

"I've always worn them," Corcoran said. "It's easier to hide my facial expressions

and it's easier for me to keep a straight face because Hannah's always trying to make me laugh. There were times when it looked like it was going to rain and I would still wear them."

She also wears them as a form of intimidation. Not that she really needs it. Her 63-mile-per-hour fastball is enough to strike fear into the heart of any hitter.

"When I first started catching her I was scared because everyone was telling me how fast she threw," Michal said. "But I'm fine as long as I catch it in the pocket. But I'm always joking with her; I want to make her look good by making the ball snap in my glove."

Amazingly, Corcoran had never touched 60 on the radar gun until last summer, when a change in delivery added several miles per hour to her pitches.

"I always had good movement on my pitches, but I decided last summer that I wanted to get faster so I went to my pitching coach (Ken Stille) and told him I was willing to do whatever it took to get faster," Corcoran said.

Prior to this season, Corcoran's delivery had always begun with her slapping her leg with her glove. That's the first thing Stille told her to change.

"I resisted at first, but he told me it was a lot of wasted motion," Corcoran said. "Now I've been clocked at 63 so it definitely helped."

What resulted for Corcoran was one of the most

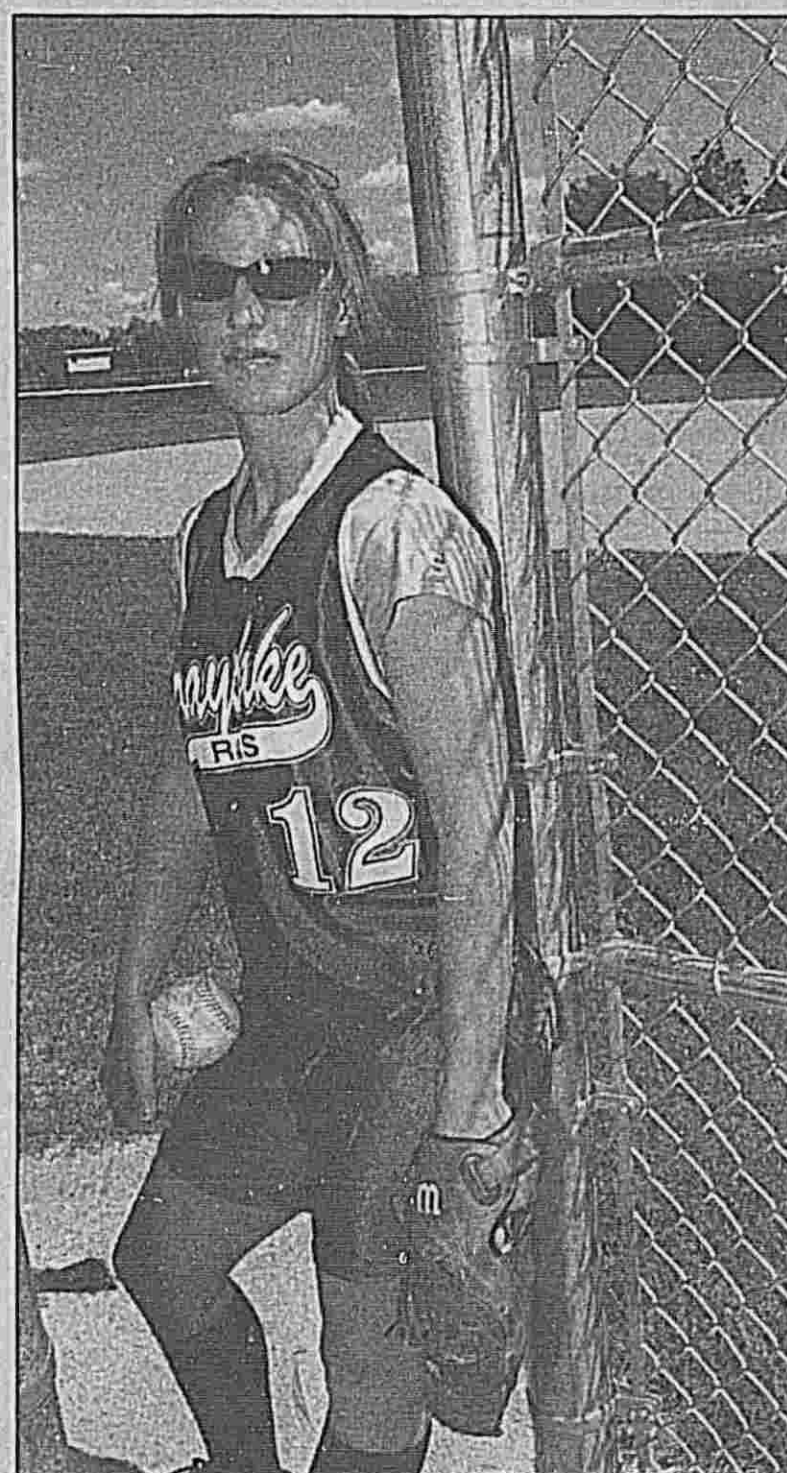


Photo by Sandy Bressner

Grayslake Community High School pitcher Lea Corcoran, a senior, is this year's Lakeland Newspapers Softball Player of the Year.

dominant pitching seasons in Lake County history. Also, a scholarship to play Division I softball at LaSalle University

in Pennsylvania. And, of course, the title of Lakeland Newspapers' 2005 Softball Player of the Year.

ON
THE
SIDELINE



Dan Patrick • Sports Reporter

Another spring sports season has come and gone in Lake County and looking back on it, there were certainly a lot of excellent performances, from both teams and individuals.

From Mundein's boys gymnastics state finish all the way back in early April to Grayslake softball's current run, if there was an IHSA

state tournament, there was a Lake County team ready to strike.

In water polo, Mundein also had an unbelievable year, finishing fourth in the state providing the cherry atop a 23-9-1 2005 campaign. Mustang Greg Peck helped his team to such heights, netting 81 goals in his final high school season.

As for boys gymnastics, the Mundein Mustangs gave coach Eric Liva a parting gift that he will certainly remember with a third place finish in the IHSA state tournament. With senior leadership from Joe Uezen, Jeremy Mich and Aaron Johnson and bolstered by junior Matt Fluhr, Mundein lived up to all of the preseason hype with its

impressive tournament run.

For track, if there is one school that truly broke the mold in our area, it's Grant. After the school went decades without a single state medalist, all of a sudden, Bulldog athletes broke the drought by bringing home not one, not two, not three, but six medals. There must be something in our water to manufacture throwers and hurdlers with all area medalists coming from either discipline.

For the girls, throwers Danielle Eiler and Cora Caulfield were so dominant, they couldn't just settle for a medal in either the shot or the discus as both athletes possessed the skill and the need for bling to become medalists in both categories. It was

not just the throwers that did well with Bulldog Kirsten Nozime also medalizing in the 300-meter hurdles.

For the boys, Grant represented one of two of the area's best as Eric Horvath also took home a medal in the 300 hurdles. It wasn't all a Grant show as Antioch's Ryan Cashmore took fifth in the discus competition.

The area boys volleyball scene prospered thanks to tough play from numerous teams, but in terms of sheer power, it was Libertyville's year. While fellow state power Barrington would put an end to the Wildcats' 2005 run in the sectional, a 32-6 final record is certainly nothing to sneeze at.

Lake County softball found a new queen in Grayslake hurler Lea Corcoran. Simply put, this girl is the Roger Clemens of the area softball scene. With ridiculous numbers like a 23-8 record, 360 strikeouts and a 0.84 ERA, Corcoran and her cohorts have made a serious run in the IHSA tourney this season, capturing the first Ram sectional title.

As you can see, the spring of 2005 was a pretty good time to be a Lake County sports fan. From individuals like Eiler to teams killing competition from all over the state, dominance has become second nature for many of our favorite teams.

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State runs, anyone?

Unsung hero



SELINA SPILLER
SECOND BASE
ANTIOCH, Sr.

Having just two years' experience in the sport of softball and shifting positions from second base to shortstop and back weren't enough to dissuade Antioch senior Selina Spiller from having an outstanding season for the Sequoias.

Spiller hit .269, second on the team to April Mysliwiec, and led the team in hits (25), runs scored (19) and steals (7 in 8 attempts) out of the leadoff spot.

"Selina (was a) textbook leadoff hitter," Antioch coach Julie Sexton said. "I call her 'Trouble' because she gives defenses trouble. She can slap it at the middle infield and she also has the legs to beat out a bunt. We surround her in the lineup because, even if she's not getting on base, she can still be productive."

She also provided rock-solid defense at second base, combining with first baseman Loren Scarbrough to practically shut down the right side of the infield.

"With Sarah Stangel's play at shortstop, it allowed us to move Selina back to her natural position at second," Sexton said. "And she did a really good job there."

Rookie of the Year

The freshman year of high school is usually tough on anyone. From adjusting to new surroundings and an increased academic workload, to finding new friends, it's a tough task to ask of any 14-year-old.

But Waukegan freshman Niko O'Neal had an even bigger task at hand. She would have to be the team's No. 1 starting pitcher, its ace, its go-to girl. And she was all that and more for the Bulldogs.

"Niko has great composure and she does what she needs to do on the mound," Waukegan coach Shane Schueneman said. "She throws the ball over the plate and our defense is finally in a spot where we can catch it and throw it at every position."

After starting the season 6-0, O'Neal finished the season 12-8 with a save, and had a 2.41 ERA with 142 strikeouts against just 22 walks. More importantly, she gave the Bulldogs their first consistent starting pitcher in several years and her teammates knew it.

"Niko did a great job," senior Nicole Holland said. "She was always trying to improve; I loved having her on the mound. She really understood the concept of the game."

"The kids seem to step up when she's on the mound," Schueneman added. "The team knows they can win every time she's out there. (We) expect big things from her in the future."



NIKO O'NEAL
PITCHER
WAUKEGAN, Fr.

Queens of the diamond

LEFT FIELD



CAITLIN TREVILLYAN
CARMEL, Soph.

If Caitlin Trevillyan's 2005 numbers can be used as a gauge, the Corsairs have quite a bright future with this outfielder. The sophomore slugger batted .326, good for the second best mark on the team, led the team with 9 stolen bases and was the only Corsair not named Peggy Zizzo to finish the season with a home run. Perhaps what made Trevillyan such a good baserunner was the number of times she made it on base, as she finished with a .441 OBP. With two more years left on her Carmel contract, one can only expect even better numbers next season.

SHORTSTOP



PEGGY ZIZZO
CARMEL, Jr.

Three years in high school, three years on varsity. A .300 average would have made her stats into a nice pun, but this Corsair slugger had better things in mind. With a .425 batting average, a .564 slugging percentage, 18 RBI and 2 of her team's 3 homers, Zizzo easily ranks amongst the area's best hitters. Slugging wasn't her only impressive stat as she also was one of the team's best baserunners, stealing 7 bases this season. Prior to the campaign, Corsair coach Jason Raymond simply predicted: "Peggy Zizzo should do well for us." Raymond should win All-Area for understatement of the year.

THIRD BASE



LIZ COLVER
WAUKEGAN, Soph.

With her bubbly personality and braces, it was easy to tell Waukegan's Liz Colver was also a sophomore. When she took the field, however, all thoughts of her age went out the window as she often played, and hit, like a seasoned vet. Colver was second on the team in both hitting (.333 average) and RBI (17), and also stole 7 bases and scored 19 runs. She was also one of the team's four captains.

"We brought her up halfway through last year and she played a very steady third base for us," Waukegan coach Shane Schueneman said. "She's a hard-nosed kid who plays hard. She does it all for us."

CENTER FIELD



BRITTANY JONES
WARREN, Jr.

As a key sub on the Elite Eight hoops team, Warren junior Brittany Jones has played basketball most of her life, and hadn't even picked up a softball until she hit high school. It's almost impossible to believe her numbers (.432 average, 3 homers, 24 RBI, 17 steals, 23 runs) when you consider she's only been playing the sport for three years. "She's only been playing softball for a few years," Brown said. "But she hits for power, she can get the base hit and she has speed in the outfield and on the bases. She's a five-tool player."

PITCHER



LEA CORCORAN
GRAYSLAKE, Sr.

A rare athlete who lived up to the hype, Grayslake senior Lea Corcoran fulfilled her promise as Lakeland Newspapers' Preseason Player of the Year — and then some. Corcoran amassed a 23-8 record with a 0.84 ERA, 360 K's and just 21 walks in 226 innings in helping the Rams to their first sectional title. She also led the team with two homers at the plate. "She's meant so much to the team," Grayslake coach Stacy Selle said. "She's more than just a pitcher. She can hit, she can run, she can field. She does it all."

SECOND BASE



SUZ GERSICH
WARREN, Sr.

When you think of a second baseman, you normally think of someone who's small and quick and a good glove in the field. Certainly no one expects a slugger to man the keystone sack, but Warren senior Suz Gersich did exactly that. She hit .444 with 6 homers, 39 RBI, 13 steals and scored 26 runs. "Suz (did) exactly what we expected," Warren coach Deb Brown said. "She slugs the ball and does a nice job of seeing the ball and waiting back. She (was) a real spark for us; hands down the leader of the team."

FIRST BASE



AMANDA NANCE
WAUCONDA, Jr.

A trial-by-fire usually goes one of two ways: either the person will burn brightly and prosper, or the person will be burned. For Amanda Nance, it could not have turned out better as she was thrust into a starting role during her freshman season and has blossomed into one of Wauconda's best threats. Wauconda coach Tim Rennels said Nance came into the high school ranks relatively new to the game, but quickly improved to her current status as a .301 hitter. "Amanda Nance (is a) three-year varsity starter, a girl that came in wet behind the ears and grew as a player," he said.

CATCHER



NICOLE HOLLAND
WAUKEGAN, Sr.

As a three-year varsity player and two-time captain, Waukegan senior Nicole Holland helped lead the Bulldogs' resurgence from just nine combined wins the last two seasons to 14 in 2005. As a junior, Holland earned All-County honors, hitting .397 overall and .520 in the Central Suburban League. She picked up right where she left off this season, pacing the team with a .338 average and 19 RBI. She also had a .985 fielding percentage and threw out 15 of 25 would-be base stealers. "It's going to be tough to lose Nicole," Schueneman said. "The kids all looked up to her and she's been our leader the last two years."

RIGHT FIELD



MEGAN CURRY
MUNDELEIN, Sr.

If there's ever a hitter any coach wants on the team, it's the player who will come through just when the team needs them. That's the type of hitter Mundelein senior Megan Curry was for her Mustangs this season. While her .253 average in 92 at-bats might not be earth-shattering, her team-leading 3 home runs certainly helped Mundelein to its perch atop the North Suburban Conference. "She's the 'Never say die' type of player and is one of the best outfielders I've ever coached," Mustang coach Ted Juske said. "She also knew just when to hit; she had so many game-winning RBI."

Honorable mention

Antioch

P April Mysliwiec, So.
C Jill Norwick, Jr.
SS Sara Stengel, Jr.

Mundelein

3B Katie Scott, So.
2B Christine Scott, Jr.
SS Ana Antonetti, Jr.

Carmel

P Emily Perrenot, Sr.
1B Christine Gerli, Sr.
C Jessica Allen, Sr.

Round Lake

P Megan Henry, Jr.
1F Laura Daily, Jr.

Warren

C Carley Karwowski, Jr.
3B Jessica Hallissey, Sr.
OF Sofia Halvacs, Sr.

Grayslake

2B Beth Eklund, So.
SS Anna Snyder, So.

Waukegan

P Sarah Patterson, Sr.
3B Jessica Hallissey, Sr.
OF Sofia Halvacs, Sr.

Libertyville

P Gina DeMarco, Jr.
P Andrea Behringer, Sr.

Waukegan

2B Katie Colver, Sr.
SS Niko O'Neal, Fr.
SS Shavonne Ross, Fr.

Coach of the Year



STACY SELLE
GRAYSLAKE

With her team struggling at the plate and as an 8-8 overall record would suggest, Grayslake coach Stacy Selle knew her team was capable of more, and made her feelings known to the players. It was one of the few times Selle, who is known to the Rams as a player's coach, has expressed disappointment in her team's play — and it worked.

"When we were struggling, she told us she thought we could play better and we responded," senior Lea Corcoran said. "That helped turn our season around."

Grayslake went 19-1 since that low-water mark of 8-8, winning the school's first sectional title and the first regional title since 1986. And while Selle has helped bring the school its record-setting season, she's also brought stability to the program.

"It's nice to have a coach for more than one year," said Corcoran, who was coached by Tim Bowen as a freshman and Rob Caliando as a sophomore. "This season's been a lot of fun with her."

That's because Selle makes it a point for her players to have fun, be it in practice, a non-conference game or a sectional final.

"I like to have fun, and that's a big part of sports at this level," senior Hannah Michal said. "And Coach Selle makes sure we all know that. It's nice to have her here. She's always smiling and cheering; she keeps us going."

Rob Backus, Sports Editor
Dan Patrick, Sports Reporter
Jean Hackbert, Graphic Designer

Second team



Pitcher

Lauren Ott
Mundelein, Soph.



Lauren Ott might not be an overpowering pitcher on the mound, but her numbers are anything but weak; she finished 19-6 with a 1.62 ERA. Ott also racked up 218 strikeouts and gave up only 29 walks. "She has good location and has several pitches," Mundelein coach Ted Juske said. "Dropball, riseball, screwball, curve, there's always a pitch that's working for her."

Catcher

Hannah Michal
Grayslake, Sr.



While her offensive numbers don't exactly jump off the page, what Grayslake senior Hannah Michal brought to the team can't be measured by statistics alone. While she did lead the team with 19 runs scored, it was her stonewall defense behind the plate and upbeat personality in the dugout that helped lead the Rams to their first sectional title.

First base

Loren Scarbrough
Antioch, Sr.



After missing last season with a horrific knee injury, Antioch senior Loren Scarbrough came back with a vengeance in 2005. Although her offensive numbers (.176 average, 7 RBI) weren't exactly stellar, it was her play at first base that made the difference for the Sequoias. She committed just three errors all season, fielding at a .991 clip.

Second base

Christine Scott
Mundelein, Jr.



Good things can come in small packages, or in Scott's case, really, really, small packages. However, the 5-foot-nothing sparkplug had a big game, batting .333 and was an excellent baserunner, leading the team with 12 steals. "I was impressed with how quick she was, quick feet, good arm," Mustang coach Ted Juske said. "I don't remember someone being so quick for a shorter girl."

Third base

Amanda Alaimo
Grant, Sr.



The hot corner can truly be an intimidating place, but players like Amanda Alaimo revel in it. With respectable hitting numbers, including a .282 batting average and one home run, the true emphasis of Alaimo's game was a quick glove with limited errors. "She was always solid on the field, kept the infield tight for us," Grant assistant coach Mike Dolezal said.

Shortstop

Natalie Chase
Libertyville, Sr.



Complete packages are hard to come by in the softball world. Hitting and fielding rarely go hand-in-hand, but in the case of Natalie Chase, Libertyville had all bases covered. Batting over .300 as an All-NSC selection and a prolific shortstop, Chase deserved her distinction. "Natalie Chase, she's great, she's solid for me every game," Libertyville coach Patti Mascia said.

Left field

Erica Harris
Mundelein, Soph.



While a .241 batting average might do little to inspire fear in opponents, Erica Harris has another percentage that would do the trick. With a .966 fielding percentage, Harris gave up only 1 error all year long, and that one came as a pitcher. "She's a dependable fielder... She's just somebody you love to coach," Mustang coach Ted Juske said. Dependable, indeed.

Outfield

Kristin Alling
Grayslake, Jr.



The old saying goes, "You can't win if you don't score," and Grayslake junior Kristin Alling did her part to rid the Rams of that problem this season. She was arguably the team's most consistent hitter, going at a .293 clip. She also scored 9 runs and knocked in 14, as Grayslake often won the pitcher's duels that it had lost in 2004.

Outfield

Hailey Krueger
Waukegan, Soph.



Another of Waukegan's impressive underclassmen, sophomore Hailey Krueger overcame a mid-season position change from shortstop to outfield to become one of the team's most consistent hitters. She hit .324 in Central Suburban League play and was an All-Conference selection. She finished .286 overall with a homer, 14 RBI, 25 runs scored and 14 steals.

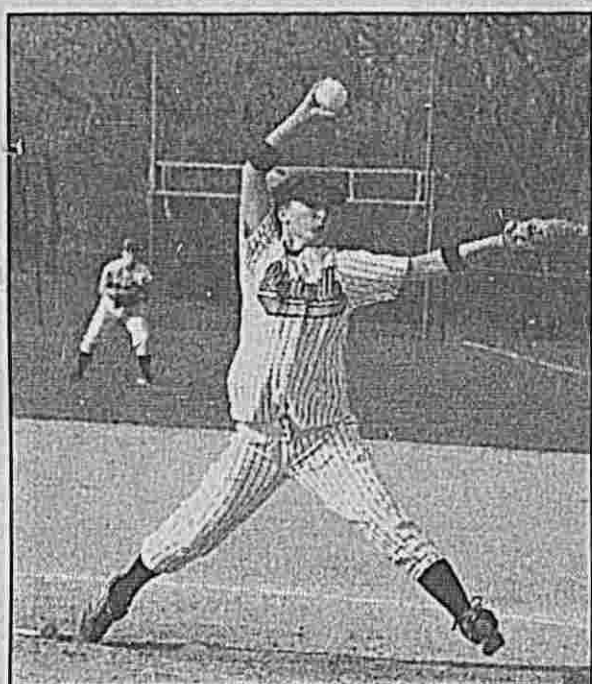
LIBERTYVILLE



MUNDELEIN



Injury bug bites Cats



File photo by Sandy Bressner

Libertyville High School's Andrea Behringer pitches against Grant Community High School during a home game earlier this season.

By Dan Patrick

Sports Reporter

A seven-win season is rarely considered a success in any sport, especially with the long campaigns of baseball and softball. Yet, any win total would have been good for coach Patti Mascia and her team as the Wildcats were thrown some serious curves in 2005.

Prior to the season, Mascia predicted her squad would go through a few growing pains given the relative youth of the team. What the Wildcat coaching staff didn't take into consideration was what little veteran leadership the team had.

Coming into the season, team had only four underclassmen peppering the ranks. Unfortunately, two of the most battle-tested players, senior pitcher Michelle Lechy and junior catcher Emily Field were dogged by injuries. Libertyville assistant coach Mary Hoyer said the losses of Lechy and Field not only hurt the team on the field, but in the locker room as moral support dropped.

"We're a young team; we lost Emily Field and Michelle Lechy, which was the starting battery," Hoyer said. "Last year, Lechy was All-Conference and she provided the backbone to our offense. Without those two players, we became not just a young team, but a young team without leadership."

Leadership is a word that is thrown around quite a bit within sports, but the most tangible evidence of a lack of direction is an inability to win close ballgames.

"We lost a number of games that we should have won," Hoyer said. "If we

would have taken some of those games, it would have put us at a whole different level. We went extra innings in Grayslake against one of the best pitchers in the area and we lost a lot of games that could have gone either way."

The most unfortunate casualty of the injuries wasn't just the team's record, it was the careers involved. Lechy tore her anterior cruciate ligament early in the season and was not able to play for the majority of her final high school season.

"It was extremely tough for her," Hoyer said. "She's planning on taking her game to the next level at Lincoln College and it was very difficult for her to sit on the sidelines. My heart really goes out to her."

Make no mistake, Lechy will return to the softball diamond as soon as her body will let her. If Hoyer's impression of the senior's game is true, Lechy will do anything to return to form.

"She's got the work ethic, she's got the toughness and she's got the internal drive that'll push her through it," Hoyer said. "Kids are either going to go all out or nothing, but an ACL is going to take six months and her surgery is on her graduation day. This will be tough, but I'm sure she can do it."

The team might have lost two of its best weapons, but Libertyville did have its heavy hitters. Katie Larson and Katie Pfund began the season as merely the team's only freshmen. Well, they ended it as Libertyville's two top hitters. Larson led the team with a .352 batting average while Pfund batted .333. With such impressive stats, the future is definitely looking bright for the team.

"Our freshman class is very strong with Larson and Pfund, but even our JV team finished 21-6," Hoyer said. "We're in a building faze, but we should be in good shape with the amount of talent that's in our younger classes."

The potential for a bright future is certainly there for Libertyville's softball team, but there are some loose ends the coaching staff would like to address. Offensively, the Wildcats had trouble with run production all season long.

"We really need to work on the hitting part," Hoyer said. "Being a young team, some of the girls have trouble adjusting to the varsity game and seeing faster pitchers. We only had three kids Larson, Pfund and Natalie (Chase) hitting over .300 and out of 12 kids, that's not very good."

The Wildcats have dealt with a lot over the last season, but the coaching staff believes that with time, Libertyville will rise to become a top-tier program.

"It was definitely a building year because you had an all new program, young players and even new coaches at every level," Hoyer said. "It takes time for a new system to really set in. But, I really think we're on that cutting edge where we can really turn it around in a short time."

Mustangs' surprising run ends

By Dan Patrick

Sports Reporter

Mustang assistant coach Neil McLoughlin found the most satisfaction from belying expectations. After a tough 14-20 run last season, many did not anticipate Mundelein returning to past form in such a short time.

"I'm very pleased with the season," McLoughlin said. "Most papers picked us to be last in the conference this season and we win the championship, you can't argue with that."

The improvement came on the back of some good old-fashioned hard work. After such a disappointing campaign last season, the senior class put in the time last summer to improve both their individual games and Mundelein baseball as a whole.

"I think a lot of the kids worked hard in the off-season, a lot of our seniors stepped up and had a lot better year than they did as juniors," McLoughlin said. "We had pretty solid defense all season long and it was really a team effort, different kids stepped up at different times."

According to the Mundelein coaching staff, it was overpowering pitching that allowed the Mustangs to return to form. Mustang aces Matt Tye and Kevin Sashko were given First Team All-North Suburban Conference honors.

"I think that the pitching came around, the kids had control with Tye and Sashko did a solid job for us and Ryan Rickie won some big games, the fact that they threw strikes and got some."

With a deep run in the IHSA tournament and more than 20 wins, the team is not only happy with the 2005 run, but also the amount of expectations shattered in the process. After a tumultuous single-digit win season last year, the Mustangs are back in a big way.

"I really don't think anybody thought we would be better," McLoughlin said. "I think we surprised a lot of people with how well we did this season. Things just fell into place, they started winning some games, the kids got some confidence and they believed in themselves and put together some wins and we just got on a roll."

According to the coaching staff, the team could not have enjoyed such a good run without the guidance and leadership from the senior class. With multiple Mustang seniors peppering the All-NSC ranks, it seems that many of the Class of 2005 wanted to end their high school careers with a bang.

"All the seniors will be missed because they all contributed a lot over the course of the season," McLoughlin said. "Tye and Sashko will cer-



Photo by John Dickson

After taking the game-ending third strike, Brian Betti, a junior at Mundelein High School, hangs his head as he walks away from the plate. Mundelein lost to Stevenson High School 9-5 in the sectional semifinals.

tainly be missed, Ustanko did a tremendous job when we needed him, switching from third base to catcher."

Ustanko's move from the hot corner to catcher wasn't that unorthodox considering he had previous experience wearing the mask. But again, the All-NSC player did the time last summer to hone his skills, making the switch much easier on the coaching staff.

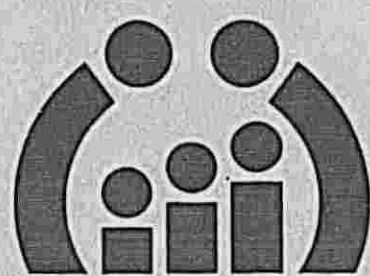
"He had caught some as a sophomore but didn't catch much last year," McLoughlin said. "He worked a lot in the off-season to bring himself up to speed in catching, put in time and made himself better. He always had a good arm, so that was good for the switch."

Lefty's may only make about a tenth of the population as a whole, but for some reason, the Mustang bullpen will be brimming with southpaws. With a little work, the coaching staff is confident their players will be able to continue the run.

"Rickie will come through as a lefthander, we're going to have four lefthanders, and that's something that's a little unusual," McLoughlin said. "We've actually got more lefty's than righty's in the pitching rotation for next season and that's not something you usually see."

After improving the win total by more than 10 games between the 2004 and 2005, it will definitely be difficult to match such improvement for next season. The wins might not improve by such a large margin, but bettering the team will always remain a goal.

"We're hopeful that we'll have a decent season next year and keep it going," McLoughlin said. "I think we'll definitely be competitive and we're going to try to improve upon this year."



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ROUND LAKE



Panthers searching for quality

By Dan Patrick
Sports Reporter

Dwindling participation has long been a problem for the Round Lake Panthers. Without the numbers, it is truly tough to build a viable sports team, regardless of how good a coach can be. From the soccer team to the softball team to the boys and girls track teams, it has been a tough time filling out rosters for Panthers coaches.

Without the burgeoning rosters some area schools enjoy, Round Lake coaches have taken a different route, molding the talent they have, making them the best players they can be and making wins and losses a secondary statistic.

Girls track and field coach Sean LaRoche has dealt with small numbers in a large way as his team was limited to only 17 athletes – well under the 100-person strong rosters some other area coaches enjoy.

"We weren't able to get any wins this year in dual meets, but that was only because we didn't have enough runners to fill the holes," LaRoche said. "Because we don't have a big team, our team champions individual performance more than just scoring points in a meet."

'I'm optimistic about the individual performance and I'm hoping we'll have numbers on the freshman level because we've had number problems for many years. There's talent there, if we can just get some more numbers, we'll be in decent shape.'

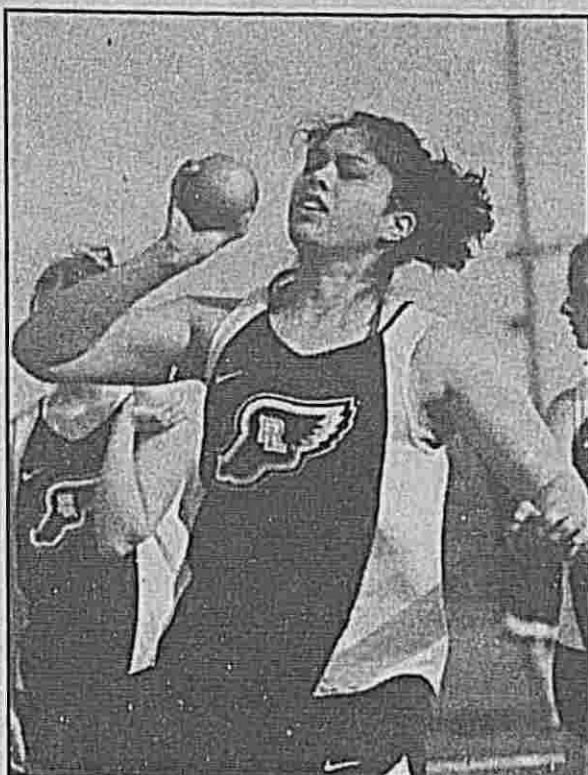
Sean LaRoche
Round Lake girls' track and field coach

The Panthers may have finished at a lowly 0-5 in duals this season, but in order to properly frame the lack of wins, one must take into consideration the fact that Round Lake was only able field half of the competitions.

"In every meet, we had more than half of the events without a competitor," LaRoche said. "It's tough to score points if you don't even have anyone to run the event. That's why we've adopted a quality over quantity approach."

The quality of the program has indeed improved despite the lack of wins. Two school records were broken over the course of the 2005 season in both the 4x100 (52.3 seconds) and the 4x200 events (1:51.1). More top five records have also fallen in 2003 and 2004 than any teams since the 1970's.

Again, the participation problem comes into focus as both relay teams are fielded by the same athletes. The 4x100 team consisted



File photo by John Dickson

Round Lake High School shot putter Vanessa Shook competes during a meet earlier this season.

of Erin Havrilak, Miranda Daily, Jessica Pryde and Sandra Smith while the 4x200 team consisted Havrilak, Pryde, Smith and Class of 2005 valedictorian Whitney Lang.

Unfortunately, there was another problem that also took center stage as two of the aforementioned athletes were also bit by the injury bug. Both Pryde and Smith were state qualifiers in years past, but did not make the cut due to nagging afflictions.

"This year was slightly disappointing because injury really took out some of our best kids," LaRoche said. "Sandra Smith had qualified in a relay as a freshman and the 400 as a sophomore and Jessica Pryde was also a state qualifier, but they were unable to compete later in the year because of some bad injuries."

2005 might have been a bust for the two Panther stars, but LaRoche believes their troubles could even be turned into positives. The inability to make state because of injury could fuel Pryde and Smith.

"I think not qualifying this year will be a good thing because they both went down as freshmen and sophomores and now they've realized that if they want to go back they'll need to really work at it," LaRoche said. "Pryde's injury was something that I'm expecting full recovery, so I'm not worried about it next year, but Smith has had a leg issue for a couple of years, but that's also one I'm expecting to be fine, but I'm not 100-percent sure."

The injuries and the lack of points also snowballed into even more problems for LaRoche and his team. Because the team was unable to score as many points without two of Round Lake's top athletes, some Panthers became disenfranchised about the team.

"We had some problems with people not showing up for practice and I think it had to do with because there were injuries and the team concept didn't have the effect that it generally does," LaRoche said. "Next year, we'll meet at the beginning of the year and go over the leadership and set down the ground rules as far as expectations and I'm not anticipating any more problems next season, but it certainly set us back this time."

The numbers game has certainly not been nice to LaRoche and his roster, but hopefully, the trend will change for next season.

"I'm optimistic about the individual performance and I'm hoping we'll have numbers on the freshman level because we've had number problems for many years," LaRoche said. "There's talent there, if we can just get some more numbers, we'll be in decent shape."

WARREN



Injuries dog Devils



File photo by Sandy Bressner

Warren Township High School's Mark Mirretti jogs over third base on his way home during a home game earlier this season against Grayslake.

By Rob Backus
Sports Editor

Warren baseball coach Dar Townsend thought he had the great equalizer in his team's quest for both a North Suburban Conference title and its second straight regional crown. Even though he knew his offense would likely struggle after the loss of five of its top six hitters from last year's squad, he also knew that his pitching would likely be good enough to carry his team most of the way.

After all, he had two ace starting pitchers in seniors Andrew Wolcott and Adam Worthington, both of whom will play Division I baseball next season. Combined with newcomers Brian Behnke, John Anderson and Mario Perez, Wolcott and Worthington seemingly gave Warren perhaps the best starting rotation in Lake County.

'All I can ask for is improvement and we did that. It was a good, not great, season. But we had an outstanding group of kids.'

Dar Townsend
Warren baseball coach

But then the dreaded injury bug reared its ugly head. First, it bit Wolcott just two weeks into the season, costing him much of his senior season due to a sore arm. And when Wolcott did come back for the regional title game against Stevenson, he was largely ineffective.

Then, both Behnke and Anderson got hurt, leaving the Devils' rotation in shambles. However, through it all, both Worthington and Perez persevered, helping lead Warren to the regional title game. And Townsend couldn't have been happier with the duo, as well as the rest of his pitching staff.

"We thought we'd have a dominant 1 and 2 (starter), but then Andrew had soreness in his arm and we had to shut him down for a while," Townsend said. "Then Behnke and Anderson got hurt, but the pitching still ended

up doing very well.

"Adam did a really good job all season. Mario kind of got thrown into the fire when Wolcott went down, but he exceeded my expectations. He had real big games against Libertyville and Grayslake. Behnke also started coming on at the end and Vinnie Vitale did a nice job in relief."

No, Warren's problem certainly wasn't its pitching. Instead, costly errors and a lack of consistency at the plate haunted the Devils throughout the season.

"We lost four one-run games in conference and it was a lot of little things," Townsend said. "We couldn't get a big hit when we needed it. We just couldn't stay consistent up and down the lineup."

Still, things did improve as the season went along. Warren started the season 1-3 and was 5-6 after the opening two weeks. However, the Devils were able to win 13 of their final 19 games to finish a respectable 18-12 overall.

"We started playing better defense and having better execution at the plate, which got us on a roll," Townsend said. "All I can ask for is improvement and we did that. It was a good, not great, season. But we had an outstanding group of kids."

In addition to Worthington, Perez and the rest of the Warren pitching staff, Townsend also lauded the efforts of several position players, including Kevin Pollard, Nick Zupac, Mark Mirretti and Mark Skilling.

"Kevin was a joy to have as a player the last two years. He does whatever you ask him to do," Townsend said. "And Nick really stepped up and did an outstanding job."

"Mark did a great job defensively in center field and started coming around and the plate. And Skilling worked real hard on his game and also did a good job defensively."

With Wolcott headed to Duke and Worthington to the University of Illinois-Chicago, it marks four Division I players that the Devils have lost to graduation the last two years. In fact, Warren will return just seven players from this year's team.

"We're definitely going to be young next year," Townsend said. "Our sophomore team was under .500, but our freshman team battled for the conference title. We'll have to see how it goes during the summer."

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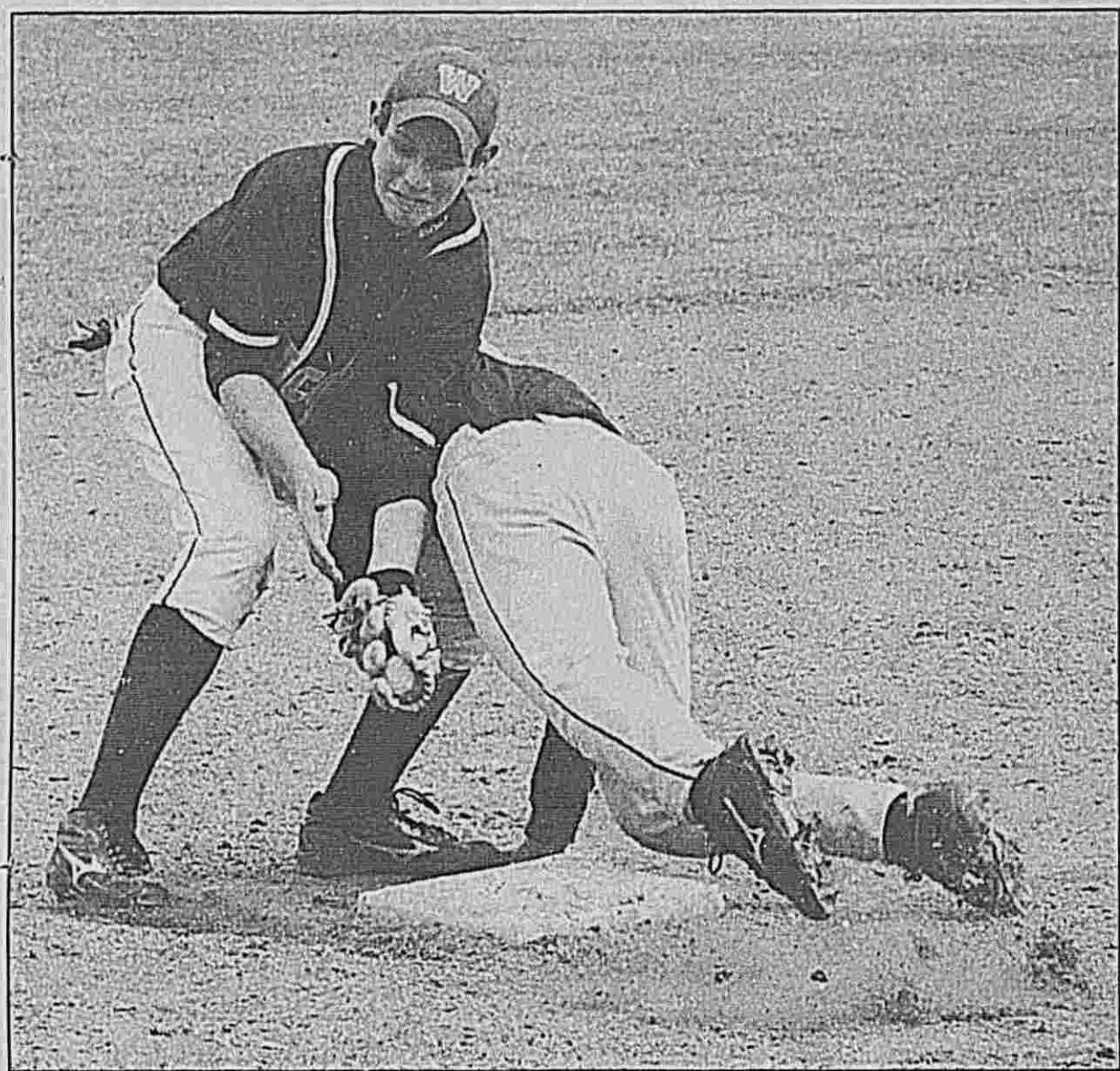
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LAKELAND
NEWSPAPERS

WAUCONDA



Close calls cost Bulldogs



File photo by Sandy Bressner

Wauconda High School third baseman Ryan Matesi is barreled over by a Carmel base runner during an 8-2 loss for the Bulldogs at Carmel High School in Mundelein earlier this season.

By Dan Patrick

Sports Reporter

Wauconda coach Bill Sliker started out the 2005 campaign like any other varsity coach, laying out the goals for the team. Twenty wins, a conference title, that's all any coach could ask for, but like so many others, Sliker and his team fell short thanks to tough late-inning losses.

'I know that if you poll the kids there's four or five of the games that you would like to have back. I think we should have come out on top sometimes when we didn't.'

Bill Sliker

Wauconda baseball coach

"Obviously our goal was to win 20 games, that's kind of a magic number for high school baseball," Sliker said. "We weren't able to get to that win total because we lost a lot of close games."

While Sliker and his Bulldogs would have certainly liked to reverse their 11-21 record, the team did manage to accomplish some preseason goals. After a relatively poor NSC-Prairie Division showing last season, the Bulldogs were in contention for the division title throughout the season.

"We didn't get the win total that we wanted, but we were very competitive in our division," Sliker said. "We finished in second place with a 5-5 conference record. One of our goals before the season was to be in the position to win the conference all year and we were still in it. If we could have beat Zion in the last weekend, we would have won the division, so we definitely accomplished that goal."

Sliker's team could have accomplished their win total goal as there were a number of games that will go down in history as missed opportunities. Sliker said his team's record would have been quite different if some chips would have fallen in the right place for his team.

"I know that if you poll the kids there's four or five of the games that you would like to have back," Sliker said. "I think we should have come out on top sometimes when we didn't."

The losses came against a multitude of opponents in many different situations. From blown leads late in the game to winning runs left on base, fate wasn't in Wauconda's corner sometimes in 2005. Even in the playoffs against Lake Zurich, the Bulldogs lost a 3-1 heartbreaker to Lake Zurich to end the season.

"We played Grant at their place and we were winning by four or five runs and we let that slip away and we also had a chance in our Libertyville game we lost one we shouldn't have against Round Lake, so there's missed opportunities everywhere you look."

Sliker said the key to the losses might have been Wauconda's ability to taper off at the end of some contests — a trait that hurt the Bulldogs numerous times throughout the season. However, some of the mistakes could have been attributed to mere rookie errors as Sliker played some relatively untested talent.

"Baseball games are won and lost in the fifth through the seventh innings when the pitchers are getting a little tired and we just didn't capitalize on that," Sliker said. "But I think we should be able to improve on that for next season. We had a lot of juniors playing for us who didn't have much varsity experience and now they've taken their lumps. We've got seven juniors so we've got a good core coming back for next year and it should be different."

If there's a way to improve in any sport, it's simply playing the game and Sliker has made it a mandate for his varsity players to hone their skills in summer ball. With 40 of his players at all levels taking part in the off-season, Wauconda should be rejuvenated for 2006.

"I've got a number of guys who'll be playing a lot of summer ball," Sliker said. "They're either playing on the American Legion team or for the Wauconda summer team, but we've got a lot of kids playing from freshmen to varsity kids which is going to be a good experience for all of them."

Wauconda is ready to go on into the future with a new look, but that is not to say Sliker won't shed any tears letting 2005 go. The Bulldogs are losing some serious talent in this year's graduation ceremony with Hawk Haiduke and Chris Hernandez saying goodbye to their Bulldog uni's.

"It was a great senior class, they worked hard in the summer, good practice team and they were dedicated to the game of baseball," Sliker said. "We really never really had to deal with anything, they practiced hard and never complained. They just went out and really liked to play. I hope they're all like that in the future."

WAUKEGAN



Bulldogs' up-and-down season comes to end

By Rob Backus

Sports Editor

With Great America just a short distance away, Waukegan baseball coach Craig DeLost might as well sign up for a season pass. He already feels like he's been riding a three-month-long roller coaster.

"The season had so many ups and downs; it was a real roller coaster ride," DeLost said. "Our main goal was to establish some consistency and we weren't able to do that all season."

'We have a real hard-working group of players coming back. They're committed to the summer and they realize how close we were to having success.'

Craig DeLost

Waukegan baseball coach

Case in point — the Bulldogs' Central Suburban League schedule. Waukegan held a 5-4 lead late in game one of a home-and-home series with Maine South. The Bulldogs went on to lose the game 6-5 in the bottom of the seventh inning, but came back two days later and defeated the Hawks 6-5 at home.

They also crushed Evansville 9-3 at home but committed four errors and left 14 men on base, including two bases loaded, no-out situations, and lost 6-4.

"We couldn't seem to build any momentum all season," DeLost said. "It all came down to timely hitting and we couldn't execute offensively when we needed to. We also made a lot of timely errors, at least for the other team."

What resulted was an 11-21 record, including a 3-12 mark in the CSL, far below what DeLost expected heading into the season. Even more disheartening is the fact that Waukegan was agonizingly close to winning in most of its 21 defeats.

"We had opportunities to win or put games away in most of those 21 losses," DeLost said. "Only two teams (New Trier twice and Glenbrook North) really handled us. We were so close to being a good team, at least .500."

It was certainly a case of Murphy's Law for the Bulldogs, according to DeLost.

"Whatever could go wrong for us, did go wrong," the coach said. "We competed well and we had the right approach to the season. We just didn't get the little things done at the right times. We continued to practice hard and play hard in games, we just couldn't get ourselves over the hump."

Still, DeLost views the season as a step forward for the program, which had some one-win seasons earlier this decade.

"The program is definitely moving for-

ward," DeLost said. "We're about to enter our third year of summer all, which can really help a team. We're also trying to get into youth programs. We want to give the young kids the same opportunities as any other team in our conference."

Despite the lack of consistency up and down the roster, DeLost did praise the efforts of several players, namely senior Joe Labus and junior Ryan MacManaman, both of whom were All-CSL selections.

"Labus was fantastic. He had a good approach and ripped the ball all season," DeLost said. "He was the one consistent guy we had in the lineup. Ryan also did pretty well for us in the three spot. He had some big hits after correcting a hole in his swing and he was also a key starter for us."

DeLost also pointed out the efforts of the senior trio of Eric Krueger, Jordan French and Phil Sims.

"It was a good group of seniors to work with," DeLost said. "Krueger was a pure leader by example; a great guy to have on any team."

Although the Bulldogs lose several key players to graduation, DeLost has high hopes for next season.

"We have a real hard-working group of players coming back," he said. "They're committed to the summer and they realize how close we were to having success. It's still a little early to tell, but hopefully we can develop some leadership over the summer."



File photo by John Dickson

Waukegan High School pitcher Marshall Hogan throws one in during the Warren Regional opener over North Chicago. The Bulldogs finished their season 11-21.

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How organized are you? The Lake County Chapter of the International Association of Administrative Professionals will be meeting on June 14, at 6 p.m. There will be dinner, networking, and "Get Organized," a special presentation by Mark Ehrenberg of Avery Dennison, the organization resource experts.

The Lake County Chapter of the IAAP meets on the second Tuesday of each month from September through June at Weekenders USA, Inc., 1011 Woodlands Parkway in Vernon Hills. Meeting cost is \$10 for members and \$15 for nonmembers. For reservations contact Brenda Stefanowski at brendas@us.weekenders.com.

FNBO hosts fund-raiser for Brian Vermilyer Hope Foundation

First National Bank-Employee Owned with locations in Antioch and Gurnee will have a Casual Because We Care Day on June 10, to benefit the Brian Vermilyer Hope Foundation.

The Brian Vermilyer Foundation was established by Laura Vermilyer and her husband Mike as a memorial to their son Brian who lost a courageous 14-month battle against an inoperable brain tumor. The foundation is raising funds for "Brian's Hike for Hope" on June 26 at the Lake Villa Township Park in Lake Villa. The fund-raiser will include a walk, food, entertainment and a silent auction.

For more information on FNBO's Casual Because We Care Program, or the Brian Vermilyer Foundation, contact Karen Kubin at 847-395-3111.

Business protocol

A non-credit personal development classes called "Business Protocol and Etiquette" will be offered at the College of Lake County, from 9 a.m. to noon, on July 23. It will be taught by Gloria Petersen, founder and president of Global Protocol, which has offered corporate training since 1985. The class will help participants project personal power, presence and charisma and master the social side of business. The course fee is \$69. For information call 847-543-2022.

Child's play

Daycare services provide homey environment for kids while parents work

By Kyle Schmitt

Staff Reporter

Summer vacation arrives as a welcome respite for many kids, though not for parents who must find daycare providers for their children while they work.

Increasingly, they entrust their children to providers who offer home-based services, said Jeanne Neifert, chairman of resource and referral for the Lake County Home Daycare Network. Starting with 12 businesses in 1988, the network now refers prospective clients to more than 100 home-based daycare providers.

Home-based daycare providers can offer parents reduced costs and greater flexibility in hours, said Neifert, who also owns the All My Children daycare in Mundelein. Though her profession received little respect when she established her business in 1992, Neifert said that parents now place greater trust in independent providers to care for their children.

"It's a little more intimate atmosphere, and a little more friendly for children," she said.

As more mothers with preschool-age children are now working, they want their kids to receive not only babysitting services, but basic education that smaller daycare providers can often provide with greater attention, Neifert said.

"What the children are learning and what they need has a higher focus, and that has been very, very good for our profession," she said.

She sent her two older children to commercial daycare centers, and Mundelein resident Lisa Fosnot vowed she would not utilize a home-based provider to care for her now 14-month-old son. But Neifert's personality won

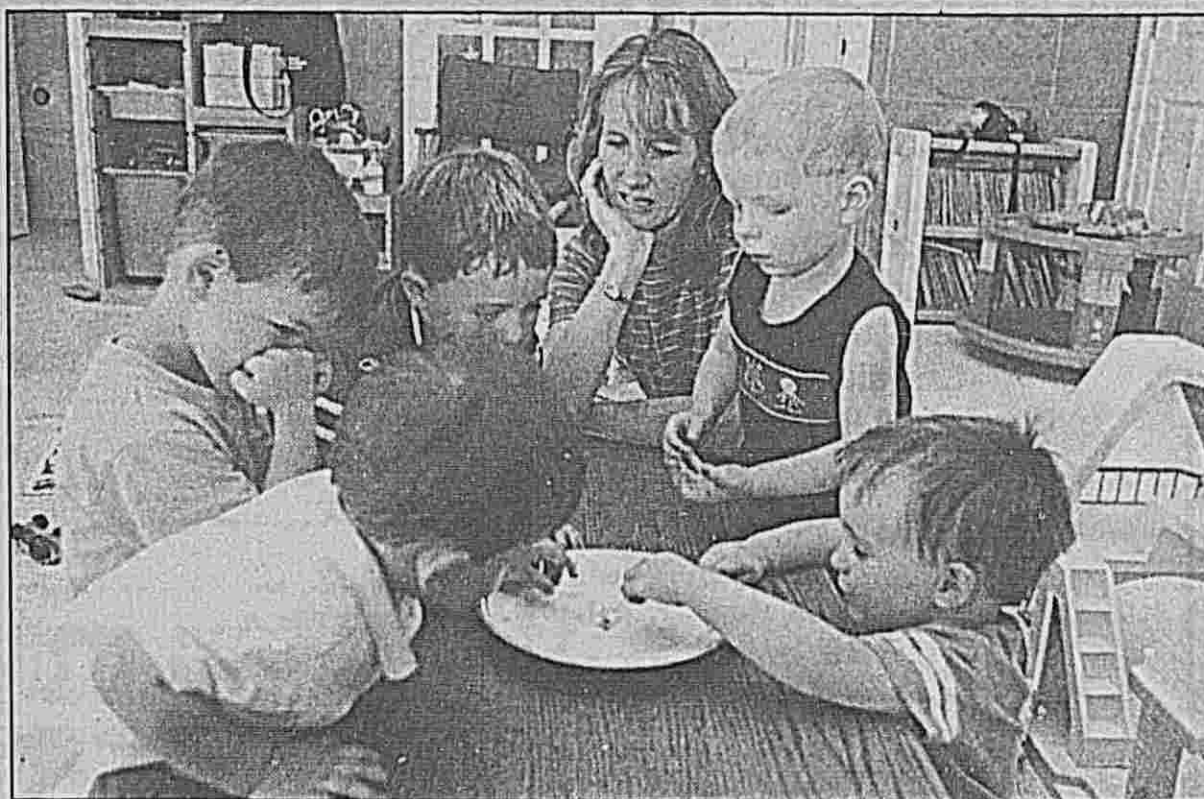


Photo by Sandy Bressner

Jeanne Neifert, who runs All My Children Child Care out of her Mundelein home, gives an impromptu lesson on the ice melting process with, clockwise from bottom left, Henry Quillin, 22 months; Zachary Puklin, 3; Frank Becchle, 3; Gareth Fullin, 2; and William Lawry, 2.

her over and has led her to use All My Children since August 2004.

Home-based provides a greater degree of personalized care for her child, Fosnot said.

"The kids can feel that they're in a good environment, so they behave well. They treat her property like it's their own, because it's her home," she said.

After managing a glut of requests for summer daycare as schools shut their doors, Neifert said she expected requests for providers to again increase when classes reconvene in August. The Lake County Home Daycare Network may be reached at 847-566-9841.

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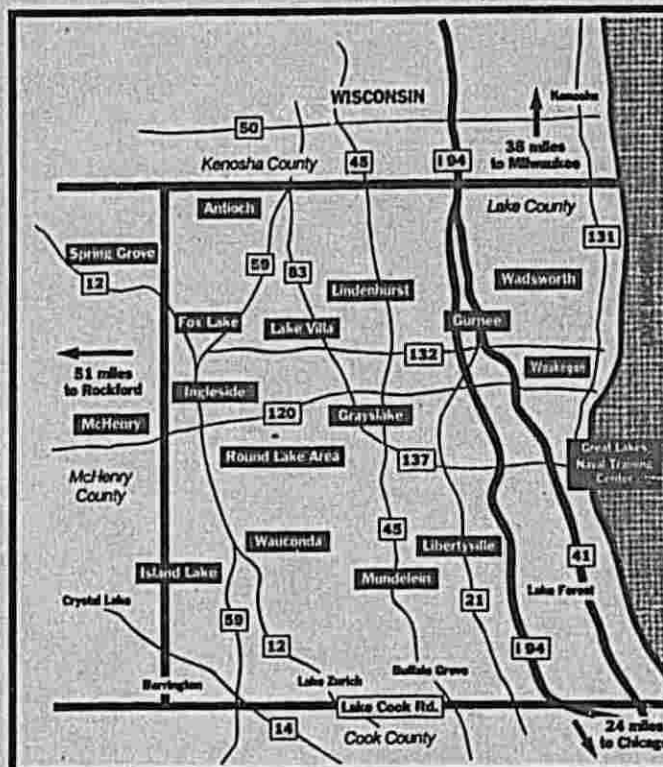


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Monthly programs start as low as **\$29.00!**

You Do Not Need A Website, Special Training or a Computer!

Be part of a site that has over 30,000 viewers monthly and receive a million hits!

Contact Rob at:
lakelandmedia.com
847-223-8161 x512
robd@lakelandmedia.com

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LAKELAND MEDIA

SUBMIT YOUR LAKELAND CLASSIFIED ADS ON THE INTERNET!

Visit lakelandmedia.com/ to place your ads conveniently. Ads appear on the Internet, in all Lakeland Papers... The Great Lakes Bulletin and The Market Journal for only \$24.00 for 4 lines (approx. 16 words), then only .60¢ for each additional line.

FREE BROCHURES WAKE UP

With **MAKE UP! MICRO TATTOOING** of
*EYEBROWS
*EYELINE
*LIPLINE
Also offering Electrolysis by Sherry

(Permanent Hair Removal),
FREE Consultation
(847) 249-7446.

See ya later Alligator.



Sell Your Stuff for Only \$12.00

4 lines Private party pre-paid special. Some restrictions apply.

PICK YOUR TARGET MARKET!!

Great Lakes Bulletin MARKET JOURNAL

Call 847-223-8161 • Fax 847-223-2691
or E-mail class@lakelandmedia.com

WINDOW WASHING POWER WASHING DRIVEWAY SEALING CARPET SHAMPOOING. FREE ESTIMATES.
Call Gary
(847) 651-2684.

WEDDING ENGAGEMENT ANNIVERSARY ANNOUNCEMENTS
To announce a wedding, engagement or anniversary, call (847) 223-8161. There is a short form to fill out and return. Forms can be mailed or faxed to you. Photos are welcome. Fees are listed on the forms. Mailing address: Lakeland Media, 30 S. Whitney St., Grayslake, IL, 60030. Attn: Bridal Sec. Phone number or questions: Call Nancy Thielsen (847) 223-8161, ext. 143.

140

Financial

FREE \$\$ CASH \$\$ GRANTS!
For 2005! Never repay. For personal bills! Home buying! School! New business! \$5000-\$500,000. Live operators! Call NOW! (800)860-2187 x 99.

\$\$CASH\$\$ IMMEDIATE CASH for structured settlements, annuities, law suit, mortgage notes & cash flows. JG Wentworth - #1 (800)794-7310.

TOO MUCH DEBT?

Don't choose the wrong way out. Our services have helped millions. Stick to a plan, get out of debt & save thousands. **Free consultation. 1-800-847-6192**
CareOne Credit Counseling.

219

Help Wanted Part-Time

NOW HIRING COOK/CHEF
For Sundays & other possible Part-Time hrs. Also Waitresses & Bartenders Needed. Near Evanston. Call (847) 322-2429.

Part-Time Telemarketing
Looking for a flexible working schedule? Work from home scheduling pick-ups of discarded household items for a well-known charitable organization. minimum m 4-6 hours per week. Must be reliable. For more information, please call 630-588-0025.

Post a notice with
LAKE LAND MEDIA
(847) 223-8161

Full Time or Part Time

Office Help Circulation

847-223-8161

Attn: Bob

At **LAKE LAND MEDIA**

Looking for some EXTRA INCOME?

We have the job for you!
We have the following positions open in our Circulation Department!!

• INSIDE SALES

Part Time
Mon-Thurs
5pm-8pm
Saturday
9am-2pm
Contact Jay
AFTER 4:30pm
Mon-Thurs 847-245-7500

PERFECT for the Retired Person

Help Wanted Part Time

- Circulation Driver
- Mailroom

Call Joanne • 847-245-7500

At **LAKE LAND MEDIA**

220

Help Wanted Full-Time

"MOVIE EXTRAS" EARN \$150-\$300/day all looks/types needed no experience necessary. TV, music videos, commercials, film, & print. Call toll free (800)260-3949 x 3022.

1000 ENVELOPES=\$7000. RECEIVE \$7.00/per envelope stuffed with our sales materials! Guaranteed! Free info (24hrs) Recording (800)480-9440 x411.

AMERICA'S AIR FORCE
Jobs available in over 150 careers, plus: "Enlistment Bonuses for certain careers" *Up to \$10,000 Student Loan Repayment * Up to 100% tuition assistance *High Tech Training High-School grads age 17-27 or prior service members from any branch, CALL

(800)423-USAFA or visit **AIRFORCE.COM**
U.S. AIR FORCE CROSS INTO THE BLUE.

DRIVER - \$2750 SIGN ON + GUARANTEED HOME 48 HOURS WEEKLY + Orientation pay + benefits avail. + late model walk-in condos. Class-A /6 months OTR. (877)687-5627 JDC Logistics. Franklin, WI.

Case Managers Needed

Catholic Charities seeks Case Managers, BA's, MA's bilingual positions available, Full & Part-time. EOE. **Send resume to: 847.782.1030, Attn: Heidi**

DRIVERS 34CPM STARTING pay for 3 mos. exp. Been driving longer? Start up to 36cpm q/full benefits, monthly bonus & your freightliner goes home with you every 14 days. Own a truck? Avg. over \$1/mile-90cpm+Fuel surch, pd plates & permits. (877)452-5627. Ask about lease-purchase opps; 3 mos class A exp. req'd.

220

Help Wanted Full-Time

DO YOU LIKE... WORKING WITH PEOPLE? BEING PART OF A DYNAMIC TEAM?

If you answered **YES** to these questions, then we have the job for you!!

We have the following positions available:
CLASSIFIED INSIDE SALES

~Full Time

Mon-Fri • 8:30 am - 5 pm

~Part Time Days

Mon-Fri • 9 am - 2 pm

~Part Time Evenings

Mon-Thurs • 4 pm - 8:30 pm

We are looking for people with:

- Good verbal communication skills
- Positive attitude • Self motivated
- Creativity • Initiative
- Problem solving
- Decision making skills
- Ability to multitask
- Effective time management
- Organizational skills
- Previous sale experience

Sound like you? Come join the Lakeland Media Team today.

We offer a good starting salary plus commission, 401K, medical benefits and much more!

Please send or fax your resume to:
Bob Schroeder
30 S. Whitney St.,
Grayslake, IL 60030

LAKE LAND MEDIA
Fax **847-223-8810**

For evening hours call Lisa @ 847-223-8161 X191

OPENING SOON New facility looking for energetic, experienced...

Veterinary Technician

Benefits include health insurance. Apply in person, Fax or Mail your Resume to:
Mundelein Animal Hospital
1133 W. Maple • Mundelein, IL
FAX: 847-566-5877
No Phone Calls Please



Need \$\$\$ to Pay Those Bills? Like Talking on the Phone?

We have the job for you!
No weekends.
Sell Classified advertising into Lakeland's 14 different papers.
Mon-Thurs 4:00-8:30 pm
Salary & Commission.
For more info call Lisa at 847-223-8161 ext.191

HEARTLAND COMPUTERS
WAUCONDA, IL - INSIDE ELECTRONICS TECHNICIAN needed for repair and refurb. of barcode equipment. 2yrs of board level repair exp. required. Excellent troubleshooting and attention to detail a must!
\$12-\$14.00/hour 40 hrs/wk. Multiple Positions available
Please fax resume att. Maciej, 847-526-0770 or email to **maciej@heartland-usa.com.**

FIND THE HERO WITHIN

You're dedication to the road is why millions of Americans have food on their tables and clothes on their backs.

You deserve the best company and the finest compensation the industry has to offer.

- No experience necessary
- Company-paid CDL training for qualified candidates
- \$35,500-\$43,500 1st year (experienced)
- \$49,500-\$59,500/year in 4 years

With Schneider's benefits and your dedication, the sky is the limit.

APPLY ONLINE @ **schneiderjobs.com**
1-800-44-PRIDE • (1-800-447-7433)
Mon-Fri 7am-9pm, Sat & Sun 9am-6pm (Central Time)

SCHNEIDER

DRIVER - COVENANT Transport. Regional runs avail. Home wkly. Exc. pay & benefits. Exp. drivers. O/O & students welcome. Equal opportunity employer (888)MORE-PAY (888-667-3729).

DRIVERS - ACCEPTING Trainees! 16/day CDL! No money down, student financing! Tuition reimbursement avail. Job placement asst. Call Mon-Sun (800)883-0171 xA-45.

220

Help Wanted Full-Time

FIREFIGHTER/PARAMEDIC

Applications for the City of **Waukegan Fire Department** will be available Monday, June 13, 2005 To Thursday, June 30, 2005 in the Office of City Clerk, Waukegan Municipal Building, 100 N. Martin Luther King Jr. Ave., (formerly Utica Street) Waukegan, Illinois from 8:00 a.m. to 4:30 p.m. Applications are also available to download from our website.

The Waukegan Civil Service Commission has established the following minimum requirements to apply for the position of Firefighter/Paramedic:

- U.S. Citizen
- 21 to 35 years of age on or before the date of the Written Exam (August 6, 2005)
- High School diploma or equivalent
- Valid driver's license
- Physically capable of performing the duties of a firefighter/paramedic.

Credit will be given for various Fire Service/EMS certifications as approved by the Waukegan Civil Service Commission. Candidates must file the application in person; \$30.00 filing fee is required and show a valid photo ID. The last day to file the application is Friday, July 15, 2005, at 4:30 p.m.

A legible copy of your birth certificate and high school diploma or GED must be attached to your application.

For more information, call the Waukegan Fire Department at (847) 249-5410, or visit our website, **www.waukeganfire.com**

SALES SPECIALIST

Cleary Building Corp., a national leader in the manufacturing and construction of over 60,000 pre-engineered buildings, seeks an assertive customer service oriented individual to sell our diversified product line in Lake Geneva, WI. Responsibilities include prospecting, selling, and monitoring the building through completion. Construction experience helpful. \$25k annual base salary, benefit package, Z-cap safety program, company vehicle PLUS a weekly sales & general contracting incentive and a significant quarterly performance based bonus program to potentially earn \$40 k to \$80 k plus annually.

Send resume via fax **608-845-7070** or e-mail **sales@clearybuilding.com**

CLEARY BUILDING CORP.

Attn: **Region Manager**
2478 Crest Drive Hwy 120 North
Lake Geneva, WI 53147
1-800-373-5550
A drug-free work place

220

Help Wanted Full-Time

TRAIN FOR A NEW CAREER!!

WERNER ENTERPRISES

NO CDL = NO PROBLEM

IMMEDIATE OPENINGS!!

COMPREHENSIVE BENEFITS!!

EXCELLENT SALARY • WIA APPROVED
FREE TO IL VETS • TRAIN LOCALLY

START TODAY • CALL CINDY

888-503-5151



COOL TRAVEL JOB!!! One month paid training! \$500 sign on bonus. Must be free to travel & start today. (800)735-7462.

Customer Service Coordinator

We currently have an opening for a **Customer Service Coordinator**. This position has responsibility for servicing our customers by responding to customer calls relating to the retrieval, service, storage, delivery/pickup of their computer media.

- The major responsibilities include:
- Answering incoming client phone calls and contact clients via telephone.
 - Responsible for pulling and returning back-up tapes.
 - Loading/unloading route vehicles.
 - Using our bar-code scanning software to track all media.
 - Data entry.

Qualified applicants must be computer proficient, able to communicate verbally with customers via telephone and able to read and verify groups of numbers. In addition, they must understand the importance of detail and accuracy. Work hours are M-F 11:00am to 7:30pm. We offer a competitive salary and benefits. Please Mail resume to **SECURTEC**
1255 Armour Blvd.
Mundelein, IL 60060
Fax 847-362-9606

DATA ENTRY - could earn \$15/hr & up! medical billing, training provided. PC req'd! Call 7 days. (800)935-1311 x308.

DATA ENTRY WORK from home. Flexible hours! \$\$\$\$ Great Pay \$\$\$\$! Personal computer req'd (800)873-0345 x 208.

If you have the... JOB OPENING

We have the... RIGHT PERSON

- Get quick results with your next help wanted ad.
- Contact your largest advertising paper in Lake County for friendly personal service.



Mention this ad and receive our latest HELP WANTED special!

LAKE LAND NEWSPAPERS

Great Lakes Bulletin

MARKET JOURNAL

847-223-8161

Fax 847-223-2691

email: **class@lakelandmedia.com**



www.fieldsauto.com

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VOLVO
for life

847-362-9200

Fields Infiniti

1.9% Financing for 24mo. & 36mo.
2.9% Financing for 48mo. & 60mo.



2005 Infiniti G35 Sedan

\$329

per month/ 36 mos.
10,000 per year

\$ 329 First Month's Payment
\$ 2,495 Down Payment
\$ 350 Security Deposit
\$ 3,174* Due At Lease Inception

Stock #F7966



2005 Infiniti G35 Coupe

\$349

per month/ 42 mos.
10,000 per year

\$ 349 First Month's Payment
\$ 2,800 Down Payment
\$ 350 Security Deposit
\$ 3,499* Due At Lease Inception

Stock #I5664



All New 2006 Infiniti M35 and
M45 Now Available!

0.9% Financing
for 24mo. & 36mo.

**SPECIAL FINANCING
ON FX45sl***

1.9% Financing
for 48mo. & 60mo.



2005 Infiniti FX35 All Wheel Drive

\$429

per month/ 39 mos.
10,000 per year

\$ 429 First Month's Payment
\$ 1,000 Down Payment
\$ 0 Security Deposit
\$ 1,429* Due At Lease Inception

Four to Choose From!

Fields Volvo

OVER
350 VOLVOS
AVAILABLE

ALL VOLVO LEASE
RETURNS WELCOME!

1.9% ** APR FINANCING FOR 36 MO
ON ALL 2005 S40 & V50 MODELS!

Stock #V2393

2005 XC70 DEMO

\$317

per month/ 39 mos.
11,000 per year

\$ 317 First Month's Payment
\$ 3,000 Down Payment
\$ 0 Security Deposit
\$ 3,317* Due At Lease Inception

Black, Cloth Interior, Automatic



Stock #X4060
Manual

2005 S60

\$239

per month/ 39 mos.
11,000 per year

\$ 239 First Month's Payment
\$ 2,325 Down Payment
\$ 0 Security Deposit
\$ 2,564* Due At Lease Inception



Stock #V5162
Red, Manual

2005 S40 2.4

\$208

per month/ 36 mos.
11,000 per year

\$ 208 First Month's Payment
\$ 3,000 Down Payment
\$ 0 Security Deposit
\$ 3,208* Due At Lease Inception



XC90 V8 NOW AVAILABLE!

ASK ABOUT EUROPEAN DELIVERY

WE HONOR A, Z & X PLAN ON ALL VEHICLES[^]
SPECIAL AARP INCENTIVES

COMPARE!!!	Fields Volvo	Competitors
Service Loaner Policy	✓	?
State of the Art Facility	✓	?
Customer Service	A+	?
Express Service & Saturday Service Hours	✓	?
Car Washes	✓	?

VOLVO
for life

*Plus tax, title, license and dock fee. Applicable with qualified credit. In stock vehicles only.

1.9% financing available on G35 sdn, QX56, FX35 *2.9% financing available on G35 sdn, QX56, FX35

*Plus tax, title, license and doc fees. ^Excludes XC90 V8 and XC90 T6. **1.9% Financing for 36 months available on '05 S40 and '05 V50 on approved credit. \$28.62 per \$1000 Financed. Offer ends 6.13.05.

Fields Pre-Driven Inventory

Infiniti

2005 Infiniti FX35	\$36,900
2004 Infiniti G35 cpe	\$30,900
2004 Infiniti QX56 4x4	\$46,900
2004 Infiniti I35	\$26,900
2004 Infiniti M45	\$36,900
2004 Infiniti FX35	\$35,900
2003 Infiniti G35 sdn w/NAV	\$24,900
2003 Infiniti G35 sdn	\$23,900
2003 Infiniti I35	\$14,900
2003 Infiniti G35 sdn	\$23,900
2003 Infiniti FX45 AWD w/NAV	\$38,900
2003 Infiniti I35	\$21,900
2003 Infiniti FX35	\$29,900
2002 Infiniti QX4 4x4	\$23,900
2002 Infiniti I35	\$19,900
2002 Infiniti Q45	\$23,995
2001 Infiniti QX4 4x4	\$16,900
2001 Infiniti QX4 4x4	\$14,900
2001 Infiniti I30T w/NAV	\$17,900
2000 Infiniti I30T	\$15,900
2000 Infiniti I30	\$14,900

Volvo

2005 Volvo S60 2.5T sdn	\$31,995
2005 Volvo V70 2.4i wgn	\$29,955
2005 Volvo S40 sdn	\$22,995
2004 Volvo S60R sdn	\$32,995
2004 Volvo S60R sdn	\$34,995
2003 Volvo S60 sdn	\$23,995
2003 Volvo S60 2.4T sdn	\$25,995
2002 Volvo V70 2.4i wgn	\$19,995
2002 Volvo S60 AWD sdn	\$24,995
2002 Volvo S60 2.4i sdn	\$19,995
2002 Volvo S60 2.4T sdn	\$21,995
2002 Volvo S80	\$21,995
2002 Volvo XC70 AWD wgn	\$23,995
2001 Volvo C70 conv.	\$26,995
2001 Volvo V70 2.4i wgn	\$19,995
2001 Volvo S80 T6	\$22,995
2001 Volvo S60 2.4T sdn	\$18,995
2001 Volvo S60 2.4T sdn	\$20,995
2001 Volvo C70 conv.	\$26,995
2001 Volvo XC70 AWD wgn	\$22,995
2000 Volvo XC70 AWD wgn	\$16,995
2000 Volvo S40 sdn	\$11,995
2000 Volvo S40 sdn	\$9,995
1999 Volvo XC70 AWD wgn	\$14,995

Trade-ins

2004 Honda Pilot EX-L 4x4	\$27,900
2004 Lexus RX 330	\$34,995
2004 Nissan 350Z Touring cpe	\$26,900
2004 Nissan Maxima SE	\$23,900
2003 Ford Explorer Limited	\$16,995
2003 Lincoln LS V8	\$22,995
2003 Nissan Sentra GXE	\$9,995
2003 Dodge Ram 1500 Q/C 4 dr. 4x4 p/u	\$24,995
2002 Volkswagen New Beetle GLS cpe	\$13,900
2002 Jeep Grand Cherokee Ltd. 4x4	\$18,900
2002 Jeep Liberty Limited 4x4	\$17,900
2002 Acura 3.2TL Type-S w/NAV	\$17,995
2001 Mitsubishi Montero Ltd. 4x4	\$16,900
2001 Toyota Sequoia Limited 4x4	\$24,995
2001 Chrysler Sebring Ltd. conv	\$12,900
2001 Acura 3.2TL w/NAV	\$13,900
2001 Audi Allroad 2.7T Quattro	\$21,995
2001 Honda Accord LX sdn	\$10,995
2001 Honda Accord EX V6 cpe	\$15,900
2000 Jeep Grand Cherokee Ltd 4x4	\$14,900
2000 Ford Explorer Eddie Bauer AWD	\$9,995
2000 BMW 323i sdn	\$14,995
2000 Honda S2000 conv	\$19,900
2000 Audi A6 2.8 Quattro Avant	\$15,995
1998 Toyota Land Cruiser 4x4	\$22,900

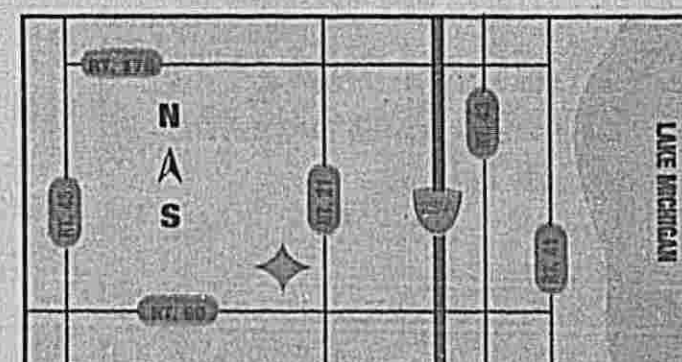
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1121 S. Milwaukee Ave.
Libertyville, IL 60048
847-362-9200

LUBE, OIL & FILTER CHANGE SPECIAL

Includes: • Check Fluid Levels • Check Tire Condition
• Check Brake Pad & Rotors • Check Vehicle Lighting

\$29.95
plus tax
with coupon

Coupon Expires 6.30.05.
Must present coupon when order
is written. Not valid with any
other offer. Valid only at
Fields-Infiniti-Volvo. Does not
include synthetic oil.



220 Help Wanted
Full-Time220 Help Wanted
Full-Time220 Help Wanted
Full-Time220 Help Wanted
Full-Time220 Help Wanted
Full-Time**THE LAKE COUNTY SHERIFF'S OFFICE****MERIT COMMISSION**

will be accepting applications to form a certified eligibility list from which future vacancies in the Sheriff's Office will be filled. This list will be valid for two (2) years.

CERTIFIED DEPUTY SHERIFF QUALIFICATIONS

- Citizen of the United States ■ Age: 21 at Time of First Test
- High School Graduate (or G.E.D.) ■ Valid Driver's license

Must successfully complete:

1. P.O.W.E.R. Test 2. Written entrance examination 3. Oral interview
4. Background investigation 5. Polygraph & psychological exam

APPLY IN PERSON

Beginning June 13, 2005

9:30 to 11:45 a.m. or 1:30 to 4:30 p.m.

MERIT COMMISSION

County Administration Building

18 North County Street, 7th Floor

Waukegan, IL 60085

Completed applications must be submitted no later than

4:00 p.m., July 1, 2005

Equal Opportunity Employer

PICTURE PERFECT!**PRODUCTION**

Deerfield co. w/un cro-
ative product books poe-
ple who are detailed an
reliable.

Hours are 7a.m.-
3:30p.m. w/overtime avail.
Pays \$9-10/hr.
Temp to Hire.

**HUNTINGTON
TEMPORARY
SERVICES**

847/381-8869
847/367-4477

MOVIE EXTRAS, ACTORS,
models! Make \$100-
\$300/day. No exp. req'd.,
FT/PT all looks needed!
(800)341-0798.

PAINTERS WANTED.

Experienced or will train.
Call Byron after 6pm.
or weekends at
(847) 546-3654.

**New Patient/
Marketing Coordinator**

Forever expanding pro-
gressive orthodontic/
periodontic practice in
Grayslake/Buffalo
Grove. Your friendly
smile, enthusiasm and
positive attitude could
make you a strong can-
didate for this great
career opportunity. Past
sales and customer
service experience
would be a plus. Great
benefits package and a
wonderful nurturing work
environment.

Fax your qualifications to:
847-234-6733

**A full-time
Orthodontic/Periodontic
Assistant is needed**

for a progressive and
reputable practice in
Grayslake/Buffalo Grove.
Great benefits package
and a wonderful
nurturing work
environment. Prior
orthodontic or dental
experience is preferred,
but not required if you
have good hand/eye
coordination and enjoy
working with children as
well as adults.

Fax your
qualifications to
847-234-6733

**Now Hiring
EXPERIENCED
PAINTERS**

Full time. Min. 3 years experience. Call
between 8 am & 4 pm. See Mike Espada
847-223-0269

SECRET SHOPPERS NEEDED

for store evaluations. Get
paid to shop local stores, res-
taurants & theaters. Flexible hrs.,
training provided. Email
req'd. (800)585-9024 x 6399.

SECRET SHOPPERS NEEDED

for store evaluations. Get paid to
shop for local stores, res-
taurants & theaters. Flexible hrs.,
training provided. Email
req'd. (800)585-9024 x
6181.

**UP TO \$4000/WK! Exciting
w/ky paycheck! Written guar-
antee! 11 yr nationwide com-
pany now hiring! Easy work
sending out our simple one
page brochure! Free postage,
supplies! Awesome bonuses!!
FREE INFO CALL NOW!!
(800)242-1383 x200.****Want to Save
Big Bucks??**

\$888888
LAKELANDS
CLASSIFIEDS
CAN HELP YOU
FIND THE RIGHT
EMPLOYMENT FAST!!
TO PLACE YOUR
JOB OPPORTUNI-
TIES IN OUR GLAS-
SIFIED SECTION,
JUST CALL
MONDAY-FRIDAY,
8AM-5PM.
(847) 223-8161 or
Fax
(847) 223-2691

\$50 CASH HIRING BONUS!

\$1380/wkly!!!! Processing our
brochures. No exp? No prob! Guar-
anteed in writing. (800)489-
8030.

"ANNOUNCEMENT" HIR-

ING FOR 2005 postal posi-
tions!! \$17.60-\$59/hr. Full
benefits. Paid training & vaca-
tions. No exp. nec. Green
card OK. (888)325-0801 x750.

**221 Medical
Opportunities****Experienced
GNAs**

Make a difference in the
quality of life of Seniors!

Come and Go
ONAs to provide
exceptional private duty
Home Care.
847-546-1230

\$500/WKLY INCOME POSSI-

BLE! mailing our promotional
circulars. Supplies provided.
No advertising. Work 100%
from home. This is the REAL
IDEAL. Call (708)231-
7373(24hrs)-Earnings guaran-
teed.

WHAT JOB HIRING sharp

outgoing people to TRAVEL
US representing sport, fash-
ion & news publications. Ex-
pense paid training, base
guarantee. Daily, w/ky,
monthly bonuses. Trans & ho-
tel provided, return trip guar-
anteed. Call today start to-
morrow! (800)735-7462

NEED JOB? CRST TRANS-

PORTATION! No exp? No prob! Guar-
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8030.

**221 Medical
Opportunities****Experienced
GNAs**

Make a difference in the
quality of life of Seniors!

Come and Go
ONAs to provide
exceptional private duty
Home Care.
847-546-1230

**221 Medical
Opportunities****Experienced
GNAs**

Make a difference in the
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Come and Go
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**221 Medical
Opportunities****Experienced
GNAs**

Make a difference in the
quality of life of Seniors!

Come and Go
ONAs to provide
exceptional private duty
Home Care.
847-546-1230

Pet OF THE WEEK

BAILEY AND ZIMBA

A mother and son duo ready to keep you well-loved and entertained! Mom, Zimba (black), can definitely outrun her son and can often be found softly body-slammng her son to get him to chase her. Sometimes it works, sometimes it doesn't, well Bailey does carry a little bit too much weight, so he feels that it is wise occasionally to ignore her. Instead he happily plays himself in the pool and watches her run around, much more relaxing. They both get along with dogs and cats and would do well with older children. They would love a fenced-in yard, and although Bailey probably doesn't want to hear it, a little bit of a diet would do him good. Zimba (about 10 years old) and Bailey (about 7) need a home together. Don't let their age fool you, they are much more active than some of the middle-aged dogs!

Save-A-Pet
31664 N. Fairfield Rd.,
Grayslake, IL 60030
847-740-7768, ext. 100
www.save-a-pet-il.org
Mon., Wed., Fri. 1pm to 5pm
Thursday, 1pm to 6pm
Sat. & Sun. 11am to 6pm
Tues.: By Appointment

**221 Medical
Opportunities****RN or LPN**

3 pm-11 pm
11 pm-7 am

Call Diane @ 761
847-244-8196

Or apply in person:

Bayside Terrace

1100 S. Lewis Ave

Waukegan, IL 60085

For Business-minded Women
Have fun selling lingerie &
Romance Products in your
area. Flexible Investment
Packages. Make your own
Schedule, average rep makes
\$55/per hr. profit.
We Hire Quality not Quantity
& we TRULY are Successful!
Contact: Surprise Parties,
District Office
(847)515-2424
Visit me on the web @
www.sharmezalul-surprise-
parties.com

**225 Business
Opportunities****Do You Love
JEWELRY?**

You can now sell affordable
trendy jewelry at discount
prices & be your own boss.
Looking for all types of
consultants, PT/FT or
preferred customers to
receive 50% off your
purchases all year long.
Call (847)363-4790 for
additional information.

**225 Business
Opportunities****Do You Need
Stress Relief?**

Or Would You Like to
Help
Others De-stress?

Start your own fun &
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Professional training,
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Enjoy more freedom,
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225 Business Opportunities

EXHIBITORS...

GROW YOUR BUSINESS

by meeting your Target Market

FACE-TO-FACE

with a variety of 1-2 day events.

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MAKE UP TO \$4000/wkly! Exciting wily paycheck! Written guarantee! 11 yr. Nationwide company now hiring! Easy work, sending out our simple 1 page brochure! Free postage, supplies! Free info. Call now! (800)242-0363 x3400. Minimum investment req'd.

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Located 3 blocks WEST of Rte. 12 on Rte. 173

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\$25/week and up.

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BE YOUR OWN BOSS. Earn up to 50% by selling AVON. Call Joanne (847)445-8741.

GRAYSLAKE CHILDCARE

LOCATED OFF RT. 83 ENGLISH MEADOWS SUB.

Excellent quality care, meals/snacks included. Small group-comfortable, loving environment. Please leave mess. (847)732-0576.

LAKE VILLA MOM offering loving care in sm group atmosphere. Safe/happy environment; indoor/outdoor play in our fenced yrd. Educational activities & crafts. Meals incl'd. FT/PT positions avail. Reasonable rates, ref's. Carolyn (847)265-9532.

MOTHER OF 2, in Kenosha, looking to babysit 1 or 2 energetic children, toddlers or babies to watch, on Fridays, anytime from 12-8:30pm. Exc. ref. Call Jen (847) 971-9710.

MUNDELEIN DAYCARE - Has 2 FT openings. All ages welcome. Call for more info & ask for Paula (847)566-1560.

ROUND LAKE DAY CARE IN MY VALLEY LAKES SUB. HOME

Has openings for 5 FT-ages 1-5 yr old. Meals & healthy snacks & structured days w/planned activities. Ask for Debbie (847)740-1442.

240 Child Care

ANDEE PANDEE HOME DAYCARE Has 1FT or PT opening 2yrs. & up, just in time for summer. Come join our friendly group to play & learn together. Lg. daycare room leads out to fenced back yd. w/playground. Lots of toys & activities. DCFS Licensed, CPR & First Aide Certified. Call April (847)587-4869 for more info.

250 School/Instruction

MISSOURI WELDING INSTITUTE, Inc. Nevada, Missouri. Become a certified pipe & structural welder. Earn top pay in 18 wks. Many companies seek our graduates. (800)667-5885.

PVT SOCCER LESSONS

Ages 4-11. By Lib. HS U18 Player in park or your home. \$12/hr.

Call Lyss (847)549-8090. Sokkergal788@aol.com

30TH ANNUAL PHONOGRAPH & MUSIC BOX SHOW & SALE

SAT. JUNE 11TH 10AM-5PM.

SUN. JUNE 12TH 11AM-3PM.

DONLEY'S WILD WEST TOWN

US 20 & S UNION RD. UNION, IL

World's largest show. 45 min. NW of O'Hare off I-90. 100's of hand crank phonographs, instrmnt qual. music boxes, 78 rpm & cyl. records, parts, advertising, repair people, plus early invention & tech items. Don't miss this show! \$8.00 admission. \$40 early admit on Friday during setup. More info. (815)923-9000. www.WildWestTown.com

ANTIQUE PHONOGRAPH AUCTION

Friday June 10th. BUNTE AUCTION SERVICE 755 Church Rd. Elgin, IL.

Viewing 7pm. Auction 8pm. Over 80 phonographs at no reserve from the Estate of Donald Sauvey, Victors, Edisons, Columbias, Flare coin ops, advertising. Info call (815)790-9435. www.bunteauction.com Kevin Bunte Lic. #044000113

310 Bazaars/Crafts

#402: Instructions for a Granny Square, Pineapple stitch, or Striped afghan to crochet. Crochet 1/2 circle hearth rug or table runner. Also in full color is a see stitch or tumblin ribbon afghan to knit. Clear instructions. 5 afghans, table runner & rug. A great value. This pattern is \$3.15 plus \$1.50 shipping & handling.

PATTERNS to SEW

MAKE CHECKS PAYABLE TO: READER MAIL, DEPT. #6101 BOX 520, LUDINGTON, MI 49431

PRINT NAME, ADDRESS, ZIP, PATTERN NUMBER AND SIZE.

VISA & MASTERCARD

Include name, number & expiration date.

WANTED CRAFTERS & EXHIBITORS

For June 25 Wauconda, IL. Fest Craft Show (847)514-4320.

320 Electronics Computers

Mentor Quest

fixes your computer fast!

Call today at: 847-740-2622

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NEED A NEW computer but no cash? Your're approved-guaranteed! No credit check, bad credit, bankruptcy OK (800)306-6814 10a-9p CST M-F *Personal checking account req'd www.pcs4all.com.

330 Garage Rummage Sale

GRAYSLAKE MARINER'S COVE ANNUAL NEIGHBORHOOD GARAGE SALE

Fri., June 10 Sat., June 11 8am-4pm.

Rt. 45 N of 120 to Washington St. W to Mainsail Dr. Maps Avail.

Antiques, appls., baby items, clothing, collectibles, crafts/sewing, electronics, furn., games, household/kit., lawn items, refreshments, sports cards, tools, toys, boats.

GURNEE HUGE SALE WESTGATE SUB.

Fri. 6/10 Sat. 6/11 Sun. 6/12 10AM-3PM.

Grand Ave. (Rt. 132) E of I-94 to Dilleys N to Lawson then W.

Over 40 Families! Clothes, furn., appls., toys, stereo & office eqt., books, home dec. & misc.

SPONSORED BY CHAR BRENGEL RE/MAX Showcase Gurnee, IL. (847) 951-5131.

338 Horses & Tacks

2001 TOBIANO PAINT QH

Green Broke, Beautiful Color. Will be great for trails. \$1,400/best. Call (847) 858-6019.

SADDLE SHOP

Western & English. New/Used Saddles/Equipment, Carts/Harness. We Trade. The Corral, Inc. Sullivan, WI. (262)593-8048.

TRAILERS!! TRAILERS!!

150+ Horse-Stock-Flatbed. New/Used. Aluminum/Steel. 7-Major Brands. Service, Hitches, wiring, trades. TRAILERS WANTED. Financing Available The Corral, Inc. Sullivan, WI. (262)593-8048. www.thecorralinc.com

WAGONS & BUGGIES

Nice Selection Horse-Drawn Vehicles. New Easy Entry Carts, Harness. The Corral, Inc. Sullivan, WI. (262)593-8048.

340 Household Goods Furniture

Reproduction Sheridan Settee -- like new! \$300. 847-680-1935

BRAND NEW COUCH WITH A BEAUTIFUL MAUIVE & LIGHT PURPLE FLORAL PATTERN.

\$450 OBO

CALL 847-970-7511

330 Garage Rummage Sale

GARAGE SALE SAT. 6/11, 8am-1pm. 934 Dunhill Rd., Grayslake, College Trail Sub. (off. Center & Atkinson). 3-pc sectional, holiday decorations & much more.

LIBERTYVILLE TOYS, clothes & dishes. June 9, 10 & 11 9a-3p June 16 & 17 9a-3p 958 Windhaven Dr.

GRAYSLAKE STRATFORD ON AVON Subdivision Garage Sale

Fri. June 10th., 9am-5pm. With even more on Sat. June 11th., 9am-5pm. 2 blocks S of Washington & Atkinson St.

GRAYSLAKE 1434 MAYFAIR LN.

Household items, toys, adult/kids clothing, tools. Everything must go! Sat. ONLY June 11th 7a-2p.

AFTER YOU'VE HAD YOUR BIG SALE, and there is still things that just did not go.... Call us at LAKELAND Newspapers and run it under the "FREE or Giveaways" classified column. FREE ADS are NO CHARGE! (847) 223-8161, ext. 191.

340 Household Goods Furniture

A VISCO MEMORY FOAM

Sleep System. New w/Fac. Warranty. \$448 Del. Avail. (847)529-4618 Gurnee.

A 3 PC KING DOUBLE Pillow-Top Mattress Set.

w/factory warranty. \$199. Deliver Avail. (847)529-4618 Gurnee.

A JUMBO LUXURY Pillow-Top Mattress Set. Brand new w/warranty. \$237. Del. Avail. (847)529-4618 Gurnee.

A SOFT QUEEN DOUBLE Pillow-Top Mattress Set. Brand New w/warranty. \$109. Del. Avail. (847)529-4618 Gurnee.

ANTIQUE COFFEE TABLE.

1940's-50's, round, inlaid marble, \$200. Antique end table, marble top w/copper ring, \$250. Antique round coffee table, w/mirrorred top, leaf pedestal, \$200. (847) 223-6415, leave message.

340 Household Goods Furniture

BUY FURNITURE WHOLESALE!!

DON'T PAY RETAIL!!

3PC Imported Leather Set...\$850

Chrome Leg Leather 3PC. Set...\$1095

Italian Leather Sofa...\$400

Ashley Lthr Sec. w/2 Recliners & Sleeper...\$1695

5PC Oak Finish Br Set...\$290

Solid Wood Louis Phillipe Br Set. 6PC Cherry Fash BR set...\$390

Twin Mattress Set...\$60

Full Mattress Set...\$65

Qn Mattress Set...\$75

Qn Dbl PillowTop Deluxe Set...\$200

King Mattress Set...\$250

5PC Dinette Set...\$95

5PC Bk DR Set...\$150

7PC Cherry Fash DR...\$390

Chippendale Style DR Set...\$1195

Futon w/Deluxe Mattress...\$100

3PC Sofa Set...\$350

Ashley 3PC Sofa Set...\$750

Assorted New Couches...\$200

Computer Desk...\$95

Beautiful Lrg Italian Bar...\$1090

WE WILL BEAT ALL PRICES

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ALL NEW!!

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DO YOU NEED TO SELL AN INEXPENSIVE ITEM FOR \$100 OR LESS? GET YOUR AD IN THE 11 "LAKELAND" HOME TOWN PAPERS, THE GREAT LAKES BULLETIN & THE MARKET JOURNAL FOR ONLY \$6 PER WEEK BY CALLING (847) 223-8161 ASK FOR LISA. EXT. 191

340 Household Goods Furniture

MATTRESS DISCOUNT WAREHOUSE. We beat every price listed here. No high pressure sales. Appointment needed. (847)687-5030-We Deliver. (815)578-4200. V/Mc/Disc.

■ Mission Style Queen Size Bed For Sale Cherry Color Wood. 2 years old \$400 obo

■ Queen Size Down Mattress pad, 6mo old \$100

■ Cherry color wine rack cabinet \$90.

Please call: 847-970-7511

348 Lawn/Garden

LAWN MOWERS \$50 and up. (3) Riding mowers, \$275 to \$425, (847) 212-9039.

Lawn mowers \$50 up to \$90. No Riders. (847)546-4309

WANTED CLEAN GRASS CLIPPINGS. One block from Wilson Rd. & Rt. 59. (847) 587-6998, (319) 310-8183.

348 Lawn/Garden

L & D LANDSCAPING! WE DO IT ALL! SPRING CLEAN UP! No job too big or too small! CUTTING DOWN TREES STUMP REMOVAL

*Lawn Mowing

*Weed & Edge Flower Beds

*Tree & Hedge Trimming

*Mulch

*Power Wash or Staining Decks & Fences

*Tilling Small Flower Beds & Gardens

*Core Aerating.

Home (847) 223-3161 Cell (847)845-8027

****FIREWOOD AVAILABLE****

350 Miscellaneous

DO YOU NEED TO SELL THAT INEXPENSIVE ITEM FOR \$100 OR LESS. GET YOUR AD IN THE 11 HOME TOWN PAPERS THE GREAT LAKES BULLETIN & THE MARKET JOURNAL FOR ONLY \$5 PER WEEK BY CALLING (847) 223-8161 EXT 191 ASK FOR LISA.

SHE SHAWLS

*Discretely nurse in Church, Store, Mall, Restaurant, etc.

*Great Baby Shower Gift

*Fashionable enough to wear for all occasions

*Four unique styles to choose from

*Hand-Made design

*Special orders accepted. For more info. Contact Melissa (815) 385-4978 SheShawls@aol.com

SPA-DELUXE 2005 MODEL

35in. deep. Neck jets, warranty. Therapy seat. Never used. Can del. Worth \$5,700, sell \$1,950. (630)475-3032.

DIRECTV 4-RM SYSTEM

free including installation & delivery. Programming as low as \$29.99/mo. Disable your cable today! Call for details (800)230-1639 or www.satel-lite-connection.com

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HOMEOWNERS WANTED!!

KAYAK Pools is looking for demo homesites to display our virtually "Maintenance-Free" Kayak Pool. Save thousands of \$\$\$ with this unique opportunity. CALL NOW!!! (800)31-KAYAK Discount Code: 521-L15.

HOME TANNING BEDS. New 24 build unit, all metal, only \$2269. FREE SHIPPING. Brand new home & commercial beds avail. w/free shipping offer. (800)921-4020.

POLE BARN 30X50X10' Only \$7,195.00. Includes painted metal, slider, FREE delivery. Call (937) 789-0293. 24x32x10'-\$4,995.00 40x60x12'-\$13,995.00 30x64x12'-\$9,995.00 <http://nationwidepolebarns.com>

FOR SALE: Ref., freezer, queen bd. sectional sofa, lawn edging, TV cabinet, dog kennel, office chair, twin comforter & valances, 5x6 rug, book shelf, propane bottles. Call (847)689-0466.

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ADORABLE PETS AT BEST PETS, LTD.

Adorable...

Calm Terrier, Lhaso Apso, Soft-coated Wheaten, Golden Retriever, Jack Russell, Yellow Lab, Westie, Dauschaund, Japanese Chin, Bizarre & Small Mixes.

Birds, saltwater fish & kittens. All our puppies Vet checked, health guaranteed. Specialized boarding. (847)838-BEST. M-F 9am-7pm. Sat. 9am-6pm. Closed Sunday.

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Basset, Beagle, Border Collie, Cocker Spaniel, Dachshund, Lab, Lhasa Apso, Pom, Shippierke, Schnauzer, Springer Spaniel, Weimaraner.

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Gerald Schulz (920)526-3512.

BRITTANY'S AKC PUPS, Started & Finished dogs, Male & Female, \$500 & up. (414) 745-6829.

French Bulldog Puppies - Brindle, males & females. Vet checked, shots; parents on premises. (815)388-2591 or (815)385-8204.

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368 Tools & Machinery

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370 Wanted To Buy

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500 Homes For Sale

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2002 INGLESIDE RANCH

w/Inshd walk-out bsmt. On premium fenced lots; lots of upgrades. \$294,500. Call for Details (847)740-0540.

3-4BDRM/1.5BA. Lrg remodeled kit., FR, FP, walk-out bsmt, gar. New roof. Gloria (847)421-2048.

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BRICK RANCH - 1500 sq.ft.

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OPEN HOUSE

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500 Homes For Sale

ANTIOCH BEAUTIFUL NEW CONSTRUCTION Tons of sq. footage & storage, loaded w/upgrades. Huge master bd. suite w/luxurious whirlpool tub, his/her walk-in closets, frpl., 42" oak cabinets, hrdwd. flrs. 4-bd., 2-1/2 ba., open flr. plan, full bsmt., 1/2 acre wooded lot w/pler rights on Chain. An absolute dream home. \$279,900. (847)356-4278.

ANTIOCH BY OWNER 4-bd., 2-1/2 ba., totally remodeled. Large open kit. w/island. Fin. bsmt. Bigger corner lot, 2-level deck, 2-car gar., \$219,500. (847)395-6538.

ANTIOCH BY OWNER Land Contract. Low down payment. 1/2 block from High School. 3-bd., 2-ba., diningroom, full bsmt., att. gar. \$170,000. Make Offer. (847) 395-2346.

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BEAUTIFUL 2-BD. HOUSE. 6 mi. W of Paddock Lake. Almost an acre of land. \$85,000. **MUST SELL!** (847) 395-4239.

BEAUTIFUL WATERFRONT PROPERTY 175FT Waterfront home in Fox Lake. 2-bd., 1-1/2 ba., bsmt. Asking \$449,900. (708) 599-0998.

500 Homes For Sale

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FOX LAKE Elegant Spacious Villa. 5bd/5ba, FR, DR, Rec Rm, Den, etc., 4-PP's, new carpets, oak trim, chandeliers, all appl's., w/view of lake. Deck w/lrg frnd yrd, fruit & other trees, 4-car gar's. Independent complete level w/private entrance & 2 driveways. \$599,999. (847)973-9934.

FSBO - 3BD/3BA 703 Barbara - Lakemoor \$239,000(negotiable) www.owners.com/DGW8700 **OPEN HOUSE** Sat/Sun June 4 & 5 10a - 3p (815)363-8910.

LAKE BLUFF - Magnificent home @ a great price! 3bd/2.5ba, bsmt & huge 2+ car gar., remodeled kitchen, lrg LR & FR w/FP, newer windows, roof & siding. Backing to woods. Lake Bluff grade schools & Lake Forest HS. \$399,000.

OPEN SUN. - 6/12 1p - 4p ReMax Showcase Craig Stein - (847)624-6184.

500 Homes For Sale

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◆Waterfront homes on the Chain O'Lakes currently for sale or lease to own... No realtor commissions buy direct from us below appraisal.

On Lake Marie 41325 W Elime Rd. Antioch-remodeled 4 bd/ 3 ba, frndsh basement, 2.5 car garage. \$525,000 low down take over payments.

On Fox Lake 36910 Stanton Point Ingleside-remodeled 4 bd/ 2 ba, 3 car garage w/ office \$450,000

On Fox River 42497 Forest Antioch 3 bd/1 ba, 2 car garage \$190,000.

Fox River 31605 71st Street Salem, WI-2 bd, home with lrg yrd for only \$98,000. Owner financing available.

A company you can count on, the name you trust. **GINSBERG ENTERPRISES** Scott H. Ginsberg President/CEO (847)293-2000.

GRAYSLAKE 2-BD. TH Woodland/Warren Schools. Loft, 2-car gar., fin. bsmt. Details www.infotube.net Ad #113069. (847)502-8675.

GRAYSLAKE OPEN SUN. 1-4PM. 518 Redwing Ct. 4-bd. Colonial, 9ft. ceilings, kit. island, cul-de-sac. ERA Caporal (708)456-1919.

HOUSE FOR SALE (Gurnee Schools)

Unincorporated Lake Villa/lower taxes! 2bd/1ba, 2-car gar., 24H w/2nd flr. Everything NEW inside & out! All new appliances incl'd. New roof, siding, windows, doors, furnace, water heater & electric. House-200amp/gar. 100amp. 2nd bdrm is 17x19.

\$168,900. For appointment Call (847)548-4988. (No Agents Please).

"IF YOU ARE LOOKING FOR A READY TO MOVE-IN" House w/3-bd., 1-1/2 ba., all new carpeting & laminate flooring, C/A, familyroom, lg. livingroom, diningroom, eat-in kit. w/appls. Included! This is for you. It has a 1-car det. gar., deck & sits on 2 lots. \$168,500. (847)587-2397.

INGLESIDE 2.28 ACRES WATERFRONT. 3-bd., 3-ba., 3-car htd. gar. \$415,000. Call for details (773)502-3062.

ISLAND LAKE BY OWNER 3-bd., 2-ba., new roof, windows, kit., baths, grt. sunroom & deck, huge yd., 1/2 block from beach, \$172,000. (847)358-4412.

KENOSHA FOR SALE BY OWNER 6 room Victorian Style Home. 3-bd., 1-1/2 ba., familyroom, workshop area & more. \$149,700. For appt. call (262)654-2076.

NO REALTORS!

LAKE VILLA 3+ bdrms, 2 full bas., totally remodeled, living rm, dining rm, kitchen, all new appliances incl'd; 2.5 car det. gar., on 2 acres. \$245,000. (847)514-9549.

500 Homes For Sale

LAKE VILLA OPEN HOUSE Sat. 10-2; Sun 1-5.

4-bedrooms with loft, 3-full baths, finished basement, hardwood/ceramic floors. Deerpath Sub; Gurnee Township. \$374,500.

PMD Realty (847) 624-2839 www.reelmoviecritic.com/rmc/dp/home.htm

LAKE VILLA - Expanded 4bd/2.5ba, 3-car gar., & full English Bsmnt. With many upgrades; oak flooring on entire 1st flr & Berber carpet on 2nd flr. 45" cabinets, granite counter tops, 9' ceiling on 1st flr & bsmt. Cust. Italian tile, cust. lighting & plantation blinds throughout. Built in 2002. And so much more!! \$419,000.

OPEN SUN. - 6/18 - 1p-4p ReMax Showcase Craig Stein - (847)624-6184.

LAKE VILLA 2-STORY Built 2001. 4-bd., 3-1/2 ba., 3-car gar., many upgrades, backs up to woods & pond. \$369,500 or rent to buy. (847) 342-7877, (708)502-0576.

LAKE VILLA-3BD/2.5BA w/lrg family rm & lrg semi-frndsh bsmt. On corner lot w/fncd in yrd. Near Metra & shopping. Grayslake Schools

OPEN HOUSE SUNDAY 10a - 2p 2039 Amber Prairie Way. (847)922-6458.

LINDENHURST 3-BD. RANCH. All new, including: kit., ba., ceramic & carpeting. \$189,900. (847) 533-8529, (847)265-4161.

LINDENHURST BEAUTIFUL 2-STORY Colonial on cul-de-sac. 3-bd., 2-1/2 ba., 2-story familyroom w/frpl., dining/livingroom, full bsmt., deck, professionally landscaped. Neutral decor, oak trim, 9ft. ceilings. \$269,900. Please call (630) 564-8910, (847) 302-7968.

LINDENHURST Quality custom home. 5bd/3.5ba, master suite has jacuzzi & walk-in closet, 2.5 hld gar., lrg kitchen w/oak cabinets & walk-in pantry, 1st flr utility rm, hrdwd & ceramic flooring, hld pool. Must See! Pick up flyer at: 102 White Oak Dr. \$334,900. (847)650-3470.

LINDENHURST-5BD/3.5BA. Fabulous Home, Great Neighborhood, Great Schools!

Adjacent to Forest Preserve! Hardwood Flrs, 9' cell., 3-car gar., prof. Indscpng. MSuite w/valued ceil., huge WIC, lux. MBA., kit. w/42" oak cabs., opens to FR w/gas FP & deck on lrg corner wooded lot. Study! Frml LR, DR, Poss. in-law or nanny suite in prof. full fin. bsmt w/office, rec. rm., exercise rm, storage. Approx. 3800 sqft. Millburn Schools! Priced to sell at \$409,900. (847)356-3184, (847)494-6484.

LOOKING TO BUY OR SELL A HOME IN WI? Give me a call for available homes in the area or for a FREE market analysis of your home. I am a full time Realtor working for Coldwell Banker Real Estate One. Call Sean Gitzlaff today for all your Real Estate needs @ cell (262) 818-1405, office (262) 694-4444 ex. 123.

LRG 4BD/2.5BA ON 1/3 Acre premium lot. Cul-de-sac location in Lakemoor Farms, backs up to nature. Full bsmt, freshly painted. Great family home in great neighborhood! \$297,000. Call for more Details (815)344-8310.

MCHENRY**MOVE-IN READY!**

Beautifully remodeled 3bd/1.5ba, 2-car att., hrdwd flrs, ceramic, new carpet, roof, windows, siding, Lake nearby. 100% Financing Avail. \$207,900. Dave (847)875-2162.

MUNDELEIN 2-BD. BRICK BUNGALOW, expandable attic, full walk-out bsmt., 2.5 car gar., \$218,900. (847) 833-8911.

MUNDELEIN 4-BD., 2-BA. TRI-LEVEL w/woodburning FP. Newer roof & windows. Large lot w/fenced in backyard & shed, 2.5 car gar. Close to schools & shopping. \$275,000. (847)949-9533.

500 Homes For Sale

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www.renttoowntoday.com

ROLLING MEADOWS, IL. 2308 Willow Ln. Brk/frm. tri-level. Beauty in exc. cond. w/many upgrades. 9 rooms, 4-bd., 1.5 ba., for a total of 1,764sq.ft. + unfin. bsmt area and a 1-car att. gar., wood deck & concrete patio. Lot is 60x130 and nicely landscaped. This property will be avail. for occupancy Sept/Oct of '05. \$309,900. For details call Broker Donn Ent. (847) 825-3666.

ROUND LAKE BEACH Almost new, 3 lrg bd + loft/ 2.5ba., FP, full bsmt., & tons of upgrades. \$229,999 (847)863-5563 Scanlan Realty.

ROUND LAKE BEACH 3-bd., 2.1 ba., fully fin. bsmt., 2-car att. gar., new appls., new carpet. Exc. cond. Lake Villa Schools. (847)245-4085.

SPRING GROVE-ORCHARD BLUFF ESTATES 3-bd., 2-1/2 ba., masterbd. w/valued ceiling, ba. w/jacuzzi tub, sep. shower, ceramic tile. Formal diningroom, grtroom w/marble frpl., lg. eat-in kit. w/breakfast-bar, full fin. walk-out bsmt. Multi-level deck, 3-1/2 car gar., on 1 acre professionally landscaped. \$358,500. (815)675-9547.

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TWO BEDROOM LAKEFRONT HOME, on Chain O'Lakes. Million dollar view. Ready to move in. \$199,900. For appt. (708)267-0974.

WANTED-HOUSE OR APT. BLDG.

\$\$\$DO YOU WANT CASH?\$\$\$ We need houses and multi-unit buildings. Get cash immediately and close fast! Call now! 24 hour recorded message: 877-290-0719 ext. 2005.

WAUCONDA 558 MEADOWVIEW DR. Prime loc., very pvt., 2 lots. Custom home. 4-bd./office, 2-1/2 ba., hrdwd. flrs. in entry, dinette, kit. Butler's pantry on first flr. Spacious bds., walk-in closets, full unfin. plumbed bsmt. Front porch & massive deck in rear of home. Grt. value before going M.L.S. \$394,000. (847)526-8590 for appt.

WAUKEGAN 2 FLAT Nicely Restored Great as investment income or first home. Each unit has LR, DR, Kit. and 2-bdrms. Sep. utilities for each unit. Cash flow + 415 Ravine Ave. By Roosevelt Park. \$162,900. 1-877-290-0719 ext. 8882.

WAUKEGAN 3-5% DOWN. No bank qualifying. 2-bd., 1.5 ba., full bsmt., LR, DR, lovely back yd., \$1,100/mo. PITI-vant. Seller finance. (847)656-5048.

WAUKEGAN BEAUTIFUL 3-BD. tri-level, huge double lot, C/A, lg. deck, \$195,000. Call Ellen (847)508-6616.

WINTHROP HARBOR 217 Potomac Ln. Beautiful 3-bd., 2-1/2 ba., laundry & mudroom on 1st flr., fin. Eng. bsmt., frpl., jacuzzi in master ba., 2-car gar., custom deck w/steps to yd., backed by preserves. 275K. Buyers Agent O.K. (773) 255-6825.

WISCONSIN DELLS AREA For sale 1yr new, 2300sqft Ranch. Features: 3 full baths, 3bd, Foyer, & cathedral ceilings. Lower level walk-out with 1100sqft living area. \$275,000. (847)395-4531.

ZION NEWER HOME 3-bd. possible 4th bd., 2-ba., 2-car, LR, formal DR., recroom, land contract poss. (847)436-3120.

Off the Beaten Path® by Eric Hodecker

Here's the cash. ... Remember to make it look like an accident.

**504** Homes For Rent

ANTIOCH BRAND NEW 3-bd. home, 2-ba., 3-car gar., full bsmt., \$1,500/mo. (224) 629-3996.

ANTIOCH RENT TO OWN 3-bd., 1-ba. ranch with 2-car gar. Flexible terms. Call Amy (847)652-1220.

FOX LAKE WATERFRONT, next to park. 3-bd., 2-ba., w/full bsmt., \$1,095/mo. \$35/credit check. (847)277-0877.

FOX LAKE - 1bd Home w/lyrd overlooking lake. Water, sewer & kit. appl's incl'd. \$700/mo. (847)587-4798.

FOX LAKE 2BD House w/space for a business workshop & storage in lower level. Rent negotiable. (847)587-7596.

FOX LAKE ADORABLE 2bd house 1blk from lake. Laundry rm, all appliances, central air, 3/4 acre, w/huge deck, paved driveway & freshly painted. \$1050/mo. NO PETS! REFERENCES REQUIRED! (847)973-9708.

FOX LAKE CHAIN 6-rm., 3-bd., near Gavin, St. Bado & Grant Schools. All newer appls. central air, boathouse, landlord cuts lawn. \$1,100/mo. Lease, sec. No pets. Avail. July 1. (708)366-8843.

FOX LAKE PISTAKEE LAKEFRONT 2-BD., 1-ba., appls., \$1050/mo. (312) 504-3441.

FOX LAKE-Overlooking Lake 3bd Duplex w/new carpet, new windows, fresh paint, frnd yrd. Possible garage rental. Convenient laundry. Reasonably priced @ \$900/mo. Tenants pay util's. (847)331-5268.

GRAYSLAKE 3-BD. 8YR. RANCH, cathedral ceilings, 2-ba., 2-car gar. No bsmt. \$1,475/mo. (847)223-8386, (847) 528-2238.

GURNEE-WILDWOOD 3-bd. home, \$1,200/mo.+sec. & utilities. Agent owned. (847) 366-0054.

HOLIDAY HILLS 2-1/2 acres, just remodeled. 4-bd., 2-ba., lg. deck, eat-in kit., familyroom, diningroom, oak flrs., appls., extra lg. htd. gar. Channel to Fox River in rear. Griswold Lake in front. Beautiful view. Pets? \$1,500/mo. (815)385-2338.

HOUSE ON CHAIN 2-bd., 1-ba., deck, central air, lawn maintenance included. Must see. Very private. \$750/mo. (847) 624-7785.

INGLESIDE 3-BD., 1-BA., newly remodeled. New bath, carpeting, flooring. Open floor plan, fireplace, storage shed. \$1,050/mo. + utilities. Available June 1st. Call (847) 778-2187, broker owned.

JOHNSBURG SCHOOLS! 3bd/1ba, 2-car garage, lrg corner lot w/boat ramp access. \$1100/mo + sec. Aft 5pm (847)270-9293.

504 Homes For Rent

ISLAND LAKE LOVELY newer 3-bd., 1-ba. home, 2-car gar., A/C, washer/dryer, dishwasher, \$1,195/mo. Will consider rent to own. (847)612-6393, (847) 722-0269.

KENOSHA, WI 2bdrm, no pets, Sec. 8 OK. \$525-\$600/mo + utilities. (847)838-5672.

LAKE VILLA NEWER 4-bd., 2-ba., wood flrs., C/A, dishwasher, oversized gar., fenced yd., Fox Lakerights, \$1,350/mo. (847)778-7874.

PISTAKEE HIGHLAND 2-BD DUPLEX. Includes all appls., w/office & laundryroom, C/A. Rent includes gas heat, water, garbage and yd. care. Has lg. deck and patio. \$1,100/mo. (847)497-3934.

PRIVATE LAKE/WATERFRONT HOUSE!

Great Fishing, Swimming, Boating!!! 5bd/2ba, 2.5 car att. gar., frnd side yrd, Stone FP, new kitchen, lakeside deck, W/D, kitchen appl's, freezer & extra refrigerator in garage. Quiet family neighborhood in Third Lake Village, Woodland & Grayslake H.S. Close to 294 & Grayslake Train. \$1895/mo. - w/2yr lease rent will be reduced by \$100. Seen by Appointment Only (847)823-4327.

RENT TO OWN - Help with credit, financing down payment! 3bd/1.5ba, \$1250/mo + sec. Round Lake Area Sec. 8 considered. (847)404-7930.

RENTALS-SALES Townhomes, Condos, Single Family Homes. (847)219-3966 Andrew Real Estate Brokerage.

ROUND LAKE 3-BD., new kit. & ba., frpl., skylights, washer/dryer, huge gar. w/att. 23ft. WORKSHOP, fenced yd., \$1,125/mo. (847)778-7874.

ROUND LAKE BEACH 5yr. old single family home on quiet cul-de-sac. 3-bd., 1-1/2 ba., 3/4 bsmt., 1/4 crawl, big back yd. w/swing set, all appls.+ washer/dryer included. 20 mins. to Naval Base. \$1,300/mo.+sec. dep. Avail. 6/15-7/1. Call Jamie (847)838-6401.

ROUND LAKE BEACH-1bd House w/lrg screened-in porch & deck. 1.5 car garage. \$600/mo + sec. dep & util's. (847)740-7570.

ROUND LAKE PARK Cute 3-bd., 1-ba. Cape. \$875/mo. Avail. 7/1. (847)722-0269, (847)612-6393.

TWIN LAKES, WISC. HOUSES. 4+BD., 2-ba., 2-kits., double gar., \$1,350/mo. 3-BD. RANCH Near Powers Lake Beach, \$950/mo. (262) 210-2773.

WINTHROP HARBOR 3-BD., 1-ba., w/bsmt., beautiful lot. Was foreclosure. \$159,000 or rent \$1,200/mo. (847)845-8184.

INTERNET MEDIA 847-223-8161 Class@lakelandmedia.com

HOROSCOPE**ARIES - Mar 21/Apr 20**

At work, you will have to put in extra effort to get the results you want. Your patience will be tested by a co-worker. Try to keep your cool.

TAURUS - Apr 21/May 21

Encouraged by what you've accomplished recently, your ambitions will be at an all-time high. With your progressive thinking, you will be able to improve on the details of a current project.

GEMINI - May 22/Jun 21

Difficulties at work or home could be smoothed out easily with a bit of compromise on your part. However, a bad attitude could worsen the situation.

CANCER - Jun 22/Jul 22

Just when you thought life was boring, something exciting happens. You will suddenly feel light-hearted and enthusiastic.

LEO - Jul 23/Aug 23

You could find yourself working on many projects at the same time. Don't bite off more than you can chew.

VIRGO - Aug 24/Sept 22

Your workload will be larger than usual this week. Overworking may cause stress, so find the time to rest and relax.

LIBRA - Sept 23/Oct 23

This will be an especially satisfying week concerning work or business. You will accomplish a

great deal and gain the rewards to prove it. It will be worth taking the chance on a business deal, but get professional advice before signing any official documents. This weekend will be great for social outings of any kind.

SCORPIO - Oct 24/Nov 22

Saturday will be an ideal day for light entertainment and company. On

504 Homes For Rent

WATERFRONT RENTAL
3BD/2.5BA Home w/3 car gar., great for home office w/plenty of docking on secluded Ackerman's Bay.
\$2000/mo.

LAKE VIEWS!
2BD HOME 1 blk from lake. Newer custom windows, siding & roof. Ceramic in kitchen, H/W flr in DR & LR. South lot sold separate. \$149,900.

LAKEVIEWS
From nearly every room! Watch the sunrise & set on the awesome view of Rock Lake. From this completely renovated 2-story Colonial. Home incl'd spacious FR, full base, boat dock & gazebo. Offered at \$449,00.
Call Joseph of Re/Max Grand (847)533-8507.

ZION & ROUND LAKE BEACH - 3-BD. HOUSES
stove, fridge, washer/dryer, newly painted & carpeted, C/A, 2-car gar., Section 8 O.K. 1845 Galilee, \$900/mo.+util. 1428 Woodridge, R.L.B. \$1,000/mo.+util. (262) 857-7771, (262) 945-3783.

514 Condos Townhomes

ANTIOCH NEW CONSTRUCTION. RENT TO OWN!
Steps from Chain. 3bd/2.5ba., 2-car gar. End unit w/full bsmt. Unbelievable financing terms. \$248,900.
(815)482-8696.

CONDO FOR SALE Round Lake area. Naturalistic setting. 3-bd., 2-ba., family room, vaulted ceilings, 2-car gar. Asking \$183,000. Call for appt. (847)201-1258.

FOX LAKE TOWNHOME
This 3yr. old, one level penthouse offers 5 rms., 2-bdrms., lg. master w/vaulted ceiling and twin closets. Klt. w/bkfst. bar and adjoining Indry. Diningrm. balcony has view of open area, 1.5 car hld. att. gar. All appls. inc. Near Lakes, Shopping and Metra Station. 1yr. lease. \$895/mo.+sec. (847) 902-1529.

FOX LAKE-Vacation Village
2-stry Condo w/1bd-1ba. Access to lake & pool. Boat slip avail. \$68,900/obo. (224)577-9075.

FSBO
Fox Lake/Woodhill's Bay Multi-level end unit; newly remodeled, new appls's, steps away to pool, tennis, club house, boat launch. 2bd/1.5ba, laundry rm. Numerous upgrades. \$169,900. (847)322-1641 (847)973-8293.

GURNEE BRIDLEWOOD TOWNHOME 2-bd., 2.5 ba., 1-car gar., C/A, all appls., gas F/P, beautiful view, one pet O.K. \$1,150/mo. plus sec. Avail. now. Call Brenda RE/MAX SHOWCASE (847) 596-6109. View this property @ www.tjproperties.com.

GURNEE TH FOR RENT Grt. location, near schools & park, low density sub., off Washington, end unit w/att. 2-car gar. 2-bd., loft w/wet bar, 1-1/2 ba., frpl., all appls. including w/d. Avail. 8/05. \$1,250/mo. + sec. (847)623-8355.

GURNEE TOWNHOME 2-bd., 1-1/2 ba., end unit, updated. F.S.B.O. Move in Ready! (847)323-5429.

GURNEE/HEATHER RIDGE 2bd+Loft/2ba., TownHouse w/garage. No pets. Ref's req'd. \$1250/mo. (866)626-8009.

KENOSHA MUST SELL
FAST 3-story Harbor Park Villa Condo on Lake Michigan, between Sheridan & Lake. 1810sq.ft., 3-pvt. balconies, 1.5 att. gar. + pk. space. Upstairs laundryrm. Full attic, 1.5 bas. Metra access. Taking best offer. (262)551-9956.

KENOSHA/South Sheridan
Newer Condo - 2bd/2ba, 1250 sq.ft., w/laundry rm, oak trim & cabinets, Berber carpet, 1-car att. garage. \$145,900. Call Scott for more details (224)280-9028.

514 Condos Townhomes

LAKE COUNTY RESIDENTS
Antioch
New Condo Construction
490 North Ave.
4 unit condo building.
If purchased by 7/30/05,
receive \$5K of upgrades
FREE.
3 bedroom, 2 bath,
2 car garage.
Start @ \$218,900.
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Antioch Township in Heart of Chain Area CR Zoning
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70x40 w/3-Garage Doors
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New (1yr) beautifully appointed, mission-style gem in a peaceful, private, quiet setting!
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CHEVY '02 TRAILBLAZER, maroon. \$15,980. (877) 254-8983.

CHEVY 2003 TRAILBLAZER, exc. cond., 30,000 mi. Asking \$20,000. (847) 219-7731.

CHRYSLER '05 PACIFICA TOURING AWD, \$23,750. (800) 579-3154.

DODGE '02 DURANGO SLT 4x4, V8, htd. lthr., 3rd. seat, blud, big & bold, \$11,995. (888) 452-6064.

FORD '00 EXPLORER ED-DIE BAUER AWD, V8. \$9,995. (847) 362-9200.

FORD '02 ESCAPE XLT 4x4 \$16,295. (847) 623-3000.

FORD L'99 EXPLORER Eddie Bauer, 4x4, low miles & loaded! \$7995 (847) 587-0356.

GMC '03 ENVOY SLT 4x4 \$22,395. (847) 623-3000.

HONDA 2004 PILOT EX-L 4x4-7 pass., lthr. \$27,900. (847) 362-9200.

HYUNDAI '04 SANTA FE 4x4, \$17,495. (847) 623-3000.

JEEP '01 GRAND Cherokee, V8, lthr, CD, m/r, \$9995. (847) 623-1492.

JEEP '02 GRAND CHEROKEE LAREDO 4X4, \$16,995. (800) 579-3154.

828 Sport Utility Vehicles

JEEP 2003 LIBERTY Sport, 4wd, auto, 4-dr \$14,995. (847) 623-1492 Dell's Jeep.

JEEP '05 LIBERTY SPORT 4X4, \$18,995. (800) 579-3154.

JEEP 2003 GRAND Cherokee, overland 4.7 HO, 25L pkg. \$24,995. (847) 623-1492 Dell's Jeep.

KIA '01 SPORTAGE, blk, \$10,480. (888) 497-8811.

JEEP 2003 WRANGLER Freedom, hrd top, auto, low miles. \$21,500. (847) 623-1492 Dell's Jeep.

JEEP 2003 WRANGLER Rubicon 4x4, 5-spd, hrd doors \$19,995. (847) 623-1492 Dell's Jeep.

JEEP 2004 GRAND Cherokee, 28K pkg, lthr, sunroof, \$24,995. (847) 623-1492 Dell's Jeep.

JEEP 2004 GRAND Cherokee, overland nav. sys. 25L pkg. \$27,500. (847) 623-1492 Dell's Jeep.

JEEP '95 GRAND Cherokee Ltd. 4x4 \$5495. (847) 623-3000.

LAND ROVER '02 Discovery, 4x4 dual m/r, lthr., Minil \$21,995. (847) 625-8400.

LAND ROVER '02 Freelander SE, 4x4, m/r, htd. lthr, CD \$18,995. (847) 625-8400.

LEXUS 2004 RX330-BLUE, lthr, low miles! \$34,995. (847) 362-9200.

MITSUBISHI '02 MONTERO Sport V6, \$7495. (847) 623-3000.

MITSUBISHI 2001 MONTERO Limited 4x4, 7 pass., lthr, V6, \$16,900. (847) 362-9200.

SUZUKI SIDEKICK, runs good, but needs some body work, \$750. (847) 587-6998.

TOYOTA 1998 LAND Cruiser 4x4, lthr., all the toys! Low miles! \$22,900 (847) 362-9200.

TOYOTA '93 4-RUNNER, SR5 V6 4x4, \$3995. (847) 587-0356.

834 Trucks/Trailers

CHEVY '00 EXPRESS 2500, white, only 50K miles. \$14,980. (877) 254-8983.

CHEVY S-10, 1997, 66,000 miles, automatic, regulr cab. Asking \$4,300. (847) 553-8355.

DODGE '03 RAM 2500 QUAD CAB P/U, \$21,995. (800) 579-3154.

DODGE '04 RAM 3500 DUALY 4X4 P/U, \$39,995. (800) 579-3154.

DODGE 2001 RAM-2500 Diesel, auto, \$19,995. (847) 623-1492 Dell's Jeep.

LATE MODEL KENWORTH & Freightliner flat top & condo tractors. Multiple units avail. Trades welcome. Financing qth approved credit. Call TMC Transportation. (877) 285-8752.

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847-587-7256

844 Motorcycles

KAWASAKI ZX9R 3,400 miles. Hotbodies undertall, Vance & Hines slip on and "Carbon Fiber" Flush mount front turn signals. Like new. \$6,500/best. (847) 553-8355.

S15 Carpet Cleaning

WINDOW WASHING POWER WASHING DRIVEWAY SEALING CARPET SHAMPOOING. FREE ESTIMATES. Call Gary (847) 651-2684.

S21 Dry Wall

CARPENTRY & DRYWALL Bsmts., Kitchens, Baths. Hang, Tape, Patches & Much More. Residential & Commercial. Call Mike (847) 587-0859.

S27 Electrical

MTM ELECTRIC & TELEPHONE
Residential and small business. Remodeling, additions, upgrades, lighting and outlets. Telephone and Cat 5 wiring. 50% off SBC rates. Fully Insured. Call Mike (847) 546-8388.

S39 Housekeeping

DEBBIE'S CLEANING SERVICE
SPRING CLEANING WINDOWS, WOODWORK, HOUSE CLEANING. Reasonable Rates. FREE Estimates. Also Move-Ins/Move Outs. 22yrs. Experience. (847) 651-2683.

DETAIL ORIENTED HOUSE-CLEANER, looking for your house or apt. to clean. 10yrs. exp., good ref. Call Shari (815) 276-6630.

SUZIE Q OGDEN'S HOME CLEANING

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*Monthly
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*Move-out
*New construction
*Offices
*One time cleanings. FREE Estimates! Senior discounts! Insured.
Call Suzie Q. Office: (847) 587-4340 Cell: (847) 207-1646.

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Your Home, Condo or Apt. 30yrs. Experience. Excellent References. Call (847) 973-9565.

WORK ALL WEEK? Want your weekends for you? Let me clean your home. I'll treat it like my own, 18yrs. exp. FREE estimates. Weekly, bi-weekly, monthly. Call Kathy anytime (262) 960-2074.

S42 Landscaping

L & D LANDSCAPING!
WE DO IT ALL!
SPRING CLEAN UP!
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CUTTING DOWN TREES
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*Tree & Hedge Trimming
*Mulch
*Power Wash or Staining Decks & Fences
*Tilling Small Flower Beds & Gardens
*Core Aerialing.
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Cell (847) 845-8027
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S57 Painting/Decorating

EGW SERVICES Is Your Deck Gray & Nasty?
EGW Services can help. Specializing in:
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•Deckwashing
•Staining•Painting
•Deck & Fence Repairs
•Water Proofing
•Tile Flooring
(847) 207-9191
Office (847) 587-4340

S69 Pressure Washing

EGW SERVICES
Mother's Day, Memorial Day, Graduation Party, Father's Day, 4th Of July, Three Day Weekend. Is your deck ready? Staining as low as \$.60 sq.ft. Book Early! Save Big! Power Washing Deck Washing Staining, Painting Deck & Fence Repair. Office (847) 587-4340 Cell (847) 207-9191.

S72 Professional Services

I'LL COME TO YOU! Car or truck problems? Get them fixed and running cheap. 50% off your best estimate. Guaranteed. Call Kevin (847) 971-9710. Serious inquiries only.

S78 Remodeling

DC TILE WE We install ceramic, vinyl tile, Parquet, and Pergo floors. For free estimates call (847) 395-0777, pager (

900

Legals

**PUBLIC NOTICE
ASSUMED BUSINESS
NAME application**

NAME OF BUSINESS:
Lakeland Financial Services
NATURE/PURPOSE:
Investment/Insurance Sales
ADDRESS(ES) WHERE
BUSINESS IS TO BE
CONDUCTED OR TRANS-
ACTED IN THIS COUNTY:
35035 N. Emerald Shores Ct.,
Ingleside, IL. 60041, (847)740-1663.
NAME(S) AND POST
OFFICE OR RESIDENCE
ADDRESS(ES) OF THE
PERSON(S) OWNING,
CONDUCTING OR
TRANSACTIONING BUSINESS
Scott P. O'Sullivan, 35035 N.
Emerald Shores Ct., Ingle-
side, IL. 60041, (847)740-
1663.

**STATE OF ILLINOIS
COUNTY OF LAKE**

This is to certify that the un-
dersigned intend(s) to con-
duct the above named busi-
ness from the location(s) in-
dicated and that the true and le-
gal full name(s) of the
person(s) owning, conducting
or transacting the business
is/are correct as shown.
/s/ Scott P. O'Sullivan
May 12, 2005

The foregoing instrument
was acknowledged before me
by the person(s) intending to
conduct the business this
12th day of May 2005.

OFFICIAL SEAL

/s/Donna K. Brown
Notary Public
Received: May 16, 2005
Willard R. Helander
Lake County Clerk
0527D-7206-FL
May 27, 2005
June 3, 10, 2005

**PUBLIC NOTICE
ASSUMED BUSINESS
NAME application**

NAME OF BUSINESS:
Cornerstone Management
NATURE/PURPOSE:
Property Management/Fi-
nance
ADDRESS(ES) WHERE
BUSINESS IS TO BE
CONDUCTED OR TRANS-
ACTED IN THIS COUNTY:
2215-A Grand Ave., Wauke-
gan, IL. 60085, (847)977-
0416.
NAME(S) AND POST
OFFICE OR RESIDENCE
ADDRESS(ES) OF THE
PERSON(S) OWNING,
CONDUCTING OR
TRANSACTIONING BUSINESS
Julie Castro, 41 Manchester
Lane, Vernon Hills, IL. 60061,
(847)977-0416.

**STATE OF ILLINOIS
COUNTY OF LAKE**

This is to certify that the un-
dersigned intend(s) to con-
duct the above named busi-
ness from the location(s) in-
dicated and that the true and le-
gal full name(s) of the
person(s) owning, conducting
or transacting the business
is/are correct as shown.
/s/ Julie Castro
May 23, 2005

The foregoing instrument
was acknowledged before me
by the person(s) intending to
conduct the business this
23rd day of May 2005.

OFFICIAL SEAL

/s/Barbara J. Noster
Notary Public
Received: May 23, 2005
Willard R. Helander
Lake County Clerk
0527D-7207-GP
May 27, 2005
June 3, 10, 2005

**PUBLIC NOTICE
ASSUMED BUSINESS
NAME application**

NAME OF BUSINESS:
MKM Solutions
NATURE/PURPOSE:
Technology Consulting Serv-
ices
ADDRESS(ES) WHERE
BUSINESS IS TO BE
CONDUCTED OR TRANS-
ACTED IN THIS COUNTY:
16656 Orchard Valley Dr.,
Gurnee, IL. 60031, (847)336-
1866.

**STATE OF ILLINOIS
COUNTY OF LAKE**

This is to certify that the un-
dersigned intend(s) to con-
duct the above named busi-
ness from the location(s) in-
dicated and that the true and le-
gal full name(s) of the
person(s) owning, conducting

900

Legals

**PUBLIC NOTICE
ASSUMED BUSINESS
NAME application**

NAME OF BUSINESS:
Vanguard Alumni Association
NATURE/PURPOSE:
Reunion Organization
ADDRESS(ES) WHERE
BUSINESS IS TO BE
CONDUCTED OR TRANS-
ACTED IN THIS COUNTY:
526 N. Madison Lane, Linden-
hurst, IL. 60046, (847)265-
1047.
NAME(S) AND POST
OFFICE OR RESIDENCE
ADDRESS(ES) OF THE
PERSON(S) OWNING,
CONDUCTING OR
TRANSACTIONING BUSINESS
Jay McGuffin, 526 N. Madison
Lane, Lindenhurst, IL. 60046,
(847)265-1047.

**STATE OF ILLINOIS
COUNTY OF LAKE**

This is to certify that the un-
dersigned intend(s) to con-
duct the above named busi-
ness from the location(s) in-
dicated and that the true and le-
gal full name(s) of the
person(s) owning, conducting
or transacting the business
is/are correct as shown.
/s/ Jay McGuffin
May 13, 2005

The foregoing instrument
was acknowledged before me
by the person(s) intending to
conduct the business this
13th day of May 2005.

OFFICIAL SEAL

/s/Linda M. Paulson
Notary Public
Received: May 13, 2005
Willard R. Helander
Lake County Clerk
0527D-7209-LV
May 27, 2005
June 3, 10, 2005

**PUBLIC NOTICE
ASSUMED BUSINESS
NAME application**

NAME OF BUSINESS:
Dip N Strip
NATURE/PURPOSE:
Furniture Refinishing & Repair
ADDRESS(ES) WHERE
BUSINESS IS TO BE
CONDUCTED OR TRANS-
ACTED IN THIS COUNTY:
339 N. Main St., Wauconda,
IL. 60084, (847) 487-8084.
NAME(S) AND POST
OFFICE OR RESIDENCE
ADDRESS(ES) OF THE
PERSON(S) OWNING,
CONDUCTING OR
TRANSACTIONING BUSINESS
Gregory Manley, P. O. Box
103, Round Lake Beach, IL.
60073, (847)546-8414.

**STATE OF ILLINOIS
COUNTY OF LAKE**

This is to certify that the un-
dersigned intend(s) to con-
duct the above named busi-
ness from the location(s) in-
dicated and that the true and le-
gal full name(s) of the
person(s) owning, conducting
or transacting the business
is/are correct as shown.
/s/ Gregory Manley
May 26, 2005

The foregoing instrument
was acknowledged before me
by the person(s) intending to
conduct the business this
26th day of May 2005.

OFFICIAL SEAL

/s/Christina J. Horn
Notary Public
Received: May 26, 2005
Willard R. Helander
Lake County Clerk
0603A-7219-WL
June 3, 10, 17, 2005

or transacting the business
is/are correct as shown.
/s/ Michael K. McKown
May 16, 2005

The foregoing instrument
was acknowledged before me
by the person(s) intending to
conduct the business this
16th day of May 2005.

OFFICIAL SEAL

/s/Christina J. Horn
Notary Public
Received: May 16, 2005
Willard R. Helander
Lake County Clerk
0527D-7208-GP
May 27, 2005
June 3, 10, 2005

900

Legals

**PUBLIC NOTICE
ASSUMED BUSINESS
NAME application**

NAME OF BUSINESS:
The Beaded Bangle
NATURE/PURPOSE:
I Make Handcrafted Jewelry
ADDRESS(ES) WHERE
BUSINESS IS TO BE
CONDUCTED OR TRANS-
ACTED IN THIS COUNTY:
200 Warbler Ct., Lindenhurst,
IL. 60046, (847)691-3718.
NAME(S) AND POST
OFFICE OR RESIDENCE
ADDRESS(ES) OF THE
PERSON(S) OWNING,
CONDUCTING OR
TRANSACTIONING BUSINESS
Dana Porter, 200 Warbler Ct.,
Lindenhurst, IL (847)356-
7730.

**STATE OF ILLINOIS
COUNTY OF LAKE**

This is to certify that the un-
dersigned intend(s) to con-
duct the above named busi-
ness from the location(s) in-
dicated and that the true and le-
gal full name(s) of the
person(s) owning, conducting
or transacting the business
is/are correct as shown.
/s/Dana Porter
May 25, 2005

The foregoing instrument
was acknowledged before me
by the person(s) intending to
conduct the business this
25th day of May 2005.

OFFICIAL SEAL

/s/Jay D. Williams
Notary Public
Received: May 25, 2005
Willard R. Helander
Lake County Clerk
0603A-7222-LV
June 3, 10, 17, 2005

**PUBLIC NOTICE
ASSUMED BUSINESS
NAME application**

NAME OF BUSINESS:
Quality Works Construction
NATURE/PURPOSE:
Construction (General con-
struction works)
ADDRESS(ES) WHERE
BUSINESS IS TO BE
CONDUCTED OR TRANS-
ACTED IN THIS COUNTY:
994 Haywood Dr., Round
Lake, IL. 60073, (224) 717-
9331.
NAME(S) AND POST
OFFICE OR RESIDENCE
ADDRESS(ES) OF THE
PERSON(S) OWNING,
CONDUCTING OR
TRANSACTIONING BUSINESS
Misheck M. Kiragu, 994 Hay-
wood Dr., Round Lake, IL.
60073, (224) 717-9331.

**STATE OF ILLINOIS
COUNTY OF LAKE**

This is to certify that the un-
dersigned intend(s) to con-
duct the above named busi-
ness from the location(s) in-
dicated and that the true and le-
gal full name(s) of the
person(s) owning, conducting
or transacting the business
is/are correct as shown.
/s/ Misheck M. Kiragu
May 23, 2005

The foregoing instrument
was acknowledged before me
by the person(s) intending to
conduct the business this
31st. day of May 2005.

OFFICIAL SEAL

/s/Susan J. Johnson
Notary Public
Received: June 1, 2005
Willard R. Helander
Lake County Clerk
0610B-7224-RL
June 10, 17, 24, 2005

**PUBLIC NOTICE
ASSUMED BUSINESS
NAME application**

NAME OF BUSINESS:
My Triathlon Family
NATURE/PURPOSE:
Childrens Books
ADDRESS(ES) WHERE
BUSINESS IS TO BE
CONDUCTED OR TRANS-
ACTED IN THIS COUNTY:
387 West Sycamore, Vernon
Hills, IL. 60061 (847)984-
2040.
NAME(S) AND POST
OFFICE OR RESIDENCE
ADDRESS(ES) OF THE

900

Legals

**PUBLIC NOTICE
ASSUMED BUSINESS
NAME application**

NAME OF BUSINESS:
Anvil Contracting
NATURE/PURPOSE:
Trucking and Excavating
ADDRESS(ES) WHERE
BUSINESS IS TO BE
CONDUCTED OR TRANS-
ACTED IN THIS COUNTY:
1330 Chestnut Dr., Round
Lake, IL. 60073, (847)471-
2088.
NAME(S) AND POST
OFFICE OR RESIDENCE
ADDRESS(ES) OF THE
PERSON(S) OWNING,
CONDUCTING OR
TRANSACTIONING BUSINESS
Robert Wargin, 1330 Chest-
nut Dr., Round Lake, IL.
60073.

**STATE OF ILLINOIS
COUNTY OF LAKE**

This is to certify that the un-
dersigned intend(s) to con-
duct the above named busi-
ness from the location(s) in-
dicated and that the true and le-
gal full name(s) of the
person(s) owning, conducting
or transacting the business
is/are correct as shown.
/s/ Robert Wargin
June 3, 2005

The foregoing instrument
was acknowledged before me
by the person(s) intending to
conduct the business this 3rd
day of June 2005.

OFFICIAL SEAL

/s/Linda M. Paulson
Notary Public
Received: June 3, 2005
Willard R. Helander
Lake County Clerk
0610B-7225-RL
June 10, 17, 24, 2005

**PUBLIC NOTICE
ASSUMED BUSINESS
NAME application**

NAME OF BUSINESS:
Hair ID
NATURE/PURPOSE:
Hair Salon
ADDRESS(ES) WHERE
BUSINESS IS TO BE
CONDUCTED OR TRANS-
ACTED IN THIS COUNTY:
1456 S. Butterfield Rd., Mun-
delein, IL. 60060.
271 W. Prairie Walk Ln.,
Round Lake, IL. 60073,
(847)546-0896.
NAME(S) AND POST
OFFICE OR RESIDENCE
ADDRESS(ES) OF THE
PERSON(S) OWNING,
CONDUCTING OR
TRANSACTIONING BUSINESS
Young Rye Yoo, 271 W. Prai-
rie Walk Ln., Round Lake, IL.
60073, (847)546-0896.

**STATE OF ILLINOIS
COUNTY OF LAKE**

This is to certify that the un-
dersigned intend(s) to con-
duct the above named busi-
ness from the location(s) in-
dicated and that the true and le-
gal full name(s) of the
person(s) owning, conducting
or transacting the business
is/are correct as shown.
/s/ Young Rye Yoo
June 2, 2005

The foregoing instrument
was acknowledged before me
by the person(s) intending to
conduct the business this
2nd. day of June 2005.

OFFICIAL SEAL

/s/Adriana Lomeli
Notary Public
Received: June 2, 2005
Willard R. Helander
Lake County Clerk
0610B-7226-RL
June 10, 17, 24, 2005

PERSON(S) OWNING,
CONDUCTING OR
TRANSACTIONING BUSINESS
Glen McGowan, 387 West
Sycamore, Vernon Hills, IL.
60061.

**STATE OF ILLINOIS
COUNTY OF LAKE**

This is to certify that the un-
dersigned intend(s) to con-
duct the above named busi-
ness from the location(s) in-
dicated and that the true and le-
gal full name(s) of the
person(s) owning, conducting
or transacting the business
is/are correct as shown.
/s/ Glen McGowan
May 27, 2005

The foregoing instrument
was acknowledged before me
by the person(s) intending to
conduct the business this
27th day of May 2005.

OFFICIAL SEAL

/s/Adriana Lomeli
Notary Public
Received: May 27, 2005
Willard R. Helander
Lake County Clerk
0603A-7221-LB
June 3, 10, 17, 2005

900

Legals

**PUBLIC NOTICE
ASSUMED BUSINESS
NAME application**

NAME OF BUSINESS:
Mota-Vasquez Landscaping
NATURE/PURPOSE:
Lawn Maintenance
ADDRESS(ES) WHERE
BUSINESS IS TO BE
CONDUCTED OR TRANS-
ACTED IN THIS COUNTY:
682 Marine Dr., Wauconda,
IL. 60084, (847)861-4384.
NAME(S) AND POST
OFFICE OR RESIDENCE
ADDRESS(ES) OF THE
PERSON(S) OWNING,
CONDUCTING OR
TRANSACTIONING BUSINESS
Emilglio Vasquez, 682 Marine
Dr., Wauconda, IL. 60084,
(847)861-4384.
Yolanda Mota, 682 Marine
Dr., Wauconda, IL. 60084,
(847)861-4384.

**STATE OF ILLINOIS
COUNTY OF LAKE**

This is to certify that the un-
dersigned intend(s) to con-
duct the above named busi-
ness from the location(s) in-
dicated and that the true and le-
gal full name(s) of the
person(s) owning, conducting
or transacting the business
is/are correct as shown.
/s/Emilglio Vasquez
/s/Yolanda Mota
May 26, 2005

The foregoing instrument
was acknowledged before me
by the person(s) intending to
conduct the business this
26th day of May 2005.

OFFICIAL SEAL

/s/M. Ricardia Comejo
Notary Public
Received: June 1, 2005
Willard R. Helander
Lake County Clerk
0610B-7223-WL
June 10, 17, 24, 2005

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LAKELAND
NEWSPAPERS**PUBLIC NOTICE
IN THE CIRCUIT COURT
OF THE
19TH JUDICIAL CIRCUIT,
IN AND FOR LAKE
COUNTY, ILLINOIS**

IN RE: The Marriage of
ANNAMARIE RAGGS
Petitioner
VS
PRINCE RAGGS
Respondent

Case No. 05 D 1130

NOTICE BY PUBLICATION

The requisite affidavit for
publication having been filed,
NOTICE IS HEREBY GIVEN
YOU, Prince Raggs, respon-
dent, that this case has been
commenced in this court by
the Petitioner against you for
Dissolution of Marriage and
other relief.

UNLESS YOU file your an-
swer or otherwise file your ap-
pearance in this case in the
office of the clerk of this court
in the Lake County Court-
house, Waukegan, Illinois, on
or before July 13, 2005. *A
JUDGEMENT OR DECREE

BY DEFAULT MAY BE TAK-
EN AGAINST YOU FOR THE
RELIEF ASKED IN THE
COMPLAINT.

/s/ Sally D. Coffelt
Lake County Circuit Clerk

Annamarie Raggs
Petitioner
640 Lenox Ave.
Address
Waukegan, IL. 60085
City
847-693-6322
Telephone

0610B-7225-GP
June 10, 17, 24, 2005



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Trouble Shooting
Hardware Installation
Home Networks

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Top Soil	\$18.75	Black & White Gravel	\$24.00
Garden Compost	\$27.00	Playmat Mulch	\$24.00
Woods or Turpentine Sand	\$21.00	DESCRIPTION <td>PRICE PER YARD</td>	PRICE PER YARD
Per Gravel	\$21.00	Wisconsin	
#6 Stone 1/2" Round	\$27.00	Granite Boulders 6"-18"	\$19.00
#8 Stone 3/4" River Stone	\$29.00	3/8" Dimension Chips	\$9.00
#10 Dimension		Large Wash Rock (12"-36")	\$36.00
Gravel & River Stone	\$21.00		
Dimension Screenings	\$21.00		
Hard Wood			
Mulch-Durable Process	\$21.00		

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Vista 'cancer crusader' receives national recognition

Cancer can be very trying on a patient's spirit, drive, and life. Some people succumb to the stress and become bitter towards the disease. Others grow from the experience and become stronger. And a select few learn from the disease and choose to become crusaders against cancer.

Pat Lehr, of Beach Park, a case manager for Vista Health, is one of these cancer crusaders.

After personally surviving cancer twice, she decided to focus her life on helping others get through the disease that once afflicted her. In June, she was recognized for her choice.

The American Cancer Society, one of the nation's leading cancer awareness and education organizations, selected Lehr to receive the Lane W. Adams Quality of Life Award—a national award recognizing exemplary cancer care.

"I am very happy to be recognized by my colleagues in this fashion," Lehr said. "Everyone who works in cancer care puts their heart into their work, so I feel very honored to have been singled out."

Lehr is not new to cancer nursing. Her passion for humanity and providing the best care possible led her to start the Cancer Care Unit at Victory Memorial Hospital with Dr. Naren Kapadia of Gurnee. That was 25 years ago.

Today, she has incorporated new avenues for the fight against cancer. Still working with cancer patients and their families as a case manager at Vista Health's Victory Memorial Hospital, she recently began a support group for cancer patients in northeastern Lake County.

Lehr also gives her time to the American Cancer Society. Mary Kennedy of American Cancer Society, said, "She really has a gift for dealing with people. [Calling her] an angel



Pat Lehr, right, works with Dr. Niles Mehta of Gurnee at Vista Health. Lehr won national honors for her fight against cancer.

doesn't even do her service—maybe an archangel."

Lehr is also dedicated to the success of "Relay for Life", one of the biggest cancer research fundraisers in the nation. As a volunteer for "Reach to Recovery" she offers support to breast cancer patients.

Much like Lehr, Lane W. Adams, for whom the American Cancer Society's Award of Excellence in Caring is named, dedicated his life to the American Cancer Society. He ultimately served as National Executive Vice President of the American Cancer Society.

During his 26 years with the American

Cancer Society, Adams became well-known for his compassionate and committed concern for the well-being of people with cancer. He was the driving force behind programs like "Reach to Recovery," "I Can Cope" and "Road to Recovery."

"Nearly my entire nursing career has been dedicated to cancer patients," Lehr said. "It is a field in which you really need to put your heart and soul in order to be effective. This Quality of Life award is so meaningful to me because it will serve as a lasting reminder of my love for all of my patients."

ComEd expansion projects to address growing power needs in county

ComEd announced details of a series of infrastructure improvement projects that will help meet growing demand for reliable electricity in Lake County.

"We work to ensure that our electricity delivery system keeps pace with the region's dynamic growth," said John Costello, ComEd's senior vice president of operations. "These important infrastructure enhancements will allow us to continue providing reliable electricity delivery in Lake County."

The company has recently installed two automated switching systems to help prevent potential system overloads. This system, using radio technology to exchange data between transformers, automatically switches electrical load during periods of high demand.

One such automation system was installed on Nippersink Road between the substations in Round Lake Beach and Grayslake. The other was installed in Lake Bluff along the 34 kV power line connecting North Chicago and Lake Bluff.

Also, new power lines were installed from the Wilson Road substation south of Fox Lake to provide more electrical capacity to the communities of Volo, Long Lake, Round Lake Beach and Grayslake.

ComEd capacity engineers consulted with municipal officials to identify growth areas where enhancements were needed. These investments will better balance the regional electricity load, expand overall capacity and create redundancies in the system. In the event of an outage, these upgrades also will help reduce service restoration times.

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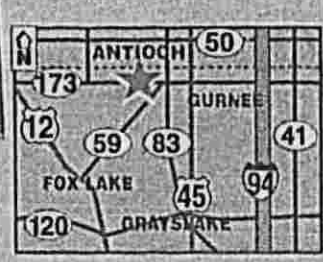
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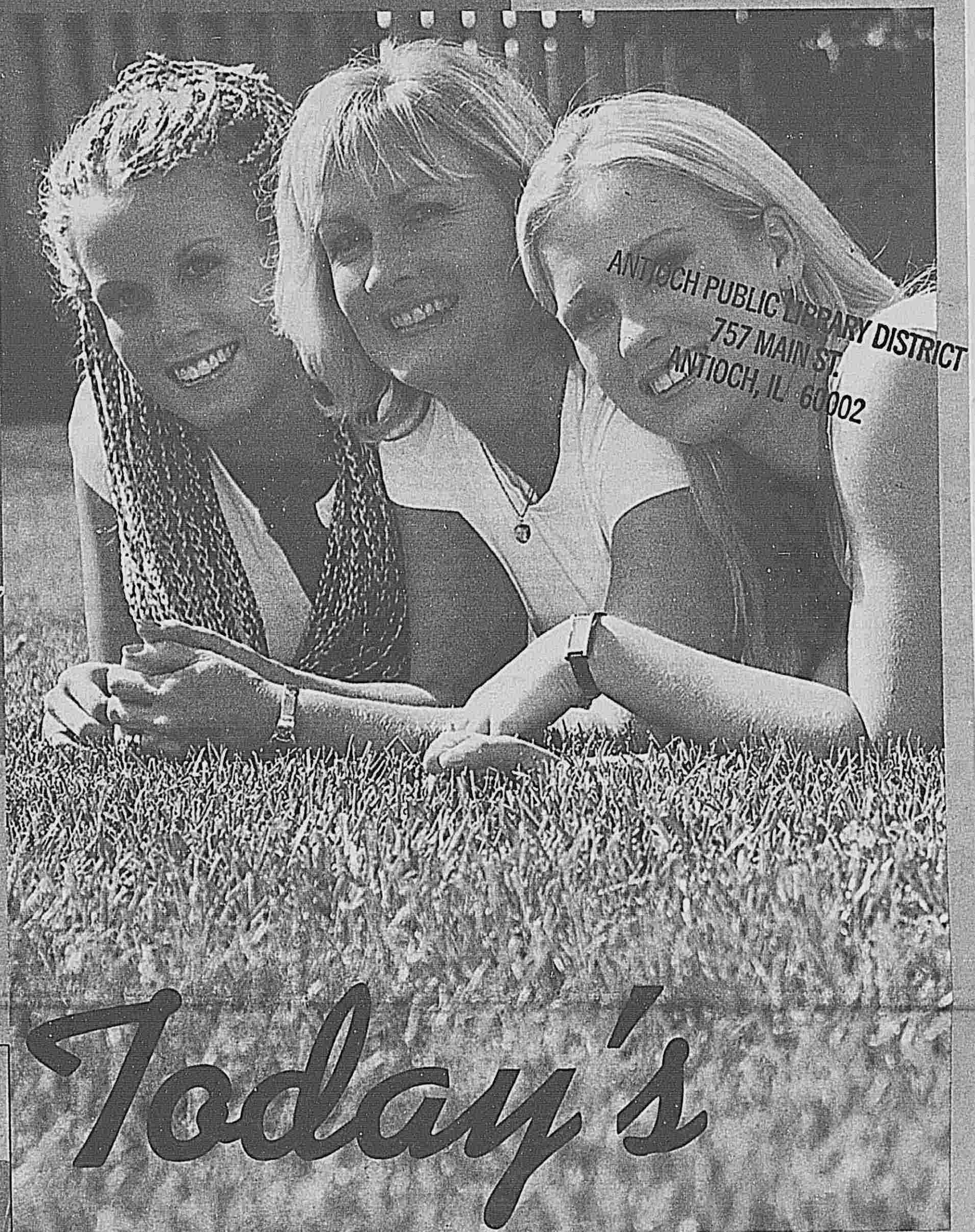
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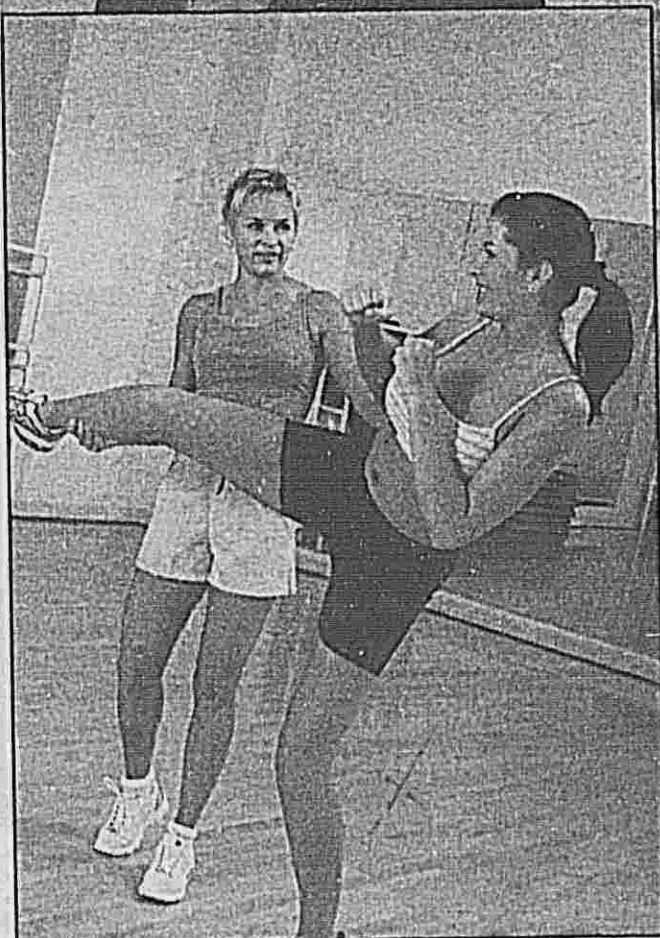
Fast-paced fashion

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Today's

WOMEN



A special supplement to

LAKELAND NEWSPAPERS

June 10, 2005



Mothers UNITE

Lake County Moms, your saving grace may be a click away

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Beth Olzowski of Wadsworth traveled a road many had been down before. Working part time, Olzowski set out on a quest to find somebody to watch her kids three days a week. The daycares wanted full-time students and the preschool centers were too costly for only three days. Home daycares were hard to find and few were willing to work with her schedule.

But in this rare case, the problem itself actually became the solution. Olzowski found a way to stay home with her children, and help other mothers avoid the same headaches she went through. That solution can now be found at www.lakecountymoms.com.

"I always had a difficult time finding childcare, and with my professional experience with Websites, marketing and advertising, the light bulb just went off," Olzowski said.

The mother of three launched the site in April and in seven weeks already had 70 members. But that April launch didn't come without months of research and hunting before enough information could be wrangled together.

"My goal is to take all the resources in Lake County for parents and moms, and put it all in one place," she said.

The work, however, didn't end with the launch. Every week Olzowski gathers together more articles and other information beneficial to parents in the area. And thanks to message boards and a large group of members, parents are now orchestrating field trips and play days. Olzowski also provides Lake County matriarchs with recipes, craft ideas, local news, community events, articles and she soon hopes to organize a coupon section with discounts to local shops.

It hasn't even been three months, but the service is already paying dividends for Olzowski. Every so often she'll get an email from a parent new to the area. They will have Google searched for any sort of help and when they come across her Website, they find all the answers they were looking for.

"It's nice to know I am providing a great resource to the community," Olzowski said. "I just took my skills and put together something available to the community from this day forward."

Becoming a member of the lakecountymoms.com costs \$14.95 for a year's subscription that helps service the site. Starting in September Olzowski also plans to start mchenrycounty-moms.com as well. —By Brian Janosch, brianj@lakelandmedia.com

"My goal is to take all the resources in Lake County for parents and moms, and put it all in one place."

Beth Olzowski

Mother-daughter team share expertise with others at The Village Stitchery, Inc.

The Village Stitchery, Inc. at 891 Main Street, Antioch, Illinois is a Specialty Counted Cross Stitch Shop owned by the Mother-daughter team of Helen Anderson & Tracy Moffat. They both love the art of Counted Cross Stitch and enjoy sharing their knowledge and expertise with others. They offer classes for beginners and advanced stitchers on Saturday mornings. Call or stop by anytime for further details.

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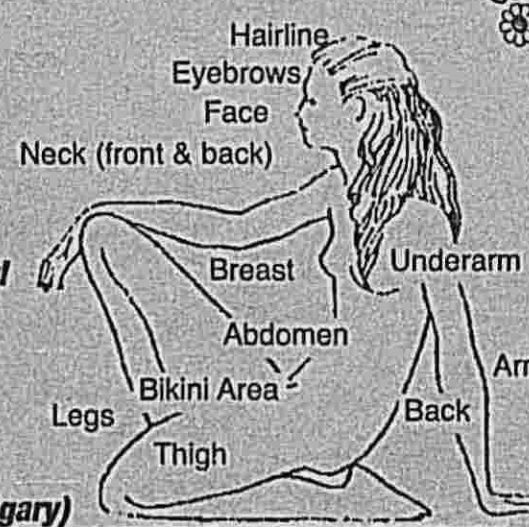
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A home at work, and working at home

How the 'time bind' is blending the line between home & office

It's 5:30 a.m. and Greta wakes up – the first step in the routine. Take a quick shower, stir the kids out of bed, get them dressed, put breakfast on the table and while they are eating, finish getting ready for work. By 7:15, it's time to go. The first leg of the day is done.

Meanwhile, across town, Lisa Chester enjoys the one activity she does for herself each day – the crossword. But just as she figures out 17 across, that little 2 year-old arm comes crashing down on the paper, sending it to the floor. Lisa's time to herself is over. It's time for daycare.

Lisa and Greta do this every morning. Ask the working mothers, and they'll tell you they would love a little change of pace, something different here and there, like maybe sleeping in for a change. But that can't happen.

Lisa and Greta are both a part of an ever-rising number of working Moms – working at home, and working at work. They are also two prime examples of a more recent trend of parents that clock in for their sanity as they are for

a paycheck.

Both Lisa and Chester hustle their respective children off to daycare around 8 a.m. They spent all morning at home with their family, but it's not until they get to work that they can really stop and breathe for a second.

In a recent book called "The Time Bind: When Work Becomes Home and Home Becomes Work," Arlie Russell-Hochschild questions whether working parents – often pushed to the brink by juggling responsibilities – really work just for the money. Hochschild notes that people generally spend more time on not only what they value most, but on what most values them.

"I like working," Greta said. "I like being proud of something I accomplish. I love spending time with my kids, but this is the other side of me. I'm a Mom. I'm me – and you need that me time."

Beyond just the feeling of value, Greta and Lisa both agreed that the adult contact alone makes working worthwhile.

"Sometimes work is easier than being at home," Greta said. "You just need that adult time and to get away from home because home can be just as stressful as work."

Lisa and Greta both work in the marketing department at Victory Hospital in Waukegan. Their jobs are very deadline oriented, but as long as deadlines are met, they have freer reign. For instance, Lisa uses her lunch to take her daughter from daycare to grandma's house. The real scheduling is left for home.

In the 1920's people experienced a "Taylorized" lifestyle at work. Everything's put on a strict schedule that maximizes productivity in as little time possible. Today, it's the home that's been Taylorized, especially for a single parent like Greta whose husband left for Iraq in January as a part of the National Reserve.

"You try to squeeze family time completely," she said. "You're on a schedule all the time."

As a part of Hochschild's book, it's noted that not only has work picked up some of the calming elements of home, but home has picked up some of the headaches from work.

"(At work) you know what the demands will be," Lisa said. "At home, you never know what you're going to get hit with. And after dealing with that after dealing with everything from work, I'll get home at six and say 'Honey take her, I can't deal with this right now.'"

Everyone's back home now and it's time to start dinner... Then help with homework, listen to reading, empty the dishwasher, answer the phone (dinner's burning), curse telemarketers, set the table, have a meal, clear the table, give baths, put on pajamas, brush teeth, say "Goodnight," crash on the couch and sigh. But somewhere in there, maybe just 20

minutes with a book, both Greta and Lisa get that time that makes it all worthwhile. They may have to squeeze for that quality time, but it's the best part of the day.

The concept of "quality time" is a perfect byproduct of the hustled lifestyle of 2005. A time when even the moments to the family or even yourself, have to be set aside and scheduled just like a meeting or soccer practice.

"Recalibrated to achieve greater productivity in less time," Hochschild says instead of a longer, unscheduled chunk of time with children, parents now get the "same result" with a smaller, more intensely focused period of "quality time."

"My vacation days are all saved for doctor's appointments, dentist appointments and when my kids are sick," Greta said. "I wish I had more time with them."

Neither parent liked having to schedule aside quality time, but it's just another one of those things that has to be done. They don't even get time to themselves anymore, heightening their appreciation for the smaller moments. A little workout, a bath or even getting a haircut have an entirely new meaning.

"You learn to attach everything together," Lisa said. "But when you cram all that in, you end up just as exhausted at the end and you need time to rest again."

The responsibilities are finally through. This is the time when Lisa and Greta have the freedom to do whatever they please. How do they spend this time alone?

Greta finishes paying the bills, ironing some clothes and then heads to bed. Lisa's already passed out in front of the television. Oh well, maybe tomorrow. —By Brian Janosch, brianj@lakelandmedia.com

Prevent Osteoporosis with a calcium-rich diet



According to the National Osteoporosis Foundation (NOF), one in two women will suffer a fracture related to bone loss in her lifetime. That's a scary statistic. Osteoporosis, a disease characterized by low bone mass and deterioration of tissue, is a risk for an estimated 44 million Americans. Called the "silent disease" because there are no symptoms until bone breakage occurs, osteoporosis has been making headlines recently. Many prevention methods and treatments are being touted but, in general, the NOF recommends exercise, bone-density testing, and a diet rich in calcium.

But how much calcium do we really need, and what is the best way to get it? The National Institute of Health recommends that women consume 1,000 mg a day; women over 65 years of age should increase that amount to 1,500 mg. Although women over the age of 50 are most at risk for developing osteoporosis, it is very important for younger women and teens to get enough calcium as well because 98 percent of our bone density is developed by age 20! (An added incentive — calcium has been shown to relieve PMS symptoms.)

To get our daily dosage, the NOF recommends that we eat foods high in calcium, and it doesn't mean just drinking milk or eating cheeses. We all grew up with our mothers telling us to "drink our milk." But with calcium's renewed importance has come supplements in everything from chocolate to orange juice, so it's easier than ever to add calcium to our diet. There are a wide variety of foods to choose from such as calcium-enriched cereals, juices and candies; vegetables such as broccoli, kale, and turnip greens; and other foods like fish and tofu. For instance, three ounces of sardines has 370 mg. of calcium, three ounces

of salmon has 210 mg., and four ounces of tofu has 155 mg. It's advisable to check nutrition labels and serving sizes of the foods we are eating to make sure we are getting the appropriate amounts of calcium in our diet. For additional help, check out www.nichd.nih.gov/milk/whyca/sources.cfm, a Web site maintained by the National Institute of Health that gives breakdowns of calcium amounts in different foods.

Besides getting calcium from the foods we eat, there are also supplements we can take. Supermarket shelves are lined with all kinds, promising to increase bone density. The NOF does recommend taking them if we aren't getting enough calcium from the foods we eat. However, since supplements vary greatly, they advise that we check with our doctor to determine our best choices.

Studies have shown that calcium may be harder for the body to absorb in large amounts, such as those in supplemental pills. To check whether the calcium supplement we are taking will be easily absorbed into our system, drop a tablet into a glass of warm water. If it doesn't dissolve within 30 minutes, it may not be helping us. We can, however, boost the calcium content of just about any food by adding dry milk to it. The NOF suggests adding a few teaspoons to cake mixes, coffee or cereal.

As important as it is to get enough calcium in our diet, it is just as important to not take in too much. Anything over 2,000 mg. increases the risk of developing kidney stones, and also may cause other medications to not be absorbed by the body. It is also wise to carefully monitor our sodium and protein intake because both — in large amounts — can cause calcium depletion. If you're not sure how to correctly balance your calcium level, speak to your doctor.

Thinking about Botox?

Botox injection is a revolutionary wrinkle reduction procedure that can reduce or eliminate wrinkles in the upper third of the face, including forehead lines, frown lines between the eyebrows and crow's feet around the eyes. It is not surgery and there is no chance of scarring. It is safe, and you can resume all your activities immediately after treatment.

Botox is a protein that weakens and inactivates muscles that wrinkle in the skin. Initially used back in 1973 to relax overactive eye muscles that caused "cross eyes" and facial tics, Botox has since gained popularity to treat a number of muscular diseases and for use as a cosmetic agent.

When Botox is injected in extremely small doses directly into a specific muscle, it blocks the signals from the brain from reaching the muscle. As the muscle weakens, the skin overlying the muscle relaxes and the wrinkles caused by muscle contractions soften and disappear.

If you are in good health, have good skin tone and realistic expectations, Botox injection may be your answer to a more youthful, healthful appearance.

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The risks of multiple pregnancy associated with IVF

Dr. Beltsos is board-certified in both obstetrics and gynecology and reproductive endocrinology.

Dr. Beltsos completed her residency in obstetrics and gynecology at Loyola University followed by a two-year fellowship in reproductive endocrinology and infertility at Washington University in St. Louis, MO. Dr. Beltsos is currently a Clinical Assistant Professor of Reproductive Endocrinology at Loyola. She teaches medical students and residents from different programs in the Chicagoland area and continues to participate in research in the field of reproductive endocrinology. Dr. Beltsos enjoys combining compassionate and personalized patient care with the medical expertise offered at Fertility Centers of Illinois.

In-Vitro fertilization (IVF) is an exciting therapy that offers many infertile couples the opportunity to achieve pregnancy that would not otherwise exist. It's important for couples to remember that as they consider IVF, they need to know it has played a significant role in increasing the incidence of high order multiple pregnancies (triplets or more) since its introduction in 1978.

The goal of infertility treatment is the delivery of a full-term, healthy infant. Multiple pregnancy, especially high order multiple pregnancy, clearly puts this goal at risk.

Maternal complications of high order multiple pregnancy include:

- pre-eclampsia
- excessive weight gain
- anemia
- chronic back pain
- possible damage to the anterior abdominal wall

More importantly, fetal complications include prematurity and the resulting increase in infant morbidity and mortality. Furthermore, the rearing of high order multiples creates physical, emotional and financial stress for the family with a reported increase in the incidence of maternal depression and anxiety. For these reasons, reducing the number of high order multiples has become an essential goal of most successful IVF programs.

Two relatively new developments in the art and science of IVF appear to significantly decrease the need to transfer a large number of embryos and therefore, offer the promise of decreasing the incidence of high order multiple pregnancies. In 1990, preimplantation genetic diagnosis (PGD) became a reality. Embryos created through IVF can now be tested for age-related genetic abnormalities. This screening allows the clinician to transfer fewer PGD screened embryos in women 35 years of age and older, while still maintaining high rates of pregnancy.

The second significant development has been the ability to keep embryos in culture for 5 days (blastocyst stage) instead of 2 or 3 days (cleavage stage) prior to transfer. Blastocysts are more likely to implant and lead to pregnancy. Therefore, the fewer blastocysts (usually only 2) need to be transferred in order to maintain good pregnancy rates. Fertility Centers of Illinois is one of the few practices in the nation that is able to offer patients both of these procedures. — By Angeline Beltsos, MD, Fertility Centers of Illinois



Angeline Beltsos, MD

Getting back to work

Helpful tips on transitioning from maternity leave back to your job

Transitioning back to the work place is never easy, but according to the University of Pennsylvania Pregnancy Health Center, it all starts with confidence. Moving the baby into daycare, and the parent back to work presents a lot of questions. Will the child be safe or feel comfortable with someone else? What will it be like not seeing my child while I'm at work?

Penn recognizes that it is normal to feel guilty and anxious about the separation process, but your partner, an employer, the caregiver and your doctor are all people that

can help build your confidence by establishing accommodations. The Pregnancy Health Center recommends talking to all parties before making the transition.

When it comes to selecting the right daycare facility, thorough research can prevent future headaches. Having confidence in the daycare can bring peace of mind to a difficult time for a parent. The University of Pennsylvania suggests talking to friends, neighbors or relatives to get possible recommendations before obtaining information. Then pay a visit to the top-3 options and talk to your child's potential caregiver.

Here are some more tips for easing into the transition

- Investigate part-time, flextime, job-sharing, or telecommuting options.
- Have lunch with your baby
- Ask your partner or other family members to assist in daily preparations
- Have a sitter stay with your child in graduated time periods
- Bring a picture or an article of your baby's clothing with you to work
- Start the workday in the middle of the week, giving you a little more time to adjust
- Be sure to make time for yourself and alone time with your partner

Here are some other things to take into consideration when selecting a daycare

- Proximity to the home or workplace
- Ratio of children to teacher
- Daily schedule
- Security policy
- Number of toys and sensory-stimulating items available
- Policies and access to emergency facilities
- Hygiene policies and overall cleanliness

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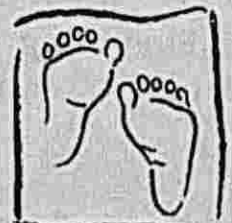
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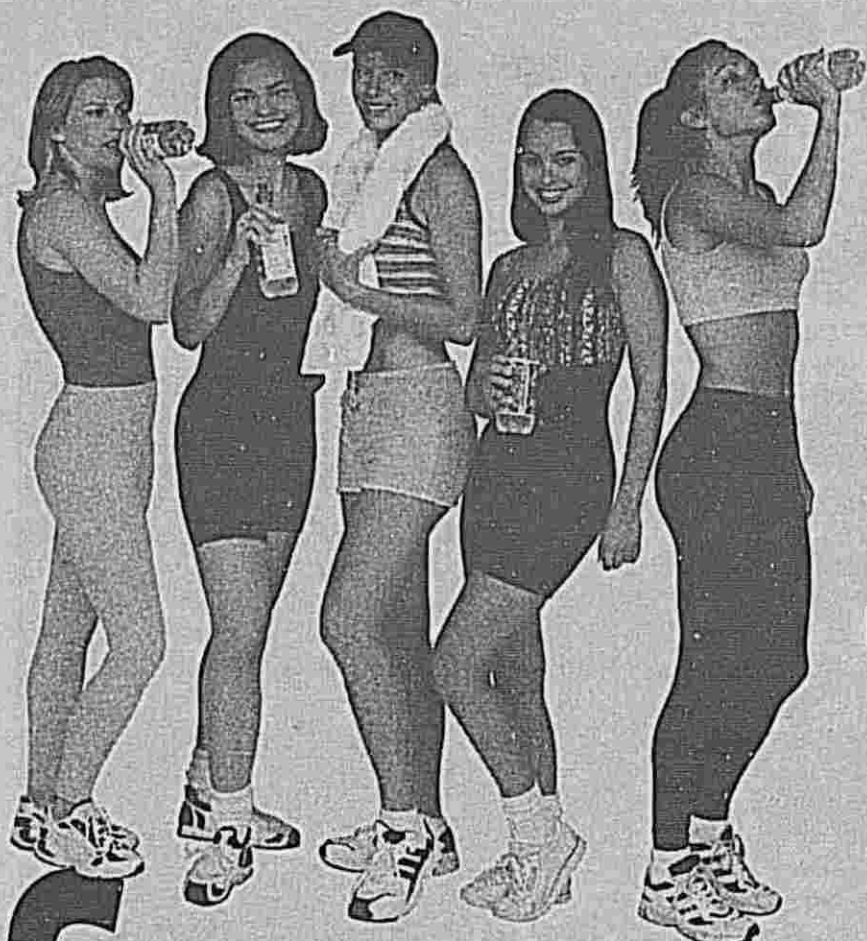
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Don't miss this once in a lifetime opportunity

Eat what you want, when you want, as much as you want and still lose those extra pounds – and fast! Here, look at these pictures of two different people that look similar. See how one is obese and unhappy. Look at that other person, 55 years old, thin as a pole and loving every minute of it. All thanks to the only solution when it comes to losing weight – and fast!

Sound familiar? It's sad, but it's true. Turn on the television, open a magazine or even listen to people telling you they're skinny on the radio – regardless of where you find it, everyone is claiming to have the solution to losing weight... and fast!

Grayscale Curves Owner and health guru Cynthia Smith feels it's a crying shame that everyone is looking for shortcuts around one of the most important elements of life – being

healthy. Especially for women trying to maintain a job and a family, sometimes maintaining themselves falls to the bottom of the list.

"I stress the importance of putting themselves first," Smith said. "As caregivers in the family and in the community, if you're not taking care of yourself, you don't have the energy or strength to care for others."

That's why Smith is resorting back to the old fashioned way of staying healthy by simply working out. Smith said that 30 minutes of

training, three times a week is enough to turn somebody's life around. It doesn't come with a magic pill or a video and a rubber cord, just some weights and a little commitment.

"The public is inundated with way too much," Smith said. "You have to do your homework and find out, 'What is best for my body.'"

Smith targets the "magic three" components of working out – aerobic exercise, strength training and stretching. The three components target heart rate, metabolism and

flexibility, all part of a healthy body. Combined with a healthy diet, exercise in all three target areas can prove far more effective than any fad diet or Crazy workout machine. Besides, short-cut diet plans may help lose weight, but only physical activity can truly build a healthy body and leave someone with more energy.

Curves is also a woman-exclusive gym made specifically for women's demands. Smith insists that it's the "exclusivity that makes it more comfortable."—By Brian Janosch, brianj@lakelandmedia.com

Helpful hints for a healthy life

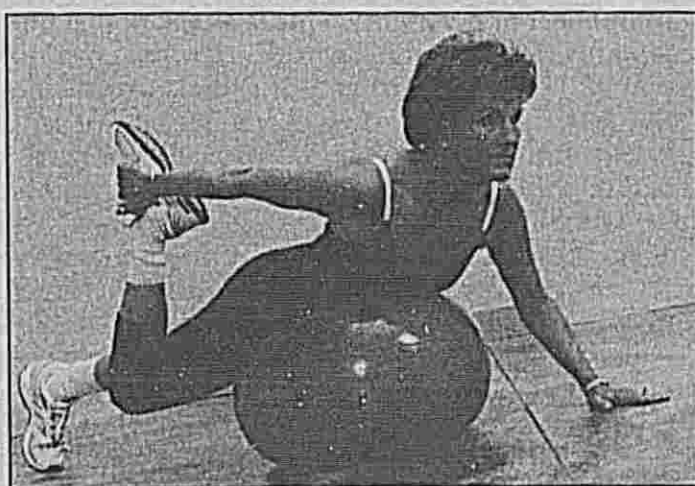
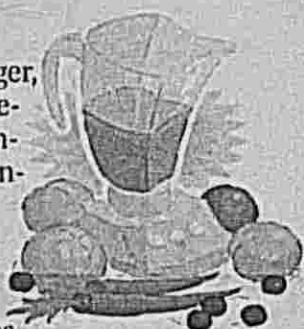
Eating Right

Eating the right foods and the right amounts can help you live a longer, healthier life. Many illnesses and conditions—such as heart disease, obesity, high blood pressure, and type 2 diabetes—can be prevented or controlled by eating right. A healthy diet also provides the vitamins and minerals you need.

It is never too late to start eating right. Here are some helpful tips.

Eat a variety of foods, including:

- Vegetables, especially dark-green leafy and deep-yellow vegetables, such as spinach or carrots, and legumes, such as lima beans or green peas.
- Fruits, such as melons, berries, and citrus fruits, or juices, such as orange or grapefruit.
- Meat, poultry, eggs, fish, and dried beans (for example, navy, kidney, or black), especially products low in fat, such as lean meat and poultry prepared without skin.
- Dairy products, such as milk, yogurt, and cheese, especially low-fat or fat-free dairy products.
- Grains, especially whole grains, such as oatmeal or whole grain breads.



Limit calories and saturated fat. Foods high in saturated fats are high in calories, so they can cause weight gain. They also increase your cholesterol levels. Try to limit:

- High-fat dairy products such as ice cream, butter, cheese, cream, and whole milk.
 - Meats high in fat, such as bacon or chicken with the skin on.
 - Palm and coconut oils and lard.
- Unsaturated fats do not raise cholesterol levels. Foods with unsaturated fat include vegetable oils, fish, avocados, and many nuts.

Watch portion sizes.

Don't choose "super" or other oversized portions. Be aware of how much you eat.

Keeping Active

Physical activity can help prevent:

- Heart disease.
- Obesity.
- High blood pressure.
- Type 2 diabetes.
- Osteoporosis (thinning bones).
- Mental health problems such as depression.

Physical activity also helps you stay at a healthy weight, reduce stress, sleep better, and feel better overall.



What to Do

All kinds of physical activity, whether it is moderate or vigorous, will help you stay healthy. It's a good idea to aim for at least moderate activity—such as brisk walking, raking leaves, house cleaning—for 30 minutes most days of the week. Generally, the more active you are, the healthier you will become.

How to Get Started and Keep at It

- If you have not been active, start slowly.
- Choose something that fits into your daily life.
- Choose an activity you like, or try a new one. Activities such as dancing, swimming, or biking can be fun.
- Ask a friend to exercise with you, or join a group.
- Make time in your day for physical activity.
- If the weather is bad, try an exercise show on TV, watch an exercise tape, walk in the mall, or work around the house.—Source: Pocket Guide to Staying Healthy

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Mayor MOM

Kristina Kovarik's 12 year-old son was one of the first children to hit the waves at Great American's new water park Hurricane Harbor.

Dorothy Larson's little granddaughter gets to hold her head high when she walks around with grandma.

Both children get some special privileges because both children are related to newly elected mayors. Larson just took over as mayor of Antioch while Kovarik recently won the election in Gurnee. Both beat out an incumbent candidate, and both are apart of a rising trend of women holding major political positions around Lake County.

"Women are great at listening and compromising," Kovarik said. "I sense a trend to get past some of the decisiveness. It's not all black and white. Women are very good at finding the middle ground."

Lake County now claims several female mayors in communities such as Antioch, Gurnee and Fox Lake, along with a woman state representative, state senator and U.S. Representative. For Larson in particular, it's been the work of State Representative Joann Osmond and State Senator Adeline Geo-Karis that's blazed the trail for her own success.

"I see it less as a trend of women in leadership roles as the population evening out," Larson said.

Through all responsibilities as mayor, as Kovarik put it, "First and foremost, I'm always mom." Gurnee's newly elected mayor has a child in college, two in high school and one in junior high. She also works as Vice President of Strategic Planning and Product Development at Washington Mutual. Balancing all three lives takes plenty of prioritizing with a shade of sacrifice.

"There's no such thing as super woman," Kovarik said. "You have to learn to say no and set priorities. I'm not a chit-chatter. I'm very effective with my time."

For both women, becoming mayor was a lot like becoming a mom for an entire community. Kovarik said the patience and tolerance she learned as a mother directly correlates over to being mayor.

"It helps you because you step back and say, 'If these were my kids how would I approach this,'" she said.

The mayor's office may have once been known as a man's domain, but those times have long since passed. Now is the time where the mayor of Gurnee stands side by side with a 12-year-old at a grand opening and the mayor's office in Antioch is painted pink. —By Brian Janosch, brianj@lakeland-media.com



"There's no such thing as super woman. You have to learn to say no and set priorities. I'm not a chit-chatter. I'm very effective with my time."

Kristina Kovarik



"I see it less as a trend of women in leadership roles as the population evening out"

Dorothy Larson

Q & A

with State Representative Joann Osmond

Joann Osmond is a resident of Antioch Township and has lived there for the past 18 years. Apart from being a mother of two and a grandmother, Osmond is the state representative for the 61st district that covers northern Lake County from Zion to Fox Lake.



1. What's been your biggest challenge thus far in your career?

My biggest challenge is to be responsible to the voters who have elected me to represent them in Springfield. The issues come fast and furious and it is my responsibility to listens to what the citizens say on both sides and then vote. It sounds easy, but it is so difficult when you know that not all will agree with your decision.

2. What's your proudest achievement?

My proudest achievement is being a mom and now a grammie (as my granddaughter calls me). It is so exciting to see how my two children have developed into two caring adults with knowing how important being good citizens and caring for their communities where they live and work. I am very proud of them both.

3. Who's been one of your greatest inspirations?

My greatest inspiration was my late husband, Tim Osmond. When he died it became very clear that he had touched so many lives as a father as a township trustee, as a township supervisor, a volunteer on the Antioch Rescue Squad for over twenty years, as a bank director, and a just a friend giving a smile and a kind word to all those who crossed his path in life. I only hope that it will be said that I made a difference as Tim did.

4. Do you feel there is still ground to be made in regards to women's rights or equalities, especially in the workplace/business world?

Women's rights is a day to day challenge. I believe that I need to practice to be a credit to my profession with accepting the challenges and working to the best of my ability. This is a task that is not always met with acceptance in the "man's world". If you stand up for what you believe in and be willing to accept criticism with the knowledge of becoming a better person you will achieve acceptability in the work place and in the "man's world". The medical malpractice issue was started with a group of women loosing the access to healthcare due to their OB's leaving the state due to the high cost of liability insurance last year. The women took on this issue, they kept hitting on it day after day. One by one the men started to listen and slowly this became a statewide issue with statewide importance. This past week the access to healthcare in Illinois became top priority and a bill was introduced to put caps in place on recovery non-economic damages, has insurance companies get approval of rate increases, has doctors disciplinary, and other areas that hopefully will encourage doctors to come and practice in our state instead of leaving. I hope that I can lead by example to encourage more women to get involve.

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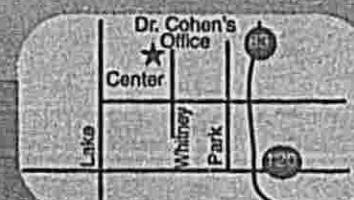
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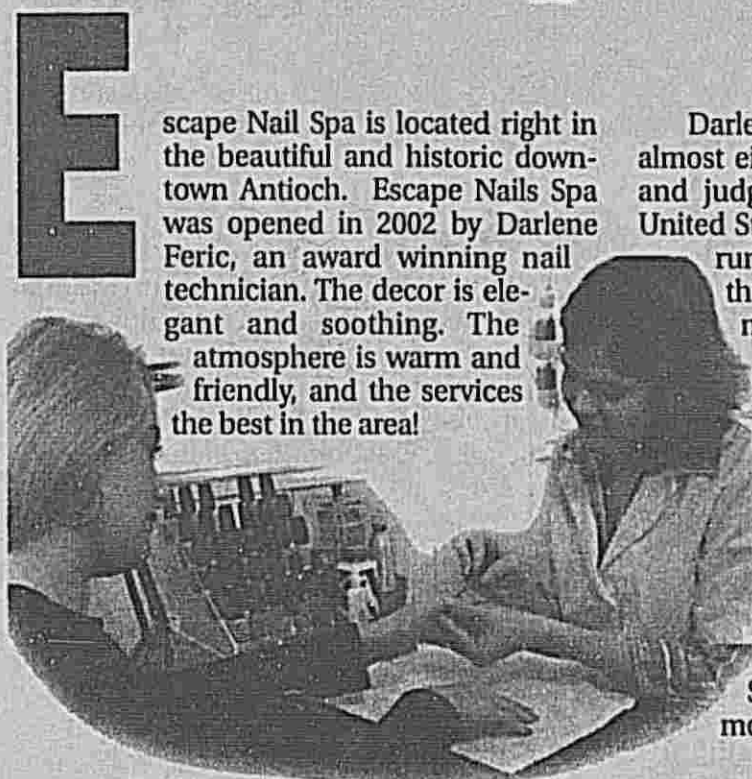
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Darlene Has been a nail technician for almost eighteen years. She has competed in and judged nail competitions all over the United States. She was a top competitor and runner up for nail technician of the year three years in a row. She is an educator, mentor, and writer within the nail industry, and is currently on the Advisory Board for the Nail Biz magazine.

Katie Dreyer came into the salon as a client and ended up in attending school to become a Nail Technician. She finished nail school in record time. Starting in September and finished in December of 2004. Darlene Says "She takes her career seriously and is motivated to be the best. Her work is

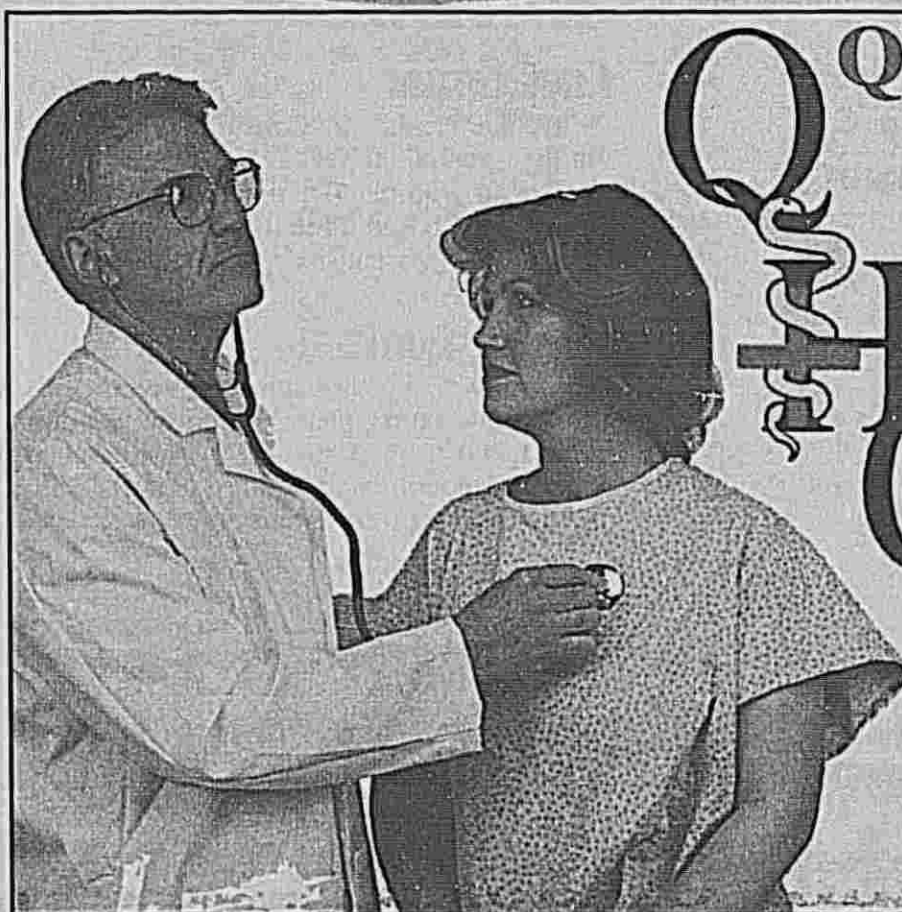
better than many nail technicians that have been doing nails for two to five years. I am lucky to have her here."

Darlene and Katie along with many other nail technicians feel that the public needs to be more aware and better educated in what to look for in a good salon. Most important - What are there sanitation and disinfection practices? Instruments should be fully submerged in sanitation solution hospital grade or above. Not alcohol. Do they use products that are legal and approved by your state? MMA is illegal to use in Polymer for acrylic, and can be harmful to you. One sign is if they are wearing masks. If they have one on you should too! Its not just the smell its the liquid and the dust from filing. You can look up information on MMA on line. Can you read the label on the bottles and

containers they use? Credo blades are illegal for nail technicians to use in most states. An electric file should have the correct bits in them. Electric files should not be used on the toe nails. There are one or two bits made to be used for callus removal on the bottom of the foot. These are just a few good reasons to name a few. It also helps to be able to communicate with the person doing your nails. If you ask them a questions and they cannot reply, then you should consider looking for a new nail technician.

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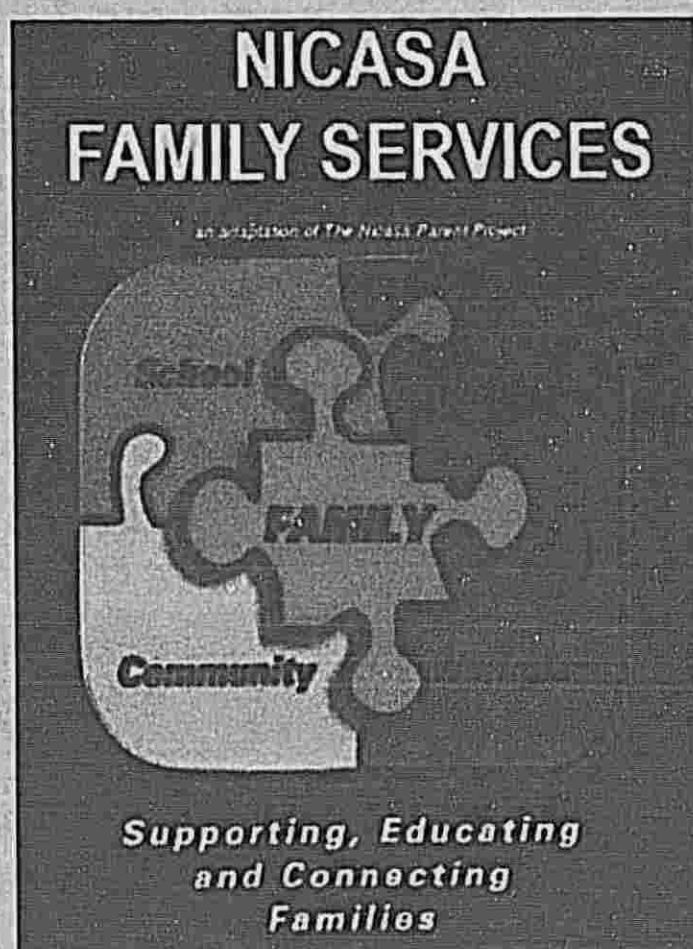
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Dr. Cohen of Obstetrics & Gynecology of the North Shore in Grayslake is a specialist in Obstetrics and Gynecology. She received her medical degree from Kirksville College of

Osteopathic Medicine and served her obstetrics/gynecology residency at Garden City Hospital in Garden City, Michigan.

Dr. Cohen is a member of the following medical associations:

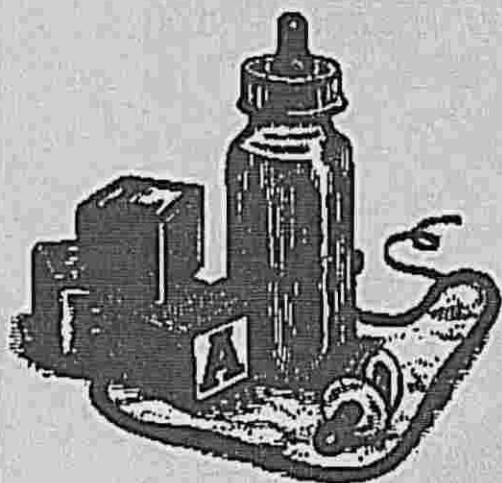
American Osteopathic Association
American College of Osteopathic Obstetricians and Gynecologists

Dr. Cohen was in private practice and an OBGYN resident trainer in Michigan for ten years prior to relocating to Grayslake. Dr. Cohen is relocating back to Lake County where she feels at home. Before pursuing her medical training, Dr. Cohen was a high school teacher and department head for the Gurnee school system.

Dr. Cohen looks forward to meeting her Lake County patients. Office hours are Monday - Friday 9am-5pm and Saturday hours are available by appointment. Diana Cohen can be reached at 847-223-6110 or visit her office at Obstetrics & Gynecology of the North Shore 106 Center Street Downtown Grayslake.



Dr. Cohen



Getting to know Quality Healthcare: Are they right for you?

Who are we?

Quality Healthcare Consultants (QHC) is a team of experienced health care professionals dedicated to customer satisfaction. The company was formed in 1995 by Lorie Evans, a Physician Assistant.



Lorie Evans, who had worked several years in the field of medicine, had become dissatisfied with the amount of time wasted by clients sitting in their physicians waiting rooms and in local hos-

pitals. Determined to return a quality of life back to her clients, she formed Quality Healthcare Consultants.

Quality Healthcare Consultant's Mission:

To identify and meet the health care needs of their clients and to provide quality, prompt, and cost-effective services that exceed the expectations of those served.

Integrity:

Quality Healthcare Consultant's reputation for integrity is the driving force behind their success. QHC stands behind every serv-

ice that is provided; customer satisfaction is paramount for both mobile and onsite services.

Our Team:

The QHC Team is made up of Sabrina King, the Operations Manager, Robert W. Evans IV, the New Accounts Executive, and a professional staff of Physicians, Nurses, Medical Assistants, Medical Laboratory Technicians, Phlebotomist, and Certified Nurses Aides.

Services Offered:

- DNA/Paternity Testing
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- Pre-Employment Physical Exams
- Health Fairs

Locations:

Quality Healthcare Consultants is conveniently located at 228 N. Genesee Ste B, Waukegan, Illinois. There are also several mobile units based throughout Illinois and in some areas of Wisconsin.

Future Events:

Quality Healthcare Consultants will be celebrating its Grand Opening of its new location June 21, 2005 from 3 - 5 pm. QHC would like to extend an invitation to tour the new facility and to meet its professional staff.

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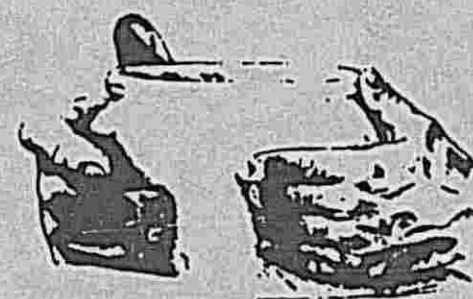
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Swimming together in a 'POOL OF SHARKS'

Sometimes it's easy to judge something by the number of clichés it has. Like the "pool of sharks," "start at the bottom" and work your way up," world of business where "greed is good."

There was a day where that world of business was thought to be a "man's world" but a group of women in Gurnee are using strength in numbers take that "man's world" and make it their own.

Three years ago Cathy Donohoe and Jean Stevenson were frustrated members of a group called Better Business Contacts. As Donohoe put it, "it seemed like the women were consistent and the men would come and go."

So the two women decided to take matters into their own hands and create Women in Networking - a Gurnee based organization focused on helping women work together towards becoming successful in that "pool of sharks."

"Women have a different approach to networking," Donohoe said. "Women have to really get to know people better. They need more camaraderie before they do business."

Donohoe said most women are naturally not as aggressive as men and therefore networking doesn't come quite as easily. A lot of network-related organizations such as Chambers of Commerce also contain hundreds of members, presenting an overwhelming situation for those new to the game.

"When I was new to my business I would go to chamber meetings and get so intimidat-

"Women have a different approach to networking. Women have to really get to know people better. They need more camaraderie before they do business."

Cathy Donohoe

ed," Stevenson said. "I didn't know how to network and I was petrified."

The answer for these women was a smaller, more intimate group of women that built not only working relationships, but also friendships. All ages and all career fields can come together twice a month at the Oceana Café to network, support or just chat.

"With a bigger group it's less personal and strictly business feeling," Stevenson said. "We're more like a group of friends getting together."

Going at it alone, many of the women involved in Women in Networking may have felt like minnows in that shark pool. But together they are able to watch each other's back and work as one to achieve success.

"It's very common, whether husbands help or not, that most of the work at home is on the women," Donohoe said. "They get torn in so many directions, it's hard to stay focused and motivated in business. You always need that moral support." —By Brian Janosch, brianj@lakelandmedia.com

Learn the differences between the latest fad diets

A fast-food mentality. A preoccupation with slender figures. A sedentary lifestyle. What do all of these statements have in common? These are leading factors in America's infatuation with weight loss and dieting.

An estimated 50 million people will try a diet this year, according to the National Center for Health Statistics. Most seek advice from books and television diet gurus. Some consult support groups, doctors and clinical programs. In the end, we have turned the weight-loss industry into a billion-dollar business, says the U.S. Food and Drug Administration.

"You're thinking about going a diet, there is enough information out there to make your head spin. Here is a breakdown of the top fad diets, listing their pros and cons and a brief description of what they entail.

1. The Atkins Diet — It's perhaps the most well-known and popular fad diet of our time. This program has spawned a low-carbohydrate wave across the country. Now, most food companies, fast-food restaurants and the like offer lower-carb options to complement the program.

The plan: You eliminate most carbs early in the program and then slowly reintroduce some later on as weight loss milestones are achieved. Emphasis is placed on eating high protein foods and certain foods high in saturated fat.

Bad: Atkins encourages dieters to skip some fruits and vegetables, which many health experts feel can deprive the body of much-needed vitamins, fiber and water. Also, it has not yet been proven if the permissible fatty foods contribute to increased bad cholesterol levels or heart problems down the road.

Good: Following the diet will make you lose weight — at least 15 pounds initially. However, some of this weight loss is due to water loss and reduced caloric intake, which occurs by limiting the foods you eat.

2. The South Beach Diet — Riding the waves of Atkins' success, this diet is the one on the market today. Celebrities and regular folks alike have touted its wonders.

The plan: According to the Diet's official Web site, "The South Beach Diet is not low-carb, nor is it low-fat. Rather, it teaches you to

rely on the right carbs and the right fats and enables you to live quite happily without the bad carbs and bad fats." Like Atkins, certain foods are "banned" initially and then reintroduced later on.

Bad: Giving up the foods you love cold turkey can discourage many dieters. They may feel like they are being deprived.

Good: You do get to indulge in meats, cheeses and bacon. You will lose 8 to 13 pounds in the first two-week phase but, again, this is probably attributed to water loss.

3. The Zone Diet — Once a Hollywood staple (Brad and Jen were reported to have favored it), still a favorite among dieters.

The plan: You control insulin production by balancing protein and carbohydrate consumption at meals to help you metabolize foods more efficiently and lose weight. The insulin-control component of the program can be described as a moderate-carbohydrate, moderate-protein, and moderate-fat dietary program. It is a lifelong program.

Bad: This diet focuses on a limited caloric intake, which most nutritionists say is too stringent to be healthy over the long haul. Experts agree that the 40 percent carbs, 30 percent protein and the 30 percent fat equation doesn't necessarily help you reach a metabolic state that will keep you thin, but rather, eating smaller portions will.

Good: It's an easy-to-follow plan that will guide you on correct portion size and help you control food intake.

4. The Slim-Fast Plan — It's endured popularity for years and has had notable celebrity endorsements.

The plan: Meal and snack replacements shakes and bars are enjoyed at breakfast and lunch instead of regular foods, and the dieter eats a "sensible" dinner.

Bad: Deprivation feelings may be common with this diet. Many people do not feel full with the diet's shakes and snack bars, which provide a controlled amount of calories. They may then sneak snacks or food in addition to having the meal replacements.

Good: Packaged foods are pre-portioned and portable. Plus, the plan is simple to follow. An emphasis is placed on eating a balance of healthy foods, combined with moderate exercise.

NICASA: Don't lose hope

It's not all smiling faces and happy days. For every picturesque American family with Johnny and Suzie playing in the yard after bringing home straight A's, there's another family. A family where Suzie may not talk to Mom and Johnny brings home more drugs than good grades.

It's harsh but it's true. The employees at Nicasa know it all too well.

After their interview with three associates, it was the very last point in the last interview stood most emphatic. There is always hope. No matter how bad things get, or how lonely it all may seem — there's still hope.

Nicasa would rather view themselves as the final guardians of that hope, the last line of defense. In their perfect world the family would be there, the friends would be there and the community would be there. All to do the job Nicasa does when they sit down with a family, and listen.

Director of Family Strengthening Services Karen Smith had a strong message that righting the ship starts right at home with the parent.

"Don't be afraid to speak up," Smith said. "If you feel something is going on, trust your

instincts. There are resources there to help you."

Thanks to two grants from the state, and another from the federal government, Nicasa of Round Lake is taking a full-scale initiative at helping troubled families. Focusing on teenage delinquency and drug use, Nicasa takes a simple approach to fixing a problem.

They start by assessing the family and the youth in five primary domains: social, legal, school, community and self. Once they've recognized the problem, so begins a weekly program of restoring hierarchy to the family while opening up communication.

"Our biggest thing is that we work with the entire family," said family therapist Maggie Pultorak. "It isn't a problem of one teenager, it is the entire family and everyone could be contributing without even knowing."

Nicasa's Coordinator Nanci Radford said that often times when juveniles enter the legal system, the community service punishment isn't enough to actually fix the problem.

Currently 95 families in Lake County have hope. Those 95 families know how hard life can really be — but so did Nicasa. —By Brian Janosch, brianj@lakelandmedia.com

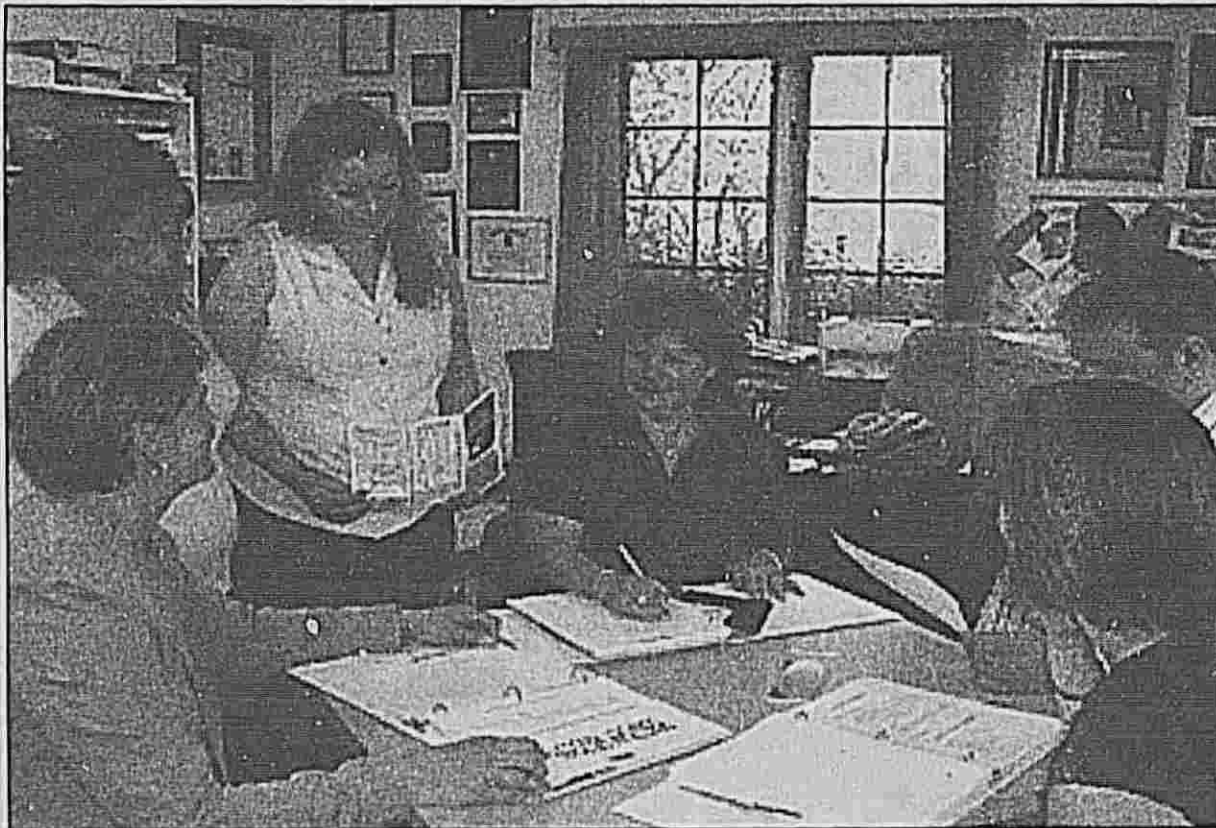
Four warning signs of delinquent behavior

✓ **Sudden attitude change:** if your child shows a sudden shift from their normal behavior, possibly towards a more withdrawn and angry degree.

✓ **Change in appearance:** Especially a sudden change in the child's manner of dress or how they carry/conduct themselves.

✓ **What they're saying/not saying:** Look for clues as to what the adolescent is talking about with their friends, what do they value, what is important to them.

✓ **Suspicious acts or association:** Use your instincts on what they are doing and who they are doing it with.



Discussing family strengthening group plans are: Nanci Radford, Melissa Y. Ortiz, Diane Tarello, Karen Smith, Ken Dalla Costa, and Maggie Pultorak.

Family-friendly firms

These days, two-income families have become a necessity for many families. As it's become the norm to have both parents in the workforce, many people may be looking for employment options that accommodate family-centered lifestyles. There are many companies who recognize that both men and women want a balanced life, and are offering additional "family-related" benefits to attract and keep qualified workers.

According to "Working Mother" magazine, here are the top companies to work for if you desire a family-friendly environment:

- | | |
|---|-------------------------------------|
| 1. Abbott Laboratories - Pharmaceuticals | 6. General Mills - Food |
| 2. Booz/Allen/Hamilton - Consulting | 7. IBM - Technology |
| 3. Bristol-Myers Squibb - Pharmaceuticals | 8. Prudential Financial - Insurance |
| 4. Lilly - Pharmaceuticals | 9. SC Johnson - Household Products |
| 5. Fannie Mae - Financial | 10. Wachovia - Financial |

Forbiddenbutterfly.com has many unique items

Forbiddenbutterfly.com is a new unique lingerie boutique and specialize in designer fashions from sizes XS-3X. Stop by and visit the retail store at 391 Lake Street in downtown Antioch next to the Mexican Paradise Café or online at forbiddenbutterfly.com. They carry lingerie, swimwear, handmade soaps and

lotions, club wear, purses, jewelry and much more. Now in stock is Le Mystere bras (as seen on Oprah), Daniella Simon, Sauvage, reversible swimsuits, Solar Tan-Thru suits, designer replica sunglasses, bomber floatable sunglasses and entire selection of summer essentials.

Fast-paced fashion

The day of drive-thru wardrobe shopping may still await, but the time bind that effects mothers everyday has already begun to rear its head in the fashion industry.

Gone are the days of extravagant wardrobes that take hours to shop for and even longer to clean and prepare after they've been worn. This is the day of Wal-Mart rollbacks and Target super stores.

"Women with limited time like to have the availability of fashion, basic products and groceries at one stop shopping," said Janis Shaffer, senior lecturer at Indiana University and director of their Merchandising Education and Research Center. "The mall format is suffering right now because women just don't have the time to leisurely shop as they once did."

Just like dawn of ready-to-eat meals, "ready-to-wear" clothing has changed the industry. The affordably priced attire is easy to care for and comfortable to wear making it perfect for the family looking to save time and money.

"Women have little time to iron and the cost of dry cleaning is a big expense, so that has impacted fashion and dressing of the family as well," Shaffer said.

Just as fast as people want to buy the new styles, those very styles seem to change. With less women

Top-20 Discounters and Department Stores by Revenue

1. Wal-Mart Stores Inc. 258.68 billion
2. Target Corp. 48.6 billion
3. Sears, Roebuck & Co. 40.04 billion
4. Kmart Holding Corp. 23.25 billion
5. JC Penny 17.79 billion
6. Federated Department Stores 15.26 billion
7. May Department Stores Co. 13.34 billion
8. TJX Cos. 13.33 billion
9. Kohl's Corp. 10.28 billion
10. Dillard's Inc. 7.86 billion
11. Nordstrom Inc. 6.49 billion
12. Saks Inc. 6.06 billion
13. Ross Stores Inc. 3.92 billion
14. Neiman Marcus Group Inc. 3.31 billion
15. Shopko Stores Inc. 3.2 billion
16. Burlington Coat Factory 3.2 billion
17. Retail Ventures Inc. 2.59 billion
18. Stein Mart, Inc. 2.56 billion
19. Stage Stores Inc. 972.2 million
20. Bon-ton Stores Inc. 929.7 million

*Source: Women's Wear Daily

investing in high-priced outfits, and turning to a higher quantity of less expensive clothes, styles seem to change at the drop of a dime.

"Perhaps with the fast paced society we also like to keep what we wear changing and people get bored faster than ever with their wardrobes," Shaffer said.

Everything seems to be speeding up with women having less time to do more things, but one thing that nobody seems ready to sacrifice is looking good. They just don't want it to be such a process.—By Brian Janosch, brianj@lakelandmedia.com

How to dress for your body type

Y

ou know the pair -- those dark stretch jeans that you've worn so much, they practically walk on their own. They just make your body look so good, accentuating your favorite spots and camouflaging those that aren't quite as

favorable.

The reason those jeans and the other clothing you gravitate toward in your closet are your faves is because they complement the shape of your body. Dressing according to your body type helps you look more "together," whether you aim to be trendy, corporate, conservative or something in between.

If you have no idea what your body type is or how to dress for it, this guide will help you. And pretty soon, you'll love every pair of jeans in your closet!

If you have this type of body then look for:

Slender, thin and straight from top

Clothing that makes you look heavier and adds dimension to your profile to bottom and front to back such as bulky sweaters or baggy pants. Try pieces with horizontal detailing or with a hemline.

Wide from top to bottom

Clothing with monochromatic colors. Keep prints to a minimum and avoid accentuating the widest parts of your body. Avoid pleated or gathered clothing and jackets that stop anywhere from the belly button to the hips. Wear scarves and jewelry that draw the eye to the top or center of your torso.

Narrow top, full bottom

Clothing that keeps the eye away from the hips. Avoid jackets with buttons and other details that hit the hipline. Don't cinch any-

thing at the waist or tuck in shirts. Tops should be fitted at the bust and flare out over the hips and thighs. Jackets shouldn't pull across the hips or bottom area. Wear pants that slightly taper toward the hemline.

Full top, narrow bottom

Clothing that divert the eyes downward such as duster-length jackets, and skirts and pants with details. Avoid wearing big lapels, short sleeves, belts or tucked-in tops, which only make you look fuller on top and cause the eye to linger upward. Stay away from fitted tops, which only accentuate a large middle. Don't wear bulky or gathered skirts either -- you want to showcase your legs.

Too short

Clothing that makes you look taller like short skirts, clamdiggers and capri pants. Avoid wearing busy prints, cuffed pants and bulky or oversize pieces.

Too tall

Clothing that de-emphasizes your height. Try pieces with horizontal patterns or textured fabrics. If you want to wear a skirt, it should be long or flared, or pair a short skirt with knee-high boots.



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Safety tips for women

It may sound demeaning, but women need to be careful when they are alone. Whether they are in a hotel room, a car, at home or going for a walk, women need to keep safety in mind when they are alone. Follow these tips to protect yourself.

Hotels

- Before going to bed in a hotel room, put a doorstop under the door and adjoining door to prevent someone from breaking in.
- If you are traveling in a foreign country or unfamiliar area alone, consider wearing a wedding ring if you're single. That way, you aren't "announcing" that you are by yourself.
- If you are staying in a hotel, carry its address with you so if you get lost, you can find it easily. If you do need directions, ask someone in a store, a family, or a woman with children, all of whom are "safe" to ask.

Transportation

- Drive your car with doors locked and windows up at least three-quarters high to prevent someone from entering the car through your window.
- Sit near the driver when on a bus or other mode of transportation. An attacker is less likely to strike in the presence of authority.
- Keep at least a half tank of gas in your car at all times. That way, you won't be stuck in an unfamiliar area without gas.
- Be cautious when a stranger is near your vehicle or sitting in a vehicle parked next to yours.
- Park in a well-lit area so you can easily see people.

Walking

- Don't wear flashy jewelry or expensive clothing. It will only draw more attention to you.
- If you have to walk alone at night, carry a



Women need to be careful when they are alone. Whether you are in a car or at home, play it safe.

flashlight and avoid walking on poorly lit streets, near alleyways, parks, and driveways. It's harder to see people approaching you in these areas. And don't wear headphones — you want to be alert at all times.

Home

- Keep doors and windows locked to prevent someone from entering.
- Pay attention to your lights. Leave outside ones on at night and some indoor lights on when you go to sleep. If you are coming home when it's already dark, or if you are going away, use light timers. They will make your home look occupied even though it isn't, and prevent you from entering an unlit home.
- If you are going away, stop mail and newspaper deliveries. Leave a car in your driveway, and have someone mow your lawn or shovel your snow. It will make the house appear as though someone is living there, deterring burglars from entering.

Yes! This woman can do it all...and more

Footprints on the sands of time are not made by sitting down. - *unknown*

This quote deeply defines mother, wife, and restaurant owner Mari Loustaunau. Mari is a woman who has been on the go her entire life. A telling sign of her endless energy is the nickname, which she received while growing LIP in the Northwest Suburbs of Chicago, "Mari-O-Andretti." You won't find this Vernon Hills business owner sitting down anytime soon!

Fifteen years ago, on September 7, 1990, Mari and her husband, French Chef Jean-Marc, made their dreams a reality when they opened Café Pyrenees Restaurant in Vernon Hills. At the time, Mari's children were 12, 8, 6 and she had to balance the roles of mother and entrepreneur. She was a room-mother at her children's schools and a surrogate mother to countless other children. She was a soccer cheerleader for her son Christopher, a Pom-Pom supporter for her daughter Jessica, and a special education advocate for her son Nicolas. If this lady's plate wasn't full enough she was also a full time 'taxi' driver with stops on soccer, baseball, and basketball fields. Between taxi shifts, Mari found time for household duties: laundry, grocery shopping, and cleaning. In addition, she found time to start up and run the "front of the house" and the "books" of a successful French restaurant. Yes! This woman can do it all... and more! There is no slowing her down!

To the surprise of many, the operation and success of Café Pyrenees can be attributed to Mari's children, who love taking part in the establishment. This unexpected involvement is rewarding not only to the business woman, but to the mother who believes in using the

"family recipe" for doing business.

Many people question Mari as to how she has kept it all together for the past 15 years. She says "I do it with a smile!" Watch out! Mari's magical energy coupled with the new and exciting changes in store for Café Pyrenees Restaurant is on the rise!

Join them for 1990 Night on Tuesdays, Creperie Night Wednesdays and Tapas Thursdays. Watch for new creative menu items and fun retail wine selections! Visit Café Pyrenees Restaurant in Vernon Hills and experience the magic that an energetic woman in business has been able to accomplish while balancing the roles of mother, accountant, caregiver, owner, server, philanthropist, teacher, nanny, host, bartender, wife, friend and counselor to her family, friends and customers! Check Out their menus online at www.cafepyrenees.com or call 1-847-918-8850 for more information. By Jessica O'Connor



Mari Loustaunau, Owner

Stressed?

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Are you among one of millions of people who are suffering from a phenomenon plaguing dual-income families?

If you are stressed, have no free time, and there are not enough hours in the day to get everything you want done, then you are. But you are in luck. Lack of free time for homeowners has spurred the growth of timesaving businesses such as The Maids® Home Service.

Although there are countless maid services, there are very few who live up to the quality and satisfaction guarantee that The Maids Home Services provides. Bruce Zimmerman, owner of The Maids Home Services, takes pride in his service because it is one of a kind.

The Maids Home Services serving Northern Lake County is not like most maid services because it is the first maid service in the area to specialize in cleaning for health by using a system called Healthy Touch®.

"Our 22-step Health Touch deep cleaning system cleans for health as well as for aesthetics," says Zimmerman. "Our system is so unique it removes more contaminants and allergens from homes than conventional cleaning techniques, which is especially beneficial to allergy and asthma sufferers."

The Maids Home Services four-person supervised, uniformed and professionally trained teams arrive at each home in a yellow company car. They follow a rigorous 22-step process designed to provide customers with a healthier and cleaner home by utilizing environmentally preferable products; an industrially engineered cleaning system; and a multi-micro-filtration backpack vacuum, which

captures up to 99 percent of dust, allergens, bacteria, pet dander, pollen and other pollutants. These patented vacuums extend to clean deep under beds and other furniture. They lift dust and dirt off baseboards, out of registers and vents and up out of carpets. The Healthy Touch system removes more dirt and contaminants from customers' homes by eliminating cleaning tools such as dust wands and dust mops that are known for spreading dirt from one place to another. For allergy and asthma's suffers this can go a long way in easing suffering. All of this accentuates The Maids Home Services slogan, *Nobody Outcleans The Maids®*.

"Our Healthy Touch system is certainly an incentive for people with allergies to get their homes cleaned," states Zimmerman, "but we also see an increase in business this time of year because our customers would rather be doing something out-of-doors instead of inside cleaning their house."

Zimmerman says that although the majority of his business is regular maid service, The Maids Home Services also provides special projects including move-in/move-out cleaning, windows, ovens, refrigerators, wall washing and many other projects.

If you would like to set up an appointment for a free cleaning estimate, or to learn more about The Maids Home Services Healthy Touch deep cleaning system, call Zimmerman at 847-249-3144 or visit their web site at www.maids.com.

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"My kids have allergies, and I feel good knowing how those vacuum cleaners you use can capture up to 99% of all the dust and allergens and pet dander and stuff. That's important to me."

"I used to put housecleaning off, and it always nagged at me—'you've gotta do it, you've gotta do it'—but I needed to do so many other things! Now, with The Maids coming every two weeks, I don't worry about it at all!"

"I like knowing the cleaners are all bonded and insured. I've trusted them with my keys for years. They come and go when I'm at work, and I love coming home to a nice, clean house."

"I used to use someone else till I heard how thorough you are—how your vacuums extend to clean the tops of ceiling fans and deep under beds, and how you clean kitchen and bathroom floors on hands and knees. Now, I pay you about the same as I paid them, but I get so much more!"

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